

Underage Drinking Videos/DVDs

Available from the Idaho RADAR Network Center
Video/DVD Lending Library
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Access and Excess

This compelling 17-minute documentary takes a realistic and local look at the current problems and the factors in the community – attitudes and norms, access and availability, media messages and policies – that accept, allow and encourage underage and binge drinking among teens and young adults in Ventura county. Suggestions are made for parents, youth and community members to help reduce the problems. www.straightupvc.org

Junior High School/High School/Adult 17 min. 2007 DVD-4185

Acquaintance Rape: The Ultimate Betrayal

Many people associate rape with a man in a ski mask lurking down a dark alley. The reality can be even more terrifying. Most rapes are committed by people the victims know – people they trust. Many times, rape is only the beginning of the ordeal, as victims deal with anger, guilt, and the harsh judgments of society. This compelling program is the latest from Arnold Shapiro, producer of the highly successful Teen Files series. Candid interviews present the stories behind three acquaintance rape cases. An orientation leader rapes two young and vulnerable college freshmen. A 15-year-old succumbs to peer pressure and alcohol in a motel room. And a serial rapist preys on young women in San Diego. Each story is filled with insight and useful information. Viewers learn positive steps to take in reporting and recovering from acquaintance rape. They discover prevention tips, as well as common tactics used by rapists. In addition, the social climate surrounding acquaintance rape is explored, both by young women and young men. Subtle message like “women want it rough” are closely examined. As the video ends, five victims of a serial rapist speak at his sentencing hearing. Their words touch on many strong emotions – fear of intimacy, lack of trust in others, and the pain of sharing their experiences with family members and spouses. One victim also expresses anger with the defense attorney, and society in general, for trivializing the anguish of acquaintance rape. In a world where men are encouraged to be sexually aggressive and women are often confused about their personal rights, this video vividly presents the realities of a serious violent crime – both for its victims and its perpetrators.

Junior High School/High School/Adult 28 min. 2001 V-4000

Addiction (HBO)

One in four Americans has a primary family member who is struggling with addiction. This documentary strives to break through the myths and explain what addiction really is (a brain disease), what causes it (a variety of genetic and psychosocial factors) and how to get the best available treatment (by seeking out evidence-based medical and behavioral treatments). *Viewer discretion advised.* The National Institute on Drug Abuse (NIDA), part of the National Institutes of Health, and the College On Problems of Drug Dependence (CPDD) will jointly present the 2007 Media Award to John Hoffman, Vice President, Home Box Office (HBO) Documentary, for his role in co-producing the groundbreaking HBO documentary series “Addiction.” The CPDD’s Media Award is presented annually for meritorious use of the media to educate the public about the science of drug addiction. This year’s award was presented on Sunday, June 17, 2007 at the College’s annual meeting in Quebec City, Canada. Mr. Hoffman accepted this award on behalf of co-winners, Ms. Susan Froemke and Ms. Sheila Nevins. <http://www.hbo.com/addiction>

Adult 5 hours 2007 DVD-4183 Discs 1 & 2 DVD-4184 Discs 3 & 4

Addiction and the Human Brain (cc)

Drug addiction is a disease of the brain, and teens are at highest risk for acquiring this disease. That is the startling conclusion recently arrived at by brain experts, based on the latest research findings. This program illustrates the amazingly complicated structure and function of the brain using colorful and compelling visuals and computer animations. It explains the changes to the brain caused by prolonged use of drugs such as cocaine, heroin, nicotine, alcohol and methamphetamine, and shows why voluntary drug use eventually becomes involuntary and compulsive. Studies indicate that drugs affect the developing brain more than the brain of someone more mature, thus putting teens at a higher risk of addiction. Interviews with recovering teen addicts, an addiction counselor, and brain experts and researchers give the program realism and intensity, and provide sobering thoughts to viewers.

Grades 7-College 25 min. 2005 V-4169 or DVD-4169

Adolescents and Alcohol: Setting It Straight (cc)

For young people who abuse alcohol, there are often painful and sometimes deadly consequences. In *Adolescents and Alcohol*, teens share their personal stories of addiction, loss of control, and the hope that recovery can bring. These stories offer teens in early recovery encouragement and the promise that sobriety is possible and desirable. The video emphasizes the positive experiences of teens that are building new, sober lives and rediscovering themselves in the process.

Junior High School/High School 15 min. 2001 V-4002

Adult Children of Alcoholics: The Masks of Denial

Using a docu-drama format, this revealing video dramatizes the psychological and emotional problems encountered by persons who have spent their childhood years around alcoholic parents. A character explains, “Just as alcohol cripples the alcoholic, our *coping mechanisms* cripple us”. The four characters profiled in the program represent typical adult children of alcoholics. The end of the video has a message for the adult children of alcoholics.

High School/Adult 22 min. 1988 V-4003

Adult Children of Alcoholics: Emotional Healing

The types of behaviors exhibited by COA’s are portrayed. This program identifies many issues that ACOA’s must confront and explores the variety of emotional injuries they have experienced.

Adult 44 min. 1990 V-4004

Advertising, the Media and Your Health (cc)

Today’s teens are often labeled Generation M because of the extent that media saturates their lives. This program examines how different forms of media encourage young consumers to smoke more, drink more, eat more unhealthy foods, and take greater risks with sexual behavior. Using the latest tools in brain imaging, program also demonstrates how violent video games may make people more accepting of violence while increasing feelings of anxiety or vulnerability. This unique presentation reminds today’s teens that as they become skilled creators of media—making their own films, music and blogs—they can learn to look critically at media tricks. Real teens deconstruct ads to expose the emotional hooks used to encourage teens to buy unhealthy products. This video and print package will help your students become savvy media consumers.

Grades 7-College 20 min. 2007 DVD-4196

Alcohol

People who begin drinking before age 15 are four times more likely to develop alcoholism than those who begin at age 21. This program focuses on three teenagers – Trisha, ChiQuita, and Matt – as they candidly reflect on their first tastes of alcohol, how they got hooked on getting drunk, and how they finally summoned the strength to stop drinking, once and for all. Interviews with experienced addiction counselors stress easy availability and societal acceptance of drinking as the main reasons alcohol abuse is so popular with middle school and high school students, while onscreen lists spell out the hard facts of alcohol abuse. The need to deal with feelings, not run from them is emphasized as well. “I’m in recovery now and things are going real good for me, actually,” says Matt. “When I have feelings now, I’m not afraid to feel them anymore.”

Junior High School/High School 20 min. 2001 V-4005

Alcohol: A Woman’s Health Issue (cc)

The film profiles women recovering from alcohol problems and describes the health consequences of heavy drinking in women.

Adult 13 min. 2002 V-4006

Alcohol Abuse: Dying for a Drink

Playing with alcohol is not harmless fun. Learn about the dangers of alcohol consumption and listen to the testimonials of people whose lives have been forever changed because of the irresponsible use of this potentially deadly substance.

Junior High School/High School 14 min. 1999 V-4007

Alcohol and Drug Use Screening, Intervention, and Referral: Changing the Nation’s Approach to Comprehensive Health [Currently Out of Stock]

In this video, you will learn about innovative efforts to educate health care professionals on appropriate screening, intervention, and referral procedures that can easily be incorporated into clinical settings. The video features Stacia Murphy, President, National Council on Alcoholism and Drug Dependence (NCADD); Dr. Hoover Adger, Jr., Former Deputy Director of the Office of National Drug Control Policy (ONDCP), Professor of Pediatrics, Johns Hopkins Hospital; Dr. Thomas F. Babor, Professor and Chairman, University of Connecticut School of Medicine; Jean Donaldson, Public Health Advisor, Center for Substance Abuse Treatment, SAMHSA, U.S. Department of Health and Human Services; and others. Aired 4/27/04. <http://www.recoverymonth.gov/2004/multimedia/w.aspx?ID=246>

Adult 60 min. 2004 V-

Alcohol and Its Effects

Using graphics, animation, and brain scans, along with the voices of recovering users, top alcohol researchers, and treatment professionals, this comprehensive and current video describes: The effects based on blood alcohol levels and length of use; The neurochemistry of tolerance and withdrawal; Emotional and physical reasons for drinking and craving; Genetic and environmental contributions to alcoholism; Causes for different levels of drinking (e.g. binge); Social effects of drinking (e.g., DUI, violence); Effects on the developing fetus (e.g., FAS & FAE); and Treatment and recovery strategies.

Adult 60 min. 2001 V-4008 or DVD-4008

Alcohol and Nutrition

Presents information on how alcohol affects nutritional status and general health; male-female differences; effects on elderly; pregnancy and abstinence, health issues such as benefit-risk ratio; and the food guide pyramid tailored to alcohol recovery.

High School/Adult 15 min. 1997 V-4009

Alcohol & the Teenage Brain: A Video Guide for Parents & Professionals (cc)

This no-nonsense, straightforward video presents the latest research about how alcohol impairs the growing adolescent brain. The context is delivered by neuroscientist and researcher Scott Swartzwelder Ph.D. of Duke University whose groundbreaking research will be a wake up call for parents, school administrators and substance abuse professionals who want to learn more about the damaging effects of alcohol on teens. Swartzwelder explains that ten years ago researchers used to believe that the brain was finished developing at birth. Now scientists know that the brain is growing and developing through adolescence and into one's early twenties. The research has further shown that adolescents experimenting with alcohol and binge drinking are literally putting their futures at risk by compromising the full potential of their brains to learn, conceptualize and prepare for college and the workplace.

Junior High School/High School/Adult 20 min. 2004 V-5050

Alcohol and Your Body

Alcohol is the most widely abused drug in the world, and its effects on the human body are serious. Society and the companies that manufacture alcoholic beverages promote drinking as a harmless social activity. The reality is dramatically different. Even in moderate amounts, alcohol seriously impacts virtually every system of the body. This program traces the effects of alcohol on the nervous, circulatory, digestive, urinary, reproductive and muscular/skeletal systems of the human body. Specific disorders that can result from alcohol consumption, such as alcoholic pancreatitis, cirrhosis of the liver, and fetal alcohol syndrome, are described. Dr. Ernest P. Noble, a pioneering genetic researcher at the University of California, Los Angeles, presents information about the genetic basis of alcohol addiction. The role alcohol consumption plays in the development of several common cancers is also revealed. In candid interviews, several recovering alcoholics share their experiences with alcohol and describe how the pressure to drink started early in life. The medical information presented has been authenticated by some of the top health care providers and researchers in the field, several of who appear in this program.

High School/Adult 29 min. 1995 V-4010

Alcohol: Brain Under the Influence

Alcohol: Brain Under the Influence is a visually stimulating and thought provoking presentation of how alcohol affects the human brain. Years of scientific study and facts are incorporated into this video to clearly explain why drinking alcohol is pleasurable, how field sobriety tests work, how drinking styles affect blood alcohol levels, and why driving skills become impaired. Racing legend and two-time Indianapolis 500 winner Arie Luyendyk discusses driving safety.

Junior High School/High School/Adult 43 min. 1998 V-4011

Alcohol Exposed (cc)

Alcohol is the most widely available and most abused drug in the world today. This point is driven home in this video in a way that middle schoolers will understand and remember. Students see the short-term and long-term harmful effects alcohol causes on the body as well as the intoxicating effects on the mind. Using interviews and narration by peers, the video exposes ways that alcohol use interferes with health, education and personal lives. The ravages of alcoholism and the struggles of families living with alcoholics are presented. Binge drinking is singled out as a very dangerous and potentially lethal activity that young people must avoid at all costs.

Grades 5-9 18 min. 2001 V-4012

Alcohol Facts: Straight Up

Two engaging teen hosts present the unvarnished facts about alcohol, while realistic scenarios reveal the physical, emotional and social consequences of drinking.

Grades 5-9 18 min. 2005 V-4170 or DVD-4170

The Alcohol Social Norms Project

Funded through a grant from the NJ Department of Human Services, Division of Addiction Services. Project developed by the NJ Higher Education Consortium on Alcohol and other Drug Prevention and Education.

Adult 14 min. 200? V-4175

Alcohol: the Medical Consequences, pt. 1

According to Dr. Keppler, alcohol is the most accessible and commonly used and abused drug by people of all ages. In terms of being harmful to your health, it is also the substance that people think of least. But the reality, as shown in this series, is that alcohol is far from harmless. Computer graphics and brain scans illustrate precisely what alcohol is capable of inside the human body. **Part One** focuses on alcohol's effects on the pharynx, throat, stomach, pancreas, and liver. Dr. Keppler explains that alcohol's unique tendency to remain in the body considerably longer than other drugs bathes these organs in toxic material for extended periods. A bonus Q&A segment follows.

Adult 31 min. 2004 V-4142 or DVD-4142 Spanish version V-8013

Alcohol: the Medical Consequences, pt. 2

Part Two discusses alcohol's target organ: the brain. Viewers learn how alcohol affects the chemistry, biology, and structure of the brain. Additional topics include effects on skeletal, heart, and hormonal systems. A bonus Q&A segment follows.
Adult 32 min. 2004 V-4143 or DVD-4143 Spanish version V-8014

Alcohol: The Social Drug, The Personal Problem

This video is intended to introduce viewers to the many aspects and issues connected with alcohol, particularly its use and abuse among teenagers.
High School/Adult 50 min. 1987 V-4157

Alcohol: The Substance, The Addiction, The Solution [HOPE TO ORDER]

Ten percent of us suffer full-blown addiction to it. Half of all accidents involve it. American businesses spend \$200 billion each year because of it. Almost half of emergency hospital admissions are due to it. Perfectly legal for all. Perfectly dangerous for some. This dramatic new video looks at alcohol from all directions: the danger of addiction and cross-addiction; the struggle involved in admitting the problem; *and the reward of starting to recover from this often deadly disease*. Shown through stories of all types of people affected by it, ALCOHOL is a 40-minute video segmented into two, 20-minute parts. *Poignant testimonials* from people in recovery are skillfully combined with *narration from experts* in the field to deliver solid information along with the real-life human impact of alcohol abuse. Each 20-minute segment helps us, particularly those in early recovery, better understand the history, effects, dangers, and recovery aspects of alcohol use and abuse. *The key message: recovery from alcoholism is possible.*

Part One: The Disease provides clients with an overview of alcohol including historical and cultural aspects of alcohol use, how it is used, and the cost of alcoholism to society. It examines the pharmacology of alcohol use, including the impact of the drug on the body and mind.

Part Two: Getting Better explores the feelings that motivate addicts to seek treatment. It analyzes the path toward recovery and some of the struggles we often experience along the way. Dramatic testimonials and group settings illustrate the rewards of living life without drugs--and without alcohol.

Adult 40 min. 1998 DVD-

Alcohol: True Stories

Alcohol: True Stories hosted by Matt Damon tells true stories of four young people and how their choices about alcohol impacted their lives.

- ❑ Robert was a star soccer player. After drinking a few beers, he crashed his dad's car. His leg was severed. Robert wishes he'd listened to his dad's warnings about alcohol.
- ❑ Dana lost two family members to murder. Unlike many who turn to alcohol to deal with stress and sadness, Dana and her cousin find healthy ways to cope.
- ❑ Megan was diagnosed with alcoholism at 16. At first she denied she had a problem. One night, while drunk, she was sexually assaulted. Megan tells how she finally asked her parents for help and how she feels today about underage drinking.
- ❑ Ilton is a talented hip-hop dancer. His dedication to his sport, his determination to be a role model to others and his mom's guidance helps Ilton avoid alcohol.

Junior High School/High School 20 min. 2002 V-5000

Alcohol: What You Don't Know (In the Mix Series)

Hosts Tamah and Duane, who are of legal drinking age, submit themselves to an experiment. As they have just a few drinks throughout the show, we see how their motor skills and judgment are affected. One of Nassau County's physician consultants lays down the facts about what you drink, how quickly it will hit you, and debunks popular myths about how to "sober up." *In the Mix* reporter Eddie visits with teens in a treatment program for recovering alcoholics. They give us the honest truth about why they started drinking and how quickly it can get out of control, and then leave us with valuable tips on how to recognize and reach out to someone who's an alcoholic. Eddie also checks out one high school's unique approach to curbing teenage drinking – a peer education program where seniors, not teachers, show younger students the truth about drinking. As Tamah and Duane continue to imbibe, a doctor points out that their speech is slurred and their coordination is deteriorating. Teens who experienced alcohol poisoning after binge drinking talk about their brushes with death, while we hear tragic stories about young people who weren't so lucky. A medical expert explains what happens to your body when you give it excessive amounts of alcohol in a short period of time (hint: it doesn't like it). Duane takes (and fails) a police sobriety test, while Tamah gets behind the wheel to discover how much her driving ability is impaired. Later, Tamah finds out what happens at a DWI checkpoint, and what the law has in store for people convicted of drinking and driving. We also hear from young people who paid an even higher price than jail time – they're permanently disabled from drunk driving accidents.

Junior High School/High School 30 min. 1996 V-4014

Alcoholic Blackouts and the Brain (cc)

If you drink alcohol or know someone who does there is a side effect that can actually cause part of your brain to “switch-off” causing a form of amnesia. When this happens it is called an alcoholic blackout. Binge drinkers are especially susceptible to this condition, and with little research being done on the subject careful attention needs to go to those who have already experienced some level of amnesia. Viewers will learn that drinkers with alcoholic blackouts are a danger to themselves as well as others. In this ABC Production host Cynthia McFadden follows Kevin Price, a young adult in New Jersey who was attending a party and consumed ten beers in less than two hours. Kevin is now serving an eight to twenty one year prison sentence for driving the wrong way on an interstate, crashing into a van and killing five people. Amazingly, he has no memory of the event. Interviews with doctors define these blackouts as the ability to function – albeit making bad judgments – but not remember any of the activities during this time. Young people are more likely to have a blackout than adults according to neurologists. This is especially troubling since 40 percent of college age students last year were categorized as binge drinkers.

High School/Adult 14 min. 2000 V-4015

Alone in the Dark

After giving in to peer pressure, and against her parent’s wishes, seventeen-year-old Tasha Grant goes to a party and gets more than just a little drunk. What happens next will help young adults with decision making regarding DUI, standing up to peer pressure, relating to parental authority, valuing leadership skills, and how to make good choices.

