

# Substance Abuse Videos/DVDs

Available from the Idaho RADAR Network Center  
Video/DVD Lending Library  
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## **Addiction and the Human Brain (cc)**

Drug addiction is a disease of the brain, and teens are at highest risk for acquiring this disease. That is the startling conclusion recently arrived at by brain experts, based on the latest research findings. This program illustrates the amazingly complicated structure and function of the brain using colorful and compelling visuals and computer animations. It explains the changes to the brain caused by prolonged use of drugs such as cocaine, heroin, nicotine, alcohol and methamphetamine, and shows why voluntary drug use eventually becomes involuntary and compulsive. Studies indicate that drugs affect the developing brain more than the brain of someone more mature, thus putting teens at a higher risk of addiction. Interviews with recovering teen addicts, an addiction counselor, and brain experts and researchers give the program realism and intensity, and provide sobering thoughts to viewers.

Grades 7-College 25 min. 2005 V-4169 or DVD-4169

## **Addiction: The Problems, The Solutions**

Profiles the real-life experiences of five young recovering addicts to help high school students understand the complexities of addiction. It explains what addiction is, who is vulnerable, why an addiction is so hard to kick, and what can be done.

High School 31 min. 1991 V-4

## **Addictive Relationships Series**

### **Compulsive Relationships: The Players and the Personalities, v. 1**

Video #1 guides the viewer to an understanding of compulsive relationships. Dr. Claudia Black and Terry Gorski ask, "How many of you have started a relationship even though you *knew* you were going to be hurt? How many of you wanted to get out of a destructive relationship, but could not? How often have you begun a relationship to 'fix' you?" Claudia and Terry describe two particular players in an addictive relationship – the Counterdependent and the Codependent – and they list the characteristics of each thru the use of role-play and stories. In this presentation Terry and Claudia combine humor with information. In the end the viewers are provided with significant information so that they may begin in-depth discussions of addictive relationships and to start the recovery process towards forming a healthy relationship.

Adult 36 min. 1989 V-5

### **Relationship Styles: Compulsive, Apathetic and Healthy, v. 2**

In video #2, Dr. Claudia Black and Terry Gorski examine three types of addictive relationships, *Compulsive* – both partners crave intensity without sharing any real substance; *Apathetic* – both partners seek to avoid pain, they want to get along with each other with a minimum of involvement, expectations and pain; *Healthy* – both partners find mutual respect and happiness in a relationship that does have its ups and downs. These three types of relationships are different in eight important ways – Expectations, Gratification, Communication, Influence, Trust, Boundaries, Sociability and Consequences. Through the use of the Relationship Score Board each of these areas are explained as to how they apply to the three types of addictive relationships. The information contained in this work is an essential building block for those individuals and couples who are involved in constructing healthy relationships.

Adult 31 min. 1989 V-6

### **Relationship Building: Achieving Intimacy, v. 3**

In video #3, Dr. Claudia Black and Terry Gorski explain to the viewer what constitutes a normal relationship and what steps are involved in the building of one. Terry and Claudia use the analogy of constructing a house as a way of explaining how to create a healthy relationship. The foundation consists of the 3 C's – Communication, Caring and Commitment. The levels (floors) of relationships are – Casual Contact, Companionship, Friendship, Romantic Love and Committed Love. Aspects of a healthy relationship are examined – unconditional love? – forever and ever?? And resources are examined and explained. You *can* have a healthy relationship.

Adult 32 min. 1989 V-7

## **Advertising and the End of the World**

*Advertising & the End of the World* features an illustrated presentation by Sut Jhally of the University of Massachusetts Amherst, the producer and writer of the award-winning *Dreamworlds II*. Focusing directly on the world of commercial images, he asks some basic questions about the cultural messages emanating from this market-based view of the world: Do our present arrangements deliver what they claim-- happiness and satisfaction? Can we think about our collective as well as our private interests? And, can we think long-term as well as short-term? Drawing from the broad arena of commercial imagery, and utilizing sophisticated graphics, *Advertising & the End of the World* addresses the issues these questions raise, encouraging viewers to reflect on their own participation in the culture of consumption. Making the connection between society's high-consumption lifestyle and the coming environmental crisis, Jhally forces us to evaluate the physical and material costs of the consumer society and how long we can maintain our present level of production.

Adult 47 min. 1998 V-8

### **Altered States: A History of Drug Use in America**

Whether it's caffeine, nicotine, or morphine, drugs of choice have defined our lives and history, with sometimes benevolent, sometimes tragic results. This program focuses on the history of America's drug use and abuse, from the days when the early European settlers became enamored with tobacco, through Prohibition, and up to today. Substance abuse is not exclusive to the 20<sup>th</sup> century. The problems we see today existed in other forms and with other drugs throughout our history. The reasons for using drugs have also remained constant: to ease pain, alleviate boredom, or to expand our consciousness. The program traces the patterns of American drug use and abuse and documents the cultural, social, and political movements that impacted, or were impacted by, the use of drugs.

High School/Adult 57 min. 1993 V-9 or DVD-9

### **America in Jeopardy: The Young Employee and Drugs in the Workplace Video (cc)**

Highlights the workplace experiences of several young drug and alcohol abusers before and during recovery and stresses the value of a drug-free workplace to employees. The video, with its trainer and participant manuals, can be used as part of supervisor training as well as employee education.

High School/Adult 20 min. 1991 V-10

### **American Society of Addiction Medicine Placement and Treatment Planning, Day 1**

Brief review of how a client accesses treatment, then ASAM Dimensions 1-3.

Adult 103 min. 2005 V-11 or DVD-11

### **American Society of Addiction Medicine Placement and Treatment Planning, Day 2**

ASAM Dimensions 4-6.

Adult 97 min. 2005 V-12 or DVD-12

### **American Society of Addiction Medicine Placement and Treatment Planning, Day 3**

Clinical Documentation, treatment plans and progress notes.

Adult 99 min. 2005 V-13 or DVD-13

### **Assessment**

Shows how to use a number of diagnostic instruments as well as how to assess the implementation and effectiveness of the client's treatment plan during various phases.

Adult 22 min. 1991 V-14

### **Before and After**

Toney relives for the audience the tragic night that led to his life in a wheelchair. "If you think wearing a seat belt is uncomfortable, you ought to try sitting in one of these for seven and a half years."

33 min. 1985 V-19

### **Behind Closed Doors: Trauma Survivors and the Psychiatric System**

The award-winning documentary, **Behind Closed Doors**, was produced with funds from a SAMHSA grant. The film tells the story of four women who spent years struggling to overcome childhood abuse only to be traumatized again within the walls of psychiatric hospitals. Their journeys toward healing began when they entered a non-traditional community program that offered safety, compassion, and hope.

Adult 20 min. 2007 DVD-20

### **Being Me and Drug-Free**

This video combines state-of-the-art graphics, fun songs and lively puppets interacting on a colorful, eye-catching set. The video first addresses the dangers of tobacco, explaining that tobacco products, in particular cigarettes, contain nicotine as well as tar and many other harmful ingredients. The puppets explain that nicotine can cause addiction, and that the tar in cigarette smoke will coat the inside of the lungs with yucky black stuff, causing diseases and making it very hard to breathe. The puppets Sam and Cindy go on to talk about alcohol. They discuss the effects alcohol has on the body, the consequences of drinking alcohol, and addiction to alcohol, or alcoholism. The two children talk about how tobacco and alcohol both poison your body and make you sick, and are especially dangerous for children, for whom no amount of alcohol or tobacco is safe. Sam and Cindy are then visited by Dr. Max, who helps the kids understand that medicines are also drugs, and that they must never take medicine from anyone except their doctor, nurse or parents. Medicines, like all drugs, change the way your body works. If taken in the wrong amounts, or taken when not needed, medicines can be just as dangerous as anything else. Dr. Max helps reinforce the message that kids need to make healthy choices to stay strong, and that staying in control and acting grown-up means staying drug free.

Elementary 14 min. 1997 V-21

**Body Language**

Viewers are introduced to the fascinating world of non-verbal communication. This video guides viewers through the land of space wars, tongue showing, invisible bubbles, subconscious gestures, silent language, the rules of eye contact, and invisible grammar.

Junior High School/High School/Adult 25 min. 1993 V-22

**The Boy Who Was Swallowed by the Drug Monster**

Drugs are monsters that can swallow children! Ask the author of this video--it happened to her family. This video is the true story of an eight-year-old boy. It centers around the effects drugs had on him and his family. Presented in cartoon form, the viewer is unaware that the story is real until its powerful conclusion when the real boy, now an adult, speaks directly to the viewers from jail and tells how his childhood was taken away from him. Also included is an Instructor's Guide which provides a suggested presenter's script and follow-up discussion sessions. Since prevention is the greatest deterrent, this video can help all personnel hoping to curb the use of drugs in young people.

Grades 3-6 13 min. 1994 V-23

**The Brain and the Actions of Cocaine, Opiates, and Marijuana; #1; The Neurobiology of Drug Addiction, #2; Understanding Drug Abuse and Addiction: What Science Says, #3; The Neurobiology of Ecstasy (MDMA), #4; Bringing the Power of Science to Bear on Drug Abuse and Addiction, #5 Slide Teaching Packets**

All of the slide teaching packets include text that instructors can incorporate into a 30- to 40-minute presentation. The text can be used as a narrative "script" or can be customized for different audiences. The slide teaching packets are available for download from the Web site at [www.drugabuse.gov/Teaching.html](http://www.drugabuse.gov/Teaching.html)

Adult 2004 Slide-

**Brain Power! The NIDA (National Institute on Drug Abuse) Junior Scientist Program**

The National Institute on Drug Abuse (NIDA) has developed science education materials for second- and third-grade students on the brain and the effects of drugs on the brain. The curriculum is titled *Brain Power!* The NIDA Junior Scientist Program and consists of six modules. The goal of the curriculum is to lay the foundation for future scientific learning and substance abuse prevention efforts by providing an early elementary school-age audience with a basis of knowledge and critical thinking skills. The following describes the six modules included in the *Brain Power!* program.

Module 1: *Ooey Gooey! Making Sense of Scientific Inquiry*. The goal of the first module is to introduce students to the steps of scientific inquiry: to observe, hypothesize, experiment, and conclude.

Module 2: *Brains in a Box: What Your Brain Can Do*. In the second module, students learn the functions of the four major parts of the brain: the cerebral cortex, cerebellum, brain stem, and limbic system.

Module 3: *Sending and Receiving Messages*. This module builds on the previous module by introducing students to how nerve cells communicate with each other. This communication is called neurotransmission.

Module 4: *Medicines and Drugs: What's Helpful, What's Harmful*. This module discusses the differences between medicines and drugs.

Module 5: *The Science Behind Smoking*. The fifth module discusses nicotine, how it changes the brain, and how those changes may result in addiction to tobacco products.

Module 6: *What Drugs Really Do*. This module serves as a culminating activity and as an embedded assessment for the entire program.

Elementary 42 min. 199\_ V-24

**Breaking the Habit: When Your Colleague is Chemically Dependent [HOPE TO ORDER]**

This video follows the story of Maggie, an impaired nurse. Her friend and colleague, Ellen, suspects there is a problem. The viewer is presented with two different scenarios with very different outcomes. The first scenario shows Ellen neglecting to come forward because she "didn't want to get Maggie in trouble." This scenario, unfortunately, ends tragically for a client when Maggie becomes so impaired she neglects client care. The second scenario shows Ellen reporting her suspicions to the nurse manager, who contacts the board of nursing. Maggie is then asked to enter and complete an alternative program. This scenario ends with Maggie returning to work, chemically free. This video illustrates the dilemmas of colleague nurses and helps make their decision to come forward about a chemically dependent coworker an easier one.

Adult 21 min. 2001 V-

**Brief Intervention [HOPE TO ORDER]**

Brief intervention has become the leading approach for clients whose patterns of abuse are low to moderate. Almost all national and state funding initiatives include a strategy on evidence-based brief intervention. Ken Winters is a national authority on brief intervention and the Director of the Center for Adolescent Substance Abuse Research.

Adult 87 min. 2004 DVD-

### **CADCA Across Cultures: Uniting the Community to Fight Drugs**

Cultural blindness fosters an assumption that people are all basically alike, so what works with members of one culture should work with people from diverse groups. Coalitions strive to overcome this "blindness," to break down barriers, whether racial, ethnic, socio-economic, or language, with one primary goal in mind -- to reduce the use of drugs within their communities. Problems that different cultures commonly face, such as immigration status, acculturation pressures, lack of access to services, marginalization and political powerlessness, isolation, and a lack of resources, impact their well-being. In order to best reduce drug use among different populations, a local leader must understand the data, recognize certain risk and protective factors, develop new community-wide strategies, and learn new communication skills. The result? New leaders can emerge from diverse populations, and seasoned leaders from any background can build a new culture of respect and unity. Aired 2/24/05.

Adult 60 min. 2005 V-30

### **Caring for Drug Affected Infants**

As the new research on cocaine babies is emerging, so are methods to care for these innocent victims. In this program, experts stress the importance of early intervention and therapy in order for these babies to grow into healthy children and adults. The Brazelton Neonatal Behavioral Assessment Scale is discussed as a necessary tool for measuring interactive abilities and neurological conditions of newborns.

High School/Adult 20 min. 1991 V-31

### **Cartoon All-Stars to the Rescue (cc)**

Corey is very worried about Michael, her older brother, who is using drugs and just stole her piggy bank to buy more. Luckily, Corey has help from some of TV's most popular cartoon characters, including Winnie the Pooh, Bugs Bunny, Alf and The Teenage Mutant Ninja Turtles to name a few. The all-stars help her free her brother from the clutches of Smoke, a deceptive and corrupting character who's leading Michael down the road to a drug-abuse dead end. They show Michael and Corey what drugs do to the body and prove that there's a smarter way to go.

Kindergarten/Elementary 30 min. 1990 V-32

### **Choices & Consequences**

A telling dramatization of drug use among three teenage friends.

Adult 33 min. 1990 V-33

### **Choose to Refuse: Saying No and Keeping Your Friends**

Most kids think they are prepared to just say no when confronted with bad choices about drugs, sex, or unethical behavior. But this resolve often melts when they discover that it's not their enemies they have to say no to; it's their friends! This program presents students with practical skills for handling peer pressure without losing friends.

Grades 4-8 19 min. 1997 V-34

### **Close to Home/Moyers on Addiction Series**

#### **Portrait of Addiction, v. 1**

In this program nine men and women – all recovering from drug and/or alcohol addiction – tell their stories. The recovering addicts run the gamut: a former narcotics agent, now recovering from a cocaine habit; a mother of three who is a marketing specialist; a former addict and founder of Stand up Harlem, a community of HIV-positive addicts and recovering addicts; a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leave little doubt that addiction can happen to anyone and so can recovery.

High School/Adult 57 min. 1998 V-35

*Copy 3 contains Portrait of Addiction & The Hijacked Brain*

#### **The Hijacked Brain, v. 2**

Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. In this program, Moyers goes into the laboratory to follow researchers engaged in charting an "image of desire" in the brain. We actually see images of a cocaine user's brain as the drug takes effect, and a doctor explains how these scans reveal addiction as a chronic relapsing brain disease. Moyers observes a genetic researcher as he monitors a variety of factors that may determine who is likely to develop alcoholism.

High School/Adult 57 min. 1998 V-36 or DVD-36

#### **Changing Lives, v. 3**

While addiction may cause similar changes in the brains of different people, recovery is a very individual solution. Changing behavior is the aim of treatment, but no single treatment program will work for all addicts. This program visits the Ridgeview Institute near Atlanta to interview recovering addicts and sit in on a group therapy session. The program also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.

High School/Adult 57 min. 1998 V-37

**The Next Generation, v. 4**

Experts are increasingly focusing on prevention efforts based on community and family. This documentary looks at two of those efforts. One works with parents addicted to heroin by teaching them how to repair the damage to family wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Nicotine addiction is addressed by a program that provides classes designed to prevent students from smoking, and another that helps them stop if they've already begun to smoke. School officials, counselors, and students are interviewed.

High School/Adult 57 min. 1998 V-38 *Copy 4 contains The Next Generation & The Politics of Addiction*

**The Politics of Addiction, v. 5**

The story of how our society meets the challenge of translating what scientists, doctors, counselors, and recovering addicts have learned into rational public policy is complex and sometimes contradictory. This program looks at Arizona's recent struggle to find an alternative to current policies. Proposition 200 proposed a reassessment of the status of non-violent drug addicts now serving time, and emphasized treatment over incarceration. The movement was supported by an alliance from across the political spectrum. On the Washington scene, members of Congress, doctors, and policy activists have joined in a movement with recovering people that is pushing for new public policy.

