Greetings from the College of Health Sciences (COHS)!

Within the next month, we will send you information related to the progress we have made on the key performance indicators associated with our strategic plan. I am happy to report that we are meeting and exceeding our timeline for achieving these goals. Specifically, we have exceeded our timeline related to increasing research expenditures through external support, forming research partnerships, graduate program development and implementation and we are on track for our development of interprofessional education (IPE). IPE represents a more team-based approach to delivering quality patient health prevention and care. My thanks to the faculty, staff, students and community partners who have worked to make this happen.

The faculty, staff and students in the COHS are into another semester that will include a host of exciting teaching, research and service opportunities. Our lead story describes the addition of University Health Services (UHS) into the COHS. UHS is located in the NORCO Building and consists of a group of professionals who are dedicated to providing high quality medical, behavioral health and wellness services to students, faculty, and staff. Through this new alliance we will be integrating faculty and students into the clinic fabric so that we can create a teaching and research clinic. This addition will allow practitioners in the clinic to further engage in education and research opportunities. Similarly, faculty and students will be able to increase their practice engagement through the clinic. We are very excited about this addition and see this as another way that the COHS programming is distinctive, relevant and forward thinking.

Enjoy the newsletter, and please contact me if you have any
comments, suggestions or questions.

Sincerely,
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University Health Services Joins the College of Health Sciences

Effective February 1, the University Health Services at Boise State will join the College of Health Sciences. Current programming through University Health Services is progressive, with a focus on integrated delivery necessary to effectively promote prevention and create value within the environment of health care reform. Partnerships between faculty and students have been initiated between the School of Nursing and Health Services through student clinicals and limited faculty practice. Coming under the umbrella of the college provides a wonderful opportunity to align faculty who are in practice, enhance the scope of teaching, and foster additional research partnerships.

The opportunities to expand efforts by moving University Health Services completely under the college will better support the overall mission of Boise State. For example, faculty could have shared appointments within Health Services in order to enhance their practice efforts and more effectively promote interprofessional education (IPE). The college hopes to work with its community partners to create a clinic that provides services to targeted populations outside the university to form a "Teaching and Research Clinic." Finally, employee and student wellness programming could be expanded to enhance prevention efforts across campus. Read more.

Dale Stephenson Receives More than $1 Million for Two National Institute of Health Grants

Presentations at American Public Health Association Annual Meeting

Endowed Chair Appointed Research Advisor of International Nursing Association of Clinical Simulation and Learning

Friends of Nursing 2013 Gala Raises Money for Student Scholarships and Faculty Research

Want to know more about the activities and accomplishments of the College of Health Sciences? Visit our news page

Health Tip

Keeping people and communities healthy means more than access to medical care. It means ensuring people have the basics, like food, housing and economic opportunity. 2-1-1 information lines, which are available to 90% of the U.S. population, promote a world where everyone's health and social services needs are met.

2-1-1 is an easy to remember telephone number that, where available, connects callers to information about critical health and human services available in their community. As the number of organizations providing specialized services is on the rise, people find it frustrating and confusing to access community services. 2-1-1 provides a one-stop service for vital information, which is free. Callers' information is
Dale Stephenson, chair of the Department of Community and Environmental Health, received a $405,301 exploratory grant from the National Institute for Occupational Safety and Health (NIOSH) which will permit researchers from Boise State, University of Washington and Montana Tech to evaluate novel approaches for assessing the exposure of underground miners to diesel exhaust. Read more about NIOSH grant.

A $600,000, three-year education resource project grant to the University of Washington (UW) from the National Institute for Environmental Health Sciences (NIEHS) will allow Stephenson to work with experts from UW, Boise State and Washington State to focus on educating students and professionals on ways to reduce potentially harmful waste streams, process hazards and energy costs. Stephenson and his colleagues are partnering to create a training and education program focusing on reducing the health and safety risks associated with emerging technologies. Such technologies include biotechnology, nanotechnology, alternative chemistries and waste reclamation. Ultimately, they will be creating a credit course to be offered at each of their universities to target faculty and students in the academic disciplines of: materials science and engineering; nursing; biological sciences; civil engineering; and environmental and occupational health. Read more about NIEHS grant.

Boise State's Center for the Study of Aging Hosts Alzheimer's Documentary and Caregiver Resources Panel

While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis. For example, 2-1-1 can offer access to the following types of services:

- **Basic Human Needs Resource:** food banks, clothing, shelters, rent assistance, utility assistance.
- **Physical and Mental Health Resources:** medical information lines, crisis intervention services, support groups, counseling, drug and alcohol intervention, rehabilitation, health insurance programs, Medicaid and Medicare, maternal health, children's health insurance programs.
- **Employment Support:** unemployment benefits, financial assistance, job training, transportation assistance, education programs.
- **Support for Older Americans and Persons with Disabilities:** home health care, adult day care, congregate meals, Meals on Wheels, respite care, transportation, and homemaker services.
- **Support for Children, Youth and Families:** Quality childcare, Success by 6, after
The Center for the Study of Aging will host a unique documentary about living with Alzheimer's Disease and a post-film panel discussion regarding caregiver resources on March 4 at 6:00 p.m. in the Boise State University Special Events Center.