High School/Adult 26 min. 1994 V-4016

America’s Bloody Highways [HOPE TO ORDER]

This powerful new program graphically shows the reality of drunk driving in the United States. Eighty-two images of real people, real victims, real vehicles, real injuries, and real fatalities deliver a powerful punch. An effective presentation for driver education, health classes, community presentations, and for 1st time DUI offenders and Multiple Offenders.

Grades 9-Adult 13 min. 2006 DVD-

...and Down Will Come Baby

Over 375,000 newborn babies have been exposed to drugs in utero. The effects on the fetus are outlined in this video, which is narrated by adolescents. A physician provides the devastating consequences that alcohol, tobacco, and drugs can have on a fetus. This tape promotes an awareness of the problem among teenagers who are at risk for both unplanned pregnancy and substance abuse. The shocking effects on newborn babies are shown. The film concludes with a reflection from the adolescents on what parenting is all about, how it begins in the womb, and the responsibilities for both the mother and father.

High School/Adult 17 min. 1996 V-4017

Ask, Listen, Learn

Ask, Listen, Learn: Kids and Alcohol Don’t Mix, is a highly creative multimedia program, developed by The Century Council and Nickelodeon that tackles, head on, the difficulties of convincing tweens not to try alcohol during their middle school years. Designed by a team of educators and psychologists specializing in middle school-ages students, the interactive program helps parents have effective conversations about alcohol with their kids, using a number of accessible resources including discussion booklets, Public Service Announcements (PSAs) and an interactive website.

CD-ROM-4130

Athletes, Alcohol and Steroids: What’s Wrong With This Picture? (cc)

New research has indicated that school athletes, both male and female, are at a greater risk of abusing alcohol and steroids than non-athletes. The video and print package explain why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes’ alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented as well as eye-opening information that explains that steroid use causes breast development in boys and acne and masculine hormones in girls.

Grades 7-College 23 min. 2005 V-4162 or DVD-4162

Babies Can’t Say ‘NO’: Substance Abuse During Pregnancy

Any substance that a pregnant woman ingests – whether healthful or toxic – immediately crosses through the placenta to her developing baby. This program shows how a pregnant woman’s use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. It explains that an infant who survives an alcohol-soaked pregnancy is often born with Fetal Alcohol Syndrome, a group of serious physical and neurological birth defects – and the most common cause of mental retardation. The birth mother and adoptive mother of a child with FAS present their real-life experience of heartbreaks and small victories, while an FAS-trained pediatrician and educator describe the medical and developmental struggles of children with FAS and other drug-induced birth defects. Their stories deliver a potent preventive message, and will serve as a strong intervention tool for use with students, patients, prospective parents, and pregnant women and their partners.

High School/Adult 23 min. 2001 V-4019

Better Safe, Than Sorry: Preventing a Tragedy

This highly engaging, flexible (1-4 class periods), inquiry-based curriculum module focuses on the science and impact of Fetal Alcohol Spectrum Disorders (FASD). This curriculum, developed by researchers at UNC-Chapel Hill as well as teachers and other educational consultants, includes guided teacher instructions for implementation, data tables and background materials, a video with guided lab instruction and background on FAS, a post-assessment game and hands-on experiment involving varying concentration levels of ethanol and the growth and development of brine shrimp. <http://pubs.niaaa.nih.gov/publications/Science/curriculum.html>
Junior High School min. 200? CD-4167

Binge Drinking Blowout: the Extreme Dangers of Alcohol Abuse

For many teens and young adults, fun with their peers means drinking alcohol, often to excess. Binge drinking – consuming large quantities of alcohol in a very short time – is considered a drinking “game”. Consequences of this “game” include drunkenness and serious hangovers. Greater inherent dangers are alcohol poisoning and death. This program supports Health and Life Skills units on behavioral choices and personal health. Students’ understanding of the relationship between unsafe behaviors and their physical well-being and, in particular, the risks of binge drinking, are explored through real-world statements from teens and young adults who share their opinions and experiences regarding drinking, and discuss why high school and college-age kids binge drink. Students will gain insight into the risk factors of binge drinking, and the role that peer pressure plays in this unsafe behavior. Topics covered include how intoxication leads to additional poor choices, dangers of mixing alcohol and other drugs, drinking and driving, and the physiological effects of alcohol poisoning. Actual cases of binge drinking injuries and fatalities reinforce students’ understanding of this health-related issue.

High School 29 min. 1998 V-4020 (Edited Version) V-4021 (Unedited Version)

Binge Drinking: The Facts (cc)

A Harvard survey indicates as many as eight percent of college fraternity students binge-drink each weekend. Alcohol poisoning causes more than 4,000 deaths each year. And when people binge, it increases the likelihood they will engage in risky sex – resulting in STDs, pregnancy, or rape – or be involved in a car crash, drowning, or fall. This video gives detailed lifesaving procedures to save someone suffering from alcohol poisoning.

Grades 7-College 26 min. 1998 V-4022

Blurred Lines

An extremely powerful presentation, *Blurred Lines* documents the tragic, all too frequent consequences of drunk driving. Two real families share their anguish over the loss of loved ones, allowing video cameras to record their grief in the hope that similar tragedies will be prevented. After having too much to drink one day in May 1995, Ronnie Dale Haithcock drove his car in the wrong direction down a North Carolina interstate, colliding head-on with a car carrying three young men. All three died, but Haithcock survived and made a full recovery – physically. Viewers hear his tearful expressions of remorse from the prison where he is serving a 14- to 17-year sentence in connection with the crash. The mother of two of Haithcock’s victims – Cornelius and Antonio Walker, ages 22 and 24 – rejects his apology. Viewers witness the funeral of these young men, and that of another victim, 11-year-old Ashley Kennon. On a hot summer day, Ashley and her friend Jennifer were riding their bicycles when a drunk driver veered off the road and struck them. Jennifer recovered, but Ashley was left brain dead and soon succumbed to her injuries. The program contrasts home video of Ashley as a spunky, happy child, with emotional scenes at her hospital bed as Ashley lies dying. After she is buried, her mother visits her gravesite and tried to cope with the loss. Jennifer, who now walks with a limp, also suffers from the loss of her friend, and she doesn’t go bike riding anymore. *Blurred Lines* presents a vivid reminder against drinking and driving that will inform, sadden and deeply move viewers young and old.

High School/Adult 27 min. 1997 V-4023

Bombed! (cc)

A hard-hitting, COPS-style look at the dark side of alcohol use. This video illustrates in graphic detail the many troubles – legal, medical, and emotional – that accompany teens that drink. *Bombed!* exposes the truth about alcohol consumption. First, the video follows a typical spring-break crowd in Florida, where those who “party ‘til they drop” are shown suffering the consequences of their excess. In another segment, *Bombed!* documents the emergency room treatment of a teen with alcohol poisoning whose stomach is pumped. The final segment introduces viewers to Megan, a 16-year-old in recovery whose candid story is sure to remind viewers that heavy drinking has serious consequences.

Grades 7-College 28 min. 1997 V-4025

Brain Scans: Alcohol and the Teenage Brain (cc)

This video takes teenagers on a tour of several labs across the country including one at the University of California at San Diego where doctors are researching the effects of alcohol use in teenage brains. The young host of the show actually has a scan done on her own brain, and then has the chance to see how it compares with the brains of other teens that drink alcohol regularly. The groundbreaking studies highlighted in the video dramatically connect long-term brain damage to teen-age drinking. Your students will see first hand how alcohol affects teenagers as young as fourteen and fifteen years old. They will also learn why alcohol seems to affect younger brains more profoundly than older ones both in short term and long term, impairing memory, coordination and motivation and causing addiction. Video delivers a strong caution to teens considering any use of alcohol.

Grades 7-College 23 min. 2002 V-4026

Brandon Tells His Story

You're about to meet a remarkable young man who has paid – and will keep on paying – a terrible price for a stupid choice he made when he was seventeen. At the end of a long, tiring day, Brandon Silveria had a few drinks at a party, managed to drive his friends home, and then wrapped his car around a tree. He spent the next two and a half months in a coma, the next two years in rehab. His speech is slurred, his walk is unsteady, and his memory is permanently impaired. You'll hear first hand from Brandon what it's like to fight every day to get his life back to where it was. You'll meet his high school friends who are through college now and moving on. You'll get to know the Silveria family and begin to understand where Brandon gets his courage.

Junior High School/High School/Adult 28 min. 1995 V-5003

Busted: What You Need to Know about Drugs and the Law (cc)

Teenagers will learn the consequences of illegal drug use, drug possession, and drug distribution. Viewers learn legal facts from police officers, prosecutors, counselors, and from young people who have been caught on the wrong side of the law. Footage of detention centers and sentencing hearings offer a real-life glimpse into the legal system. Suited for all students, this video sends the message: you can pay a heavy price for involvement in drug use as well as underage drinking.

Grades 8-College 25 min. 2001 V-4028

Buzz in a Bottle: the Dangers of Caffeine-Spiked Energy Drinks (cc) [IN PRODUCTION]

With the lure of an over-the-counter jolt, kids are consuming more energy drinks than ever before and in many cases mixing them with alcohol. Through vivid interviews with teens and health experts, the video describes the many physical effects that these concoctions have including dizziness, fainting, heart palpitations, caffeine poisoning, headaches, fatigue, diminished concentration, anxiety, insomnia, shaking, nausea, and high blood pressure. Even more alarming is the trend of mixing these beverages with alcohol, thus allowing users to drink more alcohol than they normally would and putting them at a greater risk for alcohol poisoning. This program arms kids with the facts and gives a strong “no-use” message with particular emphasis on the real health risks of too much caffeine and the grave danger of combining alcohol and caffeine-spiked drinks.

Grades 7-College 20 min. 2009 DVD-4013

The Case of Cool Al: A Johnny Clue Mystery (cc)

A mystery adventure designed to teach young viewers about the dangers of alcohol.

Kids, have no fear, ace detective Johnny Clue is on the case of evil dude “Cool Al”. When Johnny uncovers unmistakable evidence that bad things are happening to the kids hanging out with Cool Al, his investigation goes into high gear. He uncovers evidence of the crime-kids drinking alcohol, having memory problems, and even blackouts. More compelling evidence is provided by Stella Sparks, a scientist who specializes in studying the damage alcohol causes to kids’ developing brains. Also on the case is Detective Filbert, a cop who provides all the legal facts kids need to know about underage drinking. In the climactic ending, Johnny Clue unmasks Cool Al at a big bash where all the kids discover that drinking alcohol is uncool, illegal, and really bad for your brain.

Grades 3-6 13 min. 2008 DVD-4204

The Cat Who Drank and Used Too Much

A delightful tale that deals with addiction, denial, and recovery in a positive, non-threatening way. This program is the perfect teaching tool for explaining the addiction process. Narrated by Julie Harris.

All ages 12 min. 1986 V-4029 Spanish version V-8001

Chalk Talks by Father Joseph C. Martin

For the past 25 years this Father Martin video has lasted the test of time and still remains a classic tool in treatment programs around the world. Provides an explanation of alcohol and alcoholism.

Junior High School/High School/Adult 66 min. 1997 V-4030

Children of Alcohol and Drug-Addicted Parents: Protecting Our Future

Today there are an estimated 28.6 million Americans who are children of alcoholics; nearly 11 million are under age 20. Many of these children and young people are exposed to chaotic family environments that offer little stability or emotional support. And many will develop serious behavioral and emotional problems that will keep them from living happy and normal lives. View this webcast to learn about new science-based approaches to helping these often overlooked victims of addiction.

Adult 57 min. 2001 V-4126

Children of Alcoholics: How Schools Can Help

One in five American students is the child of an alcoholic (COA) or substance abuser (COSA). These children are at 2-4 times greater risk of developing alcoholism or other drug abuse. Educators are often the only adults they can turn to for help, but their code of silence keeps them isolated. This program examines the needs of COAs and COSAs in grades 4-8, and presents strategies for helping them in the crucial pre-High School years. It features Ellen Morehouse, noted expert on school-based programs for COAs, and Veronica Skerker, substance abuse prevention training specialist from the Connecticut Department of Education. The video program is presented in three segments:

1: *What Educators Need to Know About COAs* (18 minutes)

2: *COAs' Roles and Rules* (20 minutes)

3: *What Educators Can Do to Help COAs* (18 minutes)

Adult 56 min. 1992 V-4031

Choices Matter: Empower Students to Stay Healthy & Safe

This is a direct and frank look at the laws, rules, and consequences University of New Hampshire students must face when they make unhealthy and poor choices around high risk and illegal use of alcohol and other drugs.

High School/Adult 21min. 2005 DVD-4153

The Clinical Diagnosis of Fetal Alcohol Syndrome by Jon M. Aase, MD

FAS is the most common known cause of mental deficiency. It is a subject of serious concern to government health agencies and health care professionals throughout the country. The video has been designed to give health care professionals:

Sharpened Diagnostic Skills – Each diagnostic feature is displayed and described in detail. Using the information on this video, health care professionals will be able to easily determine which children with behavioral problems have FAS.

Decreased Liability Exposure – Because the diagnostic protocols and measurement techniques described on the video are easy to utilize, the opportunity for missed and misdiagnoses will be reduced. The video utilizes diagnostic images of more than a dozen FAS patients.

Enhanced Patient and Client Service – The methods and procedures explained on the video allow the health care professional to discriminate between FAS and other causes of growth retardation/mental deficit.

High School/Adult 31 min. 1994 V-4032

Confronting Drunk Driving (cc)

This memorable video features the true story of Mike Proveromo, a young man who killed his two best friends in a drunk driving car crash when he was a teenager. Today, Mike tours the nation's high schools to share his story, and to warn students never to drink and drive. In addition to interview segments that recount Mike's dramatic story, viewers will also hear from law enforcement officers who explain the legal risks involved in drinking and driving, including harsh jail sentences for those convicted of driving under the influence (DUI). Viewers will also hear from emergency room physicians who describe the traumas and deaths they have seen as a result of drunk driving. Teens will also hear from parents and family members who have been left devastated by the loss of a child as a result of drunk driving. In addition, *Confronting Drunk Driving* offers important tips for how to avoid being a passenger in a car driven by an intoxicated driver. Teacher's Resource Book offers many useful and thought-provoking worksheets for classroom use.

<http://www.seansrun.com>

Grades 7-College 27 min. 2003 V-4144 or DVD-4144

Counseling Children of Alcoholics: Fostering Resiliency

Children of alcoholics are at increased risk of developing alcoholism or other drug abuse. But research shows the vast majority of these children have "resiliency" – they can bounce back and develop into healthy adults. The program examines protective factors that foster resiliency and how to implement them in school-based counseling programs. The training video is presented in two segments: *Resiliency and Protective Factors* (14 minutes); and *School-Based Strategies for Fostering Resiliency* (20 minutes).

High School/Adult 34 min. 1994 V-4033

Crossing the Line

This documentary examines the long-term effects of fatal accidents caused by drunk or reckless drivers. The true stories portrayed in this program send a strong message about the consequences of driving while intoxicated, reckless driving, and being a passenger in a vehicle driven by someone who has been drinking. DUI drivers (in their jail cells) speak with regret about the moment that changed their lives, took away their freedom, and caused the deaths of others. Crash survivors and victims' families and friends express their pain and regret, and attorneys and police officers discuss the legal aspects of alcohol-related accidents.

Junior High School/High School/Adult 29 min. 1993 V-4034

Danger Signs

Road sign vandalism takes a tragic toll on our nation's streets and highways. The annual loss of life and property due to what some consider a harmless prank requires immediate attention and strong preventative action. *Danger Signs* the award-winning video produced by the Department of Transportation's Federal Highway Administration and the American Traffic Safety Services Association is an important step in this direction. The video drives home the devastating results of sign vandalism on victims, their families, and those that commit the crime. This is an excellent tool for education, law enforcement and safety officials to curb this growing menace. After viewing this video, a missing stop sign or painted-over railroad crossing sign will take on new meaning. It reminds us all that a vandalized sign is a tragedy waiting to happen – a tragedy that can be prevented.

Junior High School/High School/Adult 10 min. 2000 V-5010

Dateline Series/All The Rave, v. 1

You hold them close, you love and guide them. And you hope your children will eventually make the right choices. What you probably don't count on is someone like this. It's a party called a Rave, where dangerous drugs are sold and consumed like soda. It's a world closed to parents, chances are you've never seen it. But you will tonight, as *Dateline* cameras and a teenage girl go undercover to a Rave. Where club drugs are so widespread, so readily available it's terrifying.

Junior High School/High School 27 min. 2000 V-103

Dateline Series/Teen Drug Polo, v. 2

Dateline brought you a troubling investigation into parties called Raves, where enormous amounts of drugs are often sold and consumed. They got a huge response to their report from young people who say Raves and the drugs are harmless fun. So many people had so much to say that *Dateline* wanted to take another look. John Larson reports in this *Dateline Hidden Camera* investigation, Lai Ling Jew produces.

Junior High School/High School 14 min. 2000 V-104

The Day I Died II

The reality of what can happen under the influence of alcohol is shown in this film about a 16-year-old boy killed in an auto accident. A series of "normal" responses to peer pressure turns a day of celebration into a day of tragedy. Narrated from the perspective of the dead boy, viewers watch his funeral and see the suffering his death causes his parents and friends.

Junior High School/High School 15 min. 1999 V-4035

The Deadly Consequences of Drunk Driving

Three educational videos entitled *The Crash* (20 minutes), *Left Behind* (23 minutes), and *Choices* (25 minutes) tell the story of Katie, a 13-year old killed by a drunk driver.

The Crash is the story of a fatal car crash that killed Katie DeCubellis, 13, and Marsha Bowman, 44, on October 29, 1999. That night, Katie and her friend Becky were on their way to the mall. Marsha, Becky's mother, was driving when a drunk driver slammed into them from behind, sending their car into oncoming traffic. Becky survived that night and speaks openly about her experience, as does Katie's family, and all those who were involved. Grades 7-Adult 20 min. 2004 V-4171 pt. a or DVD-4171

Left Behind explores the shattered lives of the people who loved Katie DeCubellis and Marsha Bowman. This story focuses on the after effects of the drunk driving crash that took their lives and left Marsha's daughter Becky forever scarred by the tragedy. Now, John DeCubellis and Meg DeCubellis, and Becky Bowman, work ceaselessly to raise public awareness for the need to make responsible decisions. However, no amount of work can erase the pain or loss for those left behind.

