COHS Strategic Planning Update

Rationale
The faculty, staff and students within the COHS have made excellent progress on the strategic planning efforts that were initiated in the summer of 2010. The process was initiated to update the College’s five year old strategic plan and to address the sweeping changes associated with health care reform. Health care reform represents the most significant health care legislation since the development of Medicare and Medicaid in 1965. It has tremendous potential ramifications for the future of our college.

Health care reform will dramatically increase the number of Americans who now have access to primary care services by 30-40 million people. Within the state of Idaho approximately 80,000-100,000 individuals will have access to health care because of this reform. These changes will require enhanced efforts in the areas of health promotion, wellness and public health efforts to enhance the preventive aspects of health and well-being. Additionally, logistics associated with providing health care to the previously uninsured will be staggering. In short, this legislation will have a transformational influence on health promotion, prevention, protection and health care delivery and treatment.

Focus of the Strategic Planning
Based on these considerations and the Boise State vision of becoming a “metropolitan research university of distinction,” the College initiated a strategic planning process in August of 2010 designed to address four areas of distinction. The areas include:

1. Research distinction
2. Graduate programming distinction
3. Academic partnerships distinction
4. Maintain and enhance undergraduate programming distinction

In September 2010, the College formed eight strategic planning teams (two for each area of distinction) by having faculty and staff identify areas where they would like to focus their planning efforts. The process allowed interdisciplinary teams (cross college teams) to be formed around the four areas of distinction. The College Academic Leadership Committee (ALC) comprised of five college administrators also participated in the process within each of the four areas.

Generating a Vision
The first task was for the three distinguished area teams (ALC and two interdisciplinary College teams) to develop a draft vision statement separately and then came together to generate a unified statement. This effort was completed and the unified vision statements were given to the entire college faculty
and staff for comment. The draft unified statements are available on the College shared drive at the following path: R:\College of Health\COH-Shared\COHS Strategic Plan.

**Goals, Strategies and Key Performance Indicators**

Subsequently, the groups met in facilitated meetings to develop a goal statement, strategies and key performance indicators (KPI) for each of the four areas. The groups have produced this outcome and are in the process of combining their findings and generating a unified list that includes the goal, strategies and KPI’s. This effort will be completed by mid-November and given to the College faculty and staff for comment.

**Including BSU and Community Representatives**

Starting in mid-November, the Dean will meet with a variety of individuals and groups within Boise State and the Treasure Valley to obtain additional comment on the work that the faculty and staff have produced. Specifically, the Dean will meet with graduate and undergraduate students from the departments and school that makeup the College. Also, meetings will be conducted with the Boise State administrators. Finally, meetings will be conducted with representative members from each department’s external advisory boards, the College Strategic Directions Advisory Board, Friends of Nursing and the College Development Advisory Group. Members from these groups will be encouraged to share the plan with their organizations for additional comment.

**On-going Communication**

The findings from the Boise State and community representatives will be shared with the College faculty and staff so that the comments can be incorporated into the strategic plan. As the document is refined through the comment and revision process, we will share the findings with College faculty and staff and individuals or groups outside the college through the College monthly *News Highlights* and bimonthly newsletter, *HS Connections*.

<table>
<thead>
<tr>
<th>Summary of Strategic Planning Process</th>
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<tbody>
<tr>
<td><strong>Task to be Addressed</strong></td>
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<tr>
<td>Setting the direction . . . four areas of Distinction</td>
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<tr>
<td>Form COHS interdisciplinary work teams</td>
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<tr>
<td>COHS creates vision for four areas of distinction</td>
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<tr>
<td>COHS reviewed by faculty and staff</td>
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<tr>
<td>A goal is developed for each area</td>
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<tr>
<td>Key performance indicators (KPI) are drafted for each area</td>
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<tr>
<td>Strategies for each area are drafted for each area</td>
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<tr>
<td>All goals, KPIs and strategies are reviewed by faculty and staff</td>
</tr>
<tr>
<td>Student representatives comment on visions, goals, KPIs, and strategies</td>
</tr>
<tr>
<td>Boise State administrators comment on visions, goals, KPIs, and strategies</td>
</tr>
<tr>
<td>Community partners comment on visions, goals, KPIs, and strategies</td>
</tr>
<tr>
<td>Comments are incorporated into strategic plan</td>
</tr>
<tr>
<td>COHS faculty and staff refine entire strategic plan in all day retreat</td>
</tr>
<tr>
<td>Refinements are shared with students and individuals or groups outside the COHS</td>
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<tr>
<td>Finalize document and provide summary for constituent groups</td>
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Faculty and Staff News

Faculty Elected to Serve on Idaho Rural Health Association Board

Dr. Ed Baker, director of the Center for Health Policy and Board member of the Idaho Rural Health Association was elected Treasurer of this group for the 2011 fiscal year.

