

Safe and Drug-Free Schools Videos/DVDs

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Video/DVD Lending Library
Revised October 1, 2009

The ABC's of Bullying Prevention Series [HOPE TO ORDER]

Learn how to spot and stop the #1 behavior problem in today's schools. Dr. Kenneth Shore, educational psychologist and renowned author, presents an innovative approach for school communities to address and eliminate bullying. Four separate films targeted to each specific stakeholder - parents, teachers, paraprofessionals, and administrators - offer powerful, effective strategies to help guide and counsel bullies and their victims.

Parents (29 minutes)

Paraprofessionals (27 minutes)

Teachers (30 minutes)

Administrators & Pupil Services (32 minutes)

Adult 118 min. 2005 DVD-

Abusing Over-the Counter Drugs (cc)

Teen drug abuse isn't limited to illicit drugs. Many OTC (over-the-counter) drugs are misused by kids—from cold remedies to pain killers to diet pills. This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like heroin. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can also result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose apparent experimentation with the drug was a cause in her own death. Students will also hear a no-nonsense message from a district attorney describing the severe legal consequences teens can receive if found driving or committing a crime while under the influence of these substances. The program also teaches viewers how to carefully read and understand OTC drug labels for active ingredients and potential overdose.

Grades 7-College 22 min. 2005 V-5073 or DVD-5073

Ad-Libbing It

This entertaining video looks at powerful media influences on youths' decision-making about alcohol and tobacco.

Junior High School/High School 11 min. 1986 V-

AfterSchool Programs: Bureaucratic Barriers and Strategies for Success (a toolkit for school leaders)

This DVD features urban, suburban, and rural superintendents commenting on barriers to afterschool programming, promising practices, and advice to other superintendents on overcoming these barriers.

<http://www.aasa.org/focus/content.cfm?ItemNumber=2116&snItemNumber=2117>

Adult 17 min. 2005 DVD-5094

Alcohol & the Teenage Brain: A Video Guide for Parents & Professionals (cc)

This no-nonsense, straightforward video presents the latest research about how alcohol impairs the growing adolescent brain. The context is delivered by neuroscientist and researcher Scott Swartzwelder Ph.D. of Duke University whose groundbreaking research will be a wake up call for parents, school administrators and substance abuse professionals who want to learn more about the damaging effects of alcohol on teens. Swartzwelder explains that ten years ago researchers used to believe that the brain was finished developing at birth. Now scientists know that the brain is growing and developing through adolescence and into one's early twenties. The research has further shown that adolescents experimenting with alcohol and binge drinking are literally putting their futures at risk by compromising the full potential of their brains to learn, conceptualize and prepare for college and the workplace.

Junior High School/High School/Adult 20 min. 2004 V-5050

Alcohol: True Stories (cc)

Alcohol: True Stories hosted by Matt Damon tells true stories of four young people and how their choices about alcohol impacted their lives.

- ❑ Robert was a star soccer player. After drinking a few beers, he crashed his dad's car. His leg was severed. Robert wishes he'd listened to his dad's warnings about alcohol.
- ❑ Dana lost two family members to murder. Unlike many who turn to alcohol to deal with stress and sadness, Dana and her cousin find healthy ways to cope.
- ❑ Megan was diagnosed with alcoholism at 16. At first she denied she had a problem. One night, while drunk, she was sexually assaulted. Megan tells how she finally asked her parents for help and how she feels today about underage drinking.
- ❑ Ilton is a talented hip-hop dancer. His dedication to his sport, his determination to be a role model to others and his mom's guidance helps Ilton avoid alcohol.

Junior High School/Senior High School 20 min. 2002 V-5000

Alternatives to Violence, pt. 1: Conflict Resolution, Negotiation & Mediation for Students

Students will learn the value of problem solving and conflict resolution as alternatives to fighting. Through dramatized sequences, skills such as listening, oral expression, critical thinking, assertiveness and negotiation will be taught.

Junior High School/Senior High School 30 min. 1994 V-5001

Alternatives to Violence, pt. 2: Implementing Conflict Resolution Programs in Schools

Teachers, counselors, administrators and parents will learn methods of employing conflict resolution skills in everyday interactions in school. Basic techniques for setting up a peer mediation program will be introduced; ways to resolve youth-adult conflicts will be explored.

Adult 30 min. 1994 V-5002

B Careful When U Text: The Dangers of Texting and Sexting (cc)

A nasty rumor spreads through school with lightening speed. A bully's taunt reaches its target instantly. A young teen is caught "sexting"—sending sexually explicit images or words over a cell phone. Today, kids no longer have to wait to get to a desktop computer to see and hear all the latest gossip. It's right in their hands, on their cell phones, mobile email devices and handheld computers, giving them the ability to take and send pictures and videos and instantly access social networking sites like Facebook and Twitter. Using dramatic scenarios as well as first person experiences, explores the positive and negative sides of this new technology. Gives viewers a primer on the Do's and Don'ts of text messaging, including the laws on privacy and child pornography, setting and maintaining personal boundaries, dealing with unforeseen consequences, and underscoring the need to "think before you click".

Grades 5-9 20 min. 2009 DVD-5133

Beyond the Bell: A Toolkit for Creating Effective After-School Programs

The *Beyond the Bell Toolkit* is a practical resource for managing every aspect of your afterschool program. Whether you are a program director or a site coordinator, the *Beyond the Bell Toolkit* will provide you with the tools and knowledge you need. Resources are available in the areas of management, collaboration, evaluation, communication, linkages with the school day, family involvement, and staff development in the form of program design and delivery. The *Toolkit* also contains a CD-ROM with four video segments on linkages to the school day and electronic versions of all the tools so they can be easily modified.

Adult 2005 CD-ROM-

The Big Deal About Bullying and What You Can Do About It

Bullying makes people feel bad and often scared. Internet bullying is even becoming common because you can't see the perpetrator. Students will understand what bullying is: such as teasing, name-calling, hitting, gossiping, and other hurtful behaviors. Understand why some kids like to be bullies. Learn strategies to use if you are a target of bullying or a bystander who wants to interrupt the bullying. Includes interviews with real kids and experts on bullying, being a victim - including Internet bullying, and ways to cope.

Grades 6-12 20 min. 2005 V-5095 or DVD-5095

Boys on Bullying (cc)

Five boys tell how bullying affected their lives and how supportive relationships with friends, family and community helped. Includes guide for leading discussions with young people. Excerpts shown on The Oprah Winfrey Show.

Ages 13-19 20 min. 2003 V-5074 or DVD-5074

Brandon Tells His Story

At the end of a long, tiring day, Brandon Silveria had a few drinks at a party, managed to drive his friends home, then wrapped his car around a tree. He spent the next three months in a coma and the next three years in rehabilitation. His speech is slurred, his walk is unsteady and his memory is permanently impaired. You'll hear first hand from Brandon what it's like to fight every day to get his life back to where it was. You'll meet his high school friends who are through college now and moving on. You'll get to know the extraordinary Silveria family and begin to understand where Brandon gets his courage. Most of all, you'll see how many lives can be changed forever by one irresponsible decision.

Grades 9-12 28 min. 1995 V-5003

Building on Native Family Strengths

Introduction and Historical Background, v. 1

Adult 36 min. 1997 V-5004

Cultural Competency in Working with Native Families, v. 2

Adult 73 min. 1997 V-5005

Dynamics of Difference, v. 3

Adult 33 min. 1997 V-5006

Images of Differences and Similarities; Building on Strengths, v. 4

Adult 42 min. 1997 V-5007

Building Respectful Schools and Classrooms

Focuses on creating a climate of respect in both the school and classroom. Features interviews with teachers who have successfully established norms and expectations for respect. Demonstrates through videotaped training exercises what school staff can do and say to deal with disrespectful behavior, from profanity and putdowns to bullying.

Adult 30 min. 1998 V-5008

Bullies Are a Pain in the Brain (cc)

Every kid runs into a bully sometimes, and our hero Jack is no exception! After being picked on, pushed around, and threatened by Henry the bully, Jack tries self-defense, insults, and even disguises to stop the bullying - but nothing's working. Finally, he comes up with a fail-safe solution - stay home from school forever! But, of course, Trevor and Jack's friend Skye aren't going to let him off so easy. From sketchpad to schoolyard, Trevor teaches Jack ways to handle a bully and the secrets for becoming bully-proof.

- Parent's Choice Award – Silver Award
- CINE Golden Eagle Award
- Communicator Award – Crystal Award of Excellence
- Kids First! Endorsement

Meet Trevor 5 min.

Trevor Live 11 min.

Ages 8-13 31 min. 2004 DVD-5072

The Bully Smart Series [HOPE TO ORDER]

This four-part comprehensive series and accompanying print curriculum deal with bullying behavior students face both in and out of school. Whether the viewer is the individual being bullied or doing the bullying themselves, this program offers a fresh view of a serious problem and offers steps to remedy any bullying situation. Skills learned in this series will carry over to an array of circumstances facing youth today and build the assertiveness needed to cope with negative peer pressure, drugs and alcohol, sexual harassment and other compromising situations.

Grades 3-6 60 min. 2005 DVD-

Can You See My Pain? (cc)

Can You See My Pain? powerfully explores the topic of self-injury. Nearly 3 million people in the United States are currently estimated to self-injure. As a disorder that is just beginning to come to light, it engenders confusion and mixed responses. Even among professionals, as people struggle to identify the causes and treatment strategies for self-injury. Personal accounts of women, ages 14 to 57, and statements by professionals, Karen Conterio and Dr. Wendy Lader, authors of the book *Bodily Harm: The Breakthrough Program for Self-Injurers*, provide a comprehensive look at this problem. *Can You See My Pain?* presents treatment strategies and messages of hope for those who self-injure.

High School-Adult 60 min. 2000 V-5051 or DVD-5051

Celebrate What's Right With the World

In *Celebrate What's Right With The World*, Dewitt Jones asks: Do we choose to see possibilities? Do we really believe they're there? He assures us that there is always more than one right answer. Celebrating what's right with the world helps us recognize the possibilities and find solutions for the challenges before us. This inspirational, best-selling training program utilizes stunning photography and powerful dialogue to help viewers approach their lives with celebration, confidence, and grace. PowerPoint Presentation, Video Transcript, PowerPoint Viewer, Leader's Guide & Workbook included.

