Thank you for attending our youth sport parent education seminar. Below is a brief summary of the topics and parent tips discussed in the seminar.

**Statement:** Organized sport is beneficial for ages 12 & under.

**Truth:** It is, but organized sport can be overwhelming.

**Parent Tip:** Carve out time for backyard or driveway play where less pressure is on the child.

**Statement:** Children want to win.

**Truth:** They do, but it means far more to adults.

**Parent Tip:** Ask your child why he or she likes to play sports. Ask about learning aspects of game before asking if their team won or lost.

**Statement:** Playing sports builds character.

**Truth:** It can, but it depends on who runs & surrounds the team.

**Parent Tip:** Know and reinforce the philosophy of your child’s coach.

**Other parent tips:**
Re–adjust payoff on investment. Focus on values learned instead of pushing for a scholarship (hail Mary effect).
Participating in multiple sports is beneficial for athletes’ physical, social, and psychological development.
Focus on the goals of youth sports.
Be cautious of your actions and how they can be perceived by your child.
Have a symbiotic relationship with child’s coach (player/coach/parent triangle).


If you have any questions or concerns, please contact the graduate student presenters, Carissa Ware carissaware@u.boisestate.edu or Anna Schimelpfenig annaschimelpfenig@u.boisestate.edu.