Faculty Honored for Innovations

Dr. Uwe Reischl, professor of Health Sciences, was presented with the 2010 Top Honor Hero Health Care Innovator Award by the Idaho Business Review. The award was sponsored by Idaho State University and given to Reischl for the development of innovative public health tools that have helped address “significant health issues at both the individual and community levels in Idaho”.

Faculty Awarded Support for Doctoral Studies

The Nursing Scholarship Committee from the University of South Alabama selected Kathleen Sullivan to receive the “Caring Foundation of Blue Cross Blue Shield of Alabama” to support her Doctorate of Nursing Practice for the 2010-2011 academic year. Kathleen is currently a Family Nurse Practitioner (FNP) with a Masters in Nursing Education. She will be specializing in Psychiatric Nurse Practitioner and Nursing Education.

Academic Partnerships

Faculty Publishes New Edition of Popular Textbook

Dr. Jim Girvan and his co-authors Dr. Randy Cottrell from the University of Cincinnati, and Dr. Jim McKenzie from Ball State University have recently completed the fifth edition of their textbook, Principles and Foundations of Health Promotion and Education. The new edition, which is published by Benjamin-Cummings, will be released on December 15, 2010. According to the publisher, the text is currently used by over 80% of the US and Canadian universities that offer a foundations course in health education and health promotion.

Faculty Presents Symposium at National Summit

Dr. Cynthia Clark, School of Nursing, and Dr. Jennifer Beck, Interim Dean, Our Lady of the Lakes College in Baton Rouge presented “Stress, Strain, and Tension: Fostering Healing and Civility in Nursing Education” on September 30 at the National League for Nurses Summit in Las Vegas.
Faculty Collaboration with Department of Criminal Justice Results in Publication

A paper coauthored by Dr. Ed Baker, director of the Center for Health Policy, was accepted for publication in the journal Western Criminology Review. The paper is entitled “The cost of substance abuse: The use of administrative data to investigate treatment benefits in a rural mountain state.” This paper was written in collaboration with faculty and a graduate student in the Department of Criminal Justice Administration.

Graduate Programming

School of Nursing Excels During Accreditation Site Visit

The National League for Nursing Accreditation Commission visit team was on campus October 19-21. The recommendation made by the team was for initial accreditation for the graduate program, as the program is in compliance with all standards and criteria with a re-visit in five years, and re-accreditation for the baccalaureate program, as the program is in compliance with all standards and criteria with a re-visit in eight years.

The School received three areas for needed improvement: faculty salaries, 24/7 tech support for students, and research infrastructure/support for faculty. However, there were many strengths identified:

- University support for our strategic plan
- Strong leadership
- Friends of Nursing
- Partnerships that benefit the school
- Oversight and mentoring of new faculty
- Clear integration of curriculum framework and threads within the programs
- A strategic plan that drives budgeting

In February, the recommendation goes to the Evaluation Review Panel, who will most likely modify some of the strengths and areas of improvement needed. Their recommendation will then go to the Board of Commissioners at the end of February or early March for final approval.

Waitlisting Now Available for Graduate-Level Courses

Waitlisting has been added for most graduate-level courses beginning in the Spring 2011 term. If a course is full, a student may opt to be on the waitlist. As seats become available, students will be moved into the class. For more information visit [http://registrar.boisestate.edu/faculty-waitlist-faqs.shtml](http://registrar.boisestate.edu/faculty-waitlist-faqs.shtml).
Four Nursing Graduate Students Successfully Defend Their Theses

Four graduate students in the School of Nursing have successfully defended their theses this fall. Congratulations to:

- **Anne Erickson.** “Transitioning New Graduates into Practice.” Chair: Abigail Gerding, PhD, RN
- **Annabeth Elliott.** “Sex Education Decision Making at the Independent School District of Boise.” Chairs: Leonie Sutherland, PhD, RN and Jeri L. Bigbee, PhD, RN, FNP-BC, FAAN
- **Cathy Deckys.** “The Elderly Somali Bantu Experience of American Health Care: The New Way.” Chairs: Pamela Springer, PhD, RN and Ingrid Brudenell, PhD, RN
- **Maureen Teuter-Stish.** “FRESH, Formulating Relationships to Educate for Sustained Health.” Chairs: Kathy Reavy, PhD, RN and Pamela Springer, PhD, RN