High School-Adult 22 min. 2001 DVD-5099

Challenge Day

The Challenge Day DVD includes two short and powerful documentaries: a 15 minute excerpt from the Emmy award winning "Teen Files: Surviving High School" and the entire 23 minutes "The Bully Solution".

www.challengeday.org

High School 38 min. 2005 DVD-5041

Children, the Internet and Pornography: The Adolescent and Teen Years, v. 1**Children, the Internet and Pornography: The Preschool and Elementary Years, v. 2****Children, the Internet and Pornography: Child Porn, Molesters and the Internet, v. 3**

With the rapid growth of the Internet and its many benefits it also has a dark side. Today children are being exposed to porn via the internet at an alarming rate. In this video series, we will show you as the educator, caregiver and parent, how to deal with this phenomenon. From preschool, jr. high and high school the warning signs to look for, installing parental controls, parental involvement, the role of the educator or caregiver, group therapy and much more...

Adult 23 min./19 min./24 min. 2004 V-5075, V-5076, V-5077 or DVD-5078

Choices

“You know it’s ok if you don’t drink”. Animated

Junior High School/High School 30 seconds 1997 V-5058

The Choking Game (cc)

This program exposes “the choking game”...a shockingly foolish and deadly activity among 9-14 year olds that has resulted in the tragic deaths of children across the country. Through interviews with children who have participated in the “game”, siblings and parents of children who have died, and experts and physicians, young viewers get the straight and alarming facts about just how dangerous this “game” is. One young teen describes his personal experiences with the “game” and how his twin brother Gabriel died from it in an attempt to get high without drugs. Dr. Thomas Andrew, a medical examiner, describes what actually happens to the brain when the blood flow gets cut off causing brain damage and possible death. A parent describes and details the tragic death of her son in an attempt to prevent others from the same fate. Gives young viewers information explaining the difference between healthy and dangerous risk taking.

2007 Notable Children’s Videos

Grades 5-9 19 min. 2006 DVD-5100

Cipher in the Snow

This is the story of a small boy whom nobody seemed to care about until his untimely death one winter morning. The viewer is shown how Cliff Evans went from an eager but timid little boy to a withdrawn and socially unskilled junior high student. It is a true story based on Jean Mizer Todhunter’s award winning story.

Senior High School/Adult 24 min. 1973 V-5009

Cleaning Up the Streets: Keeping Drugs Out of Your Neighborhood [Available online only]

It seems we didn’t hear too much about gangs at the end of the last century, but they’re back again with a vengeance. Gangs rely on drugs to make their money. Even where there aren’t gangs, drugs have infiltrated neighborhoods. There are things you can do to get them out. During this hour-long broadcast, learn how community policing works in neighborhoods and how coalitions can help with the process. Also, see how the weed and seed strategy “weeds” out drug trafficking, violent crimes and related offenses through coordinated law enforcement and community policing; and then “seeds” the designated areas with prevention, intervention and treatment programs.

Mary Elizabeth Larson, CADCA’s Vice President for Communications and Membership, will moderate a panel of experts, featuring:

Dennis Greenhouse, the new Director of the CCDO; **Beverly Alford**, Assistant Director of the Training and Technical Assistance Division at the Office of Community Oriented Policing Services (COPS); **Joseph Smith**, a Community Policing Officer with the St. Petersburg, Fla. Police Department; and **Tim Guerrette**, a gang expert and a member of the Collier County, Fla Sheriff’s Office. Aired July 27, 2006. Adult 60 min. <http://www.health.org/multimedia/webcasts/w.aspx?ID=455>

Cliques, Phonies & Other Baloney [HOPE TO ORDER]

Being part of a clique is okay, but excluding others and putting people down is not. Trevor shows kids the importance of being true to ourselves and that we are all, One of a Kind.

Grades min. 2006 DVD-

Country Boys (Outreach and Education Module)

From David Sutherland, acclaimed director of THE FARMER’S WIFE, comes **Country Boys**, an inspirational coming-of-age story about two boys from Eastern Kentucky’s Appalachian region. Cody Perkins and Chris Johnson struggle to overcome numerous obstacles related to their unique family lives and the economic circumstances of this region. At the same time, their individual stories offer valuable insights into the universally complex problems faced by all teenagers and those who love and support them. **Country Boys** traverses the emotional terrain of two boys who are about to become men. Through intimate cinematography and extraordinary sound design that puts the viewer inside the skin of the story’s colorful and compelling characters, the film documents the boys’ struggles to overcome hardship and poverty and to find meaning in their lives. Trailer: 7 minutes

High School/Adult 55 min. 2005 DVD-5091

Danger Signs

Road sign vandalism takes a tragic toll on our nation's streets and highways. The annual loss of life and property due to what some consider a harmless prank requires immediate attention and strong preventative action. *Dangers Signs*, the award-winning video produced by the Department of Transportation's Federal Highway Administration and the American Traffic Safety Services Association, is an important step in this direction. The video drives home the devastating results of sign vandalism on victims, their families, and those that commit the crime. This is an excellent tool for education, law enforcement and safety officials to curb this growing menace. After viewing this video, a missing stop sign or painted-over railroad crossing sign will take on new meaning. It reminds us all that a vandalized sign is a tragedy waiting to happen – a tragedy that can be prevented.

Junior High School/Senior High School/Adult 10 min. 2000 V-5010

Danger! Toxic Chemicals: An Inhalants Prevention Video

Danger! Toxic Chemicals is a short, dramatic educational video for use in fifth through eighth grades. It introduces students to the truth about inhalants with energy and a cutting-edge visual style. Students will learn the straight facts about sniffing and huffing and how these actions can cause permanent injury or even death. Most important, this video dispels the myth among kids that common household products must be safe "because they're all around us."

Grades 5-8 14 min. 1999 V-5011

Defending Yourself: Bullying, Teasing & Put-Downs

This emotionally charged video makes children really think about the issues related to bullying, teasing, and put-downs by posing important questions about bullies and their victims. *Defending Yourself: Bullying, Teasing, and Put-Downs* also offers children positive suggestions on how to resolve bullying behavior in safe yet effective ways. Through testimonial interviews, children share their experiences with bullying, teasing, and put-downs and provide comment on what worked to stop it, and what did not. In addition to the children's testimonials, counselors and youth workers offer their expertise on why bullies act out and what makes someone a victim of this behavior. 2003 Parent's Guide To Children's Media, Honor Award

Ages 8-Adult 35 min. 2002 V-5096 or DVD-5096

Don't Pick on Me!

Most youth get teased by others at some time, but when teasing gets out of hand, it takes an ugly turn and becomes harassment. The dynamics behind teasing and being teased are examined, and models are shown of effective responses to being harassed. Viewers are challenged to explore the issue of peer cruelty through thought-provoking discussion questions.

Grades 5-9 21 min. 1993 V-5012

Don't Suffer in Silence: Sexual Harassment

When a group of students decide to make a video about sexual harassment, they encounter a female student who actually is being sexually harassed. They convince her to report the situation to a counselor. The counselor conducts a hearing, interviewing the targeted student as well as the harasser himself. Intertwined with the story are interviews with law enforcement and school officials who define what sexual harassment is, show how targeted students can empower themselves, and explain a range of consequences for students who harass others.

Grades 9-12 29 min. 2003 V-5079 or DVD-5079

Dr. Phil/Bullies

Schoolyard bullying is far more serious than just name-calling and teasing. It's escalated to include harassment, beatings and even death threats. What motivates children to bully? How can the victims of bullying fight back? What can students, parents and teachers do to eliminate bullies in their schools? Dr. Phil offers insight and advice, including how to launch an anti-bullying campaign in your school. Dr. Phil sent Jay to the Barbara Bush Middle School in Irving, Texas to talk to students, teachers and parents about what they can do to stop bullying in their school.

High School/Adult 43 min. 2003 V-5092

Drama Queens and Tough Guys: Helping Teens Handle Emotions (cc)

Intense emotions are part of every teen's life. Too often, however, these emotions spill over into "dramas" with groups of kids reacting to and escalating the impact of the drama. The by-product is a ripple of emotional chaos that extends beyond the group members and can negatively affect the atmosphere of the school. Using four "real life" scenarios, the program enables viewers to recognize emotional "drama" and helps them find legitimate ways to handle intense emotions. In one scenario, news of Jenna and Kyle's break-up travels through the school via cell phones, blogs and gossip. Jenna goes ballistic as groups of friends take sides and escalate the problem. Each scenario is used to underscore teaching points and strategies for coping with strong emotions, to understand why drama often overwhelms an emotionally charged situation, and to learn "drama avoidance" skills.

Grades 5-9 18 min. 2006 DVD-5113

The Early Faces of Violence: From Schoolyard Bullying and Ridicule to Sexual Harassment Series

Show and Tell! The Movie, v. 1

This school time movie entitled *Show and Tell!* depicts a dynamic tale of a student as he confronts violence, bullying and inappropriate sexual conduct in his school. NOTE: This video is the showpiece of the entire Early Faces of Violence program. We recommend that it be shown before the viewers watch any of the companion instructional videos.

Pre-K through 6th Grade 20 min. 1999 V-5013

You and Me, v. 2

This sensitive and lively video engages younger students in learning how to respect each other and how to seek help when they need it. *You and Me* addresses hurtful teasing, bullying and inappropriate sexualized behavior, starting character education as early as possible.

Ages 4-6 15 min. 1999 V-5014

Learning the Game, v. 3

This video nurtures the children's budding sense of empathy and accountability for their own actions. Class instruction focuses on the lessons learned by the main characters in *Show and Tell! The Movie* regarding violence, bullying and sexual harassment.

Ages 7-9 14 min. 1999 V-5015

Max's Magical Machine, v. 4

This video emphasizes empathy and responsibility for the consequences of our actions. Live interviews with students encourage discussion of *Show and Tell! The Movie* and highlights the main themes of friendship and personal sense of self. *Max's Magical Machine* addresses violence, hurting others, bullying and sexual harassment.

Ages 10-12 18 min. 1999 V-5016

A Culture of Cruelty, v. 5 [For Teachers and Staff]

A Culture of Cruelty explores the immediate and long-term impact of the pervasive climate of ridicule and peer harassment on students. Interviews with experienced teachers, counselors, community members, parents and experts in human behavior address the continuum of behaviors, from general harassment to sexual misconduct.

For Teachers and Staff 20 min. 1999 V-5017

Just the Facts, Ma'am, v. 6

Addressing how to investigate and document when necessary, this video is for those responsible for taking action and following through on concerns or complaints regarding violence, bullying and sexual harassment. It includes investigation techniques and documentation for reports and discipline.