High School/Adult 57 min. 1998 V-39

**Cocaine & Crack: A Craving for More**

*Cocaine & Crack: A Craving for More* is an examination of the powerful stimulant cocaine and its smokable form crack. The video looks at cocaine's effect on the body's energy supplies and reward/reinforcement center; the neurochemical effects of chronic and high-dose use; the reasons compulsion and addiction develop; and treatment strategies when users want to recover. Precise computer animation, compelling interviews with recovering cocaine abusers, and excerpts from powerful treatment sessions gives a comprehensive view of the ramifications of cocaine use.

Adult 35 min. 2003 V-40 or DVD-40

**Cocaine Babies: The Research Is In**

The four common behavior patterns of newborn cocaine babies are reviewed, and caretakers are provided with various methods to soothe, comfort, and bond with the newborn baby. Various experts in the field, including pediatricians, social workers, foster parents and physical therapists, discuss how these children suffer emotionally, physically and developmentally, and the part they play in helping these children to lead normal lives. It is stressed throughout that early intervention is essential if these children are to win in this war they did not choose to be in.

High School/Adult 19 min. 1991 V-41

**Cocaine's Children with Dr. Ira Chasnoff (cc)**

Shows the harmful side effects of perinatal cocaine use.

High School/Adult 10 min. 1990 V-42

**Co-Dependency Series****The What and Why of Co-Dependency, v. 1**

Using a combination of mimes and family vignettes, program gives an overview of the history of co-dependency. Describes current thinking regarding the disorder and discusses its origins, including family traits such as faulty communication, inadequate boundaries and abuse.

Adult 22 min. 1990 V-44

**Characteristics of Co-Dependents, v. 2**

Using vignettes of three individuals: a nurse whose life is centered on an overweight daughter, a recovering alcoholic who is experiencing little satisfaction from life, and a woman who is enmeshed in an unhealthy relationship – discusses common characteristics of co-dependents, including being externally focused, overly responsible, controlling, rigid, and engaging in compulsive behavior.

Adult 23 min. 1990 V-45

**The Path to Recovery, v. 3**

Discusses common concerns of co-dependents entering treatment: effects of treatment on significant others, spiritual issues, and use of willpower and analytic thinking in overcoming co-dependency. Discusses common treatment modalities, the importance of groups, letter writing to parents, a personal "bill of rights" to establish boundaries and personal affirmations.

Adult 21 min. 1990 V-46

**Healing the Family Within, v. 4**

Drawn from the work of nationally known author and lecturer, Robert Subby, this program utilizes his workshops and other interviews in a fast-paced presentation. Subby states that this program is about "learning to get along with the inner parent, adult and child of our spirit. Together these three dimensions provide us with the intellectual, moral and emotional understanding necessary to help reach our full potential.

Adult 30 min. 1990 V-47

**Pieces of Silence, v. 5**

Tells the story of a family that has suffered the effects of an alcoholic parent. It is the family of nationally known author and psychologist Robert Subby who not only narrates, discussing addiction and co-dependency, but gives his own perspective on being part of such a family. Interviews with family members poignantly illustrate the pain, guilt and frustration of life in a dysfunctional family.

Adult 56 min. 1988 V-48

**Cognitive Behaviour Therapy: An Introduction to Core Therapeutic Skills**

This video was developed as a result of the authors' experience of teaching this approach to clinical psychologists, social workers, and other disciplines. The role play illustrations in this video tape bring along key strategies in CBT and highlight some of the problems likely to be encountered. To facilitate learning, the twenty role plays have been divided into the following six sections: assessment, verbal challenging of negative thoughts, behavioral challenging of negative thoughts, use of imagery, blocks to change, and creating lasting change.

Adult 101 min. 19?? V-49

**Come See About Medicines**

An 11-year-old girl, Julie, accompanies a family physician as she visits her patients. During the program, Julie receives answers to her questions about medicines. Viewers receive information on what a drug side-effect is, different ways in which medicines are administered, how to read a prescription label, how some common medications work, and the way in which certain drugs can cause physical tolerance and addiction. An off-the-wall host adds humor to the program. Questions and answers appear on the screen periodically.

Ages 8-14 23 min. 1996 Prescription

**Community Resource Kit: Popular Public Service Ads and Other Materials**

To help teachers, families, and others generate discussion with children and teens about substance abuse, this kit provides a video of more than 60 prevention public service announcements in both English and Spanish, as well as print ads and related prevention publications from SAMHSA's (Substance Abuse and Mental Health Services Administration) NCADI (National Clearinghouse for Alcohol and Drug Information)

Adult 33 min. 2003 V-50

**Co-Occurring Disorders: Mental Health & Drugs**

*Co-Occurring Disorders: Mental Health & Drugs* has been designed primarily for clients who have a dual diagnosis and secondarily for those involved in the treatment of these disorders that need a deeper understanding of this common phenomenon. By first examining the mental illnesses that are part of a dual diagnosis (e.g., schizophrenia, bipolar, depression) and then showing how psychoactive drug use can aggravate or induce these illnesses, the video helps explain the relationship between the two conditions. Related issues such as the difficulty of giving an accurate diagnosis, self-medication with street drugs, the use of psychiatric medications to control the illnesses, and the problems of relapse are discussed. Interactions from a dual diagnosis group as well as from many clients with co-occurring disorders emphasize not only the difficulties of treating co-occurring disorders but also show how clients can function in society and gain hope through effective treatment.

Adult 36 min. 2004 V-51

**Crank: Made in America [HOPE TO ORDER]**

The number one drug problem in rural America, methamphetamine, or "crank," is cheap, easy to make, and has the lowest recovery rate for addicts. By looking at a number of people in Iowa—even whole families—who are struggling with methamphetamine, this program lays bare the drug's tragic results. Chilling computer graphics illustrate how the drug works on the brain. Dr. David Musto of Yale University discusses the history of "crank," and Asa Hutchinson, director of the Drug Enforcement Agency, explains its wildfire spread in rural areas. Contains offensive language. Some content may be objectionable. An HBO Production.

Adult 56 min. 2003 V-

**Cross Addiction: The Back Door to Relapse**

Cross-addiction is the single greatest relapse factor. Those who seek treatment generally have an honest desire to remain abstinent from alcohol or another drug of choice. Yet most can also name a drug they've tried that they considered "safe" for themselves, one they believe they can control. Firsthand testimony from recovering alcoholics and addicts, chemical dependency professionals, and a medical doctor dispel the myth that there is any such thing as a "safe" substance for people in recovery. The video ends with a message of hope as the recovering individuals share the joys and triumphs complete abstinence has brought to their lives.

Adult 40 min. 2005 DVD-52

**Decide to Be Drug-Free**

Join Katie and Ozlot on an exciting journey into the Middle where they travel to the Tobacco Tar Pits and meet the mighty Smoke King, through Alcohol Falls where Rock Bottom just happens to drop by, and across Medicine Meadows where Rx Feelgood rolls in his Caravan of Cure-alls for a show-stopping performance.

Kindergarten 19 min. 1996 V-60

**Delinquents (60 Minutes Series)**

They call them juvenile delinquents – the young elephants that were introduced into the Umfolozi (Kwazulu Natal) and Pilansberg (near Sun City) game parks. At the time nobody realized what valuable lesson these elephants were to teach everybody with regard to the social structure of a herd of elephant. These elephants were relocated and introduced into an area that lacked the presence of older bulls and matriarchs. The result was that the youngsters started behaving badly - completely out of their nature – by showing signs of undue aggression towards objects, people and animals, which they normally would have tolerated. The issue was accentuated by the fact that they started killing white rhino – a specie that is nurtured and protected to rescue them from extinction. Currently projects are underway to introduce mature elephants into these herds of “juvenile delinquents”, hoping that they will sort out the family structures of the younger ones.

High School/Adult 15 min. 1998 V-61

**Directions for Dads [HOPE TO ORDER]**

This CD-ROM empowers a dad with the knowledge and skills he needs to raise healthy and well-adjusted children. The CD's interactive format places dad behind the wheel and allows him to navigate his way down the “Fatherhood Freeway” through a series of checklists and exercises designed to help him evaluate his current fathering practices.

High School/Adult min. 2003 CD-ROM

**Dr. Phil/Breaking Teens' Bad Habits**

Drinking binges, breaking curfew, co-ed sleepovers... the teenage years can be a parent's worst nightmare and an adolescent's biggest challenge. Dr. Phil and his son Jay discuss ways for parents and teens to survive adolescence and still get along.

**'He's Out of Control'**

Jayne's 16-year-old son Matt has come home drunk several times and frequently breaks his curfew. Jayne says that he is "out of control" and worries that she is "failing him" as a mother.

**A New Way of Communicating**

Cyndi says her 15-year-old daughter Lacey has sneaked boys into their house and lied about where she spends the night. She's desperate for a way to communicate with her daughter.

**Home for the Summer**

After a year in military school, 15-year-old Andy has improved his grades and his attitude, but his mom Gerri is still worried that he will slip into his old patterns when he comes home for the summer.

High School/Adult 43 min. 2003 V-62

**Dr. Phil/Family Matters: An Intervention, v. 1**

Doug and Debbie's once-perfect family has been shattered by the frightening reality that they could lose their 21-year-old son, Brandon, to drugs. Dr. Phil lays the groundwork for a successful intervention. Aired 11/5/03.

High School/Adult 43 min. 2003 V-63

**Dr. Phil/An Intervention, v. 2 [HOPE TO ORDER]**

Desperate for help with their drug-addicted 21-year-old son, Doug and Debbie ask Dr. Phil to prepare them for an intervention.

**Dr. Phil/Brandon's Intervention: Follow-up, v. 3 [HOPE TO ORDER]**

It's been weeks since Brandon's intervention and reluctant agreement to check into a drug treatment facility. Now, he and his family sapeak with Dr. Phil as they start the lifelong marathon of recovery.

**Dr. Phil/Brandon's Family Follow-up, v. 4 [HOPE TO ORDER]**

Drug addiction is a complex disease, resistant to treatment, and subject to relapse, but it can be conquered and managed. Dr. Phil follows up with Brandon and his family three months after Brandon's stay at a drug treatment facility.

**Dr. Phil/Parenting Follow-Up**

Dr. Phil follows up with parents and children to find out if they took his advice.

**Sexy at 11?** Sally and her 11-year-old daughter Victoria appeared on *Sexy Too Soon?* Sally was concerned because Victoria's provocative clothing was attracting grown men. Is Victoria now dressing her age?

**The Little Bully.** Mason's mom was shocked to see hidden camera footage of her son hitting other children on *How Well Do You Know Your Kids?* What did she do after seeing how Mason behaves when she's not around?

**A Troubled Teen**

Ashleigh and her mother Barbara appeared on *How To Talk To Your Teens* after Barbara caught her lying, drinking and doing drugs. Did Ashley keep her promise and give up her secret life?

**Toddler Tips: Did They Work?** On *How to Get Your Child To...*, Dr. Phil helped to potty train a child in one day. Is he still potty trained? Did Kate stop breastfeeding her 8-year-old? Is Noah, the picky eater, finally eating at meal time? Aired 2/26/03.

High School/Adult 43 min. 2003 V-64

**Drug Abuse and the Brain**

This video looks at the biological basis of drug addiction. Uses creative graphics and animation to help drug abuse counselors and a wide range of audiences understand complex concepts.

Adult 24 min. 1993 V-65

**Drug Abuse Treatment in Prison: A New Way Out**

Portrays two comprehensive drug abuse treatment approaches that have been effective with men and women in State and Federal Prisons.

Adult 24 min. 1994 V-66

**Drug Addiction: The Promise of Treatment**

- Introduces a new initiative in drug policy by the *Physician Leadership on National Drug Policy* (PLNDP). The PLNDP aims to bring their message to policy makers, medical and other health-related professionals, community leaders, the public, and to those recovering from addictions.
- Includes a portrayal of Steve – a dentist and recovering cocaine addict – who successfully participates in a treatment program in Maryland.
- Features interviews with leading physicians and researchers who discuss addiction as a disease, which must be treated like other chronic diseases. Interviews include (in order of appearance): Drs. June Osborn, James Callahan, Thomas McLellan, David Lewis, Richard Corlin, Ken Shine, Robert McAfee, Alan Leshner, Floyd Bloom, Peter Beilensen, Jerome Kassirer, Lonnie Bristow and Baltimore Police Commissioner Thomas Frazier.

Adult 18 min. 1998 V-67???

**Drug and Alcohol Awareness in School (HOPE TO ORDER)**

Addiction affects millions of Americans, including children. This program will teach your staff how to handle and prevent substance abuse in your school.

- The facts about addiction
- Reasons and risk factors for drug abuse
- Commonly abused substances
- Handling and preventing abuse

Adult 21 min. 2007 DVD-

**Drug Education for Teens Series**

This informative series empowers teenagers to make responsible decisions by providing them with honest and realistic information and accessible scientific foundation to base them upon. Students get an in-depth look at the most prominent drugs and teen health issues of the day, as well as an understanding of the history of the drugs that currently populate the nation's landscape. Cutting-edge graphics and animations illustrate the immediate physiological effects of abuse and a sharp mix of expert interviews and first-person testimonies of teens shed light on the long-term psychological effects, as well as the social and legal consequences of drug use.

**Alcohol & Alcoholism, v. 1 (cc)**

In *Alcohol & Alcoholism*, viewers learn about the dangers of alcohol abuse and the signs and symptoms of alcohol dependence, while the many factors involved in the disease of alcoholism are highlighted. Whether it is beer, wine or liquor, alcoholic beverages all belong to a class of drugs known as depressants and use can lead to dependence and addiction. Viewers explore the devastating long- and short-term effects of alcoholism through candid interviews with users and family members, and learn about treatment options for those suffering from alcoholism.

Junior High School/High School 23 min. 2003 DVD-4163

**Alcohol: Teenage Drinking, v. 2 (cc)**

Advertising portrays alcohol consumption as fun, relaxing, romantic, exciting and adventurous. Yet, alcohol is the most abused drug in the world, and one that is often abused by teens with tragic consequences. In *Alcohol: Teenage Drinking*, students will get the facts on how alcohol affects the brain and body, with vivid animations explaining how drinking impairs motor skills and judgment. This compelling video encourages viewers to ask hard questions about the risks and benefits of drinking, highlighting some tragic personal stories with teen interviews and explanations from experts. This program approaches the topic with straight talk about the dangers of binge drinking and the choices teens are faced with every day.

Junior High School/High School 23 min. 2003 DVD-4164

**Club Drugs, v. 3 (cc)**

Ecstasy, GHB and ketamine are among a number of 'designer drugs' that are often taken by teens at clubs, parties and all-night raves. *Club Drugs* gives viewers an opportunity to get an in-depth look at the effects these drugs have on the user, both physically and mentally. First-person accounts powerfully relate the damaging and often lethal consequences of use, while vivid animations illustrate how these drugs can irreversibly alter the chemistry of the brain.

Junior High School/High School 23 min. 2003 V-73

**Cocaine & Crack, v. 4 (cc)**

Cocaine is a highly addictive and widely abused stimulant. In *Cocaine & Crack*, students delve into the history of cocaine and examine this dangerous drug's impact on the individual and society as a whole. With vivid animations and gritty interviews, students learn harsh facts about the effects of using both the powder and crystal form of cocaine. This program explores the desperate cycle of tolerance, physical dependence and addiction that many abusers face and showcases the physical and psychological damage that occurs as cocaine changes the brain's chemistry.

Junior High School/High School 23 min. 2003 DVD-74

**Hallucinogens, v. 5 (cc)**

Mind-altering drugs known as hallucinogens are powerful substances that can bring about changes in perception that may last for hours, days or, in the worst cases, forever. *Hallucinogens* takes an in-depth look at the history of drugs such as LSD and points out a frightening link between drug use and mental illness. Interviews with former users and experts allow students to see how dangerous 'tripping' can be, affecting the lives of not only drug users but everyone around them.

Junior High School/High School 23 min. 2003 V-75

**Heroin & Other Opiates, v. 6 (cc)**

People have grown opium poppies for thousands of years, but not because they're pretty. Powerful drugs called opiates come from these plants. Opiates are among the most potent painkillers known to medicine, but when they are misused the consequences can be illness, addiction and death. In *Heroin & Other Opiates*, students learn how highly effective pain relievers such as morphine and codeine work in the brain and body, while getting an in-depth look at the dangers of one of the most widely used illegal drugs in the world -- heroin. Tolerance, physical dependence and the horrors of addiction are discussed along with the harsh facts about withdrawal and the long-term effects of opiate abuse.

