

Transitions Videos

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Country Boys (Outreach and Education Module)

From David Sutherland, acclaimed director of *THE FARMER'S WIFE*, comes **Country Boys**, an inspirational coming-of-age story about two boys from Eastern Kentucky's Appalachian region. Cody Perkins and Chris Johnson struggle to overcome numerous obstacles related to their unique family lives and the economic circumstances of this region. At the same time, their individual stories offer valuable insights into the universally complex problems faced by all teenagers and those who love and support them. **Country Boys** traverses the emotional terrain of two boys who are about to become men. Through intimate cinematography and extraordinary sound design that puts the viewer inside the skin of the story's colorful and compelling characters, the film documents the boys' struggles to overcome hardship and poverty and to find meaning in their lives. Trailer: 7 minutes
High School/Adult 55 min. 2005 DVD-5091

Making the Most of Middle School (cc)

This documentary-style program challenges middle school students to start thinking about their academic futures. It asks the question, "What do I need to do today to build a strong foundation for success in high school?" A bright academic future depends on organization and study skills, setting goals, optimizing resources, recognizing opportunities and avoiding negative behaviors. Four highly successful high school students share their personal stories to model how to make the most of middle school. Encourages viewers to explore extracurricular activities, do volunteer work, assess their values and interests, think about possible future goals, and most importantly, understand that middle school academics need to be the #1 priority for high school preparation. Viewers take home the message that a solid academic schedule, good study habits, and extracurricular activities are all part of making the most of middle school.

Grades 5-9 19 min. 2008 DVD-5131

Moving On to Middle School, v. 1 (cc)

Research shows that the transition from elementary to middle school can be a high risk time for initial drug use. Young people discuss issues related to this transition including: changes to expect in middle school; how to handle new freedom, choices and peer pressure; where to get help and support; what to do when feeling overwhelmed; and why it's important to be involved in different activities. Includes facilitator guide, parent newsletter, discussion questions.

Grades 5-6 17 min. 2003 V-5082

Moving On to High School, v. 2 (cc)

Research shows that the transition from middle to high school can be a high risk time for youth. Young people face social, psychological and educational challenges that can lead to use and abuse of alcohol, tobacco and other drugs. Young people discuss new opportunities and responsibilities to expect in high school; how to deal with peer pressure and risky behaviors; why it's important to be true to themselves; where to find help and support; and how to handle personal stress. Includes facilitator guide, parent newsletter, discussion questions.

Grades 6-8 15 min. 2003 V-5083

Moving On from High School, v. 3 (cc)

Research shows that the transition from high school to college, marry or enter the workforce, they face new risks from alcohol and other drug abuse. Young people discuss: what it means to be more independent; why it's important to set personal goals; how to handle choices about sexual activity, drug use, and friendships; where to find help and support; and how to handle personal stresses. Includes facilitator guide, parent newsletter, discussion questions.

Grades 9-12 14 min. 2003 V-5084

Surviving High School (cc)

Surviving High School is a searing exploration of the stress that high school kids experience as they try to fit in and be accepted by their peers – no matter what the cost. This video unfolds like a real-life version of *The Breakfast Club* as eleven teens struggling to “fit in” exemplify the ever-growing problems of isolation, extreme dieting, steroid use, depression, and suicidal thoughts. An additional inspiration is an appearance by Keena Turner, a former San Francisco 49er, who talks to teens about how he became a Super Bowl champion without the use of steroids; Magali Amadei, a former model, recounts her painful battle with an eating disorder. Viewers are given an in-depth look at these teens’ lives and are allowed to observe as they reveal their true selves to each other. The program dares these teens to define what it means to “survive” on their own campus by finding a solution to the bullying, harassment, and exclusion that have been tearing their school apart. Like the previous Teen Files specials, this program will raise awareness about these vital issues and motivate teenagers to face the truth about modern-day pressures. By urging teens across the country to make positive changes in how they perceive themselves and how they treat others, *Surviving High School* is a compelling and invaluable resource for kids and parents alike.

Junior High School/High School 90 min. 2000 V- V-8011 Spanish