Teachers, Counselors and Administrators 26 min. 1999 V-5018

You and Your School, v. 7

You and Your School educates parents, guardians and community members about the issues of violence, bullying and sexual harassment and talks about what they can do at home to help. This school time movie entitled *Show and Tell!* depicts a dynamic tale of a student as he confronts violence, bullying and inappropriate sexual conduct in his school.

For Parents, Guardians, and Community 12 min. 1999 V-5019

Ella the Elegant Elephant

The littlest elephant in Little Village is also just a little bit shy. She's moved to a new neighborhood, and has to start at a brand-new school. Good thing she has her grandma's lucky hat to take along. But Belinda Blue the bully doesn't like Ella. And she doesn't like the hat. And that means trouble with a capital "B". Based on the 2004 picture book by Carmela and Steve D'Amica.

Ages 4-6 10 min. 2005 DVD-

Ethics: Cheating and Plagiarism (In the Mix Series)

Is copying homework from a friend considered cheating? What about getting material from the Internet? The issue of cheating in schools is more prevalent and relevant than ever in today's culture; polls show that 80% of high school students admit to having cheated. In this program, teens speak out frankly about why they feel the need to cheat, and raise questions about the definition of cheating. We also meet ninth graders from a New Jersey high school who are required to participate in a series of ethics courses and, in a cheating and plagiarism workshop, wrestle with typical situations and solutions. The students also discuss the long term effects of cheating and ways that it might be prevented. According to Booklist, "This video addresses a troubling topic in an intelligent manner... questions serve as potent classroom discussion starters."

Grades 5-12 30 min. 2004 V-5080 or DVD-5080

"Guess What I Just Heard..."

Addresses the problem of rumors and gossip and the speed with which they circulate through an entire school, often becoming exaggerated along the way. Using realistic scenarios, this program details the heartache and frustration rumors can cause, then follows up each scenario with thought-provoking questions to give viewers opportunities to talk about a problem so painful to and prevalent among middle schoolers.

Grades 5-9 22 min. 1999 V-5059

Hidden Scars, Silent Wounds: Understanding Self-Injury (cc)

This video investigates the phenomenon of self-injury. Self-injury refers to a pattern in which a person harms himself or herself by cutting or even burning parts of the body to relieve stress from pent-up emotions. Many people suffer from this usually secretive activity. Typically they have endured unusual and stressful events or abusive family situations, and have resorted to self-injury as an unhealthy coping mechanism. The video and print package demystifies this often-misunderstood problem by offering candid interviews with “cutters” and their families, as well as commentary by noted experts in the field. One interviewee describes her cutting as a form of self-punishment, but also as a strategy to keep her emotions from spiraling out of control. Viewers learn about the symptoms and causes of self-injury from a psychologist along with effective knowledge to sufferers and their families.

Grades 7-College 25 min. 2002 V-5052

High-Risk Youth/At the Crossroads

This video addresses drug abuse prevention by focusing attention on specific negative social, economic and behavioral problems that make youths more vulnerable to drug abuse problems. Hosted by LeVar Burton, the program promotes a “risk-focused approach” to youth drug abuse prevention that goes beyond “just say no.” The documentary profiles several high-risk youth and examines their vulnerable characteristics through commentary from several nationally renowned authorities.

Adult 22 min. 1989 V-5060

Huffing: the Latest Facts About Inhalants Abuse (cc)

This gripping program shares unforgettable real stories of teens fighting their abuse of inhalants, as well as families who lost a child to inhalant abuse. Compelling interview segments include an Ohio police officer whose son died after a brief experiment with inhalants—which his friends assured him were a “safe way to get high”—and a recovering teen who learned first-hand that huffing inhalants is not only perilous, but can quickly lead to other types of drug abuse. National experts discuss the addictive nature of inhalants and clearly outline the damage these toxic chemicals cause to the brain, heart and lungs. Teacher’s Resource Book provides follow-up assignments and reinforces the program’s powerful no-use message. *2008 Notable Children’s Videos*

Grades 5-9 20 min. 2006 DVD-5114

I Can’t Do My Homework, Why? [HOPE TO ORDER]

Follow four students – Samantha, Kareem, Henry and Maria – as they try to figure out why their homework is so difficult to manage. Samantha feels overwhelmed by too much homework. Kareem has too many after-school activities to juggle. Henry is a procrastinator. Maria is having emotional troubles that make it hard for her to concentrate. This program uses kids in actual homework “stress” situations to teach basic homework skills. Kids learn that homework is a useful learning tool that reinforces school work; but sometimes it takes problem-solving by kids, parents and teachers to make daily homework a success. Topics include how to remember assignments, how to schedule homework into busy days, and how to plan for projects, special events and tests. Program emphasizes that homework success needs a quiet, regular routine; good communication between students, parents and teachers; breaking big homework assignments down into manageable parts; and, planning, organizing and checking. Viewers learn how to use a homework agenda book to organize assignments and after-school activities. The message is clear – successful homework skills take effort, practice and time to learn.

Grades 3-6 18 min. 2005 DVD-

I’m Telling: a Tattlers Tale [HOPE TO ORDER]

A whimsical creature named Tad helps youngsters figure out the difference between “Telling” and “Tattling.” Through the use of age-appropriate vignettes and engaging music, this video demonstrates that, except in situations where someone might be hurt, it is better not to tattle - it’s best to try to solve problems yourself.

K-2 16 min. 1996 DVD-

Internet Predators: Preventing the Attack Against Our Kids [HOPE TO ORDER]

High School/Adult 30 min. 2005 DVD-

It’s a Girl’s World [HOPE TO ORDER]

Social bullying among girls is a form of behavior that is insidious, complex and all too often unrecognized. Through revealing interviews and an actual bullying incident in a playground, we begin to understand the covert nature of this behavior. At the same time, we see parents struggle through denial and disbelief then come to accept and deal with what their daughters are doing to each other. Interwoven with this is a cautionary tale of a teenager who committed suicide after being targeted by rumor-mongering and verbal threats by her peers.

“This technically superior, disturbing documentary offers insights into group social dynamics. Recommended.” – Booklist

65 min. 2004 DVD-

It's So Much Work to Be Your Friend [HOPE TO ORDER]

Drawing on three decades of experience in residential schools, Richard Lavoie provides powerful strategies for teaching friendship skills in the classroom, on the home front, and in the community. First you'll explore the causes and consequences of "social incompetence." Then you'll gain field-tested advice on how to help children work through daily social struggles and go from being picked on and isolated to accepted and involved. The DVD features bonus materials on bullying and the role of teachers, plus a Spanish-language track. Adult 60 min. 2005 DVD-

The Killing Screens: Media & the Culture of Violence

Addressing specifically the question of violence and the media, *The Killing Screens* urges us to think about the effects of the media in new and complex ways. In contrast to the relatively simplistic behaviorist model that media violence causes real-world violence, George Gerbner encourages us to think about the psychological, political, social and developmental impacts of growing up and living within a cultural environment of pervasive, ritualized violent images. *Due to its subject matter, this program contains scenes of graphic tv and movie violence that may disturb some viewers. DISCRETION IS ADVISED.*

High School/Adult 34 min. 1994 DVD-5117

Learn Gun Safety with Eddie Eagle

With a firearm present in about half of all American households, kids must learn that *guns are not toys*. The Eddie Eagle Elementary Gun Safety Education Program teaches children this vital lesson through four simple safety steps. If you see a gun:

- STOP!
- DON'T TOUCH
- LEAVE THE AREA
- TELL AN ADULT

Elementary 7 min. 1992 V-5061

Lessons from Littleton: Teens Making a Difference

In the aftermath of the tragic Columbine High School shootings, *Lessons from Littleton* shows us what's *right* with today's teenagers. This follow-up to *She Said Yes: The Unlikely Martyrdom of Cassie Bernall* reveals the stories of the teenagers whose quiet courage and compassion made life-changing differences in their community and in the life of Cassie Bernall, one of the Columbine victims. *Lessons from Littleton* is divided into three parts. In part one, "Teens Reaching Out to Teens," members of Cassie's youth group talk about first meeting Cassie and the support and friendship they offered her as she began a new life. Members of an inner-city outreach group speak out in part two, "Teens Reaching Out to the Community." They tell us how they were both encouraged and inspired by Cassie and her youth group friends. And in part three, "A Teen Reaching Out to a Friend," a teen named Jamie tells us about how she was able to reach Cassie in Cassie's darkest hour – when she was grappling with anger, drugs, and witchcraft – to help her begin a journey toward the light. The companion discussion questions will help you facilitate a group discussion in your school or youth group about how teens can make a difference in their community.

Junior High School/High School 25 min. 2001 V-5049

Lessons Learned: Breaking the Cycle of Violence II series**Acting on Early Warning Signs, v. 1**

Quickly and accurately identify young people at greatest risk of harming themselves and others. Understand positive steps schools, parents, and communities can take to respond to these signs without "scapegoating" particular categories of students. Learn strategies for reviewing, updating and validating safety plans to ensure they are state-of-the-art. Positively involve parents, media, and the community. Address issues of liability, Internet, and copycat threats. Panelists include: James Garbarino, Bill Scott and Judson Hixson.

Senior High School/Adult 90 min. 1999 V-5020

Comprehensive Prevention Planning, v. 2

See model community-school collaborations that have been effective in creating caring environments in which young people develop healthy attachments and are less likely to act aggressively. Learn how to reclaim young people "on the fringe". Use the research on resilience, positive peer cultures, and social and emotional development to engage students. Incorporate tested strategies that actually reduce the likelihood to bullying, aggression, alienation, and suicide among children and youth. Panelists include: James Conner, Edward Zigler, Peter Benson and Jesus Villahermosa.

Senior High School/Adult 90 min. 1999 V-5021

Containing Crisis: Managing School and Community Emergencies, v. 3

Learn best practices in crisis management and how to build them into safety planning. Find out how to establish command posts for communication and establish effective media contacts before and during an emergency. Provide victim services including debriefing, counseling and referral. Assess unique planning needs based on facility layout and resources. Develop community collaborations prior to a crisis. Manage confusion and the additional risk of harm following a crisis. Panelists include: Scott Poland, Anne Bryant, Claudio Sanchez and Ronald Stephens.