Junior High School/High School 23 min. 2003 V-76

**Inhalants, v. 7 (cc)**

It's tragic, but true: Sniffing readily-available household products kills. *Inhalants* explains the dangers of breathing in toxic substances with animations and graphics that illustrate what happens to the brain and body when it is exposed to poisons. Because no matter what you call it -- sniffing, huffing, ragging -- inhaling chemical fumes to get high is breathing poison. Students will learn of the extreme danger from the vapors of volatile solvents and will hear the terrifying stories of kids whose lives were lost because they weren't aware of the deadly ramifications of inhalants. A segment illustrates how abusing gases like nitrous oxide is far from a laughing matter.

Junior High School/High School 23 min. 2003 V-77

**Marijuana, v. 8 (cc)**

It's referred to as weed, hemp, cannabis or pot, but regardless of what you call it, marijuana is arguably the most widely used illegal drug today. But what does smoking pot do to your mind and body? In *Marijuana*, students explore the physical consequences of abuse as well as the controversy surrounding its medicinal uses. Amazing animations give viewers an in-depth look at the short- and long-term impact that marijuana has on the brain. Interviews with users and experts explain the crippling effect that marijuana can have on the motivation, memory and future of even the most casual user.

Junior High School/High School 23 min. 2003 V-78

**Methamphetamine & Other Stimulants, v. 9 (cc)**

What are stimulants? Where do drugs like methamphetamine come from? And what happens to the body and mind of someone who abuses them? This compelling video answers these questions and more with first-person accounts from young addicts and leading experts. Students get an in-depth look at the effects stimulants have on the body, while examining the deadly consequences of methamphetamine use. Physical dependence and tolerance are discussed along with the harsh facts about withdrawal and the long-term effects of drug use.

Junior High School/High School 23 min. 2003 DVD-79

**Steroids, v. 10 (cc)**

Everybody strives to be a winner, and on the playing field, most athletes do this by exercising and eating right. Unfortunately, steroid use by high school athletes trying to take a shortcut and gain an edge is gaining in practice. In *Steroids*, students examine the use of illegal anabolic steroids and steroidal supplements, profiling case studies that provide a comprehensive overview of the detrimental effects these drugs can have. Vivid animations and expert testimony shed light on what is happening to the mind and body of a steroid user, whose quest to look healthier and more fit ends up doing just the opposite.

Junior High School/High School 23 min. 2003 V-80

**Teenage Depression & Suicide, v. 11 (cc)**

Being a teenager is a huge challenge, and while it's normal for teenagers to feel sad or stressed, there can be times in a teen's life when sadness engulfs them. While "depression" is a normal human emotion, when feelings of depression persist for a lengthy period and interfere with a person's ability to function, it becomes a mental health issue. In *Teenage Depression & Suicide*, students will get the lowdown on the causes, symptoms and treatments available for those suffering from depression, outfitting students with the necessary tools to deal with both friends and themselves.

Junior High School/High School 23 min. 2003 V-81

**Tranquilizers & Other Depressants, v. 12 (cc)**

Tranquilizers are prescription drugs that belong to a group of substances known as depressants. While they have been used legally throughout history to induce sleep, relieve stress and reduce anxiety, these drugs are easily abused and are no safer than street drugs. *Tranquilizers & Other Depressants* introduces students to the history of drugs like barbiturates, benzodiazepines and other substances known as "date rape drugs." Compelling animations explain the effects they have on the chemistry of the brain and the body. Students will get a clear understanding of the consequences of abuse and dependence through user interviews and expert testimony, as well as learning about the treatment options that are open to those in need.

Junior High School/High School 23 min. 2003 V-82

**Drug-Free Workplace: Supervisor Version**

This program clearly covers difficult situations such as how to confront an employee with an alcohol or drug problem – from a productivity viewpoint. Supervisors will learn to recognize signs of poor performance and use them to get a troubled employee the help they may need. This flexible program is designed to fit training time with five short segments on key topics.

Adult 33 min. 1997 V-83

**Drug Testing in Schools**

The broadcast will present an overview of student-based drug testing, explain the drug testing process and legalities, provide statistics and studies on student-based drug testing, and identify and discuss the pros and cons of drug testing. The broadcast will also feature a special segment from John Walters, Director of the White House Office of National Drug Control Policy (ONDCP) and a roundtable of experts who will share their views. Panelist include: David Evans, Executive Director, Drug-Free Schools Coalition; Christine Steffner, Principal, Hacketts Town High School; Lee Rush, Executive Director, National Student Assistance Association; and Bill Judge, Attorney, Law Office of W.J. Judge. The moderator for the broadcast will be Kareemah Abdullah, Deputy Director of CADCA's National Community Anti-Drug Coalition Institute.

Adult 60 min. 2004 V-84

**Drug Wars, pt. 1 (FRONTLINE Series) (cc)**

Despite America's 30-year war on drugs, the use of heroin, cocaine, and marijuana remains essentially unchanged. FRONTLINE presents a television history of America's war on drugs from both sides of the battlefield. This episode recounts the origins of the drug campaign, from the Nixon administration's drug control efforts to the rapid rise and fall of the Colombian drug cartels.

High School/Adult 120 min. 2000 V-85

**Drug Wars, pt. 2 (FRONTLINE Series) (cc)**

Despite America's 30-year war on drugs, the use of heroin, cocaine, and marijuana remains essentially unchanged. FRONTLINE presents a television history of America's war on drugs from both sides of the battlefield. In this episode, examine the impact of crack cocaine on our city streets and our criminal justice system. The report also investigates Mexico's role in supplying drugs for American demand.

High School/Adult 120 min. 2000 V-86

**Drug Wars: Crank County**

This comprehensive look at Crank (also called Methamphetamine or Meth) paints the whole picture. Compelling interviews and stories from law enforcement, emergency medical workers, and users, dramatically illustrate the lethal potential of this drug. The program depicts the dangers of meth, including its psychoactive and physical properties. The lost lives and permanent damage associated with meth also illustrate that this substance is nothing to be fooled with.

Junior High School/High School 24 min. 1997 V-46 Meth

**Drug Wars: the Camarena Story [HOPE TO ORDER]**

Government corruption is alive and well in Mexico in this drama based on the true events of Enrique Camarena (Bauer), a DEA agent whose life becomes that more difficult when he finds an underground drug ring.

130 min. 1990 V-

**Drugs and Society: The True Cost to You! Drugs in the Workplace**

Three quarters of all drug abusers hold down jobs. Businesses pay a high cost for substance abuse in the workplace in the form of employee absenteeism, accidents, errors, low morale, and illness. A panel of experts takes a look at how community coalitions can work with businesses to deal with this problem. Aired 10/21/04.

Adult 60 min. 2004 V-87

**Drugs & Society – The True Cost To You! Substance Abuse & Disease [ON ORDER]**

Many studies have linked illegal drug use to disease. This broadcast will focus on how drugs contribute to the rate of HIV/AIDS, sexually transmitted diseases, hepatitis C, and even some forms of cancer. Discussion involves evidence-based approaches to working with at-risk youth, how to talk to kids about drugs and risky behavior, and the role of local coalitions. Aired 4/21/05.

Adult min. 2005 V-

### **Drugs and Youth: Meeting the Challenge**

Young people experiment with drugs, including alcohol, for a variety of reasons – to satisfy their curiosity, to rebel, or to feel grown up. Research shows that parental influence is a significant reason when youth choose not to use drugs. Most teens that do not use alcohol, tobacco or other illegal drugs credit their parents as a major factor in that decision. This video was developed to give parents and educators tools to help prevent drug abuse in the lives of young people. This informative DVD features interviews with students, teachers, parents and drug abuse experts who provide valuable information about the reasons young people turn to drugs and what kinds of drugs are most commonly used. The video concludes with experts providing insight into how a parent, educator or another caring adult can help youth prevent drug abuse and tips on how to intervene if a problem has already started to take hold of a young person's life.

Adult 28 min. 2004 DVD-88

### **Drugs in Cyberspace**

A click of the mouse is all it takes these days to commit a crime with limits as large and vast as cyberspace. And no one is immune from falling victim to it -- from everyday hard-working law abiding citizens, to large banking institutions and corporations. Identity Theft is spreading as fast as a computer virus -- and infecting our lives with a whole new breed of crime. Criminals are stealing identities, credit card numbers, banking and investment information and social security numbers in order to steal money to fund drug use, abuse and trafficking. And that's not the only drug-related crime that's seeping into cyberspace. Ordering drugs on the internet – from prescription medication to marijuana, cocaine and ecstasy to recipes on how to cook your own methamphetamine, illegally buying and distributing Drugs on the Internet is a problem that is also a serious rising crime. Sometimes the drugs are ordered one day and delivered the next right to the doorstep via overnight delivery! This one-hour training broadcast will explore how it's happening, how you can protect yourself from being a victim of it and how law enforcement is fighting it. Aired June 22, 2006.

<http://ncadi.samhsa.gov/multimedia/webcasts/w.aspx?ID=465>

Adult 60 min. 2006 DVD-497 Meth

### **Drugs That Impair Driving**

This educational program discusses the effects of different drugs causing a failed sobriety test. Also shows the effects to the eyes, walk, and balance.

Adult 23 min. 1991 V-89

### **Drugs: Uses and Abuses Series**

A veritable encyclopedia of pharmacological facts, this eight-part series thoroughly examines the therapeutic uses and dangerous abuses of drugs. Moving beyond the "Just say No" mentality, each program gives a general overview of a particular class of drugs, then moves on to closely examine specific drugs in that group. These programs promote discussion, explore myths, and provide information delivered in accessible language by a wide range of concerned professionals and recovering users. Review questions are provided with each program to test viewers' knowledge, along with provocative discussion questions that address some of the sensitive issues concerning the use and abuse of drugs.

#### **Sedatives, v. 1**

This program examines the use and abuse of anabolic steroids and GHB, a synthetic steroid-like substance and date-rape drug. Former NFL player Charles Hunt and a pharmacist, a police officer, an addiction counselor, a trainer, a swim coach, a recovering abuser, and others explore the history and biological effects of steroids, using case studies and personal experience to probe anabolic steroid abuse and the drug's many side effects. Some of these side effects include impotence, liver tumors, renal failure, and "roid rage," which can lead to violence and even suicide.

High School/Adult 24 min. 1999 V-91

#### **Narcotics, v. 2**

This program presents a profile of narcotics as a class of drugs and then spotlights opium, codeine, morphine, and heroin. Expert commentary is provided by a pharmacist, a nurse, police officers, addiction counselors, a historian, recovering addicts, and others. Together, they discuss the history and biological effects of narcotics, scrutinizing their use, abuse, and hazards through case studies and personal experience.

High School/Adult 29 min. 1999 V-92

#### **Stimulants, v. 3**

Beginning with an overview of stimulants as a class of drugs, this program examines caffeine, nicotine, amphetamines, methamphetamines, and cocaine—in both powder and crack form. A doctor of pharmacology, police officers, an addiction specialist, a historian, recovering addicts, and others profile the history and biological effects of stimulants, employing case studies and personal experience to analyze their use, abuse, and hazards—including their instantly addictive nature.

High School/Adult 39 min. 1999 V-93

#### **Psychedelics & Hallucinogens, v. 4**

Used at '60s rock music festivals and '90s all-night underground dance parties, drugs like LSD and Ecstasy have a dangerous fascination for young adults. In this program, a pharmacist, an addiction counselor, a police officer, a historian, a pastor, and recovering addicts provide background on psychedelics and hallucinogens as a class of drugs and study the history and biological effects of mescaline, psilocybin, LSD, and the designer drug MDMA. Utilizing case studies and personal experience, they explore these drugs' use, abuse, and hazards, which include vivid flashbacks and critical serotonin depletion.

High School/Adult 32 min. 1999 V-94

**Inhalants, v. 5**

This program presents a summary of this class of drugs and then details its constituent parts: solvents and aerosols, nitrites, and nitrous oxide. A doctor of pharmacology, an addiction specialist, police officers, a historian, recovering addicts, and others delve into the history and biological effects of these drugs. Together, they share case studies and personal experiences to address the use, abuse, and hazards of inhalants, including brain, liver, and kidney damage, as well as sudden sniffing death syndrome.

High School/Adult 30 min. 1999 V-95

**THC, v. 6**

This program examines THC and the cannabinoids marijuana, hashish, and hash oil. Expert commentary is presented by former NFL player Charles Hunt, a pharmacist, a police officer, addiction counselors, a historian, a pastor, recovering addicts, and others. Together, they explain the history and biological effects of THC, investigating its use, abuse, and hazards, and its reputation as a gateway drug.

High School/Adult 30 min. 1999 V-96

**PCP & Ketamine, v. 7**

This program describes PCP and the veterinary anesthetic ketamine. A police officer, an addiction specialist, an addiction counselor, a veterinarian, and recovering users review the history and biological effects of PCP and ketamine, employing case studies and personal experience to assess their use, abuse, and hazards—including false feelings of invincibility, flashbacks, and even psychosis.

High School/Adult 17 min. 1999 V-97

**Steroids, v. 8**

This program examines the use and abuse of anabolic steroids and GHB, a synthetic steroid-like substance and date-rape drug. Former NFL player Charles Hunt and a pharmacist, a police officer, an addiction counselor, a trainer, a swim coach, a recovering abuser, and others explore the history and biological effects of steroids, using case studies and personal experience to probe anabolic steroid abuse and the drug's many side effects. Some of these side effects include impotence, liver tumors, renal failure, and "roid rage," which can lead to violence and even suicide.

High School/Adult 24 min. 1999 V-98

**Dying High: Teens in the ER**

This hard hitting, reality based video gives viewers a chance to see what goes on inside the nation's emergency rooms as doctors treat teens for some of the most common types of injuries among young people: drug overdoses, alcohol poisoning, car wreck traumas and more. *Dying High* offers a glimpse into the nightmarish reality of what can happen when young people take risks with their health, their safety and even their lives. New federal data indicates a 20% increase in drug-related ER visits for teens under the age of 17. Yet drug-related emergencies are only part of the bigger picture. This video presents a series of episodes, which allow viewers to see common life-and-death ER moments. The goal of this high-powered video is to remind teens that risk-taking behaviors can often lead to serious injury and death. Activities in the Teacher's Resource Book allow students to continue their exploration of this subject.

Grades 7-College 26 min. 2003 V-99 or DVD-99 V-8016 Spanish

**The Educational Archives: More Sex & Drugs [FYI]**

These outdated but incredibly entertaining 16mm educational shorts from the '50s and '60s include plenty of life lessons on human sexuality and warnings regarding the perils of drug use. Films include "Keep Off the Grass," "Drugs are for Jelly Brains" "Red Light/Green Light," "The Innocent Party," "Parent to Child About Sex," and "Drugs Are Like That."

180 min. 2006 DVD-

**Effective Anti-Drug Coalitions: Elements for Success**

The problem of drug abuse cannot be addressed without dealing with underlying causes. Coalitions are among the most effective means for communities to address these complex issues. However; a coalition's capacity to deal with those issues is only as good as its ability to sustain its efforts over time. A new video highlighting the key elements needed to build effective anti-drug coalitions is now available.

The video, and accompanying booklet, identify six key elements that are vital to a coalition's lasting effectiveness and sustainability: 1) vision, 2) leadership, 3) inclusiveness, 4) relationships, 5) funding and 6) community support.

**Bonus Video Material**

- Where Meth Goes... Violence and Destruction Follow! (15:00)
- Daniel Bryant Youth and Family Treatment Center (4:26)
- Solano County Drug Court (4:27)
- Vallejo Police and Corrections Team (P.A.C.T.) (5:30)
- Santa Barbara Youth Service System (5:09)
- Vallejo Fighting Back Partnership (10:16)
- Santa Barbara Fighting Back Coalition (6:14)

**Additional Information**

- Effective Anti-Drug Coalitions: Elements for Success Booklet – PDF (864K, 29 pages)

Adult 22 min. 2003 DVD-472 **Meth**

### **Emerging Drug Epidemics: Club Drugs**

Spring 2000. Downlink Panelists, including Dr. Alan Leshner, NIDA; Barbara Christensen, Prevention Partners; and Kevin Sabet, President, International Students in Action, discuss club drugs and usage in America. Information is excellent. Picture lacks clarity, due to copying.