Grades 7-Adult 23 min. 2004 V-4171 pt. b or DVD-4171

Choices reveals the ripple effects of one decision made by Stephen Reise on the night of October 29, 1999, when he chose to drive while impaired. Both Katie DeCubellis and Marsha Bowman were killed on their way to the mall when Reise slammed into the back of Marsha's car. Reise is currently serving 14 years imprisonment and a total of 30 years of probation. Both families, however, are serving life sentences as a result of his choice.

Grades 7-Adult 25 min. 2004 V-4171 pt. c or DVD-4171 <http://www.kdmf.org>

Deadly Persuasion: the Advertising of Alcohol & Tobacco

In *Deadly Persuasion: The Advertising of Alcohol & Tobacco*, Jean Kilbourne exposes the manipulative marketing strategies and tactics used by the tobacco and alcohol industries to keep Americans hooked on their dangerous products. Illustrating her analysis with hundreds of current advertising examples from mainstream and trade sources, Kilbourne presents a compelling argument that these cynical industries have a clear and deep understanding of the psychology of addiction—an understanding they exploit to create and feed a life-threatening dependency on their products. *Deadly Persuasion* casts a critical eye on the corporate interests that lie behind the industries whose products kill more than 450,000 Americans each year.

High School/Adult 60 min. 2003 V-4145 or DVD-4145

Death by Alcohol: The Sam Spady Story

Sam Spady had a wonderful life. She had loving parents and adoring friends. She was a homecoming queen and class president. She had looks, brains, youth and promise. She had everything to live for. But all that came to a sudden and horrific end in the summer of 2004 when Sam shared too many shots of vanilla flavored vodka, passed out and died alone inside a cluttered fraternity house. Her death was an unintended tragedy. Binge drinking kills more than 1,400 college students each year. The epidemic is growing at high schools, colleges and universities across the nation. We hope kids, parents, families and friends will watch Sam's story, learn her lesson and know when to say no.

<http://www.samspadyfoundation.org>
<http://www.jointogether.org/news/headlines/inthenews/2004/recent-deaths-renew-debate-on.html>

High School/Adult 21 min. 2006 DVD-4166

Decision-Making Made Easy

All of us are constantly faced with the need to make decisions. Some people put off making decisions because they're afraid that their choices will wind up being wrong, while others make snap decisions that are not based upon thoughtful consideration. Learn how to use an effective process that will allow you to make sound decisions that will be right for you.

Junior High School/High School 19 min. 2001 V-4036

The Disease of Alcoholism Update

According to Dr. Ohlms, alcohol still leads the list of most abused drugs in all age groups, between men and women, and from all walks of life. Dr. Ohlms clearly and cogently describes alcoholism as a chronic, progressive, incurable disease characterized by a train of signs and symptoms. He also shares startling and convincing information on the physiological aspects of alcohol addiction and fetal alcohol syndrome. Dr. Ohlms also addresses the effects alcoholism has on the family of the alcoholic.

Adult 39 min. 2002 V-4037

The Dog Who Dared to Keep Kids Off Drugs & Alcohol

Meet Ralph (a street-smart border collie) and his young friends, some of who are thinking about experimenting with drugs and alcohol. Fortunately, Ralph is the dog who dared to keep kids off drugs and alcohol. Much more than a ‘just say no’ message, this prevention video is fun and upbeat and helps kids to realize the dangers of drugs and alcohol, while giving them some positive alternatives. *The Dog Who Dared* will reach out to children from all socioeconomic backgrounds. It also addresses issues like self-esteem and peer-pressure and promotes abstinence.

Elementary 25 min. 1992 V-4038 or V-8006 Spanish

Done Drinking: Getting Straight, Staying Sober

Something powerful happens when kids speak from the heart. And when the topic of discussion is alcoholism – *their alcoholism* – the unscripted words of teens that have been there tell the real story of this chronic and progressive disease. In this compelling and hopeful video, teen alcoholics in recovery talk about why they started drinking, how alcohol took over their lives, what they did to get sober, and who they’ve become in recovery. The result is an honest look at what it means, and what it takes, for a teen to be “done drinking.”

High School 13 min. 2003 V-4039

Don’t Drain Your Brain: How Alcohol Damages the Brain/No Vacies Tu Cerebro: Como el Alcohol Dana el Cerebro (cc)

This powerful video uses lively animation and compelling images of the human brain to deliver the latest scientific findings about young people and alcohol. Viewers will learn that early alcohol use causes serious damage to the brain and significantly reduces many important brain functions that are necessary for young people to be successful in life. Young teen presenters review important brain structures and explain how vital they are to normal, healthy functioning—including thinking, moving, speaking, hearing and smelling. Viewers get a chance to see what actually happens inside the brain when alcohol is consumed, and witness how normal brain functioning is short-circuited by alcohol. Viewers will learn that the human brain continues to grow and develop until we are in our early twenties. For students who watch the video and participate in the Teacher’s Resource Book full of informative follow-up activities, the message will be clear: drinking alcohol can damage your brain and cause great harm to your future.

Grades 3-6 15 min. 2003 V-4138 or DVD-4138 V-8015 (Spanish version)

Drinking and Driving: A Dead End

Designed to get into the "lifescape" of teens viewing the video, this powerful tool teaches teens the legal, physical and emotional ramifications of drinking and driving. Myths about drinking and driving are dissected and destroyed through a question and answer session between high school kids and police officers. Peer-driven with a close, personal look at drinking and driving, this video illustrates how drinking and driving affect a myriad of lives in our society. Emergency room doctors and nurses emphasize the inevitable dangers of blending alcohol with automobiles.

Junior High School/High School 25 min. 2002 V-4146 or DVD-4146

Drinking and Driving: A Deadly Decision

True stories from three different perspectives inform teenagers about the unfortunate results of drinking and driving. The first story features a young man convicted of felony drunk driving and manslaughter that spent fourteen months in jail. In the second episode a young woman vents her anger towards the teenager who killed her husband. And finally a police officer illustrates the risks involved in driving while intoxicated and the subsequent court proceedings.

High School/Adult 16 min. 1996 V-4040

Drinking and Driving Kills: the Consequences of Drunk Driving

In this video, the impact of senseless teenage deaths hits hard. Students hear stories from three families who have suffered unimaginable loss. The tragic deaths of Jennifer, Chris and Shelita are shared with young viewers in the hope that teenagers will not drink and drive. Also featured is Ed Neal, now an adolescent drug rehab counselor, who killed his best friend while driving drunk. He delivers a powerful plea to kids to think before they do something that can cause so much pain to themselves and their victim’s families.

High School 26 min. 1998 V-4041

Drinking and Driving: the End of the Road

Teens, parties, and cars can be a lethal combination. Learn how being under the influence of alcohol adversely affects a person’s ability to drive a motorized vehicle. One quickly made, irresponsible decision to drive while drunk can irrevocably change the lives of the driver, his or her victim(s), and the friends and family of both.

Junior High School/High School 22 min. 2001 V-4042

Drinking and Driving: Victory Party

This live-action drama shows that even one drink can impair one's driving ability. Mike picks up his friends for a party celebrating their football team's victory. He's driving a sleek Mustang which his dad has helped him acquire as long as he does not allow any drinking in it, but his friends start to work on getting him to slip back into their old boozing habits. He resists at first, but in the tension of an encounter with another guy over a new girl, he downs one drink. Though he appears sober, the drive home after the party leads to disastrous consequences.

High School 33 min. 1999 V-4043

Drinking and Reproductive Health: A Fetal Alcohol Spectrum Disorders Prevention Tool Kit

The American College of Obstetricians and Gynecologists (ACOG), in collaboration with CDC, has developed the "[Drinking and Reproductive Health: A Fetal Alcohol Spectrum Disorders Prevention Tool Kit](http://www.acog.org/departments/healthIssues/FASDToolkit.pdf)." The primary component in the tool kit is a CD-ROM that aims to teach women's health care providers how to screen and advise all of their patients of reproductive age about risky drinking and encourage the use of effective contraception among patients who continue to engage in risky drinking. It also addresses drinking during pregnancy.

<http://www.acog.org/departments/healthIssues/FASDToolkit.pdf>

Adult 2006 CD-ROM-4024

Drinking Apart: Families Under the Influence

This documentary by Dr. Ken Rosenberg focuses on three New York City families who attempt to reconcile their lives in the wake of alcohol and drug addictions. The cases include couples and children from varying socio-economic classes and ethnicities, seen at home and as they seek guidance from a team of therapists from the renowned Ackerman Institute for the Family. Allowing the filmmakers access to their home lives and therapy sessions over a three-year period, the families offer a unique and compelling look at the recovery process, and the struggle it entails. An HBO Production.

High School/Adult 71 min. 2000 V-4044

Drinking It In: Mixing Alcohol Images and Kids

Alcohol images are everywhere...in the programs we watch, on the streets we travel, in the stores we shop, on the computers we surf and in the magazines we read. So much so, that we become inured to the message. But what do kids see? They're exposed to all the same influences as adults...but may have not yet developed the ability to filter out what is bad for them from what is good. They are a clean slate, absorbing every message they see. And what do kids want to be? Older, sophisticated, cool, the center of attention...exactly what many alcohol images portray. The messages may be targeting adults, but it just might be kids who are drinking it in. *Drinking It In* is based on a creative idea, "What a Child Sees," developed by Johnnetta Davis.

Junior High School/High School/Adult 5 min. 2002 V-4045

Drug Education for Teens Series/Alcohol & Alcoholism, v. 1 (cc)

In *Alcohol & Alcoholism*, viewers learn about the dangers of alcohol abuse and the signs and symptoms of alcohol dependence, while the many factors involved in the disease of alcoholism are highlighted. Whether it is beer, wine or liquor, alcoholic beverages all belong to a class of drugs known as depressants and use can lead to dependence and addiction. Viewers explore the devastating long- and short-term effects of alcoholism through candid interviews with users and family members, and learn about treatment options for those suffering from alcoholism. <http://www.libraryvideo.com/guides/f7001.pdf?mscssid=PX7K4MAJQ06K9J4E31X3S2WP7FQU6BLE>

Teens 23 min. 2003 DVD-4163

Drug Education for Teens Series/Alcohol: Teenage Drinking, v. 2 (cc)

Advertising portrays alcohol consumption as fun, relaxing, romantic, exciting and adventurous. Yet, alcohol is the most abused drug in the world, and one that is often abused by teens with tragic consequences. In *Alcohol: Teenage Drinking*, students will get the facts on how alcohol affects the brain and body, with vivid animations explaining how drinking impairs motor skills and judgment. This compelling video encourages viewers to ask hard questions about the risks and benefits of drinking, highlighting some tragic personal stories with teen interviews and explanations from experts. This program approaches the topic with straight talk about the dangers of binge drinking and the choices teens are faced with every day.

<http://www.libraryvideo.com/guides/f7002.pdf?mscssid=PX7K4MAJQ06K9J4E31X3S2WP7FQU6BLE>

Teens 23 min. 2003 DVD-4164

Drugged Driving: The Road to Disaster (cc)

Intoxicated teen drivers are responsible for 18% of motor vehicle deaths each year. Alcohol abuse is a major factor, but teen drivers' abuse of over-the-counter drugs, prescription drugs and marijuana is rising at an alarming rate. Teens are driving impaired and putting their lives and the lives of others at grave risk. In this video, ER doctors and police investigators specially trained to recognize drug-impaired driving present a hard, on-the-scene look at how drugs impact driver alertness, reflexes and perception skills. A prosecutor specializing in DUI cases explains the legal consequences following a drugged driving crash. Finally, a mother recreates the tragic story of how her daughter died in a drugged driving crash caused by marijuana smoking. Viewers get a comprehensive view of the devastating effects of drugged driving on teens, their families and their communities.

Grade 9-College 25 min. 2008 DVD-4205

Drugs, Alcohol and Your Body

Discussions between children and their instructor show why it is so important to say no to alcohol and other drugs. The key players are animated body organs such as the kidneys, liver, brain, stomach and lungs. They protest they can't do their jobs when they're affected by drugs and alcohol. Each explains how it is impaired by the dangerous substances. The children discuss what they should do when someone pressures them to use drugs, especially if that someone is a friend.

Elementary 14 min. 1990 V-4046

Drunk & Deadly: A Day on America's Highways

Through revealing interviews and dramatic recreations of four representative fatalities, this hard-hitting look at the results of driving under the influence is ideal for all driver education and substance abuse programs. HBO Presentation.

High School/Adult 30 min. 1987 V-4203

Drunk Driving: The Party's Over

This video provides viewers with the full spectrum of criminal and civil repercussions of DUI. Also convincingly treated are the severe medical and social costs suffered by individuals from DUI accidents. Great dramatizations get viewers more involved by letting them be "on the jury".

High School/Adult 23 min. 1998 V-4047

Drunk Driving: The Victim, The Offender

A drunk driving "accident" is never just an accident - every time a drunk driver gets behind the wheel, they have made a choice both for themselves and their innocent victims. DRUNK DRIVING: THE VICTIM, THE OFFENDER profiles several individuals whose lives have been forever altered by an alcohol-related automobile accident: a husband who lost a wife, a child who lost her parents, a parent who lost a child, and one young woman who almost lost her own life. This intensely moving documentary also profiles two convicted drunk drivers - "the offenders" - who attempt to convey the almost indescribable guilt and remorse for their poor judgment and the consequences they face. The highly emotional stories of those interviewed are distinct, but the message contained in each is exactly the same: drunk driving can be prevented, and no one should have to suffer for someone else's bad decision.

Junior High School/High School/Adult 53 min. 2002 V-4140

Drunk in Public

"Drunk In Public" is now a feature documentary directed by award winning filmmaker David J. Sperling. This film chronicles the unimaginable last 15 years in the touching, tragic and thought provoking life of Mark David Allen, a man arrested more than 450 times.

This documentary provides a non-judgmental objective long term look at alcoholism...It is somber, educational, sometimes funny and entertaining. Audiences seem to respond to this unique presentation on an issue that affects nearly everyone. Therefore it is ideal for rehabilitation programs, teenagers & their families, law enforcement training, churches, schools and anyone else touched by the trauma of addiction.

Since its first version, "DRUNK IN PUBLIC" has screened in 15 festivals and collected 5 awards. The completed version is now screening at film festivals and just captured the "BEST EDITING" trophy at the 2007 BOULDER INTERNATIONAL FILM FESTIVAL. *Viewer discretion advised.*

High School/Adult 81 min. 2009 DVD-4018

DUI: Dead in 5 Seconds

We can never turn back the clock to undo a senseless tragedy. This powerful video serves up a hard-hitting dose of reality. It shows teens how a drunk driving fatality changes the lives of the victim's family. It also underscores the fact that there are heavy consequences to pay when one person takes another's life. Even after a prison term is served, the guilt remains.

Junior High School/High School/Adult 19 min. 2000 V-4048

DUI/DWI: Make This One Your Last One

Without using scare tactics or value judgments, this video helps first-time DUI offenders appreciate the danger of drinking and driving, and suggests action steps and contingency plans to prevent future offenses. Resources are listed for those who may have a serious alcohol dependency. This is an important resource for community-based corrections programs, driver's education programs, and alcohol prevention programs. Includes expanded facilitator's guide with reproducible worksheets.

Adult 20 min. 2003 V-4147

DUI: Every Fifteen Minutes

As this program opens, we see a variety of high school students on a typical Friday afternoon. They are smiling and relaxed, then comes the sound of a car sliding out of control, a horn blaring... the crash of metal and glass. A vivid reenactment shows the brutal aftermath of an alcohol-related car crash. It is the final destination for four teenagers on a Friday night. It is also the highly realistic simulation of an actual event. Each scene that follows shows a different consequence of the crash. From a parent hearing about the loss of her child, to the failed attempts to save an airlifted patient, we witness the anger and helplessness felt by the victims. Equally effective are glimpses of the driver's ordeal – from humiliation and arrest at the scene of the crash, to the pain and fear of sobering up at the police station. The program ends with images of the victims, along with names and brief descriptions of the real young people involved in the crash. Together, their faces make for a powerful ending that will not be easily forgotten.

Junior High School/High School 11 min. 2001 V-4049

DUI: the Hard Truth (cc)

Hosted by a career EMT, this video reveals the hard truth and horrifying ordeals resulting from driving under the influence of alcohol—a young girl recounts how she was critically burned after her car was hit by a drunken teenager; a young woman tells of having to identify her little sister's body at a morgue after she was killed by an intoxicated teen driver; an ER doctor talks about “breaking the news” to parents whose daughter was killed in a drunk driving crash; and a young man shares the details of his living nightmare when he killed his best friends while he was DUI. Each incident is told “live” in front of an audience of students, parents, teachers and medical professionals who add their expertise. Dramatic video reenactments hammer home the indisputable truth that driving while drunk or impaired results in unforgettable pain, suffering and death. *This program contains graphic images which may disturb some viewers.*

DVD Extras: 1) A 911 Every Year 2) Life in Prison 3) No Safe Amount 4) A Message From Jacqui

Grades 7-College 20 min. 2007 DVD-4027

Dying High: Teens in the ER (cc)

This hard hitting, reality based video gives viewers a chance to see what goes on inside the nation's emergency rooms as doctors treat teens for some of the most common types of injuries among young people: drug overdoses, alcohol poisoning, car wreck traumas and more. *Dying High* offers a glimpse into the nightmarish reality of what can happen when young people take risks with their health, their safety and even their lives. New federal data indicates a 20% increase in drug-related ER visits for teens under the age of 17. Yet drug-related emergencies are only part of the bigger picture. This video presents a series of episodes, which allow viewers to see common life-and-death ER moments. The goal of this high-powered video is to remind teens that risk-taking behaviors can often lead to serious injury and death. Activities in the Teacher's Resource Book allow students to continue their exploration of this subject.