Senior High School/Adult 90 min. 1999 V-5022

Let's Get Real (cc)

Name-calling and bullying have reached epidemic proportions in schools today. *Let's Get Real* gives young people the chance to speak up in their own words about the real issues behind the problem. With amazing courage and candor, the students featured in *Let's Get Real* discuss racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. From the youth who are targeted to the students who pick on them to those who find the courage to intervene, *Let's Get Real* examines bullying from the full range of perspectives. This poignant film educates audiences of all ages about why we can no longer accept name-calling and bullying as just a normal rite of passage. Recommended for students in grades six through nine and all adults who work with or care for them. The video contains a 35-minute uninterrupted version of *Let's Get Real* immediately followed by an instructional version that includes breaks for discussion, which are detailed in the accompanying 135 page comprehensive curriculum guide.

Grades 6-9 35 min. 2003 V-5070

LifeSteps Series with Michael Pritchard (cc)

This 12-part video series combines age-appropriate comedy, exciting dramatizations of real-life moral dilemmas, and insightful, problem-solving sessions to help students develop the necessary social and emotional skills to become responsible, knowledgeable, caring and successful in life. Michael Pritchard uses his uncanny ability to foster lively, spontaneous, teen-centered discussions to give students insight on how to become the best people they can be.

The ABC's of Emotional Intelligence, v. 1

Success in life requires a complex set of intellectual, emotional, social and ethical skills. This introductory program outlines the key elements of emotional intelligence - Assets, Balance, and Character - as students discover they have the power to bounce back, balance emotional and academic demands, and make positive choices.

Teens 30 min. 2003 DVD-5101

Knowing Who You Are, v. 2

This video helps teens think about their behavior, learn from experience, develop a realistic sense of their strengths and weaknesses, and understand and express their emotions. Moral knowing, a key element of good character, is explored as students discover the benefit of knowing their values, and living by them.

Teens 30 min. 2003 DVD-5102

Taking Charge, v. 3

To become independent, teens must incorporate a range of social and emotional skills. This program focuses on the emotional side of responsibility as students explore the key elements of self-control: coping with stress, avoiding impulsive behavior, delaying gratification, and managing anger.

Teens 30 min. 2003 DVD-5103

Bouncing Back, v. 4

Resiliency is perhaps the most important skill teenagers need to bounce back from the common disappointments of adolescence. In this program, they learn essential resiliency skills: developing realistic expectations, identifying obstacles, persisting and maintaining a sense of self-worth and optimism. More complex issues such as depression and suicidal thoughts are also discussed.

Teens 30 min. 2003 DVD-5104

Empathy, Caring and Compassion, v. 5

This video explores the skills that build empathy, the importance of compassion, and the moral imperative to help others in need - particularly the victims of bullying. Teens learn how labeling, prejudice, and cynicism impede the development of caring relationships.

Teens 30 min. 2003 DVD-5105

Creative Problem Solving, v. 6

This video presents our eight-step problem-solving approach. Highlights include: naming the problem, brainstorming, evaluating options, and choosing the best solution. Viewers are taught the basic skill of cause-and-effect thinking and the benefits of a positive problem solving attitude.

Teens 30 min. 2003 DVD-5106

Getting Along With Others, v. 7

In this program, teens discover positive ways to assert themselves, express complaints, handle misunderstandings and block rumors. They learn specific social skills - mediation, negotiation, active listening, and messages - and how to apply these skills to cooperative-learning groups and student-led activities.

Teens 30 min. 2003 DVD-5107

Building Character, v. 8

As teens in this program grapple with the common problem of friends who make bad choices about substance abuse, viewers learn that character means recognizing the need to make a change and having the courage and will power to stick to tough choices. Teens learn that the key to making good choices is to listen to their conscience and to the feelings they experience when their actions violate their values.

Teens 30 min. 2003 DVD-5108

Respect, v. 9

This video explores respect as a fundamental social value that allows us to resolve conflicts, prevent violence and bridge cultural differences. Barriers to respect, such as prejudice and bigotry, are explored as students learn that empathy and respect are the basis of healthy, successful relationships.

Teens 30 min. 2003 DVD-5109

Responsibility, v. 10

Teens learn the first rule of responsibility: to do no harm to themselves or others. The program also explores sexual responsibility, dependability, and trustworthiness, as teens are taught to ask themselves the guiding question: What is the most important thing I need to be doing right now?

Teens 30 min. 2003 DVD-5110

Developing Healthy Relationships, v. 11

Healthy relationships are fundamental to emotional well-being. In this program, teens learn to build their own personal support system, recognize true friends, and develop positive refusal skills. The video emphasizes the importance of trust and caring in successful relationships and highlights the critical skill of negotiating with parents.

Teens 30 min. 2003 DVD-5111

Doing Your Best, v. 12

This program explores the intellectual and emotional skills essential to success: coping with anxiety, setting goals, identifying obstacles, maintaining self-esteem, and identifying personal resources. An appreciation of excellence is emphasized as students learn the importance of resourcefulness, perseverance and an optimistic view of life.

Teens 30 min. 2003 DVD-5112

Lots of Kids Like Us

This tells the sensitive story of Ben and his sister, Laura, as they try to cope with their father's alcoholism. Exposed to physical and emotional abuse, they feel isolated with nowhere to turn. They are burdened with feelings of guilt as they struggle to keep the "family secret."

Elementary/Jr. High School 29 min. 1982 V-4081

Making the Most of Middle School (cc)

This documentary-style program challenges middle school students to start thinking about their academic futures. It asks the question, "What do I need to do today to build a strong foundation for success in high school?" A bright academic future depends on organization and study skills, setting goals, optimizing resources, recognizing opportunities and avoiding negative behaviors. Four highly successful high school students share their personal stories to model how to make the most of middle school. Encourages viewers to explore extracurricular activities, do volunteer work, assess their values and interests, think about possible future goals, and most importantly, understand that middle school academics need to be the #1 priority for high school preparation. Viewers take home the message that a solid academic schedule, good study habits, and extracurricular activities are all part of making the most of middle school.

Grades 5-9 19 min. 2008 DVD-5131

Marijuana Papers: Research Update (cc)

This program reveals the latest scientific research about how marijuana changes the adolescent brain, impairs the brain's ability to perform complex tasks, lowers the body's immune system and can become powerfully addictive. Using a format similar to popular TV detective shows such as CSI, several real teens travel across the country in search of answers to important questions like: Is it true marijuana's not addictive? And how can something "natural" like marijuana be harmful? Along the way they meet Dr. Susan Tapert from the University Of California in San Diego, a research scientist using MRI's to track brain function in teens who've experimented with marijuana. She shows them how new studies have scientifically linked loss of memory function to teenage marijuana use. The teenage sleuths also speak to Dr. Michael Roth a researcher dealing with marijuana's harmful effect on the immune system. Dr. Roth gives them a first hand demonstration in his laboratory which graphically shows how the active ingredient in marijuana actually inhibits the body's normal healing process. The teens also speak to drug counselors who introduce them to other real teens whose lives have been forever damaged by the drugs devastating effect on an individual's potential to do well in school and to function normally as an adult.

Grades 7-College 20 min. 2005 V-5081 or DVD-5081

Middle School Confessions [HOPE TO ORDER]

Drinking, sex, violence, depression, school failure, and harassment. These are just some of the daily realities of life for many of today's adolescents. This documentary takes an eye-opening look at the lives of young people--as well as the efforts of parents, teachers and school officials to help kids navigate through these often-difficult transitional years. The show will feature candid interviews with 11- to 14-year-old students including a 12-year-old girl whose mother discovers her startling sexual behavior, a 13-year-old boy who instigates fights at school and a 12-year-old boy who suffers from clinical depression. RATED TV14.

Junior High School min. 2002 DVD-

Moving On to Middle School, v. 1 (cc)

Research shows that the transition from elementary to middle school can be a high risk time for initial drug use. Young people discuss issues related to this transition including: changes to expect in middle school; how to handle new freedom, choices and peer pressure; where to get help and support; what to do when feeling overwhelmed; and why it's important to be involved in different activities. Includes facilitator guide, parent newsletter, discussion questions.

Grades 5-6 17 min. 2003 V-5082

Moving On to High School, v. 2 (cc)

Research shows that the transition from middle to high school can be a high risk time for youth. Young people face social, psychological and educational challenges that can lead to use and abuse of alcohol, tobacco and other drugs. Young people discuss new opportunities and responsibilities to expect in high school; how to deal with peer pressure and risky behaviors; why it's important to be true to themselves; where to find help and support; and how to handle personal stress. Includes facilitator guide, parent newsletter, discussion questions.

Grades 6-8 15 min. 2003 V-5083

Moving On from High School, v. 3 (cc)

Research shows that the transition from high school to college, marry or enter the workforce, they face new risks from alcohol and other drug abuse. Young people discuss: what it means to be more independent; why it's important to set personal goals; how to handle choices about sexual activity, drug use, and friendships; where to find help and support; and how to handle personal stresses. Includes facilitator guide, parent newsletter, discussion questions.

Grades 9-12 14 min. 2003 V-5084

The Myths of Marijuana Debunked (cc)

Marijuana is not addictive. It doesn't harm the body. It doesn't harm the brain. Marijuana doesn't impair driving or negatively impact teens' futures. There's no connection between marijuana use and unhealthy risk taking. These statements are just plain wrong—yet many kids believe they are true. The program forcefully debunks these misconceptions with the latest facts, science and statistics to prove the deadly danger of marijuana use. This high impact video will turn kids' heads and lead them to seriously question marijuana use as something “fun, harmless and natural.” Juxtaposing commentary from real kids with real ex-users intercut with fast-paced narration, this video drives home the message that marijuana is a dangerous drug. Along with the follow-up print materials, this program delivers a strong no-use message.

Grades 7-College 21 min. 2007 DVD-5115

No Ifs, Ands or Butts: Smoking Kills (cc)

Hairy tongue, head and neck cancers, lung cancer, tar, phlegm, bad breath, yellow teeth, wrinkled skin, people with laryngectomies and many other sights and sounds are presented in this definitive look at the ravages of tobacco. Teen viewers discover that they are prime targets of tobacco advertisers who need new young customers to replace the older ones who have died from the many tobacco-related diseases. Video introduces viewers to young victims such as 20 year-old Brandon Carmichael who lost half of his leg due to a tobacco related disease and his inability to quit smoking. Program also alerts teens to the newest tobacco dangers of herbal cigarettes and bidis that attract teens with special packaging that makes this product look appealing. After viewing this video, students will come away with a lasting impression that tobacco use only leads to death and disease.

