Hello,

Greetings from the College of Health Sciences (COHS)! It is hard to imagine that in a short time the fall 2012 semester will be over. Time goes quickly when you enjoy what you are doing.

This newsletter provides important information related to programs, events, student and faculty accomplishments. One of the most significant elements in providing meaningful learning and cutting edge research relates to the quality of faculty and staff. In the COHS we have a number of quality faculty and staff. In this issue you will see that Lonny Ashworth was made a fellow of the American Association of Respiratory Care. This designation is reserved for individuals who make significant and transformational contributions to their disciplines. Last year, Dr. Cindy Clark was also made a fellow of the American Academy of Nursing. We are very fortunate to have faculty of this caliber in the college.

This fall we had our annual awards ceremony that celebrates outstanding contributions in our college through teaching, research, service and staff support. This year the winner of the teaching award went to Andy Hyer in the Department of Community and Environmental Health (CEH). Teaching is at the core of what we do and great teachers such as Andy are the individuals who often create the spark that can transform a student's life. In addition to disseminating knowledge through teaching, faculty also create knowledge and understanding through research and creative activities. The research award recipient is Dr. Jane Grassley in the School of Nursing (SON). Jane conducts important research in the area of breast feeding especially with adolescent populations that helps promote child/mother health and bonding.

It has been argued that all of what we do as faculty and staff is...
service. The COHS has a strong history of conducting service within the college, university, our academies and the community. Barb Allerton in the SON has excelled in these areas, especially in her international efforts in China. Finally, Angela Garcia received the staff award. Our staff in the COHS ensure that the engine we call a college runs smoothly and the many things that need to get done are completed. Their hard work is critical and Angela has been a tremendous support in the department of CEH.

The university and COHS exists to help create knowledge and learning through our students. The key element that ensures that we can make this happens is the quality of faculty and staff in the college. We are fortunate to have wonderful faculty and staff in the COHS.

Enjoy your fall and if you have any questions or comments for me, please contact me.

Sincerely,
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Lonny Ashworth Named Fellow of the American Association of Respiratory Care

Lonny Ashworth, professor and former chair of the Department of Respiratory Care, has been selected to be a Fellow of the American Association for Respiratory Care (AARC). A fellowship with the AARC is awarded to individuals who have made a profound and lasting contribution to the profession of respiratory care and to the AARC. He will be formally inducted at the AARC's 58th International Respiratory Congress in New Orleans, La., Nov. 10-13.

Patrick Dunne, the chair of the AARC Fellowship Selection Committee, states that Ashworth's "advocacy for quality patient care coupled with his numerous voluntary contributions has had a measurable impact on respiratory care."

Dean Dunnagan Commends Faculty and Staff for their Work

During the biannual College of Health Sciences meeting this fall, four faculty and staff were recognized for their outstanding service to the college. To read more about each faculty and staff's contributions to the college on our website, please click on the honorees' names.

Congratulations to:
- Andy Hyer
- Jane Grassley
- Barb Allerton
- Angela Garcia

Health Tip

Colder weather, hot cider, leaves falling—what's not to love about this time of year? Cold and flu season! It's that time again, where we find ourselves carrying extra tissues around, and one of the most important defenses we have against illness is handwashing!

According to the CDC, handwashing reduces your risk for respiratory illness, like colds, by 21%! Make it a habit to wash your hands after you blow your nose, sneeze or cough to help prevent spreading germs. Helping your family develop proper handwashing habits also reduces the risk of illness in your home. Encourage children to sing the Happy
Faculty Research Laboratory Goes Global Through Online Interactive Laboratory

The College of Health Sciences has launched an online interactive laboratory which allows researchers and students worldwide to remotely access the Boise State University Thermal Manikin Laboratory.

The Laboratory is located on campus in the Health Sciences Riverside Building. The Thermal Manikin Laboratory provides the capability to evaluate heat exchange properties of clothing systems. An online interactive system allows external control over selected instruments inside the laboratory. The online technology platform was developed by Reach-In of Boise, Idaho, providing a new and novel approach to global interactive learning.

Currently, researchers at the University of Zagreb in Croatia and researchers at the Hong Kong University of Technology are working with Uwe Reischl, PhD, a professor in the Department of Community and Environmental Health, in conducting clothing research by using the Boise State laboratory. Also accessing the laboratory are researchers in the Division of Textiles and Clothing at the University of California - Davis.

Birthday song or recite the alphabet twice while they are scrubbing their hands to prevent rushing.

It is important to wash your hands:

- After using the restroom
- After touching animals
- After taking out the trash
- Before, during, and after preparing food
- Before eating
- Before and after treating a sick or injured person

If you are unable to wash your hands with soap and water, use alcohol-based hand sanitizer. It's great for when you are on the go!

Please join

in support and celebration of nursing education at

A Night for Nursing Excellence

Thursday, November 8, 2012
Stueckle Sky Center, Boise State University
Reception at 6:00 pm (No Host Bar), followed by dinner

Guest Speaker: Dr. David Vlahov, dean of the School of Nursing at the University of California, San Francisco
Nursing Student Selected for National American Psychiatric Nurses Association Scholarship

Boise State student Ryoko Pentecost is one of 15 undergraduate nursing students to be awarded the American Psychiatric Nurses Association (APNA) Janssen Student Scholarship, which includes complimentary registration, travel and lodging to attend the APNA 26th Annual Conference in Pittsburgh, Penn, plus a one year complimentary membership in the APNA.

There were more than 300 applications from nursing students across the country for this year's scholarship. The applications underwent rigorous review by the Awards and Recognition Committee, who awarded the scholarship to 15 undergraduate and 15 graduate students exemplifying an aptitude to excel in the psych nursing field. In addition to annual conference registration and travel expenses, the recipients also receive a one year complimentary membership in the APNA.