Grades 7-College 26 min. 2003 V-99 or DVD-99 V-8016 Spanish

Elephant in the Living Room

This live-action video is an allegorical dramatization of the denial and secrecy that pervades life in an alcoholic home or any other type of dysfunctional family. It points out the need for awareness and the amount of courage necessary to expose the elephant of addiction and dysfunction in our living rooms and expel the no-talk rules from our lives. It emphasizes the importance of talking about each family member's feelings rather than pretending they don't exist. The elephant helps you to disperse the fear and shame that enmesh families in shrouds of secrecy.

Elementary School/Junior High School/High School/Adult 25 min. 1991 V-4050 or DVD-4050

End Broken Promises, v. 1

This is a 24-minute video about the value and possibilities of educational support groups for children living in families with alcoholism or other drug dependencies.

High School/Adult 24 min. 1998 V-4051

Every 15 Minutes: Meridian High School Warriors

Meridian High School students learn first-hand about the consequences of drinking and driving. A mock crash leaves them with sobering thoughts, as they get ready for prom weekend.

Junior High School/High School/Adult 18 min. 2004 DVD-4052

Everyone Pays...Staging a Mock Collision

This video, hosted by William Shatner, details the steps in developing a mock collision: a recreation of an automobile accident featuring real EMTs, police officers and teenage “victims” that is staged for an adolescent audience. Hundreds of young people die in accidents involving alcohol and driving each year. Communities and schools must work together to prevent more tragedies like these from occurring. As proven on high school campuses across America, mock collisions can substantially reduce the number of kids who drink and drive.

High School/Adult 17 min. 2001 V-4053

Everyone's Not Doing It! An Alcohol Prevention Video

This video will demystify alcohol – one of the most widely used drugs in our society and the number-one killer of teenagers. Teens will learn about the risks that alcohol use poses for their bodies, minds, and lives. By addressing the realities of peer and media pressure head-on, the video challenges teens to think in new ways about what they hear and to make their own decisions.

Junior High School/High School 12 min. 2002 V-4054

Everything You Need to Know About Alcohol in 22 Minutes (cc)

Using vivid case studies involving teens, along with interviews with health experts, shows that teenage drinkers are more likely to experience health problems, school problems and social dysfunction. Using a fast-paced format, shows the effects of alcohol on the liver, immune system, and gastro-intestinal system; and how binge drinking can lead to alcohol poisoning and death. Explains how alcohol impacts brain development during adolescence and permanently damages parts of the brain associated with memory. Details how a mother's drinking during pregnancy can cause Fetal Alcohol Syndrome and its impact on her child's entire life. Includes harrowing first-person accounts of teens' DUI tragedies involving serious injury, passenger deaths and imprisonment. Describes the legal ramifications of underage drinking. Helps viewers determine whether they have a drinking problem, plus where and how to get help.

Grades 7-12 22 min. 2009 DVD-4211

The Eyes of Nye/Addiction: Disease or Behavior? (cc)

Finally someone insightfully tackles today's issues from a scientific perspective. In Bill Nye's new show *The Eyes of Nye*, Bill shows the science of the disease of addiction with the help of Dr. Drew Pinsky. Bill examines the controversial question of whether addiction is a disease. Segments focus on doctors who seek to better understand addictive behaviors by studying brain chemistry, psychology, and social factors; individuals who live with substance abuse issues; and scientists who are working to identify the genes that may lead to addiction.

High School 25 min. 2005 DVD-4201

Family Talk About Drinking

In 1990, Anheuser-Busch introduced *Family Talk About Drinking*, a program developed by authorities in child counseling, family therapy and alcohol treatment, designed to help fight underage drinking. The materials provide useful information to those who have the most influence over children when it comes to drinking – parents. The brochure and video offer advice to parents on how to communicate with their children about drinking.

Adult 32 min. 1993 V-4055

The Family Unit with DVD Matrix: A 12-Session Alcohol and Drug Education Program for Families

The family education component of The Matrix Model is also available individually as *The Family Unit*. It helps families understand the process of addiction and recovery. Includes facilitator material, lecture notes and handouts (which are also on CD), and three DVDs: *Road Map for Recovery*, *Triggers and Cravings*, and *Families in Recovery*. *The Matrix Model* is an evidence-based outpatient treatment program with over 20 years of research and development. It was recently tested in the CSAT Methamphetamine Project and is one of the few treatment programs to be endorsed by NIDA.* The comprehensive, multiformat program covers six key clinical areas: individual/conjoint therapy, early recovery, relapse prevention, family education, social support, and urine testing.

Triggers and Cravings, Lecture 1/56 min. DVD-4176

Road Map for Recovery, Lecture 2/52 min. DVD-4177

Families in Recovery, Lecture 3/60 min. DVD-4178

Adult 2005

Fast Forward: An Alcoholic's Story

Teenager Alex has a bright future ahead of him. He's a top athlete, has a beautiful girlfriend, and plans to go to college. Unfortunately, Alex also likes to drink beer. On his way home from a party, a stranger magically appears in his car. He introduces himself as Al-Alex of the future. Al has come to show young Alex the consequences alcohol will have on his life in the years to come. The two tour the future and witness how Alex's drinking has shattered the hopes and dreams of his youth. Upon his return to the present day, Alex is scared sober. He reevaluates his life and begins a new future.

Junior High School/High School/Adult 32 min. 1994 V-4056 46 min. version V-4057

Fatal Decision

Fatal Decision is a true story of what happened when Bob, an average man, drank a few beers at a party and decided to drive home, resulting in an auto crash that left a young girl dead, his wife paralyzed, and himself in jail. Viewers look on as the young girl killed in the crash is summarily identified and brought to the morgue; the audience also witnesses the girls' parents being notified of their daughter's death. With a clear and unwavering eye, this program shows how quickly and dramatically lives can be permanently altered when an average person makes a choice to drive after drinking. As a result, *Fatal Decision* is a factual and effective anti-drunk-driving statement for anyone who thinks a few drinks can't impair their driving skills.

Junior High School/High School 20 min. 2000 V-4058

Fetal Alcohol Exposure: Changing the Future

How are fetal alcohol spectrum disorders diagnosed? What are the primary and secondary disabilities associated with FASD? And—most important of all—what is the human cost? This program addresses these questions through the firsthand experiences of Ann Streissguth, director of the University of Washington's Fetal Alcohol and Drug Unit; Kathy Mitchell, vice president of NOFAS; Erica Lara, who works at a residential drug and alcohol treatment facility designed especially for women with young children; and Erica Gitis-Miles, a college student who has FASD. The in utero effects of alcohol are considered as well, as are the facial, bodily, neurological, cognitive, and behavioral characteristics of FASD.

Grades 9-up 31 min. 2006 DVD-4186

Fetal Alcohol Syndrome

This short, effective program introduces "fetal alcohol syndrome," a serious medical condition that threatens the pregnancies of those that drink alcohol, snort cocaine, or take other drugs. Miscarriages, premature births, mental impairment, behavioral difficulties, and other problems are among the consequences of such behavior. The fetal development process is illustrated through clear graphics and narration; interviews with former drug users and others stand as cautionary examples for the targeted teen audience. Fast pacing and occasional stylized imagery further strengthen the appeal of this program, which clearly illustrates why drug and alcohol use and pregnancy do not mix.

High School 23 min. 1998 V-4059

Fetal Alcohol Syndrome and Effects: What's the Difference?

The physiological effects and the behavioral problems that can arise from FAS and FAE are examined. A clinical psychologist discusses the permanent damage that alcohol can do, including learning disorders, speech and hearing problems, heart problems, and damage to the central nervous system. Viewers will learn the differences and similarities between FAS and FAE, and of the potential challenges and handicaps faced by these children.

Junior High School/High School 23 min. 1991 V-4060

F.A.S.: When the Children Grow Up

This compassionate program tells the stories of three adults living with Fetal Alcohol Syndrome and Fetal Alcohol Effects – some who were diagnosed early – and the events, programs, and people who made a difference in their lives, from elementary school to adulthood. Viewers will gain a new realization that they or someone they know may have FAS/FAE characteristics. Although not a documentary about FAS prevention, the audience will see the difficulties that face persons who live with FAS. The documentary explores some of the strategies and programs that help people with FAS lead more productive lives.

Adult 40 min. 2002 V-4061

The Final Score: Winning Against FAS [HOPE TO ORDER]

The Final Score: Winning Against FAS is about the prevention of Fetal Alcohol Syndrome. Suitable for viewing by ages 11 years to adult, "The Final Score" centers around a teenage girl who does not know she is pregnant and has to make a decision about whether or not to drink alcohol. The video includes several interviews, one with a mom who gave birth to an affected child and one with an adoptive mom who shares her story of raising an affected child. The video also features four Alaskan Native elders giving advice to future child bearers about abstaining from alcohol during pregnancy.

Ages 11-Adult 14 min. 2001 V-

Forever A Child

Forever A Child contains personal testimony of a 17-year-old who, after drinking "a few beers," missed a curve at a high rate of speed causing a crash that resulted in the death of a 16-year-old passenger. Additional interviews in this 26-minute documentary include the other two occupants of the car, parents of the victim and representatives of the medical and legal fields. One unique aspect of this production is an original theme song which tells the story of the incident rather than using a narrator. The blend of haunting music and emotional interviews makes *Forever A Child* an extremely powerful piece.

Grades 8-12 26 min. 1995 V-4158

A Fork in the Road: The Path to Reducing Underage Drinking in Your Community

If you have struggled with how to comprehend and communicate the enormity of this issue, this tool will help. Using the Institute of Medicine/National Academy of Sciences (IOM/NAS) Report on Underage Drinking as a foundation, you will learn step-by-step how to identify and prioritize underage drinking problems in your community, name the contributing factors and develop a customized plan for action. You will also be able to support your plan with national data and information (included) to utilize in presentations, trainings or advocacy efforts to create local and statewide change.

The Complete program consists of:

- 1) Presentation instructions including how to use and create PowerPoint presentations.
- 2) Community alcohol assessment tool and planning process.
- 3) The National Academy of Science (NAS) Summary recommendations on Reducing Underage Drinking at the national, state and local level.

4) PowerPoint slides covering these topics:

- Current trends on youth and alcohol (speaker notes included)
- Local action to reduce youth access and underage drinking (speaker notes included)
- National Academy of Science Summary Recommendations
- Examples of Community Success Stories
- Slide Templates and specific instructions for creating your own slides

Adult over 130 slides 2004 PowerPoint 4188

Four More Days [HOPE TO ORDER]

Hard to believe, but it is just four more days until high school graduation. Tara and her friends are beginning to feel the nostalgia associated with saying their final goodbyes to teachers and friends, excitedly capturing their comments by creating a reality based video yearbook. Their exuberance remains high with just two more days to go when something terrible has happened. A car accident has left two friends dead and another charged with negligent homicide for driving under the influence. As curious bystanders look on, their faces are intermingled with images of medical personnel and the police, as the total impact of this tragedy gradually unfolds. A highly realistic portrayal of the dangers of adolescent behavior is absolutely guaranteed to make teens think twice about drinking and driving.

Grades 7 & Up 18 min. 2007 DVD-4209

Getting Stupid: How Drugs Damage Your Brain (cc)

This video presents to middle schoolers the latest scientific information on how alcohol, marijuana, inhalants and other drugs cause serious and potentially permanent damage to the human brain. Video includes interviews with scientists who use actual brain scans of drug users to explain how the brain's chemistry is harmed by drugs. Hi-tech images of the human brain make the evidence compelling and memorable. Students will clearly see those areas of the brain that are impacted, such as the hippocampus, blood vessels and nerve cells. New research has demonstrated that the ability to do common thinking tasks is seriously compromised in the still developing brains of teenagers who drink alcohol. Program delivers an urgent wake-up call to viewers who may not be aware of the real dangers of how taking drugs can damage the brain.

Grades 5-9 23 min. 2003 V-162 or DVD-162

GHB Drug-Induced Rape

Sexual assault is robbery of the highest degree. Victims lose something very personal that can never be reclaimed – control of the intimacy and privacy of the sex act. Drug-induced rapes leave a memory gap that will never be regained. Veteran Detective Trinkka D. Porrata talks candidly to viewers about drug-facilitated rape. The video focuses on three main areas – how drug-induced rapes occur; what individuals can do to protect themselves and their friends from such incidents; and what a person should do if it happens to them. Rohypnol and Gamma Hydroxy Butyrate (GHB) are two of the most common sedatives used by sexual predators. Both drugs can be dropped into a drink when no one is looking and can incapacitate a person for several hours, allowing a suspect ample time to transport and sexually assault the victim. Detective Porrata discusses the effects of both substances, focusing on GHB, the more dangerous of the two drugs. If individuals attend fraternity parties, go on blind dates, drink alone or meet people in bars, airports and restaurants, they increase their chances of becoming a victim of drug-induced rape. This program can help viewers reduce their risk through vital education and prevention techniques.

High School/Adult 16 min. 1999 V-4062

Good Intentions, Bad Results: A Story About Friends Who Learn That Enabling Hurts

This is the story of Conner Metzger, star basketball player and contender for a prestigious athletic scholarship, who is jeopardizing everything by excessive drinking, partying, and falling grades. His girlfriend Terri is concerned about his drinking, though everyone around her makes her feel that she's overreacting. Conner's friend Manny consistently covers for him even to the point of helping him cheat on a test, thus jeopardizing *both* of their academic careers. Eventually, Conner is forced to face the consequences of his drinking and irresponsible behavior.

High School 32 min. 1993 V-4063

Guidelines for Helping the Alcoholic [Spanish]

Father Joseph Martin's wit and wisdom make this a classic video for helping the alcoholic, family members, and those working in the recovery field.

Adult 48 min. 1976 V-8003

Harm Reduction with High School Students

Harm Reduction With High School Students illustrates a brief intervention for working with risk-taking high school students that emphasizes helping students to recognize the potential outcomes of their risky behavior and creating motivation for change. Dr. Mary E. Larimer works in this session with a high school boy who regularly drinks to excess. After taking an assessment of his risk-taking behavior, Dr. Larimer goes over the assessment with her client and, in a neutral, nonjudgmental manner, brings him to recognize the harm he is doing to himself and, potentially, to others. <http://www.harmreduction.org>

Adult 100 min.+ 2005 DVD-4179

The Hawaii Medical Service Association Teen Video Awards Contest

Congratulations to the winners of the 2008 HMSA Teen Video Awards Contest, brought to you by HMSA, the Department of Education, Mothers Against Drunk Driving, and *Sassy/G* Magazine.

<http://www.hmsa.com/community/awards/teenvideo/winners.aspx>

Haze [Available to preview online]

HAZE is a feature documentary, created with the intent of placing a focus on the issues of binge drinking, alcohol-laden hazing rituals, and rapid-fire drinking games. Simply stated, the film's goal is to save lives and prevent harm. Harm that would never have happened if a few crucial steps had been followed by friends, by fraternity brothers and sisters, family members or peers. HAZE won't end irresponsible drinking but it will be the first chapter in an educational process for parents and young adults--teaching us what to do and what to look out for in order to "save a life." <http://www.gordie.org>

81 minutes plus commercial breaks

<http://www.snagfilms.com/films/title/haze/>

Humor in Recovery [HOPE TO ORDER]

An infallible sign of a return to sobriety is a sense of humor. This video is one full hour of jokes by Father Martin. Father Martin is a man who believes in laughter. Hasn't it been too long since YOU last laughed? Include this classic in your film library today! Father Martin is one of the world's most knowledgeable and effective educators on the disease of alcoholism and drug addiction.

Adult 60 min. 19__ DVD-

I Didn't Mean to Hurt You Baby

An educational presentation concerning Fetal Alcohol Syndrome (FAS).

High School/Adult 16 min. 1989 V-4064

IMPACT: Driving Drunk/Driving High

Every 32 minutes someone in the United States dies in an alcohol related accident. This hard-hitting video clearly illustrates the impact driving under the influence of alcohol or other drugs has on our society. It addresses the effects of alcohol and prescription drugs on a driver's judgment and motor skills, and the choices and consequences of driving under the influence. Steve Hanusa, an addiction specialist who brings over 27 years experience to the making of this video, hosts the program. Through open and candid interviews, families of victims talk about how a drunk driver made the choice to get behind the wheel of an automobile, and how that choice impacted their life. Each discusses the hard slap of reality when one of your loved ones is taken away as a result of this preventable accident, such as a young man whose parents were killed when he was three years old, among others. They emotionally convey the fact that offenders can't go back and change what they did. A law enforcement officer discusses DUI related accidents from his on-the-scene point of view and a district attorney and a judge point out the serious consequences that can befall the drunk driver who has an accident. Junior High School/High School/Adult 24 min. 2000 V-4065

The IMPACT of Your Choice: Underage Drinking and Reckless Driving

The uniqueness of this educational documentary is in the examination of families in the aftermath of a young person making the wrong choice. This film shows the emotions and life changes of people impacted by alcohol-related and reckless driving crashes. This documentary of four separate crashes interviews victims' families, survivors and an offender. It shows what occurs after alcohol related crashes. Revealing the daily emotional trauma felt by the parents, sisters and brothers of the victims, survivors and offenders. The difficulty their families have living with day-to-day remembrances of life before the crash, the choice their loved one made and life after the crash.

High School 23 min. Parents Perspective 5 min. 2007 DVD-4187

In Focus: After the Crash [HOPE TO ORDER]

After The Crash, is a powerful and dramatic half hour documentary as part of the IN FOCUS series, exclusive to Rogers TV. Produced by Steve McEown, After The Crash profiles the devastating impact impaired driving has had on the lives of three Simcoe County families. Insightful interviews with police departments and eye witness accounts of crashes involving impaired driving demonstrates the tragic impact of drinking and driving. Testimonial accounts from an individual who has been charged with impaired driving, shed some light on how the consequences of drinking and driving can dramatically change one's life both financially and emotionally due to the stigma attached with this kind of behavior. It's a touching and powerful documentary.

High School/Adult 30 min. 2008 DVD-

<http://www.rogerstv.com/option.asp?lid=12&rid=23&sid=3131>

In Real Life: You Can't Rewind

This lesson is provided by Idaho Department of Juvenile Corrections as a prevention tool. The lesson, activity and accompanying video are aimed to show students the consequences of poor choices, ways to use refusal skills in real life situations.