Adult 120 min. 2000 V-

### **The End of Silence – Teens Talk to Teens About Methamphetamine Abuse**

Meth is a cheap and highly addictive drug that is spreading rapidly across America, destroying the lives of our youth. When fascination turns to experimentation, addiction, school failure, sexual abuse and criminal behavior quickly follow. THE END OF SILENCE features teen addicts, ex-addicts, friends and family members who talk frankly about this drug. This unflinching presentation captures teenagers' attention. It is an effective tool that can be stopped after any of the 8 chapters for discussion and easy classroom use. On-line is a free Teacher's Guide.

Junior High School/High School 58 min. 2003 V-337 Meth

### **Exploring the Connection Between Addiction and Other Health and Social Problems**

This is the third installment in a seven-part series of Webcasts that will discuss and illuminate key issues related to the 2001 Recovery Month observance. Our host will be Susan Rook, former CNN Anchor and Media Relations Director for Step One Treatment Center. Panelists include: Janice Ford Griffin, Join Together; Constance Horgan, Sc.D., Brandeis University; James Callahan, DPA, Exec. VP/CEO, ASAM, Elena Carr, U.S. DoL, Working Partners for an Alcohol- and Drug-Free Workplace; and Phillip Brewer, Yale Emergency Medicine. It is no secret that substance abuse in the U.S. has reached epidemic proportions, so much so that it is often called our nation's number one public health problem. Estimates show that the costs associated with untreated addiction problems are substantial: \$34.4 billion in unnecessary healthcare costs, \$45.1 billion in new prisons and accidents, and \$196.8 billion in lost earnings each year. This program will look at the costs to individuals and society and demonstrate how addiction treatment can dramatically reduce such problems.

Adult 57 min. 2001 V-366

### **Faces of Addiction**

The following programs contain realistic depictions of substance abuse in America. Parental discretion is advised.

**Flashback.** "Flashback" is a true story of addiction shown through the eyes and words of a young addict who fights back. Fights back for a mother who never stops loving her. Fights back to be voted class valedictorian by her friends and peers. Fights back to recognize her own face of addiction and the battle she has to win everyday.

**27<sup>th</sup> & Prospect: One Year in the Fight Against Drugs.** Each New Year's Eve they come together to recite the litany of names of family, friends, neighbors and strangers who have died from drug-related accidents, violence or overdose in the past year.

**Addicted.** Journalist Lilinda Ellerbee uncovers the faces of addiction amidst facts and figures of disease, violence and death caused by substance abuse. One thing these faces all have in common is their need for heroin, cocaine or crack, for alcohol, or nicotine.

High School/Adult 35 min. 1997 V-121

### **Faith Community Involvement in Substance Abuse Prevention**

This videoconference will provide an overview of President George Bush's faith- and community-based initiative, examine the ways in which that initiative affects community antidrug coalitions, and describe effective faith-based programs implemented by such coalitions. The conference will also discuss challenges that coalitions face in engaging the faith community and strategies designed to overcome them. The broadcast is intended for Drug-Free Communities Support Program grantees; Weed & Seed and Safe and Drug-Free Schools coordinators; community antidrug coalition leaders and volunteers; drug court, education, law enforcement, prevention, and treatment professionals; and others interested in learning about the role that faith-based organizations can play in community antidrug activities.

Adult 90 min. 2003 V-122

### **15 and Getting Straight**

An "after-school special" starring Drew Barrymore, Corey Feldman, David Birney and Tatum O'Neil, this video portrays six teens and their first several weeks in a chemical dependency ward. Depicting the effects of drug abuse on the entire family, *15 and Getting Straight* shows the inside look at the reality of addiction recovery.

Junior High School/High School 48 min. 1989 V-1

### **Finding and Paying for Addiction Treatment in Your Community**

This is the seventh of nine webcasts supporting the 2003 Recovery Month observance. It identifies various barriers to receiving treatment and highlights alternative ways of finding and paying for substance use treatment. Individuals with alcohol and/or illicit drug use disorders fail to get substance use treatment for many reasons, including cost, unavailability of support services such as childcare or transportation, and lack of services in specific geographic regions.

Adult 57 min. 2003 V-123

### **Gangs: the American Evolution**

“The proliferation of gangs in the United States has reached epidemic proportions,” says Sergeant Harold M. Rochon, 20-year veteran of the Detroit Police Department and author of *Terrorists and Designer Jeans*.” In this 2-hour training telecast, Rochon describes the history of gangs, tells how to identify and classify members of gangs, explains gang ideology and recruiting, discusses the drug nexus within gangs, and much more. Aired 5/12/05.

Adult 120 min. 2005 V-125

### **Getting Out of the Game: The Trap of Drug Dealing [HOPE TO ORDER]**

In *Getting Out of the Game*, a group of ex-dealers grapple with real-life issues and share techniques that have helped them stay out of drug dealing. Video includes facilitator's guide with reproducible worksheets.

35 min. 2004 V-

### **Getting Media Attention for Prevention Efforts**

This interactive learning event is an opportunity for participants to learn why a communications strategy is important in the field of prevention and what is involved in effective media relations. Featuring three experts in the areas of communication, substance abuse, and the media, the broadcast will provide strategies for publicizing and disseminating information about prevention efforts with examples of effective media relations in various formats.

Adult 60 min. 2004 V-126

### **Girl Trouble [HOPE TO ORDER]**

Stephanie is pregnant and has a warrant for running away from a group home. Shangra is torn between taking care of her mother, who is homeless and struggling with drug addiction, and taking care of herself. Sheila, whose father and siblings have been in and out of jail, risks arrest and jail time by selling and using drugs. **GIRL TROUBLE** is an intimate look at the compelling personal stories of three teenagers entangled in San Francisco's juvenile justice system. These girls, and many like them, aren't just at-risk - they are in deep trouble. Trying to change their lives, the girls work part-time at the innovative Center for Young Women's Development, an organization run by young women who have faced similar challenges. As the girls confront seemingly impossible problems and pivotal decisions, the Center's 22-year-old executive director, Lateefah Simon, is often their only support and mentor. Bay Area filmmakers Lexi Leban and Lidia Szajko document the girls' remarkable successes and heartbreaking setbacks over a four-year period - their daily struggles with poverty, violence, public defenders and homelessness - and expose a system that fails to end the cycle of incarceration.

High School-Adult The film is available in both a 74 minute and a 57 minute version. 2004 DVD-

### **The Healing Years (cc)**

**THE HEALING YEARS** is a documentary taking a bold look at the profound effects of child sexual abuse on individuals, families and society, and the importance of recovery as a key to ending the cycle of abuse. The program profiles three women survivors of incest from diverse socioeconomic backgrounds – Marilyn Van Derbur, former Miss America; Janice Mirikitani, President of San Francisco's renowned Glide Memorial Church; and Barbara Hamilton, a 78-year old survivor. These women bear witness to the emotional dysfunction, addiction, perpetuation of abuse, and detrimental impact this crime has on families and society. Yet, the program is ultimately inspiring as we witness their recovery from victims to empowered women, ending the cycle of child sexual abuse in our families or communities where incest and abuse is widely prevalent.

*This documentary does the most difficult, almost impossible feat: it admits the sick and cruel past. In doing so, it becomes therapy for a healthful future. This is an exhibition of abundant courage and great heart. Thank you. – Maya Angelou*

High School/Adult 60 min. 1999 V-130

### **Helping Hands: Caregivers' Guide for Drug-Exposed Infants**

This video shows how you can help infants exposed to a variety of drugs before birth who now suffer the consequences.

High School/Adult 12 min. 1998 V-133

### **The High Is a Lie**

This video was produced by a physician, Dr. Mary F. Holley, Director of Mothers Against Methamphetamine. It is designed for use in the ninth grade health curriculum for education of youth against methamphetamine use and addiction. It presents both a human story of a person ravaged by addiction, and the biochemical details of how methamphetamine works. The stages of addiction, the brain dysfunction resulting from methamphetamine use, and resulting personality changes are illustrated and dramatized.

Ages 10-up 40 min. 2005 DVD-473 **Meth**

### **Hollywood's Captive Audience**

From video games, to television shows, to feature films, to Saturday morning cartoons – both teens and elementary age children are being bombarded with a steady dose of gratuitously violent images. The result? Through Hollywood's glorification of violence, a generation of youth have emerged who have frighteningly demonstrated a loss of compassion and conscience, a devaluation of human life, and an increase in youth violence. Hosted by Youth Culture Critic John Andrew Murray, *Hollywood's Captive Audience* goes behind the scenes to reveal the perspectives of a variety of compelling individuals including Hollywood insiders, psychologists, historians, and prisoners. Using footage from CNN, TNT, the Imperial War Museum, and other media outlets, Murray weaves together interviews, news reports

and statistics to witness the devastating effects media violence can have on young people around the world. Drawing on one of the most unforgettable lessons from history and delivering an urgent plan for the future, *Hollywood's Captive Audience* addresses today's problems head-on so that parents, schools, and communities can resume the responsibility of cultivating the consciences of the next generation.

High School/Adult 22 min. 1998 V-64

**Hooked: Illegal Drugs and How They Got That Way Series**  
**Marijuana and Methamphetamine/Opium, Morphine and Heroin, v. 1**  
**Cocaine/LSD, Ecstasy and the Raves, v. 2**

There has been a "drug culture" since the dawn of civilization. Sumerian cuneiform tablets from 3000 BC show a poppy harvest as do ancient Egyptian scripts and Greek statues adorned with poppy crowns. Far more recently, Freud sung the praises of cocaine that was included in the original recipe for Coca-Cola. But since the industrial revolution, drug use has changed dramatically society's response to this – particularly in America – has been to demonize users and make drugs illegal. HOOKED explores the world of illegal drugs, meeting with pharmacologists and scientists to learn exactly what effect they have on us and exploring the social and legislative changes that have transformed (and, some would argue, created) the drug culture of the 20<sup>th</sup> century. Outspoken advocates on both sides of the "war on drugs" illuminate this polarizing issue, and fascinating accounts and artifacts illustrate the role of drugs throughout history.

High School/Adult 90 minutes/90 minutes 2000 DVD-346

**Ice Age: Fighting the War on Meth**

The number of clandestine methamphetamine labs and dumpsites has increased dramatically in recent years. The chemicals used to manufacture meth are highly toxic and highly volatile. This training telecast is designed to teach how to recognize meth clan lab indicators, meth users, and how to properly and safely respond when dealing with meth labs, producers, and users. Aired 4/1/04.

Adult 60 min. 2004 V-450 **Meth** *Viewer discretion advised.*

**Ice Age II: Lessons Learned from Bay County, Florida Methamphetamine Awareness/Training Documentary**

Ice, Speed, Go Fast, Crank, Crystal, Yaba -- No matter what you call it, Methamphetamine is the fast-growing, illegal drug craze our nation's ever seen. It's catching law enforcement and communities off guard. And those fighting it are having a hard time keeping up with the battle to eradicate this epidemic. The folks in Bay County, Florida will tell you all about it in this one-hour training documentary. Because when meth hit Florida, this poison was first peddled in the Panhandle. But there was a new Sheriff in town, armed and ready to launch a pre-emptive strike on meth and chase it out of his jurisdiction. This one-hour training documentary focuses on how the illegal manufacturing, use, abuse and trafficking of methamphetamine wreaked havoc on this quiet county in the Panhandle. You will hear first-hand accounts about the dangers of meth from undercover officers, fire-fighters, Drug Enforcement Administration (DEA) and Florida Department of Law Enforcement (FDLE) methamphetamine experts as well as heart-wrenching stories from a former meth addict and a mother whose son committed suicide while high on meth. This video is designed to appeal to a wide-ranging audience – from law enforcement officers, fire fighters, neighborhood and citizen groups, probation and child protective services workers, drug treatment providers, schools --- anyone or any agency who wants to know more about what meth is and how to protect yourself from the devastatingly dangerous demise it is having on communities nationwide.

Adult 60 min. 2005 V-488 **Meth**

**Idaho Theater for Youth "Opening Windows"**

min. 1997 V-143

**I'll Never Forget You**

Len Bias was more than a local hero. Basketball fans nationwide looked to him as the best in college basketball. On June 19, 1986, University of Maryland basketball star Len Bias was drafted by the Boston Celtics. He celebrated by snorting cocaine, and died of a heart attack at the age of 23. Former college rival Johnny Dawkins hosts this tribute to Len Bias' talent and talks of the importance of saying no to drugs. Basketball coaches and players talk of the problems that kids face today, and how they can avoid getting involved with drugs.

Junior High School/High School 16 min. 1987 V-144

**Illegal Drugs – A Shattered Life!**

This is a true to life video of how a former athlete's life was shattered because of the drugs he abused as a youth. "Today's youth are up against even tougher problems," he says. He asks, "Is there anything that can help young people understand that the choices they make in this very fragile part of their lives is going to set the stage for the rest of their lives?" "There definitely is, Education is the key to helping them understand this. We need to rock their minds and touch their hearts." Seeing and hearing what abusing drugs has done to his life is

enough to make anyone really think about their future, but he takes the viewing audience much farther in this 58 minute video and shows the reality of abusing drugs. He says, "My children will never really understand what they lost, but I will never forget." Neither will you!

Junior High School/High School 58 min. 1999 V-145

### **Illegal Drugs – A Shattered Life!**

A true to life presentation about how former athlete T.L. Crandell's life was shattered because of the drugs he abused as a youth. Today's youth are up against even tougher challenges. Is there anything that can help them understand that the choices they make today will be the reality they will be living with tomorrow? Crandell's Answer: "There definitely is! Education is the key to this problem. Young people are smart. They want to make good life choices. Once they understand the "deeper issues" involved, it is impossible to live the lie." Take a stroll with Crandell through the beautiful mountains of southern Idaho and listen to the story of how illegal drugs ruined his life and why taking drugs for pleasure destroys good lives.

Junior High School/High School/Adult 21 min. 2004 DVD-146

### **In & Out of Control: Emotional, Physical, and Sexual Violence**

*In & Out of Control: Emotional, Physical, and Sexual Violence* provides insight into the psychological complexities of violence from the viewpoint of the witness, victim, and perpetrator.

- Explores how heredity, environment, and substance abuse can make a person predisposed to violence
- Examines the influence of alcohol and other drugs on domestic, sexual, and random violence.
- Identifies triggers to violence and presents methods of treatment and prevention

Adult 38 min. 1997 V-131

### **Integrated Treatment for Mental Illness, Drug Addiction, and Alcoholism Across Alaska**

This video addresses dual diagnosis of co-occurring mental illness and substance disorders. It includes education and training in:

- Elements of getting started and the issues inherent in the need for special treatment and programs for persons who have dual or Multiple disorders that include Severe Mental Illness, Drug Addiction, and Alcoholism (MIDAA) in both urban and rural settings
- Working definitions of various profiles of persons who have Dual or Multiple disorders developed by K. Sciacca
- Consumer self-report descriptions of their symptoms and experiences of dual disorders
- Direct clinical content provided by footage from an actual MIDAA seminar, including examples of MIDAA trainee provider participation, and some content of training by K. Sciacca
- Educational content pertaining to program development for MIDAA, and treatment interventions for MIDAA
- Inter-agency model of training and program development adapted to teleconference training across the state of Alaska, and providers' experiences in large urban settings, small villages, and in working with the Native American Consumer
- Outcome, including consumer's experiences of participating in MIDAA treatment, and future directions.

Adult 55 min. 1995 V-174

### **Intervention Series/Sara, v. 5 [HOPE TO ORDER]**

- Reality TV at its most unvarnished and gripping.
- See how the parents of a shattered woman cope with their daughter's addiction
- Watch as addicts and their families confront the compulsions that are destroying their lives

This episode was featured on The Oprah Winfrey Show on Friday, May 13, 2005. In INTERVENTION, people confront their darkest demons and seek a route to redemption. From compulsive gamblers to shopaholics, drug addicts to young people estranged from their families, INTERVENTION features real people at the breaking point as they are confronted by friends and family. In fly-on-the-wall style, INTERVENTION captures the drama as people grapple with their demons in an attempt to chart a course to recovery. At 24, Sara had everything she ever wanted. She'd had a fairy-tale wedding in Hawaii, a beautiful baby girl, a house, three cars, and even competed in beauty pageants. It was all destroyed by divorce. Unable to cope, Sara turned to crystal meth, and now uses every day, all day if she can. She has lost everything, including custody of her daughter, and lives in an endless cycle of drugs, stealing, lying, drug testing, and court appearances. Her family says the only hope for Sara is an intervention. TV14 L

Adult 60 min. 2005 DVD-

### **An Introduction to Mediation, Family Group Conferencing, and Concurrent Planning: Pathways to Permanence**

This 30-minute video resource provides a quick, easy to follow, and accurate overview for those interested in these three emerging strategies. Narrated by a young woman who spent many years in foster care, the first segment of this video discusses the philosophies and processes of Family Group Conferencing. Used by trainers nationwide, this video's opening segment creates an emotionally compelling portrait of this approach.

