

**Alzheimer's disease and other Dementias
Patient, Family and Caregiver
RESOURCES**

Call 2-1-1 Idaho CareLine – just dial **211** from anywhere in Idaho or 1-800-926-2588, or on-line at: <http://www.211.idaho.gov>

Find Your Local Area Agency on Aging for support services on-line: <http://www.aging.idaho.gov>

Complete an Idaho Healthcare Directive and Living Will on-line at: <http://www.sos.idaho.gov/general/hcdr.htm>

Find Information about the Idaho POST Form on-line at: <http://healthandwelfare.idaho.gov/Portals/0/Medical/More Information/PatientFAQs082708.pdf>

Contact the National Alzheimer's Association 24/7 helpline:
Call 1-800-272-3900 or on-line at <http://www.alz.org/Idaho>

Read the Taking Action Workbook – copies available on-line at: [http://www.alz.org/mnnd/documents/2010_taking_action_e-book\(1\).pdf](http://www.alz.org/mnnd/documents/2010_taking_action_e-book(1).pdf)

Read At the Crossroads: Family conversations about Alzheimer's disease, dementias and *driving* – copies available on-line at: <http://www.thehartford.com/alzheimers>



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