

Underage Drinking Videos/DVDs

For Elementary Students

**Available from the Idaho RADAR Network Center
Video/DVD Lending Library
Revised October 1, 2009**

Alcohol Exposed (cc)

Alcohol is the most widely available and most abused drug in the world today. This point is driven home in this video in a way that middle schoolers will understand and remember. Students see the short-term and long-term harmful effects alcohol causes on the body as well as the intoxicating effects on the mind. Using interviews and narration by peers, the video exposes ways that alcohol use interferes with health, education and personal lives. The ravages of alcoholism and the struggles of families living with alcoholics are presented. Binge drinking is singled out as a very dangerous and potentially lethal activity that young people must avoid at all costs.
Grades 5-9 18 min. 2001 V-4012

Alcohol Facts: Straight Up

Two engaging teen hosts present the unvarnished facts about alcohol, while realistic scenarios reveal the physical, emotional and social consequences of drinking.
Grades 5-9 18 min. 2005 V-4170 or DVD-4170

The Case of Cool Al: A Johnny Clue Mystery (cc)

A mystery adventure designed to teach young viewers about the dangers of alcohol.

Kids, have no fear, ace detective Johnny Clue is on the case of evil dude “Cool Al”. When Johnny uncovers unmistakable evidence that bad things are happening to the kids hanging out with Cool Al, his investigation goes into high gear. He uncovers evidence of the crime--kids drinking alcohol, having memory problems, and even blackouts. More compelling evidence is provided by Stella Sparks, a scientist who specializes in studying the damage alcohol causes to kids’ developing brains. Also on the case is Detective Filbert, a cop who provides all the legal facts kids need to know about underage drinking. In the climactic ending, Johnny Clue unmasks Cool Al at a big bash where all the kids discover that drinking alcohol is uncool, illegal, and really bad for your brain.
Grades 3-6 13 min. 2008 DVD-4204

The Cat Who Drank and Used Too Much

A delightful tale that deals with addiction, denial, and recovery in a positive, non-threatening way. This program is the perfect teaching tool for explaining the addiction process. Narrated by Julie Harris.
All ages 12 min. 1986 V-4029 Spanish version V-8001

The Dog Who Dared to Keep Kids Off Drugs & Alcohol

Meet Ralph (a street-smart border collie) and his young friends, some of who are thinking about experimenting with drugs and alcohol. Fortunately, Ralph is the dog who dared to keep kids off drugs and alcohol. Much more than a ‘just say no’ message, this prevention video is fun and upbeat and helps kids to realize the dangers of drugs and alcohol, while giving them some positive alternatives. *The Dog Who Dared* will reach out to children from all socioeconomic backgrounds. It also addresses issues like self-esteem and peer-pressure and promotes abstinence.
Elementary 25 min. 1992 V-4038 or V-8006 Spanish

Don’t Drain Your Brain: How Alcohol Damages the Brain/No Vacies Tu Cerebro: Como el Alcohol Dana el Cerebro (cc)

This powerful video uses lively animation and compelling images of the human brain to deliver the latest scientific findings about young people and alcohol. Viewers will learn that early alcohol use causes serious damage to the brain and significantly reduces many important brain functions that are necessary for young people to be successful in life. Young teen presenters review important brain structures and explain how vital they are to normal, healthy functioning—including thinking, moving, speaking, hearing and smelling. Viewers get a chance to see what actually happens inside the brain when alcohol is consumed, and witness how normal brain functioning is short-circuited by alcohol. Viewers will learn that the human brain continues to grow and develop until we are in our early twenties. For students who watch the video and participate in the Teacher’s Resource Book full of informative follow-up activities, the message will be clear: drinking alcohol can damage your brain and cause great harm to your future.
Grades 3-6 15 min. 2003 V-4138 or DVD-4138 V-8015 (Spanish version)

Getting Stupid: How Drugs Damage Your Brain (cc)