Grades 7-College 24 min. 2002 V-3073 or DVD-3073

No More Teasing

Presents effective strategies kids can use to protect themselves against teasing or bullying. With the help of the “No More Teasing Team” – peer hosts who introduce common teasing situations and offer solutions – this program shows how students can change their own behavior to lessen teasing or bullying's impact.

Grades 3-5 14 min. 1995 V-5062

No Name Calling: Creating Safe Environments (cc)

This energetic video is sure to grab your students' attention as it explores the important topic of name-calling. Experts agree that bullying and harassment in school usually starts with name-calling. Name-calling can be especially tough on younger students whose self-esteem development is at a critical phase. No Name-Calling demonstrates the damage that can be done when kids are targeted by hurtful words like “fatso,” “retard,” “faggot,” and “bean pole.” Viewers will follow a classroom of real students as they work on inaugurating a “No Name-Calling” week at their school. Interviews with real kids are interspersed with dramatic vignettes that model name-calling scenarios which many viewers will recognize. The video clearly states why this kind of harassment is unfair, painful and perhaps even illegal. Additionally, the video offers constructive ways for creating a positive school environment where everyone will feel safe and free to learn. Accompanied by a Teacher's Resource Book filled with thought-provoking worksheets to help reinforce the lessons for students.

Grades 6-8 27 min. 2004 V-5085 or DVD-5085

The Other End of a Barrel

While working as a police officer Shirley Lochowitz received a call about a shooting that had occurred. On her way to the call, she discovered that the victim was her 12-year-old son, Nicholas. His friend has been playing with a loaded .22 rifle, which he kept under his bed, and accidentally shot Nicholas in the stomach. He was rushed to the hospital where he underwent 4 ½ hours of emergency surgery and was given a 40 % chance of living. He survived, but many others do not. After 14 years as a police officer, Shirley retired the next day, and she has since dedicated her life to educating children and adults on the safe storage of guns. *The Other End of the Barrel* recreates the day of her son's shooting, the impact on Nicholas and the family, and discusses safe gun storage.

Junior High School/High School/Adult 15 min. 2002 V-5053

Peace Talks series

Dealing with Bullies, Troublemakers and Dangerous Situations, v. 4

This video deals with bullies and gangs, what to do when you feel afraid, protecting yourself in threatening situations, how to help victims, and making our schools and neighborhoods safer.

Junior High School/Senior High School 30 min. 1997 V-143

Handling Dating Pressures and Harassment, v. 6

Vital issues discussed include common misunderstandings between the sexes, when flirting crosses the line, sexual harassment, sexual coercion, date rape and learning to say no to abuse.

Junior High School/Senior High School 30 min. 1997 V-

Peer Helping in Action: The Natural Helpers Program

Based on research from the peer-helping field, the *Natural Helpers – 3rd Edition* program is designed for students in grades 6-12. A core team of staff uses a school-wide survey to identify school problems. The survey then selects a representative group of students who are recognized by their friends as people they can turn to for help.

Junior High School/High School/Adult 16 min. 1997 V-5098

Pharm Parties: A Lethal Mix (cc)

One of the newest and most frightening trends in teen drug experimentation are so-called “pharm parties”—where teens gather at someone’s home, drop an array of pharmaceuticals (like Vicodin, Oxycontin or Xanax) into a bowl, then consume handfuls of this dangerous “trail mix.” This eye-opening program allows viewers to hear from teens who nearly died after participating in pharm parties, as well as medical experts who identify the dangers of taking any medicines not specifically prescribed for you. Narcotics officers with first hand experience of pharm party overdoses give vivid descriptions of documented incidents. Viewers also learn what really happens when a human stomach is pumped as a last resort to avoid drug overdose. Program clearly demonstrates the extreme dangers of this rapidly escalating form of prescription drug abuse.

Grades 7-College 20 min. 2008 DVD-5125

Play It Safe: Strategies for a Safe School Environment (cc)

This video uses dramatic vignettes, real person interviews and teen hosts to help teach students that they are active players in creating a safe school environment. There are many subtle and often overlooked issues that make up a school's climate—gossiping, taunting, ignoring, labeling, isolating, teasing, intolerance, bullying, excluding—all can create an unhealthy atmosphere. While one act may not seem significant, the cumulative effects can be devastating. Viewers learn how important it is to refrain from negative behaviors, whether in school or on the Internet. Presents The Five Safe School Strategies: *Stay Alert, Identify Risks, Speak Up, Be Considerate and Participate*. Viewers also learn how to use their influence to encourage peers to follow these strategies. Often peers are aware of potential school violence and need to act responsibly and seriously when threats are made openly or off-handedly. Students will understand that they have significant ownership in a positive and safe school environment.

Grades 5-9 20 min. 2008 DVD-5129

Power Trip: Bullying in School (cc)

This multidimensional video/DVD and teacher's guide explores middle school bullying from different perspectives that students will relate to and easily understand. Your students will hear from real teens who experienced bullying first hand as well as from students who have been the aggressors. Special attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully. Cheryl Dellasega, author of "Surviving Ophelia", describes relational aggression which is typical of how girls bully. Viewers also experience a workshop led by Dr. Michael R. Carpenter, a bullying prevention trainer, who coaches young teens on how to modify behaviors to achieve peaceful outcomes. Other topics explored include the difference between bullying and teasing, when you should tell an adult about being bullied, what bystanders can do to prevent bullying and how bullied kids can "stand up, step up and speak out" to stop bullying.

Grades 5-9 21 min. 2007 DVD-5128

ProtecTeens

ProtecTeens is a video presentation and resource kit created to educate parents about the potential danger to their children from sexual predators on the Internet. <http://www2.state.id.us/AG/protecteens/index.htm>

Adult 23 min. 2005 CD-5089

Put Yourself In Someone Else's Shoes: Building Character

Empathy is a vital human quality, and young children often need help understanding the importance of "putting themselves in someone else's shoes." Empathic kids get along better with peers and adults, can see things from differing points of view, bring sensitivity to their interactions with others, and can more readily resolve conflicts.

Grades 3-5 14 min. 2001 V-5063

Real Kids: What We Learned About Bullying

One former bully describes wanting to tease others because she felt jealous or wanted to look cool in front of other kids. Another revealed in being the center of attention and being in control. Others say their conscience told them that what they were doing was wrong, and describe how the good feeling they initially got from bullying faded as they began to realize that they weren't well liked. Program points out how standing by and doing nothing while another person bullies someone encourages bullying. Victims talk about the feelings they experience when they are bullied. They detail the strategies that empower them to handle a bully without becoming one themselves. They describe five possible approaches: ignoring the bully, walking away, asking the bully to stop, getting friends to join them in facing up to the bully and finally, knowing when it is time to ask an adult for help.

Grades 3-5 16 min. 2000 V-5023

Real People: Cliques: Who's In? Who's Out?

The pressure to be popular can cause teens to do or say anything to stay "in" with their peers. Using true-to-life scenarios, real students, peer counselors and mediators, this program explores the nature of cliques, offering insights and positive alternatives to joining a clique.

Grades 5-9 24 min. 1996 V-5064 *Guide is entitled: Stand Up! Speak Out!*

Real People: Gossiping, Taunting, Bullying: It's All Harassment

What constitutes harassment? How does it make kids feel? What can they do to handle it? What should they do if they witness it? These are the questions that will be answered in this program. With the encouragement of a school counselor, young teens share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment. Dr. Michael Furlong, professor at UC Santa Barbara, lends expert advice to students about what they can do to handle these difficult situations.

Grades 5-9 24 min. 2000 V-5024

Real People: Talking About Sexual Harassment

Any type of harassment is difficult to cope with, but sexual harassment in particular is not only devastating, but illegal as well. This workshop presents vignettes that show teens, who often have no idea that their behavior could be construed as harassment, exactly what sexual harassment looks and sounds like. A nationally known expert offers insight and commentary.

Award: BRONZE PLAQUE, Columbus International Film and Video Festival

Grades 5-9 21 min. 2001 V-5065

Reality Matters: Taking Care of Me

Health is not just about physical bodies. How we feel about ourselves is just as important. In a world that celebrates looks, achievement, money and possessions, it's our emotional health — who we are on the inside — that will ultimately determine our happiness. The teen years are an especially vulnerable time filled with questioning and self-doubt as well as a great deal of stress. This video will explore the many influences and experiences that shape an individual's emotional health, as well as specific tools for managing stress and maintaining a positive self-image.

Grade 6-12 24 min. 2003 V-5086 or DVD-5086

Reasons for Hope

Community members from Littleton, Colorado will discuss their healing processes and their hopes for the future. Another school system in Columbia South Carolina examines a school-community program called "Early Alliance" supporting young children, their families, and their teachers. This segment examines the ways in which home, school, and community can partner in teaching children to act and react in pro-social ways. Information on national trends in youth violence will be provided to help set a baseline of facts that will help separate myths from realities. In addition, an overview of factors to consider in developing school and community programs will be shared.

Adult 60 min. 2000 V-5025

R-E-S-P-E-C-T

Respect is a cornerstone of civilized behavior. It engenders empathy, promotes tolerance, and fosters caring relationships. Using dramatic vignettes close to teens' experience, each followed by thought-provoking discussion questions, this program challenges viewers to think critically about respect for oneself, authority, rules and other people's opinions.

Junior High School/Senior High School 25 min. 1996 V-5026

Rushing, Crashing, Dying: the Meth Epidemic (cc)

Program takes viewers on a tour of the disastrous consequences of methamphetamine abuse. Going beyond the health risks of this increasingly popular drug, recovering meth addicts describe damage to family relationships, burns and disfigurement from lab explosions, and the problems they face finding work or completing school. Beginning with a police raid on a lab, this documentary-style video/DVD interviews law enforcement authorities, hospital ER doctors, social workers, and recovered addicts and their families, to show the horrors of meth abuse. Viewers learn how meth destroys the brain and body of users, how meth lab toxins poison children living in and near the meth labs, how police, emergency services, and social services are overwhelmed by the epidemic. The wide path of destruction cut by meth abuse is vividly portrayed...the personal costs to meth addicts and to society...of unfulfilled dreams, destroyed lives, broken families and devastated communities.

Grades 7-College 26 min. 2006 V-5097 or DVD-5097

Safe School Helpline Implementation Video

The Safe School Helpline is a 24-hour service that empowers students, parents and community members to report unsafe, at-risk situations without identifying themselves.