Grades 5 & 6 7 min. 2007 DVD-4092

Inside the Teenage Brain (Frontline Series)

It's the mystery of mysteries – especially to parents. Now the experts are exploring the recesses of the brain and finding explanations for why adolescents behave the way they do and how the new discoveries can change the way we teach, or perhaps even understand, our teenagers.

High School/Adult 60 min. 2002 V-4066

The Invisible Line

16-year old Matt is angry and frustrated. His older brother Jason died three weeks ago from a drug overdose, yet no one will talk about it. His parents say he died of a “heart condition.” Matt is haunted by questions about his brother’s death: Why didn’t anyone confront Jason about his drug use? Is there anything they could have done to prevent his death? In flashback, Matt reconstructs the events leading to Jason’s crossing the line from “recreational” drug use to addiction and eventual death.

Junior High School/High School 31 min. 1987 V-4067

It Can Happen To Anyone: Problems with Alcohol and Medications Among Older Adults (cc)

Alcohol is a part of our social fabric. For many older adults, prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner – you’ll remember him as the gruff, hard-drinking editor from *The Lou Grant Show* and *The Mary Tyler Moore Show* – helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

Adult 26 min. 1996 V-180

It's Not an Accident: The Consequences of Drunk Driving...A True Story

In 1991, Jason Barber was racing friends and driving drunk. They all thought they were just having a good time but that changed in a split second when he caused a crash that killed his 15-year old brother, Aaron. Jason was convicted of vehicular manslaughter and sentenced to prison for six years. He was released in 1995, and has now been sober for over eight years. Since his release, he has furthered his education as a Human Services major with an emphasis on Drug and Alcohol Counseling. For the past three years, he has worked in high schools as a facilitator of drug and alcohol groups for at-risk youth, and has also facilitated parent out-reach groups, teaching parenting skills and communication techniques for better parent teen relationships. This has given Jason the opportunity to meet three other families who have suffered similar losses because of drunk driving. In *It's Not an Accident*, he dynamically tells those stories along with his own.

Junior High School/High School/Adult 41 min. 1999 V-4068

It's Only Beer

Examines how alcohol can affect behavior, judgment, and performance. Mimes act out what beer can do to an individual and demonstrates a series of effective refusal tactics. Colorful computer graphics and candid street interviews provide additional interest.

Junior High School/High School 14 min. 1991 V-4069 Spanish version V-8005

Jane

Jane is the dramatic and touching story of a young teacher whose entire life was changed in the instant she crashed her car while under the influence of alcohol. Convicted of DUI manslaughter for killing her boy friend, Jane tells her own story in documentary style and details the events leading up to the crash. Featured on PBS Television in 1998, JANE is a riveting story that needs to be shared with all drivers, young and old, and delivers a very strong message on driving while under the influence of alcohol. Articles on Jane have appeared in *Law Enforcement Technology*, *The Police Chief*, *Youth Today*, *Police & Security News*, *Driver/Education*, *Alternatives to Incarceration*, and the *Chronicle of the American Driver Traffic Safety Educational Association*. The notion that “Yes it can happen to me,” really hits home when you watch JANE.

Junior High School/High School/Adult 25 min. 1996 V-4070

Journey Through the Healing Circle

Can raccoon twins, a fox, a bear and a puffin teach parents about Fetal Alcohol Syndrome? Yes, when these wild creatures are brought to life through the stories and word pictures of a Native American storyteller in an award-winning video series. A partnership of Washington State agencies, health-care experts, and traditional Northwest tribal storytellers has produced a collection of stories, health tips, and practical knowledge to help parents and foster parents learn about Fetal Alcohol Syndrome and understand how it affects their children. Fetal Alcohol Syndrome is the only birth defect that can be completely prevented, but high rates of alcohol use and unplanned pregnancies make prevention a challenging task. Children with FAS or related conditions exhibit a number of behavior challenges, including inconsistency in understanding and carrying out instructions, frequent inability to judge the danger of a situation, lack of interest in eating, and difficulties in falling asleep. They often find their world to be complex and confusing and are easily frustrated when attempting to learn new things.

Little Fox/Little Mask ages birth-11, v. 1 47 min. V-4071

Sees No Danger/Travels in Circles ages 12-22, v. 2 53 min. V-4072

Junior High School/High School/Adult 1999

Just Call Me Crash – the Denise Wagoner Story

Denise Wagoner, a professional model, was involved in a near fatal car crash, the victim of an impaired driver. She had multiple skull fractures, a crushed vertebrae, crushed ribs, brain swelling, every facial bone was broken, and she lost her eyes. Doctors did not expect her to live another 24 hours. Denise survived, later to have extensive surgery thirteen times, seven on her face alone. She is now disfigured and blind, with permanent brain damage. This life changing experience was the result of her own actions; Denise was the impaired driver. Denise shares a powerful message about drunk driving, drug abuse, alcoholism, and abusive relationships.

High School/Adult 30 min. 2000 V-4073

Just One More

In the United States, an estimated 513,000 people are injured in alcohol-related crashes each year – approximately one person every minute. Drunk driving is the leading cause of death among teenagers and is considered the nation’s most frequently committed violent crime. Yet, few people think about the consequence of driving while “under the influence.” Kimberly Matthews is a high school teen with a dream and tremendous talent for running. Track events are her life, and she’s just days away from competing in the state track championships. Then, an alcohol-infused party, a few beers, and a reckless decision to drive while intoxicated change everything for Kimberly. In one dreadful moment, she loses control and swerves off the road, wrecking her car – and her life. Her injuries leave her with little chance of ever walking again, much less running. Nothing for Kimberly will ever be the same. “Just One More” is a powerful dose of reality that debunks the myth that an individual can drink and still drive safely. A driver can pay a heavy price for having “just one more.”

Junior High School/High School 20 min. 2003 V-4074

Just One Night: A True Story About Choices

February 17, 1994 started out as a good day for Tom Boyle, a family man on the verge of making a big business deal. But the day didn’t end well. Tom wasn’t a heavy drinker, but decided to have a few beers with some friends... then a few more with strangers. The next thing he remembers is being rolled along on a hospital gurney while a state trooper informed him that he had killed his passenger by driving into a snowplow at 100 miles-per-hour. Sentenced to 4-8 years for manslaughter, Tom has decided to pay his debt to society by telling his story to groups of students. This is a compelling story of choices: of having everything – money, fancy car, wife and children – and losing it all in *Just One Night*.

High School/Adult 28 min. 1998 V-4075

Keeping Your Kids Tobacco, Alcohol and Drug Free

In this segment of MY KIDS, parents gain expert advice on how to keep their children free from substance abuse. Host Mark Hamill (STAR WARS) guides viewers through a 30-minute video that describes resources for parents, gives tips from health care professionals, offers testimonials from teenagers and adults, and features recording artist/musician and parent Richard Marx, who shares his concern about his children’s future. The program is rich in up-to-date facts and practical information about communicating and being involved with children.

Adult 30 min. 1998 V-3013

The Keg Party

Unsupervised and illegal keg parties, where beer runs like water, are becoming an increasing problem as well as a growing health risk for today’s teenagers. This drama about one such party is sure to resonate with students. Gary’s parents are away for the weekend and he has invited half of the school over for an all-you-can-drink party. David is not sure about bringing Lauren, his younger sister, especially after what happened last year, but he figures she is old enough to take care of herself. Langston also comes to the party in hopes of finally getting up the courage to ask Christine out. The beer, at first, seems to help everyone let loose and have a good time, but before long it is clear that things are once again spiraling out of control. Before the evening is out, one of the young women finds herself in a dangerous sexual situation; one couple gets into a serious car accident and another student dies needlessly of alcohol poisoning. Realistic, gritty and honest, this video will leave your classroom with the strong message that keg parties are not just dangerous and illegal, they are not even fun.

Grades 8-College 30 min. 2001 V-4076

Kidsdom: An Alcohol Prevention Curriculum [HOPE TO ORDER]

Welcome to *Kidsdom*, a unique and comprehensive curriculum on alcohol use. This resource provides a complete alcohol prevention curriculum with components for teachers, parents and children. While children are still young, it is important to make them aware of how alcohol affects the body, the brain, and the emotions. Research shows that teaching children about alcohol when they are young may help them make safer choices in the future. *Kidsdom* is a CD-ROM program divided into 10 episodes. The episodes are set in the *Kidsdom* castle and feature engaging and exciting characters to create an "adventure" in the quest for information and understanding of alcohol use. Each episode is linked to National Science Education Standards to increase the scientific literacy of students with the goal of arming students with knowledge about alcohol, building refusal skills, enhancing problem-solving skills and promoting positive social skills. The setting, characters and their quests set *Kidsdom* apart from other, more traditional, alcohol prevention programs. An extensive teacher's resource book, reproducible student activities, reproducible parent newsletters, and assessment guides ensure the participation of school and family to acquire prevention tools and problem-solving skills related to alcohol use. Compatible with MAC/IBM/PC
Funded by a grant from the National Institute on Alcohol Abuse and Alcoholism (NIAAA) and SBIR.
Grades 3-5 200? CD-ROM-

Last Call: The Sobering Truth About F.A.S./F.A.E.

It seems so harmless. A glass of wine, a beer or one little drink, how much could it hurt? At last a program that tells it like it is. For women who are, or may be pregnant, consuming alcohol in any quantity is like playing Russian roulette. You are playing with the life of a child and may be risking lifelong mental, emotional and physical disabilities. Your drinking could cause a lifetime of pain, suffering, and disappointment. Produced by Emmy Award winner David Gray, this documentary features two nationally recognized Fetal Alcohol Syndrome (F.A.S.) experts. F.A.S. is the leading known cause of mental retardation, according to the *Journal of the American Medical Association*. It is 100% preventable. After watching *Last Call*, you will know why drinking during pregnancy isn't worth the risk. This video will help you educate mothers, their male partners, families and friends about the need to stay away from alcohol during pregnancy.

High School/Adult 26 min. 2001 V-4077

Law & Order/Responsible [HOPE TO ORDER]

A couple came home after a romantic night only to feel more amorous as they headed up the stairs. The mood instantly fell flat when they noticed the body of a teenage girl in one of the bedrooms. SVU was called in to investigate. Stabler felt especially close to the case considering the victim reminded him of his daughter.

After Warner found that the victim had died from asphyxiation induced by excessive alcohol consumption, Benson and Stabler wanted to know who supplied the alcohol. They discovered the couple who had found the body in their home had been on vacation and had given a dog walker the house keys. The dog walker confessed she hired a teenager, Rebecca Rice to walk the dogs. Rebecca confessed she gave the keys to another girl from school, Reagan.

Stabler and Benson discovered through a website that Reagan held a party at the apartment along with her friends, Mark and Luke. They also determined the identity of a body that was found earlier. She had been a student from Connecticut named Melanie, who was drinking too much at the party. Novak brought charges up on the three teenagers in connection with Melanie's death.

Judge Donnelly threw out the charges out and Reagan, Mark, and Luke were allowed to walk free. This angered Melanie's father, who Stabler felt a strong connection with. Stabler later had lunch with his teenage daughter and wanted to know where teenagers get alcohol. She showed him different websites teenagers had nowadays. Stabler was to discover that Reagan was trying to get another party started using her webpage.

http://www.nbc.com/Law & Order: Special Victims Unit/episodes/season8/8014/responsible_01.shtml#recap

Legal Consequences of Alcohol and Other Drugs (cc)

Interviews with teens, attorneys, and law enforcement illustrate the real world consequences of adolescent alcohol and drug use in this video created expressly for high school students. From underage drinking violations to drug possession to drinking-and-driving accidents to assault, this no-nonsense video shows the serious social and legal ramifications of teen drinking and drugging. *Legal Consequences of Alcohol and Other Drugs* comes with a free facilitator's guide containing background information, a session outline, and a reproducible parent newsletter.

Grades 9-12 23 min. 2005 V-4154 or DVD-4154

Let It Not Be In Vain

His family and friends tell this true story of a teenager's suicide resulting from alcohol abuse. *Let It Not Be In Vain* is packed with lifesaving information about topics teenagers need to know about: alcohol abuse, binge drinking and suicide. Viewers learn how to recognize the symptoms of acute alcohol intoxication and what to do when a friend exhibits these symptoms. They also learn the warning signs for suicide and how to respond to a friend who may be feeling depressed, angry, hopeless and/or helpless. The video begins with a class lecture given by the teenager's mother. Interviews with friends and family help recreate his last hours.

Junior High School/High School 30 min. 1999 V-4078

Lethal Weapon/Liquid Death

Over 6,000 young people between the ages of 16 and 24 are killed annually in alcohol-related crashes nation-wide. Over 50 percent of motor vehicle crash deaths among young people ages 16-24 are due to alcohol. The focus of this program is to impress upon viewers that no one is immune to drunk driving accidents. Presented by Sober Roadways for Idaho.
Junior High School/High School 9 min. 1992 V-4079

Let's Talk About Drugs

Margaret is happy to go birthday shopping with her grandmother, but unhappy about Grandma's smoking. Having learned in school that it's okay to ask a grown-up not to smoke if it's done politely, she talks to Grandma about how she feels. Grandma sees her point and gives Margaret a fun-filled, smoke-free day. Margaret had fun, but her feet got sore. She asks her father for pills to feel better. He explains that there are no pills for sore feet; he also reminds Margaret that she should take medicine only from him, her mother, or a doctor. From a cousin, Margaret learns the virtues of caffeine-free over regular soda; why alcohol is only for adults; and why trying on adult behaviors is not a smart thing for kids to do.
Kindergarten/Elementary School 16 min. 1996 V-3015

The Listening Heart

The Listening Heart is the story of four families, all of whom adopted a child with Fetal Alcohol Syndrome. Unlike any other film produced about FAS, *The Listening Heart* utilizes the voices of the children and parents to tell their stories about how FAS has affected their lives. Each family's story focuses on a different aspect of FAS, ranging from the behavioral difficulties to the learning disabilities and social problems that affect the children's everyday functioning. Because *The Listening Heart* was originally produced as an educational documentary for professionals, teachers, and adoptive parents, it utilizes interviews with medical experts who navigate through the information provided by the parents' testimonials, and, using hands-on methods, offer solutions and techniques to dealing with the issues of FAS. *The Listening Heart* is a simply told story of both the harsh realities of living with a disability and the hope that endures through the love and selflessness of dedicated parents. It is a tale of fostering children's strengths and embracing patience while battling a devastating disease that cannot be cured. *The Listening Heart* both teaches and compels; it is one of those rare films that has the potential to change lives.

High School/Adult 37 min. 2004 V-4148

The Listening Heart Special Edition was designed to help both professionals and parents teach about Fetal Alcohol Syndrome. Included in this package are three tools that complement each other, providing the most comprehensive set of educational materials available about FAS. DVD-4148

Loaded Weapon: A Story About Drinking and Driving

Based on the true story of Alexandra Vincent, *Loaded Weapon* recounts the events that took place the night she was killed by another high school student and drunk driver. Including a message from Alexandra's real mother and Mother Against Drunk Driving member, Sandy Freeman, the story clearly illustrates that drinking and driving are a lethal combination.
Junior High School/High School 22 min. 1992 V-4080

Lost Childhood: Growing Up in an Alcoholic Family (cc)

In this moving film, you'll visit a summer camp program for children of alcoholics and hear youngsters tell their experiences in their own words. Then 15 years later, meet some of these same children as adults who received the tools they need to grow up and lead full, healthy lives. It's an important message of hope for treatment professionals, persons working in the juvenile justice system, clergy and other faith community professionals, parents, and educators. <http://www.lostchildhood.org/camp.htm>
High School/Adult 27 min. 2004 V-4137 or DVD-4137

Lots of Kids Like Us, 2nd Edition

A true classic updated for today's young teens. Two young men discover they once attended camp together at a very important time in their lives. In a flashback, this is the story of Ben and his sister, Laurie, trying to cope with their father's alcoholism with help from Conrad, a new friend from camp. Exposed to emotional abuse, they feel they have nowhere to turn. This touching video can help reach children of alcoholics and let them know they are not at fault, that they are not alone, and they can get help.
Junior High School/High School 28 min. 1998 V-4081

The Making of a Hangover

Filmed under the watchful eyes of a team of researchers, this program scientifically tracks the physical and psychological changes in seven volunteers – three men and four women, ranging in age from 21 to 34 – as they drink with their friends in a bar. Vital information is provided on alcohol's impact on the body, the worthlessness of inebriation remedies such as cold showers and coffee, the very present danger of alcohol poisoning, and genetic inputs for alcohol addiction. In addition, outstanding 3-D computer graphics illustrate alcohol's effects on the brain, stomach, heart, liver, and genitals. A police sobriety test is demonstrated. A Discovery Channel Production.
Adult 51 min. 2002 V-4131 or DVD-4131

Marketing Booze to Teens

This video is a compilation of news coverage from a May 2001 press conference, by the Center for Science in the Public Interest, on the attractiveness of “alcopops” (i.e., fruit-flavored alcoholic beverages) to underage drinkers. The video includes focus group highlights of young people’s views on alcopops and television commercials.
Junior High School/High School/Adult 30 min. 2001 V-4082

Matrix Model for Teens and Young Adults with DVD's Curriculum

The Matrix Model for Teens and Young Adults is the next generation of the adult Matrix Model. This new intensive outpatient program for youth received an exemplary rating by Drug Strategies.

Findings at the six-month follow-up, compared to intake, show:

- significant reductions in the number of days of reported alcohol and drug use
- over 70% of clients reported no alcohol use and 75% reported no drug use
- improved severity and significant improvements in areas such as drug use, family relationships, peer/social relationships, and psychiatric status

Includes: Therapists Manual, Handouts, CD-ROM, slide guides, 3 DVDs, and stickers

Triggers and Cravings, Lecture 1

Why do I want to use every time I see certain people? Why can't I think of anything else except using? I'm destroying my family's life; why can't I stop? With exceptional clarity, this instructional video presentation explains how triggers and cravings affect teens, young adults, and adults during the process of addiction. Clinical concepts and biological processes are compared to familiar events and examples, resulting in “aha” moments for the patient.