RESEARCH

Center Receives Competitive National Grant

The Center for the Study of Aging received a competitive grant from the National Center for Elder Abuse (NCEA) to fund the development of an Elder Abuse Prevention Coalition in Southwest Idaho. Center researchers, in conjunction with experts from the National Committee for the Prevention of Elder Abuse (NCPEA), will establish a multi-disciplinary coalition to address the issues of elder abuse, neglect, and exploitation. This Elder Justice Community Collaborations project is administered by NCPEA for the NCEA and is partially supported by a grant from the Administration on Aging, U.S. Department of Health and Human Services.

Faculty Publish Book

Nova Science Publishers has published “Post-traumatic stress disorder in refugee communities: The importance of culturally sensitive screening, diagnosis, and treatment,” a book by Department of Community and Environmental Health faculty members **Dr. Tedd McDonald** and **Jaime Sand**.

Faculty Advocates Lung Health on Local Radio Show

**Jeff Anderson, Lutana Haan, and Jody Lester**, Department of Respiratory Care, participated in local radio show, Piece of Mind with Brenda Harper on 580 KIDO on September 25. The faculty were invited in celebration of lung health month and Respiratory Care week (October 24-30). They discussed several topics including the role of a Respiratory Care practitioner, common signs and symptoms of lung disease, the role of sleep disordered breathing (such as sleep apnea) on general health, and tobacco and lung health. The show aired live and is available by podcast at [http://pieceofmindwithbrendaharper.com/](http://pieceofmindwithbrendaharper.com/).
Faculty Present Research on New Infrared Radiation Reflecting Vest on International Stage

Dr. Uwe Reischl, professor of Health Sciences, and Ravindra Goonetilleke, visiting professor of Health Sciences, are presenting their research on a new Infrared radiation reflecting vest that can reduce heat stress experienced by agricultural and construction workers. Reischl and Goonetilleke presented “Prototype Heat Attenuation Vest” at the International Professional and Scientific Conference on Occupational Safety and Health in Croatia in September. A subsequent paper, “Management of Outdoor Heat Stress – Reducing Exposure to Solar Heat Radiation,” will be presented at the International Symposium on Human Factors in Organizational Design and Management held in South Africa in April.

Faculty, Students and Community Partner Collaborate on Technical Reports

Dr. Ed Baker, director of the Center for Health Policy, and David Schmitz, associate director for rural family medicine at the Family Medicine Residency of Idaho, have written two technical reports for the Idaho Department of Health and Welfare State Office of Rural Health and Primary Care as part of their ongoing research program to support recruitment and retention of physicians to underserved areas of Idaho. The reports are titled “Assessing community health center (CHC) assets and capabilities for recruiting and retaining family physicians: The Community Apgar Questionnaire” and “Capacity building to address primary care workforce shortages in Idaho using the community health center Community Apgar Program.” Co-authors include Ayaka Nukui, a consultant and a graduate of the Masters of Health Sciences program and Benjamin Tverdy, a pre-veterinarian student.

Center to Offer Second Annual Summit on Elder Abuse and Exploitation

The Center for the Study of Aging in conjunction with the Idaho Commission on Aging and the Idaho Department of Insurance will host the 2nd Idaho Summit on Elder Abuse and Exploitation. The Summit will be held on June 16 and 17, 2011 at Boise State University. The two day summit will examine elder abuse and financial exploitation cases from a health care, legal, and social services perspective. The first day will bring together national and Idaho experts to discuss the issues with professionals working with older vulnerable adults. The second day, aimed at consumers, is a “Senior Scam jam” and include educational seminars to prevent financial fraud and exploitation. An undergraduate and graduate workshop will be offered this summer for students interested in exploring issues of elder abuse and exploitation and attending the Summit. Mark your calendar and plan to attend this important event.

Faculty Present on the Use of Virtual Reality in Nursing Education

Kelley Connor and Max Veltman, School of Nursing, presented at the National League for Nursing's annual Education Summit that was held in Las Vegas, September 29 - October 2. The title of their presentation was: “Decreasing the Distance: Expanding the use of Virtual Reality in Nursing Education.”
Center Researchers to Evaluate Idaho Fit and Fall Proof Program

Center researchers **Shawn Dunnagan, Sara Young** and **Sarah Toevs** will conduct an evaluation of the Idaho Fit and Fall Proof™ (FFP) Program, an exercise program for older adults focusing on fitness and balance training to reduce their risk of falling. The Idaho Department of Health and Welfare, Physical Activity and Nutrition Program provided funding for the project.