Junior High School/High School 13 min. 1998 V-5069

Safe Side: Internet Safety

John Walsh (host of America's Most Wanted) and Julie Clark (founder of The Baby Einstein Company) are back, following up their Emmy-award winning 'Stranger Safety' video with a hilarious new adventure through the virtual world of the Internet with 'Internet Safety.' This new DVD is a kid-friendly field trip through the world of E-mail, downloads, pop-ups and chat rooms that looks at the serious issues that can arise if kids don't rely on their Safe Side Adults. Viewers will join Safe Side Superchick as she finds herself in laugh-out loud situations that spoof shows like Lizzie McGuire and [The Crocodile Hunter](#). Joining her are two goofy new characters, brother Danger Dude and her dad, Cautionary Dale. Also along for the ride is the animated Clicky, a character designed by NetSmartz, a division of The National Center for Missing & Exploited Children. This light approach to the difficult topic of Internet safety talks *to* kids, not at them. Along with giving children an understanding of potential dangers, The Safe Side 'Internet Safety' video helps them understand what to do if dangerous situations should arise on the Internet. Guaranteed to be enjoyed by its viewers, this video is the perfect way for parents to discuss this difficult topic with their kids.

Grades 2-6 26 min. 2005 DVD-5130

Saving Our Schools from Hate and Violence Series

<http://savingourschools.org>

Breaking the Silence About Hate and Violence, v. 1

Students are shown why they must stop keeping dangerous secrets about friends and fellow students, and how they can become their school's "early warning system." Issues of student privacy, secrets between friends and tattling are explored, as well as appropriate ways to get adult help in troubling or frightening situations.

Junior High School/Senior High School 28 min. 1999 V-5027

Building Caring and Safe School Communities, v. 2

When in-groups and school social cliques constantly exclude individuals and stigmatize them as outsiders, dangerous dynamics can develop. This program explores and details ways students can ease the social isolation of any and all students by creating a school culture that values and includes all students.

Junior High School/Senior High School 28 min. 1999 V-5028

School Crisis: Under Control

This video offers direction on how to increase school security and provides specifics on how to work through a crisis. Topics include outlining staff roles and responsibilities, dealing with the media, providing adequate communication systems and signals, arranging transportation, offering grief counseling and emphasizing a school's safety after the incident.

Adult 25 min. 1991 V-5029

School Safety CD-ROM [ON ORDER]

The Office of Community Oriented Policing Services (COPS) has released the CD-ROM "School Safety." The disk provides 50 resources related to school safety, including documents published by COPS, the Office of Juvenile Justice and Delinquency Prevention, and other components of the U.S. Department of Justice and links to school safety Web sites. Among the topics addressed are bullying, gangs, school crime prevention, and youth violence.

Adult 2005 CD-ROM-

Self-Esteem: Building Strengths (In the Mix Series)

Three key strengths -- physical, mental, and emotional -- are important to a healthy self-esteem. In this episode, *In the Mix* follows teens as they participate in a special strength-building program of challenging activities and workshops. On hand are experts to answer questions, and celebrity role models such as athletes Tiffeny Millbrett and Lisa Leslie, who give personal advice on setting goals, coping with mistakes, negative thinking, bullying, choosing friends, dealing with emotions, problem solving and other big issues. Guys and girls also speak out about the pressure to fit in and other stresses.

Grades 7-12 30 min. 2002 V-5087 or DVD-5087

Selling Children: How Media Affects Kids

The 31.6 million kids in America today represent the largest generation in U.S. history. These kids – who collectively spend \$200 billion each year on products and are a major target for advertisers and marketers – are recipients of a “marketing campaign that never stops.” Messages about body image, self-worth and sexuality are everywhere in advertising. What is their impact on the health and well being of children and teens – and their parents’ wallets? Experts agree that too often television, music lyrics, movies – and the advertising messages surrounding them – sell discontent, playing upon our children’s youthful vulnerability. They say that media literacy, learning to understand these messages, can actually help kids learn to think for themselves. What can you do to help your children understand the power of the media – and become more critical thinkers? Watch **Selling Children: How Media Affects Kids** with your kids and learn ways to help kids become more aware of the underlying messages: how to decode them, question them and, ultimately, understand them.

Families/Grades 5+ 21 min. 2007 DVD-5126

Set Straight on Bullies

Whoever thought bullies were all talk and no action needs to view this National School Safety Center video, produced to help school administrators educate faculty, parents and students about the severity of the schoolyard bullying problem. The video is a docudrama “trigger film” designed to stimulate discussion and strategic planning among students, educators, parents and community leaders in the development of bully prevention plans. The message is clear: Bullying hurts everyone. The video tells the dramatic story of a bullying victim and how the problems adversely affects his life as well as the lives of the bully, other students, parents and educators.

Adult 17 min. 1988 V-5030

Sexual Harassment: Minimize the Risk Series**Pay Attention: What Is Sexual Harassment?, v. 1**

A 20 minute “MTV-style” video designed specifically for students ages 12-19 that shows what sexual harassment looks like and how it feels, through the use of powerful dramatizations and examples. Includes a reproducible booklet and lesson plans.

Training for Students 20 min. 1996 V-5031

Pay Attention: Don’t Be a Victim!, v. 2

A 15 minute video that trains students in the proper steps to take if they have been sexually harassed by another student or adult in their school, or if they see it happening to someone else. Includes a reproducible booklet and lesson plans.

Training for Students 15 min. 1996 V-5032

Avoid Harm and Liability, v. 3

A 16 minute video that provides educators with basic definitions of sexual harassment and sexual abuse, and the legal criteria to detect sexual harassment. This video also discusses district and supervisor liability that may occur if complaints are not properly investigated. Includes a reproducible booklet and outline of the video content.

Training for Educators & Administrators 16 min. 1996 V-5033

Investigation: Template and Techniques, v. 4

A 16 minute video for educators, managers and staff responsible for making any type of written record of a sexual harassment or abuse complaint. Provides an overview of the investigation process, illustrative examples and a documentation model for complaint intake and investigation report preparation. Includes complete investigation manual.

Training for Educators & Administrators 16 min. 1996 V-5034

Vital Do’s and Don’ts, v. 5

A 17 minute video that discusses preliminary considerations to conducting an investigation into claims of sexual harassment and abuse. This video addresses important issues such as how to set up the interview, handle press coverage, interact with your union, work in conjunction with law enforcement, and handle concerns regarding confidentiality and retaliation. Includes reproducible booklet and outline of the video content.

Training for Educators & Administrators 17 min. 1996 V-5035

In Our Schools, v. 6

A 15 minute community relations video designed to educate parents, guardians and people in the community about the issue of sexual harassment and your school’s efforts to reduce the incidents of such conduct.

Training for Parents, Guardians & The Community 15 min. 1996 V-5036

She Said Yes: the Unlikely Martyrdom of Cassie Bernal

Based on the *New York Times* best-selling book by Cassie's mother, Misty, this video tells the powerful story of Cassie's troubled teen years and her parents' willingness to make some very tough decisions in order to help their daughter triumph over the effects of drugs, negative peer pressure, and violence tendencies. Misty and Brad Bernal share how they lovingly yet firmly provided the guidance that helped turn Cassie's life around. Cassie's friends and others in the Littleton community give insight into her life – her dreams, her fears, her beliefs... and her eventual death. The companion discussion guide for parents, educators, and youth will help you facilitate a group in your school or community organization to discuss issues central in today's world: violence in our schools and communities, the pain of losing ones we love, and the amazing triumph of good that can be achieved when the elements of intervention, choice, and transformation are combined.

Junior High School/High School/Adult 36 min. 2000 V-5048

Skin Deep: Understanding Self-Injury

Each year nearly two million people hurt their own bodies with knives, scissors, glass, cigarettes, candles, and any destructive item they can get their hands on. In *Skin Deep*, patients and experts explain why people harm themselves and how they can recover from this secret affliction, which affects as many people as anorexia. While the self-inflicted scars may be kept hidden, it's time to expose information about self-injury to reach young people, educators, and counselors who may have to deal with this emerging issue. In fact, someone you know could be suffering.

High School/Adult 21 min. 2001 V-5054

Slim Hopes: Advertising & the Obsession with Thinness

Jean Kilbourne's award-winning video offers an in-depth analysis of how female bodies are depicted in advertising images and the devastating effects of those images on women's health. Addressing the relationship between these images and the obsession of girls and women with dieting and thinness, *Slim Hopes* offers a new way to think about life-threatening eating disorders such as anorexia and bulimia, and a well-documented critical perspective on the social impact of advertising.

Slim Hopes is a lively and engaging program suitable for a wide range of audiences at high schools, colleges and universities. Using over 150 ads, it informs as it entertains, allowing viewers to build an analytic framework for considering the impact of advertising on women's health.

High School/Adult 30 min. 1994 DVD-5120

Staying on Track: An Alcohol Prevention Video

Staying on Track: An Alcohol Prevention Video will demystify alcohol – one of the most widely used drugs in our society and the number-one killer of teenagers. Teens will learn about the risks that alcohol use poses for their bodies, minds, and lives. By addressing the realities of peer and media pressure head-on, the video challenges teens to think in new ways about what they hear and to make their own decisions.

Junior High School/Senior High School 15 min. 2000 V-5037

Stop Bullying...Take a Stand!

Hosted by Erika Harold, Miss America 2003, herself a victim of severe harassment, this solution oriented program presents a comprehensive and multifaceted approach to preventing bullying. Her personal story and advice is interwoven with compelling personal stories of teens who have also been bullied. A visit to Olney, MD follows high school peer educators as they work with middle school students to produce PSAs showing what bystanders can do when they see someone being bullied. Everyone involved gains awareness about the various forms of bullying and harassment, and in the process, changes their own attitudes and behavior. It also focuses on the widespread problem of cyberbullying, with an AOL consumer advisor giving parents and teens practical advice about how to deal with online harassment. The program's approach and information is based on the latest research and recommendations of HRSA's (Health Resources and Services Administration) Take a Stand. Lend a Hand. Stop Bullying Now! Campaign. *Video Librarian* ***

http://www.pbs.org/inthemix/shows/show_bullying.html

Grades 8-12 30 min. 2004 DVD-5127

Strategies, Programs and Resources to Prevent Truancy [Aired February 23, 2005]

- To provide an overview of the truancy issues addressed in the December 2004 "Partnering to Prevent Truancy: A National Priority" Conference in Washington, DC, sponsored by The Office of Juvenile Justice and Delinquency Prevention (OJJDP), U.S. Department of Justice, in conjunction with Safe and Drug Free Schools, U.S. Department of Education
- To showcase several promising and evidence-based program approaches to truancy and related issues that were presented during the December Conference
- To promote the use of new resources, including a Truancy Website
- To emphasize the ongoing commitment of OJJDP and OSDIFS to the issue of truancy prevention, intervention and reduction

Adult 90 min. 2005

<http://www.ojjdp.ncjrs.org/truancy>

Strong Minds: Mental Health for a New Generation

This video documents the high quality mental health services with psychiatric supervision in public schools provided by the Children's Aid Society's model Community School program. This partnership between Children's Aid, the New York City Board of Education and other community partners also provides families with medical and dental clinics, after school, evening, weekend and holiday programs, and adult education, all year round. Currently being adapted nationwide at over 50 sites, this model transforms the neighborhood public school – the most comfortable setting for children and families – into a full service community center.