56 min. 2005 DVD-4193

Road Map for Recovery, Lecture 2

Why do I need to sleep so much? Why do I feel worse than when I was using? Why don't I feel better sooner? The process of recovery can confuse and frustrate patients and their families. This encouraging, informative video presentation could be called “What to Expect When You’re Recovering.” For teens, young adults, and adults who are facing the challenges of recovery, *Road Map for Recovery* helps them to better understand their feelings at every stage of recovery.

52 min. 2005 DVD-4194

Families in Recovery, Lecture 3

How can I make him stop drinking? How come that drug is more important than I am? Family members often feel angry, confused, and helpless when faced with a loved one’s addiction. This informative video reinforces the concepts discussed in *Triggers and Cravings* and *Road Map for Recovery*. It then explains how the phases of addiction and recovery affect family members – and why involvement helps the entire family.

60 min. 2005 DVD-4195

Matt’s Mission: the Life and Death of a Drunk Driving Victim

This story details the tragic loss of Matthew Hammell, a 17-year-old boy who was struck and killed by a drunk driver in 1995.
Junior High School/High School 36 min. 1997 V-4083

Media Sharp: Analyzing Tobacco and Alcohol Messages

Today’s young people are bombarded with persuasive messages about tobacco and alcohol – messages that make smoking look normal, and drinking look cool. So learning to understand and analyze messages in the media is more important than ever. *Media Sharp* is a new tool to help your kids evaluate those messages and make healthy, life-saving choices.

Junior High School/High School 7 min. 1998 V-3021

Medical Aspects of Alcohol, pt. 1 [Spanish]

Dr. Max Schneider presents a complete and detailed description of the effects of alcohol on human physiology. Alcohol is a drug; toxic one, and these programs explain the various medical consequences brought on by alcohol use. The effects of alcohol on the liver, heart, pancreas, kidney and other organs of the body are examined.

Adult 27 min. 1991 V-8008

Medical Aspects of Alcohol, pt. 2 [Spanish]

The effects of alcohol upon the brain and nerve tissue are explored

Adult 24 min. 1991 V-8009

My Brain, My Body *Online information*

My Brain My Body (www.mybrainmybody.com) is an educational tool for middle school students. It promotes discussions about the sensitive psychosocial issues of alcohol abuse and also increases and extends the scientific understanding of students. This series of online lessons, each approximately 45 minutes in duration, is supplemented by videos, overhead transparencies, live Internet polls, lab activities, and hardcopy classroom activities.

My Father's Son

Follows the son of an alcoholic trying to lead a normal life amidst the chaos of a dysfunctional family. Creates awareness for children of alcoholics of their higher susceptibility to chemical addiction.

High School/Adult 33 min. 1985 V-4159

My Name is Bill W.

Set in Akron, Ohio, in the 1930s, this powerful look at the founding of Alcoholics Anonymous stars James Woods as heavy-drinking stockbroker Bill Wilson, who helps another drinker, surgeon Robert Smith (James Garner), stay sober and launch an organization to help others.

High School-Adult 100 min. 1989 V-4084

Carro Nuevo, El [The New Car]

The story of a young Chicano arrested for drunk driving and how it affected his work and family life.

High School/Adult 21 min. 199_ V-8000

No Safe Amount: Women, Alcohol and Fetal Alcohol Syndrome (cc)

Interweaving interviews with real teens who have experimented with alcohol, animated sequences demonstrating how a growing fetus is affected by alcohol use inside the womb, plus an up-close and personal look at a young woman growing up afflicted with Fetal Alcohol Syndrome (FAS), this program clearly demonstrates the unique risks that alcohol poses to women. One girl tells about being raped after a night of drinking. Another, about almost dying after binge drinking and being in a coma for three days. Program follows the girls as they learn the impact of alcohol use on women's bodies—how women metabolize alcohol differently than men; why size and gender matter when it comes to drinking; the biology of alcohol addiction and the link to permanent brain damage; and the indelible horror of FAS.

Grades 7-College 18 min. 2007 DVD-4197

Omar & Pete

Omar and Pete are determined to change their lives. Both have been in and out of prison for more than 30 years – never out longer than six months. This intimate and penetrating film follows these two longtime African-American friends after what they hope will be their final release. Premiered September 13, 2005. *Viewer discretion advised.* <http://www.pbs.org/pov/pov2005/omarandpete>

Adult 71 min. & extras 2005 DVD-4168

On the Rocks: the Epidemic of Teen Drinking

Research statistics tell a sobering story: 75 percent of 12th graders have tried alcohol; 30 percent say they've been drunk in the *past month*; and nearly 150,000 teens wind up in the emergency room each year with alcohol-related injuries. Experts say too often parents send kids mixed messages, saying "hey, it's part of growing up," or it's "just alcohol." But teen drinking is illegal and it's a parent's responsibility to protect kids from its dangers. When teens drink, they drink to get drunk – and that's what makes it so dangerous. **On The Rocks: The Epidemic of Teen Drinking** tells real-life stories ... two girls who convinced their dads to help them host an 18th birthday party for a friend that turned into a drunken brawl, complete with police ... of alcohol-induced comas ... and other teen drinking escapades that led to accidents, crime and life-changing mistakes. Too often when there's alcohol, parents are present. Learn what you can do to stop the drinking trend. Watch **On The Rocks** with your family and start an important discussion, armed with facts, details of real-life situations, and expert opinion about teen drinking and its effects. No one wants their kids to spend their childhood drunk – and it's time to stop the trend.

Grades 5+ 22 min. 2007 DVD-4207

One Day at a Time [HOPE TO ORDER]

Most alcoholics and drug addicts ask questions regarding the future. Will I still be drinking or using 5 years from now? Will my family ever love me again? Will I ever be able to repay all my debts? Will I ever stop hurting? Father suggests, "Easy Does It". First plan something to do today; then do it. Remember, Rome was built "One Day at a Time." Father Martin is one of the world's most knowledgeable and effective educators on the disease of alcoholism and drug addiction.

Adult 60 min. 19__ DVD-

One for Over the Line

Aimed at teens, the video dramatizes the potential tragic consequences of driving under the influence of alcohol. It was produced in cooperation with Driver's Edge, a Glenburn based driver education school, with participation from local and state law enforcement agencies, emergency services, hospitals and hospital personnel, and Maine high school students.

Junior High School/High School 14 min. 2001 V-4085

One of Us

The growing problem of acquaintance rape is presented in a thought-provoking, realistic setting. *One of Us* is the story of Liz, a teenager, who is raped after a party by a guy she thought she could trust. Her life is shattered, but she must learn to deal with the rape and the harrowing side effects that go along with it. Liz's story paints the dramatic portrait of the behaviors and attitudes towards the problem of acquaintance rape. Initially, she withdraws into isolation and depression. Her friends are confused by her behavior change until she reveals the truth. Two of her roommates are skeptical of Liz's story but her closest friend says, "It could have happened to any one of us." Viewers will realize just how serious this delicate issue is when "just say no" may not be enough.

High School/Adult 28 min. 1999 V-4086

One Thing Always Leads To Another

Thirteen-year-old Lexi allows herself to be pressured by peers into drinking beer she doesn't want, and in this dramatization of the day after, suffers seemingly unrelated consequences, from arriving late to school to losing the soccer championship. Reflecting later on the drinking incident, Lexi reviews ways she could have stuck to her principles and refused the beer. Convincing actors, realistic settings and situations, a solid storyline, and an original soundtrack combine to make this a program that could inspire kids to think ahead and consider the possible results of their own actions.

Junior High School/High School 17 min. 2000 V-4087

The Party Never Stops [HOPE TO ORDER]

More than 7 million teens and young adults ages 12 to 20 report that they binge drink. What Jesse doesn't know is that she'll become part of the statistic and the results won't be pretty. Ready to spread her wings and move on to the next chapter in her life, 18-year-old Jesse is pumped to start her first year of college. Leaving behind her mom, April, and younger sis Sadie, the freshman instantly hits it off with Shanna, her outgoing roomie. Together the new friends embrace the college life of freedom — and temptations — and find themselves sucked into a binge-drinking lifestyle that includes cutting class, flunking courses and lying to cover it up. Before she knows it, Jesse's wild-child behavior ends up getting the best of her, and she's forced to learn her lesson — the hard way. Mothers and daughters can't afford to miss this powerful cautionary tale.

<http://www.lifetimetv.com/movies/originals/partyneverstops.php>

High School/Adult min. 2007 DVD-

Party Smart: Avoiding Party Meltdowns (cc)

This hard-hitting video profiles real kids and real parties that have spiraled out-of-control to teach viewers how to prevent party disasters. Whether it's throwing a party or attending one, excitement, anticipation, peer pressure and poor planning can often get in the way of a teenager's ability to make safe, smart decisions. Viewers listen and learn from teens, parents, prom promoters and law enforcement personnel. The lethal combination of unsupervised parties, alcohol, drugs, and in some cases, weapons, too often results in serious injury, property damage, arrests, and lawsuits. The second half of the program teaches SMART strategies to help teens plan safe celebrations. A SMART strategy is detailed:

- **Stay Safe:** Don't have or go to parties where there are drugs, alcohol or weapons.
- **Make a Plan:** Make a plan with parents, be sure they have all the information they need to have about the party you're throwing or the party you're going to.
- **Ask Questions:** Make sure you know the Who, What, When, Where and Why of the party.
- **Respect the Rules:** Decide what the house rules will be for your party or know the house rules of the party you're going to and respect them.
- **Think Fun:** Be creative and have fun. That's the point!

Grades 7-College 20 min. 2004 V-4149 or DVD-4149

The Performance Edge

Packed with information, this exciting trigger video talks to teens about drugs. Instead of asking teenagers to say "No" to something negative, this trigger video urges them to say "Yes" to peak performance (on the field, in the classroom, on the job), and explains how tobacco and alcohol can destroy these activities.

Junior High School/High School 9 min. 1994 V-3024

The Physician Does Make A Difference: Recognizing the Faces of Alcohol and Drug Abuse

This video is intended for use by a physician educator with some background in substance abuse, or by presentation/training teams composed of a physician educator and a resource person with substance abuse experience. This video raises substance abuse awareness; motivates physicians to become involved in recognition and management of substance abuse problems in their patients; and encourages physicians to take an active role in educating their patients and their communities on substance abuse issues.

Adult 42 min. 2000 V-4088

Picking Up the Pieces...Surviving a Drunk Driving Crash

Eighteen-year-old Tasha was driving home after a family vacation when her life was changed forever. A drunk driver crossed the center line, hitting the driver's side of Tasha's car. This resulted in a closed head injury, altering Tasha's personality, creating depression, headaches, seizures, and difficulty with organizational skills. She also suffered from internal injuries, and lost her memory and sense of identity. The crash caused her to revert to childhood, and Tasha had to learn to breathe, eat, walk, and talk again. Tasha believes the reason she is alive is to spread the word to never drink and drive. She has made great strides in overcoming the physical and emotional effects of her crash. To prevent further tragedies, Tasha speaks for those victims who can no longer speak for themselves.

Junior High School/High School 26 min. 2000 V-4089

Pieces of Silence

Tells the story of a family that suffered the effects of an alcoholic parent. Robert Subby narrates and discusses addiction and co-dependency from his own perspective on being part of such a family. Interviews with family members illustrate the pain, guilt and frustration of life in a dysfunctional family.

High School/Adult 56 min. 1988 V-48

Please God, I'm Only 17

Michael Leland is a typical teenage boy who, like his friends and other kids his age, takes unnecessary risks with his own safety, believing absolutely that "it can never happen to me" and that he is somehow immortal. When his recklessness finally catches up with him, he is rushed to a hospital emergency room. As he fights for his life, he relives some of his recent days with family and friends and pleads..."please give me one more chance. I'm only 17."

Junior High School/High School 37 min. 1992 V-4134

Poor Jennifer – She's Always Losing Her Hat

This video focuses on both the dynamics of family alcoholism and the healing that begins with awareness and with the breaking of silence. It also shows how community action and advocacy can spark this healing process. The film concludes with a sequence showing the production of a community service television show where the panelists discuss the dynamics of family alcoholism. Viewer's Guide included.

Adult 34 min. 1991 V-4090

Pregnancy, Alcohol, and Tobacco Don't Mix

Pregnancy is the perfect time to begin a healthy lifestyle. In this program, alcohol, tobacco and caffeine are treated as chemicals that should be avoided during pregnancy. Viewers meet three young mothers and learn their reasons for beginning a healthy lifestyle. How Fetal Alcohol Syndrome and Effects occur is explained, and tips for becoming smoke-free are provided. Other common concerns are addressed as well, including working while pregnant and weight gain. Throughout the program it is stressed that avoiding harmful substances during pregnancy can only mean one thing: a healthy baby and a healthy mother.

High School/Adult 20 min. 1992 V-4091

“Prevention” by Father Joseph C. Martin

A Father Martin film presenting an overview of the problem of alcoholism and some common sense ideas on prevention.

High School/Adult 32 min. 197? V-4132

Primary Influence: A Film About Why Our Children Drink, And How We Can Stop It

Primary Influence is a film detailing the critical role parents play in influencing their children to avoid the dangers of underage drinking. Parents are the first and foremost influence in a child's life. New research indicates that there are many things a parent can and should do to encourage their children to postpone or avoid the use of alcohol. *Primary Influence* will define how significant, tragic and costly this problem truly is. Most importantly, parents will learn why it is critical for young people to postpone alcohol use. In fact, those who begin drinking before age 15 are four times more likely to develop a substance abuse problem.

Junior High School/High School/Adult 28 min. 2000 V-4093

Protecting You, Protecting Me

The curriculum is designed to fill the gap in current prevention programs that have not yet incorporated the latest research on children's brains and the developmental risks associated with exposure to alcohol before the age of 21.

<http://www.pvpm.org>

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 1

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade one how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

OUR BRAIN IS THE BOSS!/WHEN WILL I BE A GROWN-UP? Lessons 1 and 2

I DON'T TRUST MY LIFE TO LUCK/REASONS FOR RULES AND LAWS Lessons 3 and 4

STOP AND THINK IT THROUGH/MAGGIE AND THE MEDICINE Lessons 6 and 7

Grade 1 no DVD 2006 Curriculum 4189/257 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 2

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade two how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 2 no DVD 2006 Curriculum 4190/186 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 3

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade three how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 3 no DVD 2006 Curriculum 4191/194 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 4

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grade four how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers. The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 4 no DVD 2006 Curriculum 4192/220 pages

Protecting You/Protecting Me: An Alcohol Use Prevention Curriculum/Grade 5 (cc)

This is the only elementary-school-level curriculum available that incorporates the latest research on children's brains and developmental risks associated with exposure to alcohol. Teaches students in grades 1–5 how their brains work and how alcohol puts their brains in danger. Also equips them with safety skills, including how to refuse a ride from an adult driver who is not alcohol-free, and how to reduce the risks when there is no option but to ride with a driver who may be impaired. Designed to reduce alcohol use and abuse among children and youth and reduce the incidence of their riding with impaired drivers.

The curriculum addresses eight topics: Our Brain, Growth and Development, Health and Safety, Rules and Laws, Friends, Choices and Decisions, Media Awareness, and Communication (especially with adults). Presents lessons in sequence, with the same topics repeated for each grade level with increasing sophistication paralleling cognitive and social development. Designed to be incorporated into the core school curriculum in health, language arts, social studies, math, and the fine arts. Also includes parental involvement activities.

Grade 5 12 min. 2003 DVD-4180

Rape: Get the Facts (cc)

This documentary-style program presents the legal, medical, psychological and sociological facts about rape. Doctors, judges, social workers, detectives, victims' rights advocates, self-esteem experts, and rape survivors all contribute information, perspective, and analysis of this all-too-common crime. Among the compelling facts: an act of rape or sexual assault occurs in our nation nearly once every two minutes. More than half of all rape victims are under the age of 18. Most sexual assaults are NOT committed by strangers, but by someone whom the victim knows. This video explains that "date rape" is just as much a crime as other sexual assaults. Information is provided about the links between drugs, alcohol, and rape. Specific, practical guidelines for how to protect against rape and date rape are presented. Law enforcement professionals, medical personnel and psychologists take viewers on a step-by-step investigation of where, how and why rape occurs with the goal of informing viewers of the risks and providing strategies to avoid rape. Students will meet a woman whose unbelievable act of bravery put one rapist behind bars for good. And, a former NFL Quarterback now teaches young men a whole new set of attitudes about themselves and about their behavior towards women. This program is a must-see for all high school students. <http://www.rainn.org>

Grades 7-College 20 min. 2005 DVD-4181

Real People: Teens Talk about Alcohol, Sex and Violence

Unwanted sex, date rape and assault are three of the most common outcomes of excessive drinking. Interviews with a counselor and a district attorney center on the personal and legal consequences of teenage drinking. Victims of violence and teenage perpetrators discuss how alcohol use played a part in their predicament. Students are shown the latest statistics on alcohol use by teens, which point out that drinking is not the norm. Teens talk about how they can still party with friends, have fun, and choose not to drink.

Junior High School/High School 28 min. 2001 V-4094

Reality Matters: Under the Influence

This program sends a strong anti-alcohol message to underage drinkers and sober adolescents alike through the firsthand experiences of teens, most of whom started drinking in junior high. Their collective story begins with the social, environmental, and genetic factors that led them to it; it continues through a destructive cycle of alcohol-motivated choices, such as fighting, stealing, and DUI; and ends in rehab, though their scars—for one, the knowledge that he almost killed his best friend in a drunken car wreck; for another, the awareness that she was sexually assaulted after passing out at a party—will be with them forever. Also, alcohol's stunting effect on the learning center of the brain is described. A Discovery Channel Production.

