The Department of Kinesiology is seeking qualified graduate students who seek a career as a collegiate strength and conditioning coach to apply for an internship with the Boise State University Department of Athletics Olympic Sports Strength and Conditioning program. Successful applicants will complete a two-year Master of Kinesiology (MK), Biophysical Studies program specifically tailored to prepare students for the National Strength and Conditioning Association (NSCA) Certified Strength and Conditioning Specialist (CSCS) certification examination.

For this integrated internship-degree program, students are required to take 44 credits, including 12 credits (over four semesters) of internship with the Boise State University Athletics Olympic Sports Strength and Conditioning Program. The MK is a non-thesis master’s degree. Included in the curriculum is a 3-credit culminating activity (KINES 692 Capstone Course). KINES 692 will serve as the final comprehensive assessment of student knowledge of the major ideas that define kinesiology, particularly the three areas of emphasis offered: behavioral, biophysical and socio-historical. The course will be offered in spring semesters and must be taken during the final semester of a student’s graduate program. The internship is an opportunity for practical work experience in Strength and Conditioning and provides the student with experiential learning outside of the classroom.

A separate application for the Strength and Conditioning Internship is required. A limited number of openings are available and interns will be selected based on their qualifications and an interview.

To be considered for this internship you must meet the following criteria:

1) Admitted to Master of Kinesiology, Biophysical Studies
2) Completed Exercise Physiology with a grade of B+ or higher
3) Completed Conditioning Procedures with a grade of B+ or higher
4) Have current CPR/AED certification (Red Cross, American Heart, etc.)
5) Overall (cumulative) undergraduate GPA of 3.25 or higher

Application Process:

Application to the MK, Biophysical Studies degree is completely on-line at http://kinesiology.boisestate.edu/application/.

In addition, submit (via email) a letter of application and resume addressing the specified requirements of the internship to:

Dr. Shelley Lucas, Graduate Program Coordinator
Department of Kinesiology
Email: SMLucas@BoiseState.edu
Phone: 426-2446

Qualified applications will be forwarded to the selection committee. A phone interview may be scheduled. Applicant files chosen by the selection committee will be forwarded to Boise State University Strength and Conditioning program. Applicants will be required to interview (phone at a minimum) with the strength coaches prior to final selection and placement. Placement will also depend on the applicant's ability to accommodate the Athletic Department schedule.