Faculty Published in National Magazine

**Jody Lester**, Department of Respiratory Care, published an article, “Empowering Patients Who Have COPD,” in the October issue of *RT Magazine*.

Faculty and Community Partner Work to Expand State Research to Other States

**Dr. Ed Baker**, director of the Center for Health Policy, and **David Schmitz**, associate director for rural family medicine at the Family Medicine Residency of Idaho, presented research findings at the Wisconsin Rural Health Conference and the Maine Primary Care Association 2010 Annual Conference. The presentation for both groups was entitled “The Community Apgar Project: A validated tool for improving rural communities’ recruitment and retention of physicians”. The research team is working to export their Idaho research findings on recruitment and retention of physicians to underserved areas to other states. Wyoming was the first state to sign up for the critical access hospital Community Apgar Program offered by Boise State University and the Family Medicine Residency of Idaho.

Faculty’s Keynote at International Conference Features Video by Staff Member

**Dr. Uwe Reischl**, Health Sciences, was a keynote speaker at the III Congreso Peruano de Education Medica in Peru in October. Reischl described the application of new communication technologies to continuing medical education and training. **Becky Bunderson**, School of Nursing, helped develop a video to illustrate the application of a new data-compression video recording system to clinical simulation settings.
**Undergraduate Programming**

**Staff Members Present at National Academic Advising Conference**

School of Nursing staff members **Maura Rasmussen** and **Olga Salinas**, M.P.A. presented at the 2010 National Conference of NACADA (National Academic Advising Association) in Orlando, Florida. Their presentation, “It’s a Small World with Big Demands,” addressed the use of the classroom environment as a timely, efficient, and effective method of student advising and student development by focusing on the creation, evolution, and success of an NURS 197, a course designed to address the advising needs of Pre-Nursing students, but also as an approach that could be modified to benefit students in a variety of health programs.

**Addiction Studies Student Appointed Idaho Undergraduate Fellow**

The **Institute for the Study of Addiction**, a joint endeavor of the Colleges of Education and Health Sciences, is pleased to announce that **Jonathan Lawson**, an Addiction Studies student in the Department of Community and Environmental Health, has been appointed as the Idaho Undergraduate Fellow for the Center for Substance Abuse Prevention, a division of the US Department of Health and Human Services. Jonathan will spend the two-year appointment working on a variety of substance abuse prevention projects in conjunction with the Idaho Department of Health and Welfare, the Institute for the Study of Addiction, and various other state and local agencies.

Jonathan is a native of Cedar Rapids, Iowa majoring in Psychology with minors in Addiction Studies and Political Science. He originally transferred from Kirkwood College in Cedar Rapids and is in his third year at Boise State.

**Student Nurses Association Wins Prize for Homecoming Float**

Congratulations to the **Boise State University Student Nurses Association** (BSU-SNA)! They received recognition for their creative efforts for their Homecoming parade float. They received the "Most Creative Float Award" from both the Associated Students of BSU (ASBSU) and the Vice President's Award. There is a monetary award that comes with the ASBSU award ($250.00).
Faculty Gets Campus Read Grant for Class

Kathy Reavy's Nursing 417 public health clinical received a $500 Campus Read grant. The funding will be used over two semesters to purchase teaching materials for the refugee classes that the students will be teaching and for a student celebration at the end of the semesters. All of the students are currently reading The Boy Who Harnessed the Wind!!

Faculty Presents at State Conference

Two Nursing faculty presented at the Idaho Student Nurses Association (ISNA) Conference, hosted by Boise State University Student Nurses Association, on October 15. Dr. Sandra Nadelson presented a student-focused session on “Mentors: Who Needs One? YOU!” Dr. Cindy Clark presented two workshops on “The Imperative of Fostering Civility in Nursing Education and Practice.”

University News

College Staff Member Becomes Ambassador for Health for Campus

Danya Lusk, staff member in the College of Health Sciences’ Dean’s Office, has accepted an invitation to be an Ambassador for Health for the College. In this role, she will work with University Health Services and Campus Rec to promote healthy lifestyles to College faculty and staff. Lusk aims to model and encourage healthy choices in addition to promoting health and wellness events and incentives taking place on campus. The division of Wellness Services has provided Lusk with a number of campus and online resources related to healthy lifestyles, including fitness, nutrition and much more. Please contact Lusk if you are interested in learning more at 426-1687 or danyalusk@boisestate.edu.