Adult 30 min. 2000 V-175 or DVD-175

### **Issues in Recovery: Focus on Women: Childhood Legacy, v. 1**

#### **Issues in Recovery/Focus on Women: Reluctant Heiress, v. 2**

Also discusses the powerful influence of the family as contributing to problems in a woman's adult life. However, the emphasis in this program is on current adult behavior. Specific behaviors include being other-centered, having a negative body image, relationship addiction, and depression.

Adult 28 min. 1992 V-177

#### **Issues in Recovery/Achieving Intimacy: Overcoming Co-dependency, pt. 1; v. 3**

Defines and illustrates the struggle for intimacy within the recovery process. Presents aspects of personality, development of identity, and patterns of interaction that have implications for success in achieving intimacy. Through the unique and engaging teaching style of nationally known speaker Robert Subby, in combination with personal accounts from a recovering couple, viewers will have an up-close and personal view of the many dimensions of intimacy within relationships in recovery.

Adult 38 min. 1992 V-178

#### **Issues in Recovery/Achieving Intimacy: Overcoming Co-dependency, pt. 2; v. 4**

Continues the discussion of intimacy within the recovery process begun in Part 1. Emphasizes the nature and positive value of intimacy, and illustrates its impact on psychosocial well-being. Through the personal accounts of a second recovering couple, Robert Subby concludes his presentation on aspects of achieving intimacy within such relationships.

Adult 25 min. 1992 V-179

#### **It Can Happen To Anyone: Problems with Alcohol and Medications Among Older Adults (cc)**

Alcohol is a part of our social fabric. For many older adults, prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner – you'll remember him as the gruff, hard-drinking editor from *The Lou Grant Show* and *The Mary Tyler Moore Show* – helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

Adult 26 min. 1996 V-180

#### **Join the Voices of Recovery: Celebrating Health/Alcohol and Drug Use and the Cultures of Addiction**

The Webcast will explore the current trends in substance abuse and how the prevalence of such illicit drugs as marijuana, heroin and methamphetamines are surging in some populations and in areas across the country. In addition, the Webcast will examine how such "cultures of addiction" promote and sustain excessive alcohol and drug use. Although many people with untreated addiction to alcohol or drugs end up living lives of desperate isolation, most begin their substance abuse journeys with a sympathetic group of fellow substance abusers. Such relationships provide a supportive "culture" that nurtures and solidifies excessive alcohol use and illicit drug-taking behavior. This Webcast will explore what is being done to promote change within these hard-to-reach groups. Aired 6/4/03.

Adult 60 min. 2003 V-181

#### **Join the Voices of Recovery: Celebrating Health/Business Community Voices for Recovery**

Many employers offer substance use disorder treatment options and recovery support services, under their employee assistance programs. Whether it is through benefit programs, workplace policies, or referral services, employers are taking an active role in educating their employees about the dangers of substance use disorders and encouraging individuals to seek help. This program will explore the benefits to businesses, large and small, that are actively supporting treatment for substance use disorders and promoting recovery in the workplace.

Adult 57 min. 2003 V-182

#### **Join the Voices of Recovery: Celebrating Health/Expanding Addiction Treatment Capacity to Meet All Needs**

In support of the Office of National Drug Control Policy's Demand Reduction Goals, the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) has been at the forefront of efforts to expand the capacity of local communities to treat substance use disorders. Programs such as SAMHSA's Targeted Capacity Expansion (TCE) have been designed to address discrepancies in treatment capacity by responding to unmet specific local needs for alcohol and drug treatment services. SAMHSA has also studied both behavioral and addiction treatment financing systems in order to put forward novel approaches aimed at expanding science-based addiction treatment capacity. Join Webcast Host Ivette Torres, Associate Director for Consumer Affairs, Center for Substance Abuse Treatment (CSAT), SAMHSA, HHS, and a panel of experts to explore our Nation's continuing efforts to make addiction treatment services more available to everyone in need. Aired 4/2/03.

Adult 57 min. 2003 V-183

#### **Join the Voices of Recovery: Celebrating Health/Helping Addicted Youth Find Recovery**

"Helping Addicted Youth Find Recovery" explores the complexities faced by students experiencing problems with and addictions to alcohol and/or illicit drugs. It also highlights effective treatment modalities and innovative strategies for meeting the treatment needs of this special population.

Adult 57 min. 2003 V-184

#### **Join the Voices of Recovery: Celebrating Health/Helping the Justice and Child Welfare Systems Meet the Needs of Families Affected by Addiction**

Nearly 1.7 million of the 2 million adult Americans in prison or jail are seriously involved with drugs or alcohol. This results in almost 200,000 children under age 18 having an imprisoned mother and more than 1.7 million having an imprisoned father. Unfortunately, offenders are faced not only with the legal consequences of their actions, but also with the often overwhelming stigma associated with addiction. This stigma contributes to an environment in which society views incarceration as the only solution. Most criminal offenders do not receive help for their addiction, therefore, relapse is common. This Webcast will examine how the justice and child welfare systems and drug courts have changed over the years to work in collaboration to address substance abuse disorders. We will also identify ways the justice and child welfare systems are working to meet the needs of those affected by substance abuse disorders.  
Adult 57 min. 2003 V-185

#### **Join the Voices of Recovery: Celebrating Health/The Cultures of Recovery**

This Webcast will celebrate and examine the courage, shared behaviors, needs and values of people striving to overcome substance use disorders. In addition, we will identify the barriers that people with substance use disorders face in seeking treatment and support to overcome their addictions. This Webcast will highlight what communities can do to support and encourage individuals with substance use disorders as they begin the recovery process and as they reclaim their lives. "Alcohol and Drug Use and the Cultures of Addiction" and "The Cultures of Recovery" are a two-part series that explores the social bonds, values, and behaviors that are common among those with substance use disorders and the transformation of those bonds, values, and behaviors as the subsequently travel the road to recovery. The creators encourage you to view both webcasts and participate in both webchats to learn about the important social and environmental changes that commonly accompany treatment and the recovery process.  
Adult 57 min. 2003 V-186

#### **Join the Voices of Recovery: Celebrating Health/The Road to Recovery 2003**

This Webcast, the first in a series of nine, will serve as an informative introduction to the 2003 September Recovery Month observance and help individuals and communities nationwide discover how to become involved at the local level. "The Road to Recovery 2003" will feature the U.S. Department of Health and Human Services' Substance Abuse and Mental Health Services Administration's (SAMHSA's) Center for Substance Abuse Treatment (CSAT) Director Dr. H. Westley Clark, CSAT Associate Director for Consumer Affairs Ivette Torres (program host), and recovery community representatives from across the Nation. Aired 1/28/03.  
Adult 32 min. 2003 V-187

#### **Join the Voices of Recovery: Celebrating Health/When Addiction and Mental Disorders Co-Occur**

Drug and alcohol dependence. Mental disorders. Alone, each is a disease that wreaks havoc on the lives of millions in this country, and both require intensive treatment. When afflicted with these diseases simultaneously, the result can be even more debilitating for an individual. This web cast will examine the issues and promising practices associated with treating individuals with co-occurring and co-existing disorders.  
Adult 60 min. 2003 V-188

#### **Juvenile Corrections – Lost Children Behind Bars [HOPE TO ORDER]**

They start out like most kids - innocent, loving and eager to please -- until something goes terribly wrong. Across the country, more than 100,000 troubled teens are locked up in juvenile correction facilities. In an hour-long **Primetime** report, Chris Cuomo goes inside two juvenile facilities near Phoenix, AZ, and meets a group of kids at a critical turning point - they have one last shot to either change their ways or face the prospect of doing time in an adult prison. **Primetime** was granted unprecedented access in Arizona's system for juveniles and spent nearly six months following these teens' journey in and out of the system. Along the way, they share their shame, their secrets and their dreams. They show their pride and promise. **Primetime** checks back with the kids a year later to see what life is like now that they are out. From the outside, Adobe Mountain School for boys and Black Canyon School for girls look like prisons. But they are actually "safe schools," where the purpose is to reform, not to punish. The schools house kids between the ages of 12 and 17 for whom extensive probation hasn't worked. Here they have the opportunity to further their education and address the underlying causes of their problems. Still, conditions inside are rough, and kids with short fuses can sometimes explode in violence. Cuomo spends a night in each facility for a view of the harsh life on the inside. Among the kids Cuomo meets is Jerilyn, 17, who has a dark secret she shares about the horrible crime that brought her to Black Canyon. After undergoing years of intensive therapy and now about to be released, Jerilyn talks about returning to society and trying to help her ill mother. Jesse, 17, is in Adobe for Manslaughter 2. Once a promising student who hoped to attend an Ivy League college, he's now locked up after shooting a relative to death. He tells Cuomo why he finally thinks he's on the right track. And Casey, 16, is serving time for possession of marijuana and drug paraphernalia, plus aggravated assault. She's also pregnant and hoping she'll be released so she can raise her baby. "Treatment is the answer. These, these are children, and if we can train them to... to do different, to live differently, then they'll be productive citizens, and that's, that's our goal," Suzanne LaRue, the superintendent at Black Canyon, tells Cuomo. But how has the treatment worked for them so far? **Primetime** flashes forward 11 months

to see how things have changed for these kids. Most have been released or are on their way, and life on the outside has many interesting outcomes.

High School/Adult 45 min. 2006 V-

### **Juvenile Offenders & Drug Treatment: Promising Approaches**

Presents videotaped proceedings of a 1997 teleconference. Examines the critical components of promising approaches in the treatment of drug-involved juvenile offenders. Highlights programs such as the Escambia County Juvenile Drug Court in Pensacola, FL; the Denver Juvenile Justice Integrated Treatment Network; and the Bridge, an aftercare program operated by the South Carolina Department of Alcohol and Other Drug Abuse.

Adult 120 min. 1997 V-191

### **Keeping Kids Drug-Free: Effective Prevention Programs**

The Center for Substance Abuse Prevention's (CSAP) Regional Centers for the Application of Prevention Technologies (CAPTs) and the Community Anti-Drug Coalitions of America (CADCA) presented a teleconference about effective prevention approaches for working with high-risk youth. The broadcast highlighted seven programs funded by CSAP that have been termed "scientifically defensible" based on rigorous evaluation and positive outcomes. These seven *High Risk Youth Models* were presented by the people who make them work every day. The programs can be replicated and should achieve similar positive findings in reducing alcohol, tobacco, and illicit drug use attitudes and behaviors in other communities.

Adult 120 min. 1999 V-195

### **Kids, Crime, Drugs, & Consequences [ON ORDER]**

If you commit a crime as a juvenile, will the slate be wiped clean by age 18? Not necessarily. This award-winning three-in-one video will explore the seemingly innocent things you can do to end up with consequences that can last a lifetime. Particular stress is put upon the importance of education and rehabilitation. Aired 5/5/05.

High-Risk Youth 30 min. 2005 V-

### **Killing Us Softly: "Harm Reduction" in America Today**

35 min. 199\_ V-

### **Know the Score: the Dangers of Performance Enhancing Drugs**

This video reveals the truth about many performance drugs such as steroids, creatine, Human Growth Hormone, diuretics, blood doping hormones and stimulants like ephedrine and amphetamines. Also included is an investigation of so-called "nutritional supplements" that claim to help users lose weight and gain muscle but in reality may set the stage for physical ailments like headaches, muscle weakness and irregular heartbeats. Speakers include young athletes who share their views on "competing clean" without chemical enhancements as well as sports medicine doctors who explain the adverse physical effects of misusing performance drugs. Viewers learn the dangers involved in abusing steroids, stimulants, diuretics and other drugs. Interviews with student athletes emphasize that using drugs to win at sports is the same as cheating. The message of this program is clear: sports competitions are meant to be fun, healthy and drug-free.

Grades 7-College 20 min. 2002 V-400 or DVD-400 **Steroids**

### **Life or Meth: You Decide**

Methamphetamine, a powerful upper and dangerously addictive drug takes hold on the Treasure valley.

Junior High School/High School/Adult min. 1998 V-100 **Meth**

### **Live and Learn "Empower to Believe, Inspire to Achieve [HOPE TO ORDER]**

This inspirational video features the enthralling and dramatic true stories of young individuals who were motivated to turn their negative circumstances into success with Schmoker as their guiding hand.

Junior High School/High School min. 2003 V-

### **Make That Right Change: The Four Phases of Adolescent Recovery (cc)**

Teens in early recovery often experience intense feelings of fear, anger, shame, and loss. The inability to deal with these emotions requires a level of introspection and honesty that can be daunting. The teens in this video, through individual interviews and group discussions, expose their vulnerabilities, fear, pain, and joy. Not only will adolescent viewers gain practical advice on recovery issues directly from their peers, they will also learn by example that recovery begins when they put down their guard.

Grades 9-12 25 min. 1999 V-201

### **Making a Place for Faith-Based Organizations in the Recovery Movement [Kevin Monroe]**

Faith-based and community organizations (FBCO) are finding their niches at the recovery table across the country. Kevin will share the insights he has gained after spending almost three years in the field working with the Substance Abuse and Mental Health Services

Administration (SAMHSA) in eleven states and Puerto Rico, engaging FBCO with their single state authority to “level the playing field” for faith-based organizations and expand recovery services. This keynote will include a survey of Charitable Choice legislation and its impact on faith-based organizations, community-based organizations, traditional treatment providers, and government agencies. Through stories, he will illustrate some of the barriers as well as the benefits of health partnerships between local and state governments, traditional treatment providers, and FBCO. Kevin will highlight Idaho’s Access To Recovery as the ideal opportunity to engage all of the providers in the community in new models of recovery support. Kevin Monroe is currently the Program Development Manager for *We Care America*, serving as its liaison with various federal agencies for the development and implementation of technical assistance workshops and conferences. After receiving his degree in Theology, he served in various ministry capacities. After fifteen years in the business arena – many in management and leadership positions with a Fortune 500 telecommunications company, he became Director of Urban Development with Genesis Global Development Network.

Adult 54 min. 2005 DVD-202

### **Making Sense of Addiction [HOPE TO ORDER]**

What is the psychological process of addiction? How does addiction relate to the biology of your brain? The combination of the psychological and biochemical elements of your brain help make addiction the trap that it is. Understanding the progression of addiction from this standpoint is key in treatment and recovery. Viewers will identify with key points in the presentation – how they thought and felt in different stages of their drug abuse – and come to understand the psychological and biochemical factors at play in each step. Why does an addict whose life is falling apart around them continue to use? This talk makes it crystal clear. Finally, Dr. Keppler offers proactive ways to help heal an addicted brain, stressing abstinence and healthy life choices.

Adult 34 min. 2007 DVD-

### **Making Your Model Program Culturally Appropriate [ON ORDER]**

How do you take a proven prevention program with a successful track record and tailor it to your community’s unique culture? This satellite broadcast is for prevention practitioners who are currently using evidence-based prevention programs or who are interested in implementing such programs (SIG sub-recipients, Local Education Agencies, etc.(as well as state prevention staff who are interested in learning about current research on diversifying their prevention programs. The program will provide a forum for viewers to engage with model program developers, implementers, and researchers on the topic of making cultural/ethnic adaptations to evidence-based programs. We will explore questions such as, how much can a model program be changed to address cultural differences without compromising that which makes it most effective? What are the benefits and costs of making these changes? Under what conditions does adaptation work best or not at all?

Adult 60 min. 2004 V-

### **Medical Aspects of Chemical Dependency: The Neurobiology of Addiction**

This fascinating and authoritative video on how addiction affects brain function has been recently updated to reflect the latest research on brain chemistry. Includes commentary by Dr. David E. Smith, founder of the Haight Ashbury Free Clinic. Also includes a free facilitator's guide.

Adult 22 min. 2005 DVD-228

### **Medical Consequences of Addiction**

Released in the spring of 2005, this video uses animation, graphic medical footage, and interviews with experts as well as those suffering from these diseases to illustrate the physical problems caused by the heavy and long-term use of psychoactive drugs. The video explores the medical dangers of the method of use, the users’ lifestyles and the drugs themselves.

Adult 36 min. 2005 DVD-

### **Men in Crisis/Fathers, Sons and Trust, v. 1**

Records men grappling with the issues of father-son relationships. Shows how dysfunctional, shaming, absent and abusive fathers create continuing difficulties and crises of trust for their sons. Dr. Ken Druck, noted psychologist and author, discusses the havoc caused by such fathers in terms of the sons' perceptions of their fathers and themselves.