Adult 17 min. 1999 V-

Student Workshop: All About Drugs

Give the youngest students the facts about drugs and medicines they need to know. Help them understand that staying healthy means taking care of their bodies and only using medicines that are prescribed for them. Age-appropriate vignettes illustrate three basic facts about drugs: non-prescription medications can be dangerous; drugs should never be taken without parent's or doctor's permission; and drugs can be both addictive and illegal. Scenarios allow time for information-reinforcing activities.

Grades K-2 16 min. 1999 V-4100

Student Workshop/Harassment Hurts: Gossiping, Taunting and Bullying

Stem the tide of bullying and harassment in your school by showing students the devastating effects of gossiping, taunting and bullying. This program gives youngsters the opportunity to consider and discuss strategies for coping with these difficult and pervasive problems.

Grades 3-5 18 min. 2003 V-5055

Student Workshop/How to Say No

Negative peer pressure can be intense! What should kids do? Using scenarios that dramatize the real-life pressures that children face every day, this student workshop helps them become comfortable saying "no" to destructive behavior. They learn to stand up for themselves, walk away when "no" doesn't work, do what's right for them, and even change their mind if they've already said "yes." This workshop impresses on students the consequences of saying, "Well... okay..." and the rewards of saying, "no, that's not right!"

Grades 2-4 19 min. 1998 V-5038

Student Workshop: I Was Just Kidding! Learning About Harassment

It often starts out as a joke, a game, or a taunt – it ends up with someone feeling hurt, uncomfortable or left out. This realistic, highly effective workshop will open your students' eyes. They'll learn to identify what behavior constitutes harassment, the different kinds of harassment, steps they can take to stop it, and how observing harassment while doing nothing about it contributes to the problem.

Elementary School 16 min. 2000 V-5039

Student Workshop/Respect: It Starts With You

Show students how making the world a place of tolerance and understanding begins with them. This highly effective workshop uses dramatizations to illustrate how respect for self, others, authority and rules, and differences help foster a kinder, more caring atmosphere at school, at home, and in the community.

Grades 3-5 19 min. 2002 V-5066

Student Workshop/Taunting, Gossiping, Hazing: It's Harassment

Each scenario in this documentary-style program reveals the effects of taunts, gossip and even hazing or physical harassment on others as well as solutions that Hill help teens deal with these different types of harassment. Dr. Michael Furlong, professor at UC Santa Barbara, lends expert advice.

High School 24 min. 2004 V-5056

Suppose That Was Me

This program is designed to increase students' awareness of the effects their actions have on others. Short, open-ended scenarios illustrate how an innocent joke can lead to an insulting nickname or a thoughtless rumor can turn into a tarnished reputation. Viewers are asked to think about and discuss how they would feel "if that was me."

Grades 5-9 19 min. 2001 V-5067

Surviving High School (cc)

Surviving High School is a searing exploration of the stress that high school kids experience as they try to fit in and be accepted by their peers – no matter what the cost. This video unfolds like a real-life version of *The Breakfast Club* as eleven teens struggling to “fit in” exemplify the ever-growing problems of isolation, extreme dieting, steroid use, depression, and suicidal thoughts. An additional inspiration is an appearance by Keena Turner, a former San Francisco 49er, who talks to teens about how he became a Super Bowl champion without the use of steroids; Magali Amadei, a former model, recounts her painful battle with an eating disorder. Viewers are given an in-depth look at these teens’ lives and are allowed to observe as they reveal their true selves to each other. The program dares these teens to define what it means to “survive” on their own campus by finding a solution to the bullying, harassment, and exclusion that have been tearing their school apart. Like the previous Teen Files specials, this program will raise awareness about these vital issues and motivate teenagers to face the truth about modern-day pressures. By urging teens across the country to make positive changes in how they perceive themselves and how they treat others, *Surviving High School* is a compelling and invaluable resource for kids and parents alike.

Grades 7-12 90 min. 2000 V-194 59 min. V-195 V-8011 Spanish

TARGETED! How Tobacco & Alcohol Companies Try to Get You Hooked (cc)

The tobacco and alcohol industries are famous for their attempts to target teenagers, most of whom are too young to legally purchase their addictive products. By targeting young audiences, these industries hope to recruit a new generation of faithful customers, despite the potential harm that their products may cause. This video explores the phenomenon of targeting young consumers, and will surely be an eye-opener for students who may prefer to think that they’re not being manipulated by ads and media images. Whether they’re selling cigarettes or alco-pops, these industries are intent on convincing vulnerable teen consumers to risk their health and future by experimenting with these addictive and potentially deadly products. Targeted! unveils some of the most common “tricks of the trade” that tobacco and alcohol companies use to market their products. Follow-up activities in the Teacher’s Resource Book will lead students into a further exploration of the tricky realm of alcohol and tobacco marketing strategies.

Grades 7-College 24 min. 2004 V-3084 or DVD-3084

Teen Drinking Spots

1. She’s the most beautiful girl in school.
2. Hey, we’re cool now.
3. You’ve gotta look good for your yearbook picture.
4. Hola, my name is Patsy Torres.

Junior High School/High School 2 min. 1996 V-4104

Teen Truth: An Inside Look at Bullying and School Violence (cc)

This multi-faceted production weaves together several dramatic strands, creating a unique and candid view of how bullying directly correlates to the rise of school violence in schools. In one strand, viewers follow a fictionalized story of a confused teenager toting a backpack as he rides a bus to school. Through his narration we learn of his inner frustrations and it becomes increasingly clear that he is armed and prepared to use his concealed weapon. In another strand, we see and hear the voices and pictures of real teens videotaping and questioning their own peers about the devastating effects of bullying and violence in and around their schools. Viewers experience the Columbine disaster, through live voice recordings of parents, teachers and students talking to 911 operators as the disaster occurred. Finally, viewers hear from experts and students about the best ways to combat bullying and school violence while the story of the armed young man riding the bus takes a surprising twist. A detailed teacher’s resource book provides activities, work sheets, fact sheets and resources to aid in the struggle to stop bullying and school violence.

Grades 7-12 24 min. 2006 DVD-5124

Teens and Party Drugs: Dying for a Good Time

The term, party drugs, makes the substances that fall into this category sound much more innocuous than they are. In actuality, some of these drugs can kill a user on his or her very first dose, so don’t let anyone fool you into believing that as drugs go, they’re fairly safe to use. Arm yourself with the knowledge you need to help combat the social pressures you may feel to experiment with these deadly substances. Ecstasy, Rohypnol, GHB, LSD, Psilocybin Mushrooms, 2C-B, Ketamine, Laughing Gas.

Junior High School/High School 32 min. 2004 DVD-5057

Teens Dealing with Death (cc)

Maybe it's hearing about friends, driving home from a dance, who get into a car wreck that no one survives. Or a fellow student—the one who wears a bandanna to hide what chemotherapy has done to her hair—one day fails to show up for homeroom. Or an announcement over the school's PA system: "There will be a memorial service this afternoon..." For many young people, this will be their first exposure to death. How can teachers and school administrators help guide them through the experience? This program features Camp Comfort Zone, in Virginia, where viewers meet teens who have come to spend a weekend of talking, enjoying the outdoors, and sharing their grief over someone they've lost. The stories range from suicide, to sudden death, to terminal illness, and as the camp weekend progresses, viewers see how veteran campers help first-timers release their feelings. As healing and personal growth continue, an amazingly positive spirit, in most cases, actually overshadows the sadness. *Teens Dealing with Death* includes expert advice from Dr. Elena Lister, clinical assistant professor of psychiatry at Cornell University Medical College, New York City, and the collaborating psychoanalyst at the Columbia Psychoanalytic Center as well as the co-author of *I Will Remember You: A Guidebook Through Grief For Teens*. Dr. Lister shares her own personal experience of losing her daughter and offers suggestions on where teens can go for support and help in their communities. *Guide available.*

Grades 6-12 29 min. 2004 V-5088 or DVD-5088

That's So Rude! 10 Rules of Common Courtesy (cc)

Teens deserve a school climate that is safe, respectful and friendly. This program presents strategies to teach and reinforce civility and common courtesy in and out of school. Scenarios range from classroom behavior to cyberspace etiquette, use of cell phones, interrupting, wise-cracking, public behavior and language, courtesy to teachers, and respect for people and property. Using dramatic vignettes, viewers learn to identify rude behavior and stop it. Viewers also learn strategies for interacting with teachers, parents and all adults to encourage positive, comfortable outcomes. As students become more conscious of the negative impact of rude behavior on both themselves and others, they see that using good manners demonstrates self control and maturity. Give your middle school students a clear understanding of how treating others with kindness and respect is a source of personal power and self-esteem, as well as the right thing to do.

Grades 5-9 18 min. 2006 DVD-5132

They're Rich, You're Dead

Includes a medically illustrated RAP song, powerful testimonies by youths and adults on the social pressures to start smoking and on their tobacco addiction, medically illustrated histories of patients with mouth, throat and lung cancer, emphysema, chronic bronchitis, coronary heart disease and complications of pregnancy with explanations of how smoking caused their diseases, cosmetic consequences of smoking and consequences of smoking in teenagers. <http://www.mededu.miami.edu/Tobacco/main>

Junior High School 41 min. 2001 V-5040

Think Again

The story of a promising life lost to underage drinking.

Junior High School/High School 15 min. 2004 V-5071

Think Before You Click: Playing It Safe Online

While the Internet is a place of promise and progress, it is also a place of peril for young teens. Chat rooms, e-mail, sites such as MySpace, and instant messaging allow teens to keep in touch with friends, but also offer the potential for youngsters to be abused in ways they have not considered. Using real teens in a peer-to-peer format, this video helps teens navigate problems and learn important rules and strategies to keep them safe while surfing the net. Program explores online bullying and rumor spreading, identity theft, blogging and the real threat of sexual predators. Viewers learn to "think before you click" in order to avoid embarrassing yourself or hurting others, while keeping yourself and others safe. Your students will conclude that while the Internet is a fun, exciting place, it is always important to be smart about what you say and whom you befriend online.