University Health Services Announces an Online Wellness Program for the Holidays

Health 4 the Holidays is a 28 day online program that focuses on physical activity, healthy eating, weight control and stress management. Choose to participate individually or in teams of four. This online program also includes the option to participate in Campus Recreation activities.

Program Dates: November 15th- December 12th
Fee: None
Registration: Log onto http://healthservices.boisestate.edu/calendar/employeewellness.cfm to register by November 12th

If you choose to participate in the Campus Recreation activities, please join us for the kick-off!
When: Monday, November 15th from 12:00-1:00 P.M.
Where: Campus Recreation (Do not need to be a member of Campus Recreation to attend)
Psychology Department offers a Family Studies Graduate Certificate

The Idaho State Board of Education recently approved a new graduate certificate in family studies. Intended for recent graduates, students enrolled in any graduate degree program and for working professionals, the new certificate program will begin accepting applications in the spring with enrollment beginning in the fall of 2011.

The program includes courses from departments in the College of Education and the College of Social Sciences and Public Affairs in order to gain in-depth understanding of the connection between human development, family life and the broader social context. The goal of the certificate program is to prepare students for a variety of positions including education, counseling, marriage and family therapy, social and community services, and health care.

For more information, go to http://sspa.boisestate.edu/familystudies or contact program director Elizabeth Morgan at emorgan@boisestate.edu.

School of Nursing Honors Alumni on Their 50th Anniversary

On October 6, 2010, the School of Nursing honored 1960 alumni on their 50th anniversary. The event included a reception, program, tour and visiting time. Of the nine graduates in the class, six were living and 50% (3) attended the event; also attending were one living faculty member of the four who taught the class, a 1959 graduate, an emeritus faculty member who graduated in 1964 and a group of current faculty and staff. The six and their faculty member received a certificate and a memory booklet including career summaries, class pictures, faculty summary, and School of Nursing and Boise State University information updates. The event was thoroughly enjoyed by all attendees.

from left to right: Mary Maxon, 1960, Renton, Washington; Barbara Eno, faculty member, Boise; Harriet Anderson Crosby, 1959, Caldwell; Marvel Hosford Boydstun, 1960, Boise; Edwina Davis Lysinger, 1960, Boise.
## Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>November 12</td>
<td><strong>Deadline to Register for Health 4 the Holidays</strong> — see story on page 9</td>
</tr>
<tr>
<td>November 17</td>
<td><strong>Boise State Health Fair</strong> — 10:00 am - 4:00 pm, SUB Jordan Ballroom, sponsored by Health Promotion Programming Class, President Kustra has granted one hour release time with supervisor approval</td>
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<tr>
<td>November 18</td>
<td><strong>Bronco Primetime</strong> — 4:00 - 7:00 pm, Stueckle Sky Club, Bronco Zone, employee social gathering includes give-aways, hors d’oeuvres, and no-host beer and wine; <a href="http://www.broncosports.com/ViewArticle.dbml?DB_OEM_ID=9900&amp;ATCLID=204871863">http://www.broncosports.com/ViewArticle.dbml?DB_OEM_ID=9900&amp;ATCLID=204871863</a></td>
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<tr>
<td>November 19</td>
<td><strong>College of Health Sciences Development Day</strong> — 8:00 am, Holiday Inn, 3300 Vista Avenue, Silverhorn room - please use signal light to turn left into lot</td>
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<td>November 22-28</td>
<td><strong>Thanksgiving Holiday</strong> — no classes</td>
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<tr>
<td>November 25-26</td>
<td><strong>Thanksgiving Holiday</strong> — University offices closed</td>
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<tr>
<td>December 13-16</td>
<td><strong>Finals Week</strong></td>
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<tr>
<td>December 14</td>
<td><strong>College of Health Sciences Holiday Party</strong> — 11:30 am - 1:30 pm, Norco fourth floor atrium</td>
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<tr>
<td>December 17</td>
<td><strong>Winter Commencement</strong> — 10:00 am, Taco Bell Arena</td>
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<tr>
<td>December 24-31</td>
<td><strong>Winter Break</strong> — University offices closed</td>
</tr>
<tr>
<td>January 13</td>
<td><strong>College Retreat</strong> — Holiday Inn, 3300 Vista Avenue — please use signal light to turn left into lot</td>
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