This video presents to middle schoolers the latest scientific information on how alcohol, marijuana, inhalants and other drugs cause serious and potentially permanent damage to the human brain. Video includes interviews with scientists who use actual brain scans of drug users to explain how the brain's chemistry is harmed by drugs. Hi-tech images of the human brain make the evidence compelling and memorable. Students will clearly see those areas of the brain that are impacted, such as the hippocampus, blood vessels and nerve cells. New research has demonstrated that the ability to do common thinking tasks is seriously compromised in the still developing brains of teenagers who drink alcohol. Program delivers an urgent wake-up call to viewers who may not be aware of the real dangers of how taking drugs can damage the brain.

Grades 5-9 23 min. 2003 V-162 or DVD-162

Let's Talk About Drugs

Margaret is happy to go birthday shopping with her grandmother, but unhappy about Grandma's smoking. Having learned in school that it's okay to ask a grown-up not to smoke if it's done politely, she talks to Grandma about how she feels. Grandma sees her point and gives Margaret a fun-filled, smoke-free day. Margaret had fun, but her feet got sore. She asks her father for pills to feel better. He explains that there are no pills for sore feet; he also reminds Margaret that she should take medicine only from him, her mother, or a doctor. From a cousin, Margaret learns the virtues of caffeine-free over regular soda; why alcohol is only for adults; and why trying on adult behaviors is not a smart thing for kids to do.

Kindergarten/Elementary School 16 min. 1996 V-3015

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 1

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade one how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities. Includes three Storybooks:

OUR BRAIN IS THE BOSS!/WHEN WILL I BE A GROWN-UP? Lessons 1 and 2

I DON'T TRUST MY LIFE TO LUCK/REASONS FOR RULES AND LAWS Lessons 3 and 4

STOP AND THINK IT THROUGH/MAGGIC AND THE MEDICINE Lessons 6 and 7

Grade 1 no DVD 2006 Curriculum 4189/257 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 2

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade two how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 2 no DVD 2003 Curriculum 4190/186 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 3

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade three how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 3 no DVD 2006 Curriculum 4191/194 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 4

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade four how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 4 no DVD 2006 Curriculum 4192/220 pages

Protecting You/Protecting Me: An Alcohol use Prevention Curriculum/Grade 5 (cc)

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grades 1–5 how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers.

The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 5 12 min. 2003 DVD-4180

Student Workshop: All About Drugs

Give the youngest students the facts about drugs and medicines they need to know. Help them understand that staying healthy means taking care of their bodies and only using medicines that are prescribed for them. Age-appropriate vignettes illustrate three basic facts about drugs: non-prescription medications can be dangerous; drugs should never be taken without parent's or doctor's permission; and drugs can be both addictive and illegal. Scenarios allow time for information-reinforcing activities.

Grades K-2 16 min. 1999 V-4100

This Is Your Brain on Alcohol

Charismatic high school students present to middle school students some groundbreaking information about the effects of alcohol on developing brains. New studies show that the brain is a complex organ that builds its basic capacities and potential for the future during adolescent years. Alcohol use during this time has a major impact because it disrupts the growing brain's plasticity (encoding and programming progress), which in turn impairs its response to stimuli essential to learning and memory. There is now evidence that the brain continues to develop until the age of 24, three years past the "legal" drinking age. The message to middle school students in this peer education video is clear: Alcohol use is not healthy and not cool; most kids do not use it; and those who do risk irreversible damage to their developing brains.

Grades 5-9 23 min. 2004 V-4152 or DVD-4152

This Place

A 15-minute film that dramatically captures today's youth drinking culture. This film shows the alcohol-saturated environment kids are exposed to and the impact of underage drinking. THIS PLACE offers a glimpse into communities that are taking action to reduce alcohol problems. You can watch this video online at <http://www.faceproject.org/thisplace/index.html>

Parents 15 min. 2005 V-4141 or DVD-4141