

What's New in Print?

March 2009

Featured Resource

IDAHO METH PROJECT

<http://www.idahomethproject.org>

- Methamphetamine is a powerfully addictive stimulant that affects many areas of the central nervous system and causes dramatic changes in the brain. To learn more about how Meth alters the brain and, consequently, behavior—check out the sample animation available online at http://www.idahomethproject.org/Meth_Info/education.php
- Using 3D animations, accessible explanations, and personal accounts, this video clip helps viewers explore Meth's effect on the brain.

▪ **Hot Off the Press**

- StreetDrugs: A Drug Identification Guide, 2008 Edition, 80 pages (single copy only)
- Resource Kit: Stop Bullying Now! (also in Spanish)
- Survival Guide for Teenagers Turning 18 Accompanying Guide & Lesson Plan (download from <http://www2.state.id.us/isb/PDF/HS%20Lesson%20Turning%2018.pdf>)
- Preventing Bullying: A Manual For Schools and Communities (18-page booklet)
- What a Difference a Friend Makes (16-page mental illness booklet, also in Spanish)
- Ahora Se Puede Tratar La Adicción A Opiaceos En El Consultorio Medico (pamphlet)
- Issue Briefs #1-14 for Employers
 - 1: Save Your Company Money by Assuring Access to Substance Abuse Treatment
 - 2: What You Need to Know About Older Workers and Substance Abuse
 - 3: What You Need to Know About Younger Workers and Substance Abuse
 - 4: What You Need to Know About Mental and Substance Use Disorders
 - 5: Save Money By Addressing Employee Alcohol Problems
 - 6: Save Money By Addressing Employee Drug Problems
 - 7: What You Need to Know About the Cost of Substance Abuse
 - 8: Save Money By Encouraging Workers to Get Help for Substance Use Problems
 - 9: An EAP that Addresses Substance Abuse Can Save You Money
 - 10: How You Can Support Workers in Recovery
 - 11: Resources Available to Employers
 - 12: What You Need to Know About Substance Abuse Treatment
 - 13: Save By Providing Comprehensive Benefits for Substance Abuse Treatment
 - 14: You Save When Your Health Plans Improve Substance Abuse Screening
- Information Sheets:
 - More Teens Getting Anti-drug Message, Study Says
 - How to Talk to Your Kids About Drugs If You Did Drugs

▪ **Newly Launched Website**

- NIDA DRUGPUBS Research Dissemination Center
- Order your favorite NIDA materials online at <http://www.nida.nih.gov/Pubcat/>

▪ **Tobacco Prevention**

- Clearing the Air: Quit Smoking Today (newly revised 38-page booklet)
- Get Into Your Kid's Head...Here's How (tobacco prevention pamphlet)
- The Health Consequences of Spit Tobacco (pamphlet)
- Smokeless Tobacco...Your Habit or Your Life (pamphlet)
- Back on the Shelf:
 - Tobacco Stinks! (16-page booklet)
 - The Insiders: The Tobacco Temptation (comic book)

▪ **Back in Stock**

- Heads Up: Real News About Drugs and Your Body, compilation of 2007-08 (student magazine with teacher edition)
- Heads Up: Real News About Drugs and Your Body, compilation of 2006-07 (student magazine with teacher edition)
- NIDA NOTES: Articles That Address Drug Abuse Prevention, 69 pages

▪ **Series Additions**

- Research Report Series/Comorbidity: Addiction and Other Mental Illnesses, 8 pages
- TIP 48: Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery, 157 pages

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Featured Video



Huffing: the Latest Facts About Inhalant Abuse (cc)

This gripping program shares unforgettable real stories of teens fighting their abuse of inhalants, as well as families who lost a child to inhalant abuse. Compelling interview segments include an Ohio police officer whose son died after a brief experiment with inhalants--which his friends assured him were a "safe way to get high"--and a recovering teen who learned first-hand that huffing inhalants is not only perilous, but can quickly lead to other types of drug abuse. National experts discuss the addictive nature of inhalants and clearly outline the damage these toxic chemicals cause to the brain, heart and lungs. Teacher's Resource Book provides follow-up assignments and reinforces the program's powerful no-use message.

2008 Notable Children's Videos
Grades 5-9 20 min. 2007

* For more video information visit, <http://hs.boisestate.edu/radar/materials/videos.html>

Brand New Videos

- Cocaine and Heroin: Still Here, Still Deadly/DVD
 - Drugs: True Stories/DVD
- Meth: Inside Out Series/Brain and Behavior, v.2/DVD
 - Quit to Live: Fighting Lung Cancer/DVD

Don't Forget About Our Recent Arrivals..!

Behind Closed Doors: Trauma Survivors and the Psychiatric System/DVD

Drugged Driving: the Road to Disaster/DVD

The Eyes of Nye: Addiction/DVD

Finding Forever Homes/DVD

NOW/Montana Meth Project/DVD

NOW/Unselling Meth/DVD

On the Rocks: The Epidemic of Teen Drinking/DVD

Ordinary People Doing Extraordinary Things/ DVD

A Place to Call Home/DVD

Through the Eyes of the Child/DVD

The Totally Disgusting Tobacco Gross Out Video/DVD