Adult 37 min. 1992 V-229

### **Men in Crisis/Feelings, Alcohol & Manhood, v. 2**

Two men recount how their childhood experiences were a basis for their inability to feel and express emotions, for their addictions, and for questions about their manhood. Explored are behaviors and roles expected of boys in our society and the devastation created in young

men's lives by their attempts to meet these expectations. Records how these men learn to identify their feelings and to deal with them on a day-by-day basis, and the role of men's groups in this process.

Adult 25 min. 1992 V-230

### **Men in Crisis/Self-Esteem & Empowerment, v. 3**

Records the struggles of a number of men in recovery, all at various stages of reclaiming their lives and empowering themselves. Steps necessary to improving self-esteem are discussed and demonstrated.

Adult 28 min. 1992 V-231

### **Men in Crisis/Heroes & Identity, v. 4**

A conversation with Mark Gerzon, early pioneer in the exploration of emerging masculinities, and author of the classic, *A Choice of Heroes*. Mr. Gerzon discusses the relationship between popular models of masculinity found in the culture and their implications for men's expectations for themselves. From this perspective comes important sociological information about the basis of men's current anguish.

Adult 25 min. 1992 V-232

### **Men in Crisis/A Way Out: Redefining Masculinity, v. 5**

One man's painful journey through addiction and recovery and on to important but difficult choices that point him toward improved self-esteem, wholeness and integration. Emphasizes the importance of men's process groups and their role in providing safe setting for feedback and new behaviors.

Adult 21 min. 1992 V-233

### **The Meth Epidemic**

Speed. Meth. Glass. On the street, methamphetamine has many names. What started as a fad among West Coast motorcycle gangs in the 1970s has spread across the United States, and despite lawmakers' calls for action, the drug is now more potent, and more destructive, than at any time in the past decade. In "The Meth Epidemic," FRONTLINE, in association with *The Oregonian*, investigates the meth rampage in America: the appalling impact on individuals, families and communities, and the difficulty of controlling an essential ingredient in meth—ephedrine and pseudoephedrine—sold legally in over-the-counter cold remedies.

High School/Adult 60 min. 2006 V- 487 or DVD-487

### **Meth: What's Cooking in Your Neighborhood?**

This video explains myths and facts surrounding this dangerous, illicit drug. Audiences with varying levels of knowledge about methamphetamine will learn about its many physical, psychological, and economic consequences for individuals, families, and communities. Insight and information about science-based prevention and treatment strategies are provided from many perspectives. Medical professionals, former users, community leaders, coalition members, and experts in child protection and in substance abuse prevention share their knowledge, experience, and resources. Suggestions on "what parents can do" and a description of "how one person initiated a successful community coalition" document the effectiveness of individual action and of groups working together to reduce drug use.

Adult 27 min. 2002 V-359

### **Methamphetamine: A Prevention Trilogy**

This DVD contains the Crime and Violence Prevention Center's three award-winning videos about methamphetamine. "Meth...The Great Deceiver" provides insight for teens on how meth can damage young lives, featuring first-hand accounts from young people themselves. *English & Spanish* "Where Meth Goes, Violence and Destruction Follow" examines the havoc caused when meth use and clandestine meth labs gain a foothold in our communities. *English & Spanish* "Hidden Dangers: Meth Labs" offers tips on recognizing potential meth labs and what to do when a meth lab is suspected.

High School/Adult 17min./18 min./18 min. 1998 DVD-471

### **Methamphetamine: Neurochemistry & Recovery**

This powerful video examines how methamphetamine changes the brain both chemically and structurally and how these changes interfere with the recovery process. Compelling interviews with a cross section of people in recovery along with comments from treatment professionals present a realistic picture of the challenges inherent in recovery, stress the need for patience, and present a profound sense of hope.

Adult 30 min. 2006 DVD-496

### **Methamphetamine: The Crystal Cage**

This video uses the testimony of drug users and the information of experts in the substance abuse field to demonstrate the dangerous and sometimes deadly, consequences of methamphetamine use.

Junior High School/High School 28 min. 1998 V-114

### **Methamphetamine: The Hard Facts**

In this hard-hitting program, students will learn what methamphetamines are, how they are illegally produced in underground “labs” by drug dealers, and how addictive and deadly they are to those who experiment with them. Known by dozens of street names – such as speed, crank and crystal meth – these powerful central nervous system stimulants are highly addictive and can cause permanent damage to all systems of the body. The emotional roller coaster of devastation that results from methamphetamine use is also described. Viewers will hear harrowing true stories from young people who have learned the hard facts about meth, and are now struggling to regain control of their lives. The program provides viewers with many startling details, including the fact that possession of methamphetamine carries a mandatory prison sentence of at least five years. Teacher’s Resource Book includes many helpful fact sheets and student activities designed to reinforce the video’s strong no-use message.

Grades 7-College 25 min. 2003 V-405 or DVD-405

### **Methamphetamine: The Rush to Crash**

This video examines all aspects of methamphetamines, synthetic stimulant drugs also known as “meth,” “speed,” “crystal,” and “crank.” It covers history, pharmacology, and methods of use. It looks at the desired and undesired effects of these drugs, including the physical/mental “rush” and the “crash.” It details the substantial impact of these drugs on the energy supply, the reward/pleasure center of the brain, and the cardiovascular system. At the same time, the video explains the mental impact of methamphetamines, including sections on tweaking, anger and violence, and paranoia and drug-induced psychoses. The video also contains valuable information on the long-term physical and psychological effects of the drug – malnutrition, skill deterioration, and exaggeration of mental illnesses. The other problems associated with excess or long-term uses are looked at – overdosing, AIDS, fetal effects, and polydrug abuse. Finally, the film looks at the path from experimentation to addiction to treatment and finally to recovery. Through the use of animation, graphics, live action, and interviews with experts and recovering users, the video shows why “meth” use has increased so dramatically in the last few years, and identifies the side effects caused by this powerful stimulant.

High School/Adult 28 min. 1997 V-115

### **Methamphetamine: Under the Ice**

The **Meth: Under the Ice** video uses a direct, matter-of-fact style coupled with engaging computer graphics to explore the current state of Crystal Meth use in the country. A narrator explains to teens the dangers of using Methamphetamine. Viewers are shown how and where Meth is made. Some chemicals used in this drug are poisonous and can burn the users esophagus. The effects of using this substance are shown, from high blood pressure, to decreased appetite, to death and everything in between. Also depicted is the addictive nature of the drug and its withdrawal symptoms. This hyped up amphetamine is extremely dangerous and can cause permanent brain damage even after one use.

Junior High School/High School 16 min. 1997 V-116

### **Motivational Interviewing Series**

This series of six videos, produced at the University of New Mexico, is intended to be used as a resource in professional training, offering six hours of clear explanation and practical modeling of component skills. Because it is helpful to see how a method is practiced in various contexts, the videos include clinical demonstrations of the skills of motivational interviewing, showing ten different therapists working with twelve clients who bring a variety of problems. Drs. Miller and Rollnick are deeply grateful to Terri Moyers, who volunteered many weeks of her time for the planning, directing, editing, and completion of these videos.

#### **A. Introduction to Motivational Interviewing, v. 1**

The introductory tape is a conversational interview with Bill Miller and Steve Rollnick, conducted in the summer of 1997 by Theresa Moyers. They review the background and current directions of motivational interviewing, explore its essential and theoretical and conceptual underpinnings, and discuss its five basic principles. This is by no means a comprehensive introduction to motivational interviewing. Rather, it sets the context for the demonstration tapes that follow.

Adult 41 min. 1998 V-381 or DVD-410

#### **B. Phase 1, Part 1: Opening Strategies, v. 2**

This is the most complex of the videos, and spans two cassettes. It is designed to illustrate the skills involved in the opening phase of motivational interviewing. Phase I focuses on identifying and strengthening the person’s intrinsic motivation for change. It begins with the first contact and continues until the transition into Phase II, illustrated on Tape F.

Adult 39 min. 1998 V-382 or DVD-410

#### **B. Phase I, Part 2: Opening Strategies, v. 3**

This is the most complex of the videos, and spans two cassettes. It is designed to illustrate the skills involved in the opening phase of motivational interviewing. Phase I focuses on identifying and strengthening the person’s intrinsic motivation for change. It begins with the first contact and continues until the transition into Phase II, illustrated on Tape F.

Adult 51 min. 1998 V-383 or DVD-410

#### **C. Handling Resistance, v. 4**

Motivational interviewing includes a set of strategies for handling and decreasing resistance. The information presented in this video is particularly useful during Phase I, although the methods are applicable throughout counseling. The phenomenon of “resistance” is discussed, and various strategies are explained and demonstrated.

Adult 62 min. 1998 V-384 or DVD-410

**D. Feedback and Information Exchange, v. 5**

One context in which motivational interviewing has been widely practiced is the “check-up” or feedback of assessment information. This specialized application involved much more talking on the part of the therapist, in that more information is being imparted to the client. How does one take this more active, information-giving role and still be consistent with the spirit of motivational interviewing? That is the focus of this video.

Adult 55 min. 1998 V-385 or DVD-410

**E. Motivational Interviewing in the Medical Setting, v. 6**

A rapidly growing application of motivational interviewing is in general health care settings. Here it is often necessary to compress the process of counseling into a shorter period of time. This video explores how the spirit of motivational interviewing can be applied in busy health care settings.

Adult 48 min. 1998 V-386 or DVD-410

**F. Phase II: Moving Toward Action, v. 7**

How do you know when to move from Phase 1 (building motivation for change) into Phase 2 (consolidating commitment to a change plan)? What counseling methods are used in Phase 2, and how do they differ from the opening strategies of motivational interviewing? That is the focus of the final video in this series.

Adult 37 min. 1998 V-387 or DVD-410

**A Natural High: Riding the Drug-Free Wave**

Many of the world’s most talented professional surfers and skaters ride the drug-free wave. The athletes in this video chose to avoid drugs as they’ve watched many of their friends waste their talents and lives on drug use. Hosted by MTV Sports star Peter King, this presentation is packed with exciting action footage and great music. *A Natural High: Riding the Drug-Free Wave* appeals to all members of the younger generation, and not merely those who surf and skate. Young people learn that drug and alcohol use are a dangerous way to gain acceptance and pleasure, and that by fully committing to healthy activities while living drug-free, they can enjoy life to a much greater degree.

Junior High School/High School 19 min. 1998 V-333

**Natural High 2**

This video gives kids the chance to listen to their peers and their “heroes” who include professional surfers, skateboarders and models who speak out against drug use. Such talent as Tony Hawk, Travis Pastrana, Tori Allen, Mr. Wiggles, Nina Heinberg, Windy Fisher and more share the message of a drug-free life.

Junior High School/High School 20 min. 2004 DVD-360

**Natural High 3**

More stunning footage of today’s hottest high profile sports champions, celebrities, musicians, and models. Plus, more powerful and inspiring stories about why it’s cool to be drug-free. <http://www.sundtmemorial.com/video.html>

Junior High School/High School min. 2005 DVD-

**Nothing to Rave About: a Club Drugs Prevention Video (cc)**

Across the country, increasing numbers of young adults consider club drugs a harmless enhancement to a night of dancing, bar-hopping, or concert-going. In this video, young people ages seventeen through twenty-two describe how they learned the hard way that there is no such thing as a safe or recreational drug. For them, MDMA (Ecstasy), GHB, Rohypnol, ketamine, methamphetamine, and LSD brought trips to the emergency room or to jail; brought depression, loneliness, rape, and, in the case of one high school senior, death. These moving testimonials as well as interviews with an emergency room doctor, a researcher, and a drug enforcement agent reveal the hidden dangers and expose the popular myths of club drugs. Two DJs and a promoter of chemical-free, alcohol-free dance parties provide guidelines for a sober, safe, and fun night out. High School 24 min. 2001 V-

**NOW with Bill Moyers: Rewriting the Rules of War [HOPE TO ORDER]****The Ultimate Makeover**

The vast majority of women behind bars in the U.S. are non-violent offenders who committed crimes to feed drug addiction. Experts say that without successful treatment for substance abuse and training for re-entry into society, the odds are they will return to prison. In New York City a unique program, Project Greenhope, has helped thousands of women by working to heal their addictions and by giving them the tools they need to reclaim their lives. Remarkably, 70 percent of Project Greenhope’s women complete the program, compared to 70 percent drop out rate for less comprehensive facilities.

High School/Adult min. 2004 V-

**Offering Hope, Recovery, and Resilience to Children of Addicted Parents: The Children’s Program Kit**

In this video, leaders in the treatment and prevention fields discuss The Children’s Program Kit, which was created to give young people the skills to become resilient and strong as they mature. Throughout the video, children living, or who have lived, with someone with alcoholism tell their stories and experts discuss the shame and isolation these children often feel.

Adult 30 min. 2004 V-358

**Ordinary Miracles: A Training Package to Foster Nurturing Parent-Child Relationships (Starting Early Starting Smart Training Package. Manual/CD/Two videos)**

This training package is designed to prepare home visitors and their supervisors to nurture strong parent-child relationships through the use of home video. Built on the work of Victor J. Bernstein, Ph.D., University of Chicago, this approach was successfully implemented in several of the SESS (Starting Early Starting Smart) sites. The four-module package consists of two videotapes and a facilitator manual, which includes a detailed outline and materials for each of four training sessions of up to 3 ½ hours duration.

Adult 20 min./48 min. 2003 V-341 & V-342

**Ordinary People Doing Extraordinary Things**

An inspirational music video that celebrates imagination, courage and rising up from adversity to attain great heights. Helen Keller, Chuck Yeager, John Lennon, Thomas Edison, J.K. Rowling, Jerry Yang, Neil Armstrong, Henry Ford, Cesar Chavez, Steve Jobs, Albert Einstein, Walt Disney, Rosa Parks, Dwight Eisenhower, George Lucas, Michelle Kwan, John Wooden, Danica Patrick, Bill Gates, Michael Jordan, Mother. Theresa.

High School 4 min. 2006 DVD-

**The OTC: Battling the Over-the-Counter High**

If a drug is available over-the-counter, it's safe and free from abuse right? WRONG! During the past few years, calls to poison control centers about the misuse and abuse of over-the-counter medications have increased. In 2003, poison control centers in the United States received twice as many calls about one form of over-the-counter drug abuse than they did three years earlier. Emergency room visits because of OTC abuse are also on the way up. Young people and adults alike are using cough syrups, cough suppressants, motion sickness drugs, and more to get high. While over-the-counter medications like Dextromethorphan (DXM) is used safely by millions of Americans each year to relieve coughs due to the common cold or flu, there have been reports of some young people intentionally abusing products containing the ingredient in an effort to get high. During the hour-long broadcast, viewers will hear a variety of perspectives—including a representative from the poison control center network, a retail drug store loss prevention expert and a person in treatment who has struggled with DXM addiction. Viewers will also learn about other potentially dangerous over-the-counter medications and what some stores, consumer healthcare organizations, and communities are doing to help combat the problem. Aired 12/16/04.

Adult 60 min. 2004 V-480

**Painkiller Abuse: Out of Control**

There are many drugs that teens are exposed to everyday, but none are as readily available and concealable as painkillers. This makes them one of the most sought after drugs by today's youth. Painkillers can be anything from ibuprofen to oxycodone and can be as dangerous and addictive as heroin. Find out about the various types of painkillers ingested by teenagers. Also, discover the physiological and psychological signs of dependence. The consequences of addiction will be discussed along with ways to get help if you or someone you know is addicted.

Junior High School/High School 27 min. 2003 V-350 or DVD-350

**The Party's Over**

Thirty million Americans live in a nightmare with someone suffering from drug or alcohol abuse. "You beg, you yell, you hide bottles, you call counselors, you turn your back... and nothing changes." But there is hope. Crisis intervention is a compelling, compassionate process designed to deliver the message to an addicted loved one... "*the party's over.*" This video bears witness to three real-life interventions, recreated by the actual families involved. These are not actors, but everyday folks whose lives have changed so powerfully; they call it the single most important event of their lives.

High School/Adult 47 min. 1991 V-190

**PeaceTalks With Michael Pritchard**

**Preventing Violence, v. 1 (cc)**

Three basic strategies for avoiding and reducing violence are presented: predicting consequences, cooling down, and walking away.

Grades 9-12 30 min. 1997 V-

**Resolving Conflicts, v. 2 (cc)**

Special attention is given to techniques for avoiding conflicts including respecting the feelings of others, communicating positively with "I" messages, and learning to negotiate. Proven conflict management techniques are presented.