Grades 5-9 24 min. 2008 DVD-5123

Time Out on Anger: Learning Self-Control (cc)

Through four dramatic vignettes, students learn the basics of anger management. Easy-to-use tips include stop and think, take deep breaths, count to ten, talk about your feelings and more. Each vignette models ways kids can find alternate solutions to their problems that don't involve violent or impulsive behavior. Viewers learn how important it is to talk about angry feelings instead of holding them inside, and are encouraged to transform their anger into something productive-by using their angry energy to try harder instead of giving up. Program emphasizes concrete communication skills and conveys a clear message: although it's okay to have angry feelings, it's never okay to react with anger by hitting, yelling or breaking things. Students are sure to learn new ways to find healthy, productive solutions to their problems. Teacher's Resource Book includes activities designed to reinforce the concepts and skills demonstrated in the program.

Grades 3-6 16 min. 2006 DVD-5116

Tough Guise: Violence, Media & the Crisis in Masculinity

While the social construction of femininity has been widely examined, the dominant role of masculinity has until recently remained largely invisible. *Tough Guise* is the first educational video geared toward college and high school students to systematically examine the relationship between pop-cultural imagery and the social construction of masculine identities in the U.S. at the dawn of the 21st century. In this innovative and wide-ranging analysis, Jackson Katz argues that widespread violence in American society, including the tragic school shootings in Littleton, Colorado, Jonesboro, Arkansas, and elsewhere, needs to be understood as part of an ongoing crisis in masculinity. This exciting media literacy tool-- utilizing racially diverse subject matter and examples-- will enlighten and provoke students (both males and females) to evaluate their own participation in the culture of contemporary masculinity. High School/Adult 56 or 87 min. 1999 DVD-5121

Violence: Inside/Out

Using a documentary style, this video explores how violence affects our lives and how we can work together to prevent violence at home, in school, and in our communities. The program is divided into three 20 minute segments: Part 1 – Understanding Violence, Part 2 – Preventing Violence, and Part 3 – Coping with Violence. Through straightforward interviews with victims, perpetrators, and witnesses of violence, the following subjects are addressed: domestic abuse, sexual abuse, gang related violence, bullying, anger, suicide, dating violence, and institutional violence.

Grades 7-Adult 60 min. 1993 V-5042

A Vision of Hope: Preventing Violence, v. 1

This is an inspirational video that examines our culture of violence and looks at ways to reverse its rising tide to create safe and healthy communities. *A Vision of Hope...* delivers a powerful message of promise and a call to action for us all. Discover how community leaders, parents, youth and government are joining together to make the promise of violence-free neighborhoods a reality.

Senior High School/Adult 15 min. 1995 V-5043

Preventing Violence: Hope in Action, v. 2

Our society is looking for effective ways to create safer communities. This video responds by highlighting people and programs crucial to creating violence-free neighborhoods. *Preventing Violence* illustrates the power of people, just like you, who take the time to get involved and become part of the solution. Recognized experts, community leaders and youth offer their energetic and innovative perspectives.

Senior High School/Adult 30 min. 1995 V-5044

Walking on Thin Ice: A Methamphetamine Prevention Video

Methamphetamine, also known as ice, glass, crystal, and crystal meth, is seeping in from society's fringe to infect mainstream America. This video gives teens the straight facts about meth from the perspectives of teens that are recovering from meth addiction, cops and a paramedic who relate true stories detailing the ravages of the drug, and a coroner who routinely performs autopsies on kids who have overdosed on meth. Viewers learn what meth is; its negative effects on the body, brain, and behavior; and its side effects. This video also covers refusal skills – advice given to teens directly from their peers.

Junior High School/Senior High School 22 min. 1999 V-5045

The Way to a Peaceful School with Peacebuilders, pt. 2

min. 1994 V-

What Can We Do About Violence? – A Bill Moyers Special

Juveniles Locked Up, #. 1; Domestic Violence, Street Violence, #. 2; Crisis In Our Inner Cities, #. 3; Solutions for Children, #. 4

This four-part video focuses on solutions to the growing problem of violence in America. From a special “kid’s club” that helps children cope with domestic violence, to unusual, but highly effective, alternative sentencing programs for youthful offenders, to high schools that are taking revolutionary steps to foster cooperation among students, the efforts profiled in this series attest to a growing national movement in which people from all walks of life are working to put an end to violence, especially among young people. The series features documentary reports filmed across the country and speaks to experts who have studied the problem and have worked directly to implement programs that have a real, lasting impact. Numerous efforts to combat violence are profiled, including adult mentoring, conflict resolution, parent training, peer education, alternative sentencing, violence prevention counseling, school-based programs, community-policing and activism, substance abuse rehabilitation, and firearm safety.

Juveniles Locked Up, #1

In the Ventura School, California’s showcase juvenile prison, inmates discuss how drugs and alcohol, lack of family support, and gang involvement have influenced their lives. The program also looks at *Adult Time For Adult Crime*, a program in Dade County, FL, which sends more kids to adult court than any other county in the U.S. Those who prosecute, defend, and judge young offenders explain how our society has come to the point where the age of the defendant is no longer a mitigating factor—and how 14-year-olds are being sentenced to life behind bars. But there are alternatives to that kind of traditional sentencing of young, violent offenders which are explored in a report from the *Last Chance Ranch*, a work-study lockup rooted in firm discipline, treatment, and rehabilitation.

Domestic Violence, Street Violence, #2

Domestic violence is one of the least reported crimes in America. In Nashville, TN, we see how intense police investigation and follow-up of domestic abuse have led to the imprisonment of repeat offenders. *Teens on Target* shows the success of a program where a Los Angeles doctor (weary of treating young gunshot victims) and former teenage patients (half of whom have spinal injuries from gunshot wounds) speak to younger kids around their city about weapons and violence. This program illustrates what ordinary citizens, survivors, and parents can do about gun control. Violence in the media is movingly portrayed, and solutions to its impact on children are discussed.

Crisis In Our Inner Cities, #3

This program examines the tragic story of nine-year-old James Darby, who sent a letter to President Clinton asking him to stop the violence in his city as part of a classroom project. Nine days after he sent the letter, Darby was shot walking home from a local park. Successful community efforts such as *Cleveland Works* and *Beat the Streets* show how local businesses, religious organizations, and individuals can help at-risk youths divide their time between attending school and community service, building self-esteem and the skills to help restructure their lives.

Solutions for Children, #4

This program documents how domestic abuse within the family affects children, and looks at programs such as *The Kid's Club* at the University of Michigan where troubled children and families are getting help; *Sobriety High*, a special school in Edina, Minnesota, that works to reduce alcohol and drug abuse and lower the incidence of violent crimes; and Landmark High School in New York, a successful experimental effort that promotes small classes, strict enforcement of rules, and parental involvement.

High School/Adult 240 min. 1999 V-5090

What Every Parent Should Know About Gangs

Parents will learn about the warning signs of gangs, how to prevent your child from joining gangs, the consequences of joining a gang, and school resources plus community activities.

Adult 16 min. 1996 V-5068

What's Wrong With This Picture?

What's Wrong With This Picture? is an award-winning video showing five scenarios that address the school safety issues of drug trafficking and abuse, intimidation and violence, teacher burnout and theft. The docudrama is narrated by the people who actually experienced the incidences portrayed. This "trigger" video is intended to generate emotional responses, discussions and action from its viewers. The video has received awards at the Houston, New York and Chicago film festivals, the U.S. Industrial Film Festival and the National Association of Government Communications.

High School/Adult 18 min. 1986 V-5093

Winning at Parenting...Without Beating Your Kids

A humorous approach to mealtime, bedtime, chores...and getting your kids out of the local jail. Covered are ways to buffer your kids from sexual promiscuity, drug abuse and suicide while helping them grow in increased self-discipline, independent problem solving skills and responsibility. The program consists of the 125-minute video featuring Barbara presenting *Winning at Parenting* before a live audience just as she has throughout the United States, Canada, South America, Europe and Asia.

Senior High School/Adult 125 min. 1990 V-5046 or DVD-5046

Winning at Teaching...Without Beating Your Kids

An opportunity to explore the concepts, principles and techniques which have made Barbara Coloroso's approach to discipline and positive school climate so successful. Covered are practical ways for establishing an equitable discipline structure that teachers, students and parents can live with...and techniques to help students grow in increased self-discipline, independent problem-solving skills and responsibility. The program consists of the 100-minute video featuring Barbara presenting *Winning at Teaching* before a live audience.

Senior High School/Adult 100 min. 1990 V-5047

Wise Owl Says: When Telling Isn't Tattling (cc) [HOPE TO ORDER]

This engaging video or DVD combines animation and live-action segments to help young viewers understand the difference between tattling (which aims to land someone else in trouble) and telling (which aims to help someone solve a problem). The program features a wise-cracking animated Wise Owl who tells viewers that if they want to figure out the difference between telling and tattling, they should ask themselves his four "who" questions – Who might get hurt? Who is afraid? Who does it help? Who do I tell? The program presents a series of vignettes in which youngsters have to decide what to do. The "who rules" are revisited often. *Wise Owl Says* assists teachers in breaking their students of the tattling habit.

Program includes follow-up class activities to reinforce the program's concepts.

Grades: Kindergarten – 2 12 min. 2006 DVD-

Wrestling with Manhood: Boys, Bullying & Battering

Wrestling with Manhood is the first educational program to pay attention to the enormous popularity of professional wrestling among male youth, addressing its relationship to real-life violence and probing the social values that sustain it as a powerful cultural force. Richly illustrating their analysis with numerous examples, **Sut Jhally** and **Jackson Katz** the award-winning creators of the videos *Dreamworlds* and *Tough Guise*, respectively offer a new way to think about the enduring problems of men's violence against women and bullying in our schools. Drawing the connection between professional wrestling and the construction of contemporary masculinity, they show how so-called "entertainment" is related to homophobia, sexual assault and relationship violence. They further argue that to not engage with wrestling in a serious manner allows cynical promoters of violence and sexism an uncontested role in the process by which boys become "men." Designed to engage the wrestling fan as well as the cultural analyst, *Wrestling with Manhood* will provