Summary

As a Peer Educator I am tasked with interacting with the student population on health topics. We present the topics through the monthly Health Huts and programs through tabling, dispersing educational information, small group presentations, social media, and health and wellness games and activities. The topics are tailored to the students' needs. I develop, plan, implement, and evaluate the program from start to finish.

Purpose of Peer Education

Throughout this semester I have interacted with Boise State University’s student population. Through this internship, I have educated students about multiple health topics ranging from sexual health, drugs and alcohol to bike safety. I learned more about health and wellness than I had ever anticipated. I was given free rein on what topics I wanted to cover and every idea I had was a possibility!

What is Peer Education

Peer Educators are valued members of the university community. We provide essential outreach services for students, campus groups, classes, and organizations on a variety of health-related topics. We received relevant training to develop and implement programs designed to improve campus well-being.