Grades 9-12 30 min. 1997 v-

**Managing Your Anger, v. 3 (cc)**

This program discusses the friction of daily life and how to diffuse potentially dangerous situations. It teaches how to recognize your anger buttons and clarify your emotions through the anger management techniques of Stepping Back, Cooling Out, and Self-Control.

Grades 9-12 30 min. 1997 V-

**Dealing with Bullies, Troublemakers and Dangerous Situations, v. 4 (cc)**

This video deals with verbal and physical harassment, bullies and gangs, what to do when you feel afraid, protecting yourself in threatening situations, how to help victims, and making our schools and neighborhoods safe.

Grades 9-12 30 min. 1997 V-143

**Respecting Yourself and Others, v. 5 (cc)**

Ideas are presented here for handling put-downs and insults non-violently. In addition, respecting differences in opinion, race, and culture are encouraged.

Grades 9-12 30 min. 1997 V-144

#### **Handling Dating Pressures and Harassment, v. 6 (cc)**

How to say no to abuse and learn the importance of building healthy, positive relationships.

Grades 9-12 30 min. 1997 V-145

#### **Bridging Racial Divisions, v. 7 (cc)**

An exploration of how racial divisions affect everyone. Triggers to violence, such as racial slurs are examined. Young people discuss how to build communications across racial and ethnic lines with self, family and community pride being a foundation of respect for others, cultural inclusion, and non-violence.

Grades 9-12 30 min. 1997 V-146

#### **Handling Peer Pressure and Gangs, v. 8 (cc)**

Teens reflect on what peer pressure is and how it works. Discussed are pressures to join groups, cliques, and gangs, as well as pressures by friends to do something you think is wrong. Gang involvement, including why kids join, getting out and dealing with friends who are gang members is addressed. Qualities to look for in true friendship are also presented.

Grades 9-12 30 min. 1997 V-147

#### **Drugs, Alcohol and Guns: Triggers to Violence, v. 9 (cc)**

How behavior affected by alcohol or other drugs can become deadly when linked with weapons. The consequences of impaired judgment and how to say no to drugs, alcohol, and violence are emphasized.

Grades 9-12 30 min. 1997 V-

#### **Stepping Up to Peace, v. 10 (cc)**

This important video discusses how to break the chain of violence. It explains the character traits of a nonviolent person: courage, compassion, tolerance, and respect. Learn how to turn enemies into friends and become an advocate for peace.

Grades 9-12 30 min. 1997 V-

#### **Post Acute Withdrawal/Recognition, pt. 1**

Post Acute Withdrawal (PAW) is caused by the long-term aftereffects of chronic alcohol and drug poisoning on the brain. Many recovering people suffer from PAW and don't know it. In this presentation, recovering people discuss how they came to understand and identify the symptoms of PAW in their own recovery. Aided by these personal experiences Terry Gorski and Jan Black summarize the research on the causes and symptoms of PAW. This presentation is appropriate for use in patient and family treatment programs.

Adult 29 min. 1987 V-411

#### **Post Acute Withdrawal/Management, Pt. 2**

Post Acute Withdrawal (PAW) is caused by the long-term aftereffects of chronic alcohol and drug poisoning on the brain. Once the symptoms are recognized they can be effectively managed. In this fast paced presentation, recovering people discuss the techniques they used to manage PAW. Aided by these personal experiences Terry Gorski and Jan Black summarize the most effective methods in managing PAW symptoms. This presentation is appropriate for use in patient and family treatment programs.

Adult 28 min. 1987 V-412

#### **Prescription & OTC Drugs: Misuse & Abuse**

This video is an examination of legal drugs and the pharmacological principles that determine effects, both desired and damaging. The video explores the idea that any substance can be a therapeutic drug, a psychoactive drug, or a poison, depending on the dose or interactions with other drugs. By visualizing the concepts of drug pharmacology, such as absorption, tissue dependence, and especially addiction, the dangers of misuse of specific drugs can be studied. The video focuses on legal psychoactive drugs, such as Vicodin and OxyContin, and the difficulties when trying to control pain with drugs. It also recognizes the problems with over-the-counter drugs, including cold and cough remedies, diet pills, and herbal supplements.

High School/Adult 35 min. 2004 DVD-339

#### **Prescription Drugs: Killing More Than Pain**

When America entered the new millennium, it entered a new era in the world of drug abuse. From the streets of the cities to the secluded family homes in the suburbs, prescription drug abuse is a problem that's spilling out of pill bottles and into the lives of millions all across our country. Back in 2000, about 1.5 million Americans abused prescription drugs. Two years later, that number quadrupled – to more than six million. That's a 400% increase. Thousands of people die each year because they overdose on prescription medications. Many abusers think they're an FDA-approved high, while others become addicted after using powerful painkillers to treat legitimate pain. During this broadcast, learn how abusers are getting their drugs and how law enforcement, doctors, and pharmacists are fighting the problem. Hear from recovering addicts, treatment providers, doctors, robbery victims and more. Prescription drugs kill much more than pain. Aired 3/3/05 *Includes powerful PSAs at the end of the video.*

Adult 60 min. 2005 V-420

**Prevention**

A Father Martin film presenting an overview of the problem of alcoholism and some common sense ideas on prevention.  
High School/Adult 32 min. 19?? V-150

**Rainbow War**

Three kingdoms, one Blue, one Red, and one Yellow, wage a colorful battle for supremacy in this award-winning fantasy. Paint buckets, brushes, and rollers are the weapons in the slapstick struggle, a splashy confrontation that results in the world's first rainbow and new friendship among the warring nations. *Rainbow War* features spectacular special effects and stirring music performed by the Royal Philharmonic Orchestra, London. It's a delightful allegory about tolerance and good will, a hit with audiences of all ages.

All ages 20 min. 1986 V-

**Reading Rainbow/Visiting Day, v. 146 [HOPE TO ORDER]**

A young girl and her grandmother make the long bus trip every month to visit the girl's father in prison. Some children don't get to live with their parents. In this episode LeVar introduces a family separated by a prison sentence. We join the family for visiting day and find out what life is like for kids when a parent is incarcerated, and what it's like for a parent who can't be at home with his family.

Elementary 30 min. 2004 V-

**Risk and Reality: Teaching Preschool Children Affected by Substance Abuse**

In recent years, teachers have reported an increasing number of children who display troubling behaviors and learning problems that they suspect may be related to the effects of substance abuse—either prenatal exposure to alcohol and drugs or the consequences of living in families and communities where substance abuse is common. These materials (which include a 30-minute video, a teacher's guide, and a research review) draw upon research and service demonstration programs to identify specific techniques and interventions that can help teachers effectively work with these children. Specific techniques described include: creating a nurturing classroom, encouraging cooperative play, minimizing distractions and facilitating transitions, helping children to manage their behavior, conducting ongoing assessment, and building strong links with families.

Adult 30 min. 1994 V-166

**The Road to Recovery Presents Addiction in the Home: Healing Lives, Families, and Communities**

Addiction affects more than one life: family, friends, and communities also experience the effects of a person's disorder. This program will explore the full spectrum of needs and services related to the family of someone with an addiction disorder. It will analyze key factors that can support or impede the recovery process, including employment, health care, children, mental health, and housing. Aired August 3, 2005.

Adult 60 min. 2005 V-492

**The Road to Recovery Presents Binge Drinking and Youth: What Everyone Needs to Know**

Results from the 2003 National Survey on Drug Use and Health show that 25 percent of Americans aged 17 had reported binge drinking (i.e., five or more drinks on the same occasion). By age 21, the percentage of binge drinkers had increased to 48 percent. College is clearly a catalyst for alcohol use; in fact, young adults aged 18 to 22 who don't attend college drink less than those who do attend. Many binge drinkers in college begin experimenting with alcohol in high school. Students may not want to think about it, but young people can become alcohol dependent and many will die from excessive alcohol consumption. This program will reveal the subcultures and behaviors that support binge drinking while highlighting prevention, early interventions, and treatment options. Aired 4/6/05.

Adult 60 min. 2005 V-4139

**Ruined Lives II: The Dangers of Methamphetamine [HOPE TO ORDER]**

Methamphetamine, also known as “speed”, “ice”, “crystal” and “meth” is a highly addictive drug. It allows the user to stay awake for long periods, reduced appetite, and keeps the user “high” for a relatively long time. It also is extremely dangerous, with potentially lethal short-term and long-term effects. This video includes the dramatic story of a young woman who tries “meth” for the first time – and the tragic, life-altering consequences of that act. Interviews with individuals whose lives have been affected by methamphetamine abuse lend a peer group reality to the program. High School 30 min. 200? D- or V-

**Safety: If You Feel Danger**

Mrs. Nelson, a crossing guard, presents in a non-threatening manner, serious situations involving weapons, inhalants, and deceptive adults. Along with the Safety Squad Singers, Mrs. Nelson empowers children to Stop! Get Away! Tell an Adult! Through the repetition of these steps, this video prepares primary students to respond quickly and confidently in the face of threatening situations, keeping themselves and others safe and sound. Kindergarten/Elementary 12 min. 2002 V-

**Say “No” to Drugs – It’s Your Decision**

Dave Winfield, New York Yankees, looks at drugs and their abuse from different angles.

Junior High School/High School 18 min. 1986 V-

### **Scaling New Heights – The Change Journey/PART 1: ESTABLISHING YOUR BASE**

Prevention is about change: changing community norms, changing systems, and changing ourselves. Part 1 features a combination of information, interaction, feedback and activities that build experience for understanding and achieving positive change. Aired 3/8/05. Guide accompanies video, THE CHANGE JOURNEY: ESTABLISHING YOUR BASE. Aired 3/8/05.  
Adult 120 min. 2005 V-430

### **Scaling New Heights – The Change Journey/PART 2: Venturing Out & Back**

The change journey continues in Part II: Venturing Out & Back with the application of change stages and processes to community change. The first broadcast supported learning from the inside out, i.e., how change happens within ourselves so we can better understand how change happens for others. Like individuals, communities and organizations have a change attitude. We often talk about it in terms of community norms. Once we have successfully raised awareness, change agents and communities often find themselves uncertain about what to do next to continue movement and build momentum for changing norms. This broadcast will provide insights into useful strategic processes applied at key change stages. Using these processes at the most appropriate time can catalyze community action. Aired 4/12/05.  
Adult min. 2005 DVD-431

### **Scaling New Heights – The Change Journey/PART 3: Reaching the Summit**

Reaching the Summit, the third and final broadcast in the Change Journey series, focuses on applying the model to real change initiatives in communities, organizations and agencies. Aired 5/10/05.

- How does this way of thinking inform prevention planning?
- What about readiness for change?
- What strategies and techniques would we use?
- How do I determine which strategy is best to use?
- Where does the data fit?
- How does this way approaching prevention support prevention systems?

Adult min. 2005 DVD-432

### **The Science of Methamphetamine: An Informed Recovery [HOPE TO ORDER]**

*The Science of Methamphetamine* separates the facts from fiction about meth treatment. The unscripted words of men and women who have experienced meth addiction are achingly honest. Clinicians from the Matrix Institute, renowned for its research of stimulants treatment, present clinical concepts in an easy-to-understand and engaging manner. For clients (and clinicians) who have been told that recovery from meth is almost impossible, *The Science of Methamphetamine* offers insight, experience, and hope.  
Adult 30 min. 2005 V-

### **What Would You Do? (For Youth)**

Here's the deal. Your friend is using and you need to say something without turning into a complete dork. The video's teenage hosts take other teens through the steps of talking seriously to a friend about drug use – without pushing them away or turning them off.  
Junior High School/High School 11 min. 199? V-

### **Calm Down and Follow the Moves (For Parents)**

In this video the hosts show parents the difference between confronting children in anger and using the six – step process to really help kids stay away from drugs.  
Adult 13 min. 200? V-

### **Time to Talk (For College Students)**

College students want to have fun, but they also don't want to see each other get hurt. This video is a dramatization of a six-step process college students can use when they want to talk to each other about behavior that concerns them. The script was developed and reviewed by college students themselves.  
College 10 min. 2003 V-

### **Self-Esteem (America's Teenage Video Magazine)**

In spite of the fact that John Foppe was born without arms, he has been able to develop a high sense of self-esteem. John discusses his handicap, shares his views on life and stresses that self-esteem is a personal choice. You will get to know John as he drives, goes to class, attends his Senior Prom and graduates from high school. His comments will encourage students to examine their own sense of self-worth.  
Junior High School/High School 20 min. 1988 V-

### **Set-Up for Relapse**

In this video, Michael Johnson addresses the relapse dynamics of the addicted offender. He explains the role of family and peer relationships in association with relapse. How boredom and a lack of activities can serve as a set-up. He will explain how many in

recovery have looked at sobriety as a "temporary" experience, only to be engaged in while incarcerated, or on probation and parole. This open, in your face presentation also addresses numerous other pitfalls associated with relapse.  
Adult 30 min. 1999 V-169

### **Shame and Addiction**

In this presentation, John Bradshaw establishes the role of 'shame' in the addictive person. He provides the shame-based individual with guidelines for total recovery. Once shame is identified and addressed, the transfer from alcohol or drug dependency to other addictions can be avoided.

High School/Adult 28 min. 1989 V-170

### **The Sober Life Treatment Series: My Behavior Explained, v. 1 [HOPE TO ORDER]**

During part-one of this three part series, Delbert discusses typical addict behavior and helps the viewer take a serious look at where addiction and getting high has taken them and how it has effected their behavior and caused them to react to various situations in their life. He explains how getting high pushes you away from your family and in many cases leads to the criminal element and unhealthy lifestyles.

Adult 31 min. 2007 DVD-

### **The Sober Life Treatment Series: My Attitude – Changing Perspectives, v. 2 [HOPE TO ORDER]**

During part-two Delbert continues to examine typical addict behavior and how an unhealthy attitude distorts the way you perceive information around you. Then he explains the importance of changing the way you do business with the world. He discusses how AA, NA, other 12-Step support groups and sponsors are a great way to help you develop a healthy positive attitude and can provide you with the support you will need to make the necessary changes and adjustments in your life to live a sober lifestyle.

Adult 44 min. 2007 DVD-

### **The Sober Life Treatment Series: Dedicating Yourself to Sobriety, v. 3**

Delbert discusses early sobriety and the importance of letting a sponsor and 12-Step meetings help guide you through the despair, loneliness, guilt, fear and boredom of early sobriety. He addresses how getting high has filled their life with unhealthy behaviors and decisions, that they have basically been living their life in a vacuum and now in order to live a life of sobriety they have to work at filling their life with healthy decisions and a healthy lifestyle focused on being around healthy people. He explains how sobriety can be made easier if you learn to follow directions.

Adult 49 min. 2007 DVD-

### **Sports & Drugs**

*Sports & Drugs* uses animation, live action and interviews with athletes, coaches, and medical experts to explore the effects of drugs on performance, health, and ethics. Therapeutic and performance-enhancing drugs, along with alcohol and other psychoactive substances are examined. *Sports & Drugs* has been produced in association with the [NCAA](#) to help athletic departments with their primary, secondary and tertiary prevention efforts.

High School/Adult 37 min. 1998 V-179

### **Stages of Change and Addiction [HOPE TO ORDER]**

"DiClemente masterfully teaches us how to help clients identify their addiction, get motivated to change, and progress through the stages to make and maintain changes and prevent relapse. Every clinician can benefit from this lucid, wise, and useful video, loaded with practical tips and with wonderful role playing that helps instill the considerable skills and knowledge needed to effectively help patients change." - Richard J. Frances, MD

Adult 117 min. 2004 DVD-

### **Stages of Family Recovery (cc)**

For families, the pain of living with a loved one's addiction can lead to shame, secrecy, and isolation. *Stages of Family Recovery* is an encouraging, empowering video that lets families know they're not alone- and that recovery is possible. Teens, parents, and grandparents share stories of despair and hope, helplessness and optimism. Clinical insights from Stephanie Brown, Ph.D., help families progress through stages of recovery.

*English & Spanish subtitles*

Adult 36 min. 2005 DVD-515

### **Steroid Abuse: Win Now, Lose Later [HOPE TO ORDER]**

Steroid abusers are often lured by the promises of athletic success and a 'beefed-up' body. As a result, young people who are looking for a short cut to the winner's circle or for an enhanced physical appearance may give in to the temptation to abuse steroids. In this eye-opening presentation, we will define and describe steroids, and then explore the reasons why people abuse these drugs. Associated health risks that accompany steroid abuse will also be explained.