Grades 6-12 30 min. 2003 V-4150 or DVD-4150

Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders

Recovering Hope is an intimate and inspiring hour-long video about Fetal Alcohol Spectrum Disorders (FASD). The video, created for viewing by women in recovery and their counselors, is divided into two half-hour episodes to allow time for discussion within a treatment session. Viewers will learn that FASD is an umbrella term describing the range of effects that can occur in an individual whose mother drank alcohol during pregnancy. These effects may include physical, mental, behavioral, and learning disabilities with possible lifelong implications. The term FASD is not intended for use as a clinical diagnosis. Fetal alcohol syndrome (FAS), a clinical diagnostic term included under FASD, describes a pattern of growth retardation, facial anomalies, and brain damage. Persons who do not have all three of these characteristics still can be severely affected. None of these problems can be cured. But all of them can be prevented. FASD is caused solely by prenatal alcohol exposure. It cannot be inherited.

High School/Adult 60 min. 2004 V-4129 or DVD-4129

Reflections From the Heart of a Child

Encourages children to open up to new possibilities – by identifying with another child's vision of parental addiction. Helps children resolve feelings of confusion, loneliness, and fear by removing traditional cloaks of secrecy and shame. Dramatizes the nature and effects of survival roles, as they are passed through chemically dependent generations.

Elementary School/Junior High School 30 min. 1996 V-4095 or DVD-4095

Refusal Skills: Yes, You Can Say No

Saying "no" is easy for two-year-olds – they're naturals at refusal skills. But something happens in the next dozen years. Teens often seem to develop the habit of saying yes to stupid or dangerous behavior. *Refusal Skills* features a live audience of teens, an energetic host, and a series of well acted mini-dramas showing teens faced with temptations to skip school, take drugs, and have premarital sex.

Junior High School/High School 25 min. 1996 V-4096

Riding Straight (cc)

Riding Straight is a video program from the Motorcycle Safety Foundation. Each year alcohol is involved in nearly half of all accidents that claim motorcyclists' lives. Stress, fatigue, and the use of drugs – even prescription and over-the-counter drugs – can impair a motorcyclist's skill and judgment. This video for grades 9 through college informs students about these skill-robbers and how to tactfully prevent friends from riding impaired. Although *Riding Straight* tackles a serious subject, the host – actor/motorcyclist Charles Esten – presents the information in an entertaining way.

High School/Adult 13 min. 1995 V-4097

The Road to Recovery Presents Binge Drinking and Youth: What Everyone Needs to Know

Results from the 2003 National Survey on Drug Use and Health show that 25 percent of Americans aged 17 had reported binge drinking (i.e., five or more drinks on the same occasion). By age 21, the percentage of binge drinkers had increased to 48 percent. College is clearly a catalyst for alcohol use; in fact, young adults aged 18 to 22 who don't attend college drink less than those who do attend. Many binge drinkers in college begin experimenting with alcohol in high school. Students may not want to think about it, but young people can become alcohol dependent and many will die from excessive alcohol consumption. This program will reveal the subcultures and behaviors that support binge drinking while highlighting prevention, early interventions, and treatment options. Aired 4/6/05.

Adult 60 min. 2005 V-4139

Sacred Trust: Protect Your Baby Against Fetal Alcohol Syndrome

Sacred Trust addresses Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE) among American Indian and Alaska Native women and promotes an alcohol-free lifestyle during pregnancy. Individuals from various nations are shown giving no-use messages: the mother of a child born with FAS, a parent and foster parent of FAS/FAE children who discuss the children's physical and behavioral problems, a tribal elder who discusses the cultural belief that women possess a sacred trust as life givers, and a health educator who offers strategies to help women avoid drinking. American Indian men are encouraged by one of their own to support a woman's decision not to drink alcohol during her pregnancy.

High School/Adult 15 min. 1992 V-4098

Shattered [HOPE TO ORDER]

This is the extraordinary story of one night that changed many lives forever. A drunk, young girl was speeding and driving out of control when her car smashed into another car, killing the driver. There are interviews with eyewitnesses, the driver, her boyfriend and family, footage of her in prison, and interviews with the family of the man who was killed.

Grades 7-12 25 min. 2004 DVD-

Skills for Healthy Living: Weighing the Risks (cc)

Presents teenagers recounting their experiences with the pressures to try drugs and alcohol, sparking discussion on different ways to say no.

Grades 10-12 30 min. 2006 V-4172 or DVD-4172 *Spanish subtitles*

SMASHED: Toxic Tales of Teens and Alcohol

Through often-graphic hospital footage and personal interviews with several teens and their grief-stricken families, *SMASHED: Toxic Tales of Teens and Alcohol* is a cautionary documentary that explores in heartbreaking detail the sudden devastation that a drinking and driving accident can bring – and how difficult that road to recovery (which is often only partial, at best) can be, if one is lucky enough to survive. *Please bear in mind that this documentary may not be appropriate for young or sensitive children. It is rated TV-14.*

<http://www.radd.org/cwo/SMASHED> The Entertainment Industry's Voice for Road Safety

<http://www.noys.org/> National Organization for Youth Safety

High School/Adult 78 min. 2002 V-4133 or DVD-4133

Sobering Facts: The Risks of Alcohol Use [HOPE TO ORDER]

Alcohol use is so pervasive in our society that, sooner or later, every teen will face personal decisions about underage drinking. With a strength-based approach and an emphasis on making safe decisions, this video equips teens with important information about alcohol use, how it affects the brain, how it increases the likelihood of accidents and injuries, and how it can harm school performance, relationships, and health. The facilitator's guide will help you get teens thinking and talking about alcohol use. Includes reproducible parent newsletter.

Ages 12-17 11 min. 2003 DVD-

Soft Is the Heart of a Child

This award-winning drama explores a classic alcoholic family situation -- a father who drinks too much, a mother plagued by frustration, guilt, and denial, and three children whose suffering takes different forms. Brian, age 11, is the oldest child. He takes on the roles of protector and surrogate parent to his young brother Terry and little sister Lisa. Terry, who bears the brunt of his father's misdirected anger, reacts to the home situation by becoming a troublemaker at school. Lisa, the most affected of all, begins to withdraw from her unhappy reality into a fantasy world. Help arrives through an understanding and perceptive school counselor.

Grades K-8 30 min. 1978 V-4151 V-8017 Spanish

Spin the Bottle: Sex, Lies & Alcohol

Spin the Bottle offers an indispensable critique of the role that contemporary popular culture plays in glamorizing excessive drinking and high-risk behaviors. Award-winning media critics Jackson Katz and Jean Kilbourne contrast these distorted representations with the often disturbing and dangerous ways that alcohol consumption affects the lives of real young men and women. Illustrating their analysis with numerous examples, Katz and Kilbourne decode the power and influence these seductive media images have in shaping gender identity, which is linked to the use of alcohol. Nowhere is this link more cause for concern than on America's college campuses.

High School/Adult 45 min. 2004 V-4127 or DVD-4127

English & Spanish subtitles

<http://www.mediaed.org/videos/MediaAndHealth/SpinTheBottle/studyguide/SpinTheBottle.pdf>

Spiritual Aspects of Alcoholism

Father Joseph Martin discusses the four components of humanity as they relate to spirituality: physical, mental, emotional and spiritual.
Adult 32 min. 1987 V-4099

Sports & Drugs

Uses animation, live action and interviews with athletes, coaches, and medical experts to explore the effects of drugs on performance, health, and ethics. Therapeutic and performance-enhancing drugs, along with alcohol and other psychoactive substances are examined. The video was produced in association with the NCAA to help athletic departments with their primary, secondary and tertiary prevention efforts. An Instructors Guide with suggested exercises is included.

Junior High School/High School/Adult 37 min. 1998 V-179

Start Talking Before They Start Drinking

Local Underage Drinking Prevention PSA Kit www.stopalcoholabuse.gov

1. Kit Overview
2. Television
3. Radio
4. Print
5. Website
6. Fact sheets and additional information

This CD can be viewed on either a PC or Macintosh computer. Certain files on this CD can be copied and shared.

Adult 2005 CD-4165

Staying on Track: An Alcohol Prevention Video

This video will demystify alcohol – one of the most widely used drugs in our society and the number-one killer of teenagers. Teens will learn about the risks that alcohol use poses for their bodies, minds, and lives. By addressing the realities of peer and media pressure head-on, the video challenges teens to think in new ways about what they hear and to make their own decisions.

Junior High School/High School 15 min. 2000 V-5037

Straight Talk: The Truth about Alcohol and Sex (cc) [HOPE TO ORDER]

Using a unique drama format combined with a documentary style, this video/print package memorably explores the all too common consequences of underage drinking and sexual misconduct. The drama centers around the aftermath of an underage drinking party, recreated through flashbacks of excessive drinking, loosened inhibitions, poor judgment and painful consequences. Stories include a basketball player who date rapes an acquaintance, a girl who binge drinks and loses her virginity to her boyfriend but can't even remember it the next day, another girl finds herself the subject of "sexting" where risqué images of her were sent via cell phones to students in her school. The program gives viewers an all-too-real glimpse at how alcohol clouds thinking, hinders decision-making skills and creates a dangerous atmosphere for making wise choices.

Grades 9-12 2009 20 min. DVD-

Student Workshop: All About Drugs

Give the youngest students the facts about drugs and medicines they need to know. Help them understand that staying healthy means taking care of their bodies and only using medicines that are prescribed for them. Age-appropriate vignettes illustrate three basic facts about drugs: non-prescription medications can be dangerous; drugs should never be taken without parent's or doctor's permission; and drugs can be both addictive and illegal. Scenarios allow time for information-reinforcing activities.

Grades K-2 16 min. 1999 V-4100

Student Workshop: How to Say No

Using scenarios that dramatize the kinds of negative peer pressure common in their lives, music video helps students become comfortable saying no to undesirable behavior. Accompanying worksheets provide hands-on activities and role-plays for skills practice.

Elementary 19 min. 1998 V-5038

Students Like Me: Teaching Children with Fetal Alcohol Syndrome

Students Like Me was created to help elementary and special educators understand what Fetal Alcohol Syndrome is and provide teaching methods to help children affected by fetal alcohol reach their full potential.

Includes:

- How to recognize a child with FAS in the classroom
- How to modify the class environment and adjust teaching methods
- How to communicate clearly and plan transitions and unstructured time

Adult 39 min. 2000 V-4101

Sudden Impact: After the Crash (cc)

This story is a cautionary tale. There are more deaths from drunk driving crashes on New Year's Day than on any other day of the year. When they are reported, the journalistic shorthand often goes something like this: "One dead, four injured in car crash. Drunk driving suspected." And then that's the end of it, a story briefly reported and quickly forgotten. But we wondered, what happens after the news coverage stops? How do the victims and their families fare? What is the emotional toll? What are their financial costs? A little more than two years ago, we started tracking one such case. As you're about to see, "One dead, four injured" doesn't even begin to tell the story about the trauma to the victims, or as we discovered, to our surprise, how much all the rest of us pay.

Grades 7-College 44 min. 2003 V-4128 or DVD-4128

Surgeon General Antonia C. Novello, MD (1990-1993) Press Conference "College Drinking"

U.S. Office for Substance Abuse Prevention kicks off Campaign to Curb Alcohol Use on College Campuses. According to government statistics, the same number of college students who will eventually earn their masters and doctorate degrees will also die of alcohol related causes. That startling fact out of the office for Substance Abuse Prevention has prompted a nationwide awareness campaign called "Put on the Brakes."

Adult 8 min. 1991? V-4102

Surviving Peer Pressure: You Can Do It! (cc)

For teens and pre-teens, staying true to oneself can be a tough act to pull off. This program, presented in a drama format, presents five scenarios where teens are asked to make critical decisions in typical peer pressure situations – whether to raid a liquor cabinet when the parents are not home, teasing and bullying a vulnerable kid out of sight of teachers and parents, excluding a girl from their regular lunch table, being pressured to shoplift in a local mall and being tempted to cheat on an exam because other teens got advance copies of the test. In each scenario, the action stops at a critical juncture and students review six steps to making the right choice: listen to your inner voice, what would you do if you were alone, take a time out, imagine your parents are watching you, is it against the law and finally, is it worth the risk?

Grades 5-9 22 min. 2006 DVD-4210

Take the Lead (Mothers Against Drunk Driving)

39 min. V-4103

Tales from the Prom: The Good, the Bad, the Ugly (cc)

A teen's prom can be one of the most memorable nights of a lifetime—as well as one of the most regrettable. Prom night often finds teens pressured to engage in underage drinking, illegal drug use, unprotected sex or more. This video turns its lens on a wide range of real teens and their prom experiences—from the most positive moments to events gone horribly wrong. Sends a straightforward message of planning, communicating with parents, setting personal limits, and establishing a "safety net" plan before the prom. Law enforcement and medical emergency workers weigh in on prom night hazards and their consequences. This sharp, honest look at the risks and rewards of prom night helps make students and parents "prom ready" by knowing the facts, the problems and strategies for a safe and fun prom.

Grades 7-12 20 min. 2009 DVD-4213

TARGETED! How Tobacco & Alcohol Companies Try to Get You Hooked (cc)

The tobacco and alcohol industries are famous for their attempts to target teenagers, most of whom are too young to legally purchase their addictive products. By targeting young audiences, these industries hope to recruit a new generation of faithful customers, despite the potential harm that their products may cause. This video explores the phenomenon of targeting young consumers, and will surely be an eye-opener for students who may prefer to think that they're not being manipulated by ads and media images. Whether they're selling cigarettes or alco-pops, these industries are intent on convincing vulnerable teen consumers to risk their health and future by experimenting with these addictive and potentially deadly products. Targeted! unveils some of the most common "tricks of the trade" that tobacco and alcohol companies use to market their products. Follow-up activities in the Teacher's Resource Book will lead students into a further exploration of the tricky realm of alcohol and tobacco marketing strategies.

Grades 7-College 24 min. 2004 V-3084 or DVD-3084

Teen Drinking '94 & '95 Spots

min. V-4104

The Teen Files Flipped/The Reality of Drug Use *New*

A group of four teens – Carissa, Kriss, Stephen and Crystal – all use marijuana regularly. Although their drug use causes problems they each profess that smoking weed is their hobby and their passion. When they are “flipped”, each must confront his or her drug use in a different way. Arrested for being under the influence and convicted of drug trafficking, Stephen is sent to a treatment facility for a term of up to 18 months. Kriss, who believes driving under the influence is an acceptable risk, is the driver in a DUI car wreck. Transported to hospital, he learns he’s been “paralyzed for life”. Carissa is thrown out of her home by her tough love Mom, stays at a hostel for homeless teens, then “overdoses on methamphetamines and dies”. Crystal, the “ringer” in the group has a real-life story: her brother Caleb did die of a drug overdose. The teens react strongly to their dramatized situations, vowing they don’t want to see any of this happen for real. An Arnold Shapiro/Allison Grodner Production.

Grades 8-12 21 min. 2001 V-4173 or DVD-4173

Teen Truth: An Inside Look at Drug and Alcohol Abuse (cc)

This compelling video, much of it shot by teens themselves, weaves together footage of real drug addicts in recovery, with teens who have casually experimented with drugs and alcohol. The program incorporates driving music, memorable graphics and raw imagery to contrast the addicts’ life threatening addiction with the dangerous path that casual young drug users are unwittingly pursuing. The addicts’ emotional stories provide sobering proof of how drug and alcohol experimentation can lead to drug dependence and broken futures. The result is an explosive, thought-provoking journey that will inspire viewers to seriously consider the consequences of their decisions. Throughout the video, a repeating graphic challenges students with this question: “What are you willing to lose?”

This film contains scenes depicting illicit drug use and graphic images. Viewer discretion is strongly advised.

Grades 7-College 21 min. 2007 DVD-4198

Teens and Alcohol: Promoting Dialogue on Underage Drinking

In an effort to bring greater public awareness to the issue of underage drinking, George Mason University, in conjunction with Fairfax County (VA) Public Schools, hosted a Town Hall meeting entitled “Teens and Alcohol: Promoting Dialogue on Underage Drinking.” The session, moderated by Frank Sesno, George Mason University Professor of Public Policy and Communications and CNN correspondent, engaged high school students; their parents; a panel of students (including those in recovery); a judge; and a doctor in a discussion about the legal consequences and liability concerns, brain health considerations, and overdose and negative consequences associated with underage drinking. Aired 9/27/05.

Adult 87 min. 2005 V-4160

Teens, Drugs & Peer Pressure

In their desire to be accepted by peers, many teens often find themselves at an impasse between a strong need to belong and their own judgment about what is appropriate and right. This program explores a number of different true-to-life dilemmas that teens face every day. Open-ended dramatizations invite viewers to voice their opinions and exchange ideas with peers. The program also offers teens a variety of strategies for saying “no” that allow them to be true to themselves and their values without directly confronting or risking friendships. The 32nd Annual National Council on Family Relations Media Award.

Junior High School/High School 18 min. 2001 V-4105

Think Again

The story of a promising life lost to underage drinking.

Junior High School/High School 15 min. 2004 V-5071

This Is Your Brain on Alcohol

Charismatic high school students present to middle school students some groundbreaking information about the effects of alcohol on developing brains. New studies show that the brain is a complex organ that builds its basic capacities and potential for the future during adolescent years. Alcohol use during this time has a major impact because it disrupts the growing brain’s plasticity (encoding and programming progress), which in turn impairs its response to stimuli essential to learning and memory. There is now evidence that the brain continues to develop until the age of 24, three years past the “legal” drinking age. The message to middle school students in this peer education video is clear: Alcohol use is not healthy and not cool; most kids do not use it; and those who do risk irreversible damage to their developing brains.