The film screening will be followed by an insightful panel discussion about the state of Alzheimer's research, treatment interventions and community resources available for caregivers. There will be a brief question and answer period afterwards. Community resources for caregivers will also be on display. Read more.

Two College of Health Sciences Programs Recognized for Quality by Online Education Guides

The RN-BS Online/Distance Completion Track and the Pre-Veterinary Program were recognized as outstanding programs by two websites that provide guides to educational programs.

The Pre-Veterinary Program was named one of the top 10 pre-vet programs by Vet Tech Colleges. Vet Tech Colleges noted that most pre-vet students at Boise State earn a bachelor of science degree in biology, and take coursework focused on biology, chemistry, physics and zoology. An agreement between Boise State and Washington State University makes 11 seats available to qualified Idaho pre-vet students each year. Regardless of the agreement, competition for seats in any veterinary programs remains intense. Read more.

The RN-BS Online/Distance Completion Track was recognized by Degree Scape. In a recent article highlighting trends in nursing education, Degree Scape highlighted six programs out of the more than 600 programs offered nationwide as being among the top in terms of accreditation and reputation for online delivery. Boise State's program is one of those six, along with several larger schools including Drexel University, Indiana State University, Kent State University, Ohio University, University of Cincinnati and University of North Carolina-Charlotte. Started in 2008 with 50 students, Boise State's online RN to BS program now has approximately

school programs, Head Start, family resource centers, summer camps and recreation programs, mentoring, tutoring, protective services.

- **Volunteer opportunities and donations:** Call 2-1-1 to give help as well as get help.

2-1-1 makes the human services sector at every level of government work more efficiently and has proven itself time after time as an invaluable resource in the aftermath of a disaster.

2-1-1 reaches more than 280 million people, covering all 50 states (including 41 states with 90% or more coverage), the District of Columbia and Puerto Rico. Visit [211US.org](http://211US.org) for information about the national movement and to find your local 2-1-1 service.

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400 students at any given point in time and the flexible nature of the program greatly increases the ability to serve students who live in more remote areas of Idaho. In addition, the program attracts faculty and students from across the country. Read more.

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**Cindy Clark Wins American Journal of Nursing Book of the Year Award**

Nursing professor Cindy Clark's book "Creating and Sustaining Civility in Nursing Education" received the 2013 American Journal of Nursing Book of the Year award for Professional Issues in Nursing.

Nancy Spector, director of regulatory innovations at the National Council of State Boards of Nursing described Clark's book in this way: "This book immediately entices the reader with stories that are beautifully threaded throughout the research as well as other evidence that supports civility in nursing. The author integrates great teaching ideas and creative exercises. Tips on creating civility in the classroom are included throughout the book. The author provides an excellent mix of anecdotes, teaching strategies, and creative exercises while emphasizing research-based recommendations." Read more.

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**National League for Nursing & Boise State's School of Nursing 2nd Simulation Conference**

**Exploring New Ideas in Simulation**

**April 25 & April 26, 2014**

This two day conference, co-sponsored by the National League for Nursing and Boise State's School of Nursing, will promote and improve the use of simulation in healthcare education. Exploring new ideas in simulation will provide
participants with innovative strategies in designing and delivering simulations that include behavioral health, incivility, EMS, inter-professional and gaming content. There will be something for everyone in healthcare education from academia to various practice settings.

Optional activities may include "3 Slides and You're OUT!" and book signings. Read more information or register. Early bird registration pricing ends March 27.

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**Adult-Gerontology Nurse Practitioner Program Begins at Boise State**

On Jan. 21, the initial cohort of 30 students, 10 men and 20 women, began their journey with Boise State School of Nursing’s new Adult-Gerontology Nurse Practitioner (AGNP) program to become AGNPs.

The students are thrilled about the program. They are excited to learn and prepare for their future careers. "When I first discovered that Boise State would be offering a nurse practitioner program, I immediately knew that it was for me," said Michelle McNeley, Boise State nursing alumna from Spring 2003 and member of the AGNP first cohort. Another member of the first cohort, Signe Butcher, declares "Having this opportunity to become an AGNP through Boise State is such an honor!" Boise State RN-BS Online/Distance Completion Track graduate Matthew Harvey, graduated Fall 2013, told the AGNP program's faculty and staff: "I am excited to be embarking on this new adventure and look forward to working with you all." Read more about the first cohort.