Grades 6-12 28 min. 2003 V-

**Stop Thief! [HOPE TO ORDER]**

Designed for use in classrooms (middle school, high school, college) church youth groups, probation programs and community settings, this innovative video is making an impact on the growing problem of shoplifting by teenagers and young adults. Filmed in a contemporary style, dramatic sequences are mixed with interviews of real shoplifters, criminal justice officials, retail employees, and others. The video is accompanied by a facilitator's discussion guide. The overall objective is to stimulate discussion among students and raise awareness of the legal, moral and social implications of shoplifting. The primary message of the video is that shoplifting can be a serious crime with long-lasting consequences for those who decide to steal.

Junior High School/High School/Adult 20 min. 1996 V-

**Students, Parents & School Personnel "The Right Triangle" by Father Joseph C. Martin**

Cooperate in creating programs to help in living a drug-free life comfortably.

min. 19?? V-

**Street Drugs CD-ROM [HOPE TO ORDER]**

This educational CD will take the user through all of the major categories of illegal substances as well as other drugs of concern including alcohol, tobacco, steroids, and prescribed and over-the-counter medications. Enhanced learning tools include 13 short video clips and a collection of photo review sections as well as corresponding self-test quizzes and a final self-test. The CD is also filled with 250+ high-resolution photographs of illegal drugs and drug related material seized off the streets. The photos are easily viewed throughout the CD but are also arranged for PowerPoint®, Adobe® .pdf, and web-based viewing and can also be used to enhance your personal presentations.

High School/Adult CD-ROM-

**Substance Misuse**

"Seductive" and "intriguing" are two words that describe the effects of a wide range of dangerous substances. So are "addictive" and "lethal." This program examines some of the most commonly abused substances, explaining their effects and the problems they can cause. The substances covered include stimulants (MDMA, cocaine, amphetamines, nicotine, and caffeine), depressants (barbiturates, benzodiazepines, alcohol, and solvents); hallucinogens (LSD, cannabis, and "magic mushrooms"); and opiates (heroin and morphine).

Adult 28 min. 1993 V-

**Summer 1998 Distribution**

Brain, #1. Pledge, #2. When Others Ask, #3. Who Are Your Friends, #4. Noses, #5. Grow-up/Ballerina, #6. Grow-up/Millionaire, #7. Grow-up/Track Star, #8. Long Way Home, #9. Nursery rhyme Combo, #10. Generation Excellent, #11. Express Yourself, #12. If Everyone Else Did, #13. Henry, #14. Heroin Flat Line, #16. Hangman, #17. Needle, #18. My Reward, #19. My Reward, #20. Bad for Business, #21. Bad for business, #22. Lightbulb, #23. Perfect Age, #24. Fifth Grade, #25. Any Way You Can Talk, #26. Burbs, #27. Bby Knife, #28. Meredith Brooks, #29.

High School 12 min. 1998 V-

**Teens and Party Drugs: Dying for a Good Time**

The term, party drugs, makes the substances that fall into this category sound much more innocuous than they are. In actuality, some of these drugs can kill a user on his or her very first dose, so don't let anyone fool you into believing that as drugs go, they're fairly safe to use. Arm yourself with the knowledge you need to help combat the social pressures you may feel to experiment with these deadly substances.

Junior High School/High School 33 min. 2004 DVD-5057

**The Truth About Drugs (The Teen Files Series)**

*The Teen Files: The Truth About Drugs* is a powerful program that graphically demonstrates to teens the effects of various types of drugs on their self, friends, babies, and family. The damage drugs do to their body is not always apparent and today's teens often overlook the dangers they face when using such as rape, homelessness, suicide, jail time, and the inability to focus and study.

Grades 8-12 30 min. 2000 V-192 45 min. V-193

**The Truth About Hallucinogens**

Hallucinogens are making a comeback among today's young people. Viewers of this fast-paced, information-packed video will learn the dangers of illicit drugs like LSD, Ecstasy (MDMA), PCP (angel dust), peyote, mescaline, and mushrooms. Live-action video footage allows students to hear from young people who have faced grave consequences after experimenting with what they assumed were "natural" substances. *Hallucinogens: The Facts* uncovers many of the misconceptions that teens may have about hallucinogens. Not only are these substances illegal to buy, sell or possess, they are also extremely harmful and potentially addictive. Video reveals the long-

lasting and debilitating effects to the brain, central nervous system and other body systems. After viewing this video and completing the student activity sheets in the Teacher's Resource Book, your students will be armed with important information about the dangers of these popular drugs, and will be much less likely to experiment with hallucinogens.

Grades 7-College 18 min. 2002 V-407

### **Tweaked [HOPE TO ORDER]**

Many of today's youth, seeking to be thin, hip and beautiful are ending up dead. The Justice Department has named Crystal Meth "the drug of choice" for young people seeking some form of escape. "Tweaked" is a real life, youth oriented, look at the violence and abuse caused by Crystal Meth addiction. One addict said, "it's a euphoric drug that makes you hate the people you love and love the life you hate. A shocking and hard to watch film with graphic content and disturbing images designed to reach the Meth addict or potential users.

High School/Adult 20 min. 2004 V-

### **Tweaked: A Generation in Overdrive [HOPE TO ORDER]**

This version includes all of the same shocking footage plus an intimate look at a family of four girls who escaped the drug's deadly addiction. This tape is designed for addicts, potential users, and works well as an educational tool for parents, school officials, rehab centers and law enforcement agencies.

High School/Adult 50 min. 2004 V-

### **Twice Pardoned: an Ex-Con Talks to Teens**

Ex-con Harold Morris has spent more than a decade warning young people to avoid the snares that nearly destroyed his life. In this exciting film, which retraces his fall from all-star athlete to Death Row inmate, Harold talks about the perilous effects of peer pressure and how little mistakes can have big consequences. Given two life sentences for armed robbery and murder (crimes he did not commit), he spent ten years behind bars before receiving a miraculous parole and full pardon. Harold is author of the 1986 autobiography *Twice Pardoned* and its 1987 sequel, *Beyond the Barriers*.

High School/Adult 35 min. 1988 V-202

### **Understanding Addiction**

Noted author Roberta Meyer conducts an imaginative and visual tour through a 'life gallery' in this discussion and portrayal of addiction. The film follows three friends from their student days into their adult lives. All three have distinctly different reactions to the alcohol and drugs they use. On the surface, two of the friends, Richard and Mary, might seem to have more problems when using. They exhibit outward signs of intoxication, feel uncomfortable and have hangovers. As they grow older and their lives change, they both cut back on their use because they find it does impair their functioning on a day-to-day basis. The third friend, Tom, initially appears to be most in control. He has a high tolerance and rarely exhibits signs of discomfort as a result of using. It is this young man that the film follows most closely as his high tolerance and heavy usage develop into a serious addiction. The film gives poignant and realistic views of the effects of addiction on Tom's family and friends and a good general description of Employee Assistance Programs and interventions as Tom seeks sobriety. The film explores myths of addiction, effects on the children of alcoholics, genetic predisposition, triggering factors, addictions other than alcohol and drugs, guidelines for the non-addict, cross addiction, and stages of recovery.

High School/Adult 28 min. 1988 V-203

### **Understanding Who You Are: The Personality Video Series/Personality And Values – What Is Important To You?, v. 7**

Takes a look at what values are, and how we develop our own individual value systems. Each of the major personality types tends to cluster around core value systems and understanding those core values can help us all become more tolerant and accepting of others.

Junior High School/High School 15 min. 1991 V-447

### **Uppers, Downers, All Arounders, pt. 1 – The Effects**

*Uppers, Downers, All Arounders* is the most comprehensive video on psychoactive drugs available. It may be used in treatment centers to educate substance abusers, at the college level in conjunction with a course on psychoactive drugs, or for the general public to give a broad view of the effects and side effects of psychoactive drugs. The 30-minute format of each part leaves time for discussion in a 50-minute class. Part I, *The Effects* uses extensive animation, graphics, and live action to examine how and why the physical and emotional centers of the brain are affected by psychoactive drugs. It gives a general classification of drugs; discusses and illustrates tolerance, dependence, and withdrawal; and examines the various levels of drug-seeking behavior (experimentation, social use, habituation, abuse, and addiction).

High School/Adult 30 min. 1993 V-221

### **Uppers, Downers, All Arounders, pt. 2 – The Drugs**

Part II, *The Drugs*, identifies the most commonly used psychoactive drugs: alcohol, cocaine (including “crank”), heroin, MDMA (“ecstasy”), inhalants, look-alikes, marijuana, and benzodiazepines, such as Xanax; classifies them by effect; and shows how they are absorbed, metabolized, and used or abused. It also gives the audience a short history of the use of various psychoactive drugs.  
High School/Adult 30 min. 1993 V-222

### **Uppers, Downers, All Arounders: Drugs & Effects**

*Uppers, Downers, All Arounders: Drugs & Effects* is the most comprehensive video on psychoactive drugs. This revised production uses a visually compelling combination of animation, live action, graphics and interviews with addiction experts and particularly recovering users to present a current, wide ranging, nonjudgmental overview of drug use. Current drugs of abuse including “ecstasy,” methamphetamines, marijuana, and inhalants, along with the “legal” drugs (alcohol, caffeine, tobacco and benzodiazepines), are covered. In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. The video is divided into 17 segments with an imprinted reference time code for ease of use.  
High School/Adult 60 min. 2001 V-223 or DVD-223

### **Using the ASI (Addiction Severity Index) to Assess Client Needs and Treatment Planning, pt. 1**

Shows actual interviews conducted by experienced interviewers to demonstrate problems and interview techniques. Used in conjunction with the Training Facilitator’s Manual, an excellent tool for training intake workers and other service providers in the administration of the ASI.

Adult 65 min. 1995 V-414

### **Using the ASI (Addiction Severity Index) to Assess Client Needs and Treatment Planning, pt. 2**

Shows actual interviews conducted by experienced interviewers to demonstrate problems and interview techniques. Used in conjunction with the Training Facilitator’s Manual, an excellent tool for training intake workers and other service providers in the administration of the ASI.

Adult 64 min. 1995 V-415

### **Walking On Thin Ice: A Methamphetamine Prevention Video**

Methamphetamine, also known as ice, glass, crystal, and crystal meth, is seeping in from society’s fringe to infect mainstream America. This video gives teens the straight facts about meth from the perspectives of teens who are recovering from meth addiction, cops and a paramedic who relate true stories detailing the ravages of the drug, and a coroner who routinely performs autopsies on kids who have overdosed on meth. Viewers learn what meth is; its negative effects on the body, brain, and behavior; and its side effects. This video also covers refusal skills – advice given to teens directly from their peers.

Junior High School/High School 21 min. 1999 V-

### **Walking the Same Land**

This video targets young Indians who are returning to traditional cultural ways to strengthen their recovery from substance abuse. Young Aboriginal men from Australia share their culture and their healing with young Mohawk men from upstate New York. This video offers a holistic approach to substance abuse treatment.

High School/Adult 42 min. 2001 V-

### **Walking the Talk with Susan B. Wade, #1/Teens: What Makes Them Tick?, #2**

Eye on Idaho host Walt Baker interviews Susan B. Wade

Adult 18 min. 199\_ V-459

Raging hormones. Exploding sexual passion. Rebellion punctuated by tattoos, pierced lips, and unfathomable music. What happens during the teen years to make kids so different? In this fascinating ABC News special, John Stossel talks to a variety of teens and their parents and visits the Harvard Medical School’s Brain Imaging Center to reveal some surprising physiological reasons for teen behavior. He also discovers a social hierarchy among teens (the influencers, the conformers, the passives, and the edge kids) that is responsible for most fads, and talks with a psychologist and therapist about the secrets to successful parental nurturing: have rules but make them few, allow room for mistakes, and lecture less and listen more. *Selected DVDs and Videos for Young Adults 2000*

Adult 41 min. 1999 V-459

### **Walls That Speak: The Community Partnership Mural Project (includes both English and Spanish versions)**

This video documents a mural painting project in Santa Cruz County, California that used ethnic cultural expression as a substance abuse prevention strategy. This activity brought over 300 Hispanic/Latino youth and adults together to create three murals that counter negative pro-drug and alcohol messages. The Community Partnership Mural Project illustrates key strategies that can be implemented into substance abuse prevention efforts. These include (1) community involvement and the empowerment of young people, (2) fostering pro-social bonding between young people and their community, (3) utilizing mass media and marketing strategies to convey a positive pro-community message, and (4) mobilizing strengths of traditional cultures through ethnic-specific images, languages, and ideas.

High School/Adult 29 min. 1997 V-

### **A Wasted Breath: Kids on Inhalants**

This video talks to kids about the dangers of inhaling common, legal household products – without being a ‘how-to’ for youngsters. Kids who have experimented with inhalants explain how peer pressure can be either an introduction or a deterrent to drug abuse. The program addresses the problems and dangers, both healthwise and socially, of inhalant abuse. It features conversations with recovering abusers, a peer counseling group in action, and a drug education specialist. Nonthreatening but frank, it covers the information students need to know about these dangerous chemicals.

Grades 4-12 19 min. 1992 V-

### **What Is Your Drug I.Q.?**

Created to dispel the myths and half-truths surrounding the common drugs of abuse, this video involves the audience by leading them through a series of true/false questions that test their knowledge on alcohol, marijuana, LSD, cocaine, heroine and inhalants. Viewers are challenged by twenty-one questions whose answers are supported by factual studies and recent statistics about each drug. Audiences increase their awareness of the physical and psychological effects of drug abuse, along with the impact of drugs on society.

Junior High School/High School 17 min. 1995 V-

### **What’s Wrong with Methamphetamine?**

The video combines first person accounts from methamphetamine abusers and interviews with medical and law enforcement professionals to convey a powerful message to students. A young former methamphetamine addict recounts his harrowing personal story. Thinking he was merely experimenting, he quickly became addicted – not just to methamphetamine but to the inevitable downward spiraling lifestyle as well. Viewers of the documentary witness the lingering and debilitating long-term impact of the drug on the youth, despite his escape from addiction. A DEA Special Agent outlines the grim, violent existence of the typical methamphetamine abuser whose likely ultimate future is imprisonment. Inmates from Louisiana’s Angola State Prison reinforce his message through their sobering individual stories of addiction and its impact on their lives. An emergency room doctor confronts teenage viewers with the hard medical facts and serious consequences, including irreversible brain damage, which come from using this lethal drug. Students will learn that meth is a scary drug, that its abuse is an epidemic afflicting both urban and rural communities nationwide, and that extreme dangers and environmental hazards accompany its use and production.

High School 26 min. 2002 V-356

### **Why Can’t We Be a Family Again? [HOPE TO ORDER]**

One tragic byproduct of drug addiction is the effect the addict’s self-destruction has on their loved ones. This wrenching documentary, narrated by Ossie Davis, follows the lives of teenage Danny and his younger brother Raymond as they cope with their mother’s battle with substance abuse. The boys’ mother continues to relapse despite several attempts at rehabilitation, and soon her own legal rights as a parent are threatened. Fortunately, the boy's grandmother steps into the breach to raise Danny and Raymond. Through it all, the brothers struggle to keep alive their hope for a better future. There is no Hollywood ending to this story, no easy solutions to a difficult situation. But despite the heartbreaking nature of this scenario, **WHY CAN’T WE BE A FAMILY AGAIN?** isn’t just a cautionary tale of the dangers of drug abuse; it’s also a source of inspiration, a testament to human determination in the face of impossible odds.

High School/Adult 27 min. 2002 V-

### **Why I Won’t Do Drugs**

This video encourages students to take good care of their bodies through a healthy lifestyle, pointing out that taking good care of your body means not using illegal drugs. While some drugs--medicines--can be helpful, others--alcohol, tobacco, and marijuana--can harm the body.

Grades 2-4 11 min. 1992 V-224

### **Will You Be There Tomorrow?**

This video advocates anti-legalization drug policies with graphic depictions of children using drugs.

Grades 6-12 5 min. 1995 V-225

### **Wired: Caffeine Dependency**

Caffeine is a drug that can have some serious, negative side effects. Learn why you should limit your consumption of caffeinated products.

High School 22 min. 2001 V-

### **You Don’t Want to Live in My House [HOPE TO ORDER]**

This 30-minute documentary was produced primarily by prison inmates, showing the reality of being confined to prison: life behind walls, the daily monotony, no freedom or privacy, and loneliness. *You Don't Want to Live in My House* was created by the inmates to deter juveniles from crime, by giving them a first hand look at what it's really like behind bars. Inmates give heartfelt confessions about missing their families and a truly eye-opening tour of their dreadful living conditions. They talk about how doing drugs, being in gangs, and just hanging out with the wrong crowd got them in the position they are in today.

High School 30 min. 2005 V-