Grades 5-9 23 min. 2004 V-4152 or DVD-4152

This Place

A 15-minute film that dramatically captures today’s youth drinking culture. This film shows the alcohol-saturated environment kids are exposed to and the impact of underage drinking. THIS PLACE offers a glimpse into communities that are taking action to reduce alcohol problems. You can watch this video online at <http://www.faceproject.org/thisplace/index.html>

Parents 15 min. 2005 V-4141 or DVD-4141

The Time Challengers: Assignment Alcohol

The Time Challengers team is needed and jumps into action. This time their assignment is to save a friend, Robby, from the dangers of alcohol. Though Robby is considered a “brain,” a cool and “together” guy by most of his classmates, he still has a problem. He feels alone and lacks confidence. Unfortunately, he attempts to gain acceptance and confidence through alcohol. It’s hard to be a kid, but Robby has chosen the wrong way to deal with his problems. *The Time Challengers* take Robby on a trip through the past to reveal alcohol’s adverse physical and mental effects, such as forgetfulness, slurred speech, loss of coordination, and impaired decision-making abilities. Back in the present, Robby discovers that if *The Time Challengers* hadn’t reached him when they did, the consequences would have been deadly. During a drunken bike ride home from school, he would have peddled right into the path of a speeding car!
Elementary School/Junior High School 13 min. 1991 V-4106

Tips for Teens: The Truth About Alcohol [Audio]

<http://www.health.org/multimedia/mediaDetails.aspx?ID=98>

6:24 minutes

Too Much: The Extreme Danger of Binge Drinking (cc)

Against the backdrop of Spring Break overindulgence in Panama City, Florida, this documentary examines the harrowing and tragic consequences of underage drinkers who do not understand the real risks of out-of-control alcohol abuse. Introduces two brain and alcohol researchers who take students on an eye-opening video field trip, using their tools-of-the-trade (including MRIs and PET scans) to graphically show alcohol damage in the brain. Using 3-D images of the brain, the researchers describe what happens as drink after drink is consumed, causing the brain to ultimately shut down the autonomic nervous system, causing death. A young teenage girl who was sexually assaulted during a Spring Break drinking binge presents her painful story. Also interviews the parent of a student who died from alcohol poisoning while partying with his friends. Interspersed throughout is footage of alternative, alcohol-free Spring Breaks, featuring real teens who decided to do something constructive with their vacations, such as building housing for needy families.
Grades 7-College 20 min. 2006 V-4174 or DVD-4174

The Top Ten Myths About Alcohol and Drugs (cc)

Too many teens are either ignorant about the dangers of drugs or are in denial about the hazards they pose. This program, with its clever use of satire, graphics and mock pop quizzes, captivates student attention as well as educates. The following myths are exposed and exploded: Everybody’s doing it; I can stop when I feel like it; Beer isn’t as bad as hard liquor; I can get high and still be in control; I can drive a car high on marijuana; Marijuana isn’t harmful or addictive; Prescription drugs can’t hurt me because they’re legal; Drugs help relieve stress; Drugs and alcohol do not damage the brain; and Steroids do not damage the body. Each of these dangerous and destructive myths is rebutted with cold, hard facts, challenging students to recognize harmful behaviors in themselves and others and to take full responsibility for their personal health and safety. Includes an Interactive Quiz on the DVD.

The scratchy film technique gives the edginess of an old documentary.

Grades 7-College 20 min. 2007 DVD-4182

Training Tape for Living with F.A.S. and F.A.E.: The Early Years, Birth Through Age 12

This program focuses on the effects of F.A.S. and F.A.E. on a person’s early years. From soothing techniques for the fussy baby to positive behavioral programming for the pre-adolescent, this program offers encouragement for those living with F.A.S. or F.A.E.
Adult 32 min. 1991 V-4107

Training Tape for Living with F.A.S. and F.A.E.: Independence, Age 12 to Adult

Adolescence is a difficult time for anyone, but for those living with F.A.S. and F.A.E., the problems can be almost overwhelming. Issues of early diagnosis, implementing specialized programs within existing budgets, and focusing on social and adaptive living skills are presented in clear, easy-to-follow steps.
Adult 32 min. 1991 V-4108

True Stories

The disturbing issue of “acquaintance rape” (also known as “date rape”) is brought to life in this powerful short film. Two female high school students and the two boys who raped them describe their behavior and feelings before, during and after the attacks. One young woman, Melanie, innocently goes to a fellow student’s house to study and when he does not pay attention to their studies, she gets up to leave. To her horror, the young man attacks her, asking her what she expected by coming to his house. She does not hesitate to press charges against him and he is convicted. The young man is sent to prison, full of resentment that his life has been ruined. Another student, Vera, attends a party where she has too much to drink and passes out in the bathroom. Joe, a young man who had been flirting with her earlier, attacks her. She fights back but to no avail. Afterwards, Vera tries to forget the incident but when she hears that he has attacked another student, she presses charges and Joe is sent to prison. This film shows that date rape is not a prank, but a crime with serious consequences. Although dramatized, TRUE STORIES has a “real life” feeling. It demonstrates the long-term impact of date rape on the perpetrator as well as the victim.

High School 14 min. 2002 V-4135 or DVD-4135

The Truth About Alcohol

Alerts students to the facts they need to know about alcohol – what it is, how it acts on the body, and why young people are so vulnerable to its dangers. Encourages viewers to reexamine their thinking about alcohol, and helps them understand the problems caused by other people's alcohol abuse.

Elementary School 18 min. 1992 V-4109

The Truth About Drinking

Alcohol kills more than five times the number of people killed by cocaine, heroin, and every other illegal drug combined. Yet for today's teenagers, alcohol is the number one drug of choice. It is considered "cool" by many teens to drink as much as they can in social situations involving their peers. Few if any of these young people think about the consequences. In this program, teens that are current drinkers see firsthand what the future may hold for them if they continue to drink. They experience the potential consequences of alcohol use from every perspective, including: how drinking impairs a person's coordination, vision, and reaction time; how the brain and other organs suffer lasting damage from alcohol use; how a drunk person really drives; and how drinking can lead to spending months in a rehabilitation center. The program culminates in a realistic simulation of the "deaths" of three participants who got into a car with a fourth who was driving drunk. The teens watch videotape of their parents' reaction to the news. The driver is then "booked" and sent to prison. The three victims visit the coroner's office to learn of the fatal injuries each suffered in the crash. Finally, the foursome attend the funerals of the three that "died" in the crash and listen as their parents read farewell tributes to their children. By the close of the program, all of the young participants are moved to stop their reckless drinking behavior.

Grades 8-12 34 min. 1998 V-4110 or DVD-4110 46 min. version V-4111 or DVD-4111

The Truth About Teen Alcohol Use 101

This is a groundbreaking video that uses a social norms approach to show high school students that most of their peers DO NOT DRINK. In it Dr. David Craig investigates the difference between what students perceive and what is really true. An anonymous survey at Riverfront High School produces typical results: While teens assume others drink, actually most do not. Through interviews and group discussions we learn how surprised and relieved students are to discover that their own attitudes align with those of a majority of their peers, 70% who do not drink. This gives them confidence to be themselves by dispelling the myth that "Everybody is doing it." In fact the opposite is true – very few are involved in unhealthy behavior. "Knowledge is power," Dr. Craig tells them, because it leads to making informed choices, in this case the choice of the healthy teen majority.

Junior High School/High School 25 min. 2002 V-4112

Twee, Fiddle & Huff

The program explains to young children, perhaps especially those from "addicted" households, the nature of addiction, and how it affects adults (i.e. parents). Children are reassured that the behavior of their parents is not anything that they should blame on themselves. Kids are told that if they find the burden of dealing with this behavior too great, there are other adults who are ready, willing and able to help them.

Elementary 17 min. 1990 V-4113 Spanish V-8012

Twice Pardoned

Ex-con Harold Morris speaks to teens about how little mistakes can have big consequences. He was given two life sentences for armed robbery and murder (crimes he did not commit) and spent ten years behind bars before receiving a parole and full pardon. He warns young people about the traps that nearly destroyed his life: negative peer pressure, running with the wrong crowd, low self-esteem, drug and alcohol abuse, premarital sex, and thoughts of suicide.

High School/Adult 35 min. 1988 V-202

Under the Influence: The Science of Drug Abuse

What happens to our brains when we are high, intoxicated, or dependent on drugs? Why is it so difficult to break an addiction to drugs like cocaine, alcohol, and tobacco? Why have people since the earliest times sought to alter their brain chemistry by getting high? This program closely examines these questions in order to give students insights into the dynamics of drugs, drug abuse, and human behavior. Animation and brain scans as well as interviews with physicians and clinicians present an integrated and fascinating portrayal of the risks and effects of drug abuse in contemporary society.

Junior High School/High School 24 min. 1999 V-4114

Underage Drinking: Know the Facts, Know the Risks (cc)

This no-nonsense program lays out the straight facts about underage drinking. Alcohol abuse is responsible for 100,000 deaths in the U.S. each year — deaths resulting from drunk driving, alcohol poisoning, fetal alcohol syndrome, cirrhosis and even from alcohol-related cancers (esophageal, liver, colon). The program clearly spells out the dangers and the risks of underage drinking while also providing new information on how the adolescent brain can be permanently damaged by alcohol. *Underage Drinking* also explores the risky trend of binge drinking, which results in thousands of teens being treated in the emergency room each year for alcohol poisoning. There is also a segment on the legal and social dangers of throwing unsupervised parties in which alcohol is served to minors. The video makes it clear that teens should adopt a no-use policy towards this dangerous and addictive drug. Teacher's Resource Book provides compelling lessons and activities on alcohol-related topics such as binge drinking, addiction, alcohol overdose and more.

Grades 7-College 27 min. 2004 V-4136 or DVD-4136

Understanding Fetal Alcohol Syndrome (cc)

In this video, viewers meet Jodee, a teenager who is afflicted with Fetal Alcohol Syndrome (FAS) because her mother drank alcohol during her pregnancy. FAS represents a spectrum of physical and emotional disorders that occur because of alcohol poisoning before birth. Jodee tells her story, supported by powerful graphics revealing how the developing fetus is damaged by alcohol. The signs and symptoms of FAS are described, including low birth weight, facial abnormalities, reduced coordination, poor social skills, learning difficulties and behavioral problems. Jodee's lifelong difficulties are a direct result of her mother's alcohol use. This program delivers a strong "no alcohol use" message to pregnant women.

Grades 7-College 20 min. 2008 DVD-

Unfinished Miles: One Man's Unthinkable Journey [HOPE TO ORDER]

Mark Manion and his cousin Mike were involved in a horrible crash while cycling across the United States. Mike was killed and Mark was left paralyzed from the neck down. Sixteen years later the real truth of the crash was revealed – the driver of the car was drunk.

Mark's story gets a person to think about the choices they make and the consequences of those choices.

Grades 7-Adult 20 min. 2003 DVD-

Uppers and Downers: the Facts About Stimulants and Depressants (cc)

Hard-hitting docudrama presents the facts and provides expert commentary on how abuse of stimulants and depressants harms the brain and the body. After introducing a real teen who thought "harmless" stimulants would help him pull an all-nighter, an expert talks about the biological impact of using stimulants including caffeine, ADHD prescription medicines Ritalin and Adderall, nicotine, amphetamines, cocaine, crack, and Ecstasy (MDMA). Discusses depressants, including alcohol, barbiturates and sleeping pills, tranquilizers, Rohypnol and GHB. Stresses the highly addictive nature of these drugs as the body's tolerance increases, thus requiring larger and larger doses to get the same effects. The cycle of uppers and downers is examined, as is the escalation from "lower level" drugs like caffeine, to more perilous drugs.

Grades 7-12 17 min. 2007 DVD-4199

Using the NIAAA Clinician's Guide – Animated Slide Show

This 80-slide PowerPoint™ show helps instructors to present the content of the *Guide* to students and professionals in general medicine and mental health fields. It takes viewers step-by-step through the *Guide's* process for alcohol screening and brief intervention and showcases the helpful materials in the appendix. To access the slide views without animation, viewers may download a PDF version.

PowerPoint™ show:

["Using the NIAAA Clinician's Guide"](#)

Adult 80 slides 2005 4117

Waste of Candy

Takes a serious look into the life and death decision in allowing an intoxicated person to get behind the wheel.

High School/Adult 8 min. 2001 V-4115

What Families Can Do To Prevent and Intervene With Alcohol and Drug Problems – Online only

This is the third installment in a seven-part series of Webcasts that will discuss and illuminate key issues related to the 2001 Recovery Month observance. Our host will be Susan Rook, former CNN Anchor and Media Relations Director for Step One Treatment Center. Panelists include: Tim Bradley, Teen Treatment Advocate; Phillip Brewer, M.D., Yale University School of Medicine; Jeff Jay, Interventionist; Andrew Hamit, Ph.D., Professor of Social Work, Columbia University. How to prevent or intervene with an alcohol or drug problem are difficult concepts for many families to grasp. This session will discuss how families can get beyond their denial to stop a drug or alcohol problem before it starts or to intervene in a loved one's addiction. Aired 6/20/01.

<http://www.health.org/multimedia/webcasts/w.aspx?ID=435>

Adult 57 min. 2001

What Is Alcoholism? (cc)

This video offers a glimpse into the struggles of teen alcoholics. Viewers will meet Lacey, Alberto, Christina, and Justin, four real teens from different ethnic backgrounds who share their personal stories of alcohol abuse and recovery. The program defines alcoholism as an addictive disease that affects people of all ages, races and social classes. Psychologist Susan Tapert, Ph.D., who specializes in issues surrounding adolescent alcoholism, offers important information on how easily teens can become addicted to alcohol, and explains some of the unique problems faced by youth who become addicted. The signs and symptoms of alcoholism are also identified. The program emphasizes the pervasive negative impact that alcoholism can have on an individual, a family and on society at large. Advice is offered for how to seek help in overcoming alcohol addiction. This video provides an excellent starting point for any discussion on alcohol and its dangers. Accompanied by a Teacher's Resource Book of worksheets and activities for further classroom learning.

Grades 6-12 25 min. 2004 V-4155 or DVD-4155

What Is F.A.S.?

This overview program, designed for families, educators and health professionals, examines the cause, treatment and prevention of alcohol-related birth defects. Interviews with mothers and families of FAS children are shown, and commentary from international experts is given.

High School/Adult 24 min. 1989 V-4116

What's Wrong With Beer? [Grades 4-8]

"It's only beer! Drinking beer isn't really like taking drugs, is it?" Dramatic vignettes and frank information help elementary school students sort out fact from fiction when it comes to beer. They learn how beer affects body and brain, explore ways of dealing with social pressure to engage in drinking, and learn concrete refusal skills.

Grades 4-8 25 min. 1992 V-4118

What's Wrong With Beer?

This hard-hitting documentary takes a critical look at beer drinking and attempts to open eyes about its downside – which can lead teens to closing the door to alcohol and drugs in general.

Junior High School/High School 26 min. 1995 V-4119

When Choices Collide

This powerful and moving docudrama targets youth and addresses the serious social issue of impaired driving. This video portrays the dilemma faced by Julie when her friend, who has been drinking, insists that she can drive. Julie, who doesn't drive, has some difficult choices to make. While the drama unfolds, people who have experienced personal tragedy resulting from impaired driving share their stories. SADD students working to prevent impaired driving are also featured.

High School 33 min. 2000 V-4120

When Your Parent Drinks Too Much *Based on the book by Eric Ryerson*

Most children of alcoholics feel isolated and alone, despite the fact that there are 10 million alcoholics in the United States. Other feelings accompany the "disease of denial" such as anger, humiliation and helplessness. In order to help children of drinking parents, this program portrays three different family situations and the ways three different children handle the disease. Host Alan Thicke introduces the three C's as a guideline: you didn't Cause the drinking, you can't Control the drinking, and you can't Cure the drinking. What children can do is distance themselves and try to bring the problem into the open. An extensive teacher's guide addresses children, teachers and parents, dispelling myths and emphasizing that alcoholism is a disease, not a moral failing.

High School 27 min. 1988 V-4121

Which Brain Do You Want?

The proof every person must see about drugs, alcohol and the brain! SEE FOR YOURSELF on DVD how drugs and alcohol damage your brain . . . Meet five young people from different backgrounds, with different levels of substance abuse, including two who chose to stay clear of drugs or alcohol. Hear their stories and learn about the impact their choices have had on the quality of their lives. Next, look at the scans of their brains. See for yourself how their choices – good or bad – have affected the health of their brains. The candid conversations between these young people and Dr. Amen are revealing. They want to know if it's too late . . . and they want another chance . . . now that they realize they DO have a choice. The question echoes in their ears . . . Which Brain Do You Want?

High School/Adult 47 min. 2004 DVD-4200

Without Warning: The Dangers of Alcohol Poisoning and Binge Drinking (cc)

Three stories told by surviving family members reveal the devastating and lethal effects of alcohol overdosing in young people. Deaths from alcohol poisoning of youths under 21 are conservatively estimated at 4,000 annually, and can be prevented when students are armed with the proper information. *Without Warning* offers a powerful video and Teacher's Resource Book which will inform students of the critical signs to look for in alcohol poisoning, and will help deliver the message that binge drinking can have fatal results.

Junior High School/High School 17 min. 1998 V-4122

Women of Substance

Joanne Woodward narrates this powerful documentary that follows the struggles and triumphs of three mothers seeking treatment for alcohol and drug abuse. AWARDS: Gold Award for Excellence in Television Programming, Corporation for Public Broadcasting; Gold CINDY with Special Achievement for Directing, Association of Visual Communicators; Bronze Chris Award, 1996 Columbus International Film Festival; Featured in 1996 Central Florida Film and Video Festival; Silver Award, 1995 Houston WorldFest International Festival; 1995 Hot Springs International Documentary Festival; 1994 International Feature Market
High School/Adult 60 min. 1994 V-4123

Worth the Trip: Raising Children with Fetal Alcohol Syndrome

A groundbreaking video guide for parents and caregivers, it is the first comprehensive video resource about the health, development and learning styles of children affected by fetal alcohol exposure. The video presents strategies for meeting the developmental and behavioral challenges faced by children with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effect (FAE). Its topics include: speech and language development, behavioral concerns, impact on siblings and parents' relationships, and developments that offer hope for the future.

High School/Adult 49 min. 1999 V-4124

WRECKED: Life and Death on the Road

WRECKED talks to new drivers about what it really means to make right – and wrong – decisions behind the wheel. They'll meet a lot of people who have already learned about driving, sometimes the hard way. By making drivers aware of these tragic experiences, FARMERS INSURANCE believes new drivers may avoid making some of the same mistakes.

High School 13 min. 2000 DVD-4202

You're Not Alone

This is a nine-minute video speaking directly to children, giving them information about alcoholism, being safe, finding adults who can help, and about group as a place to find support.

Elementary School 9 min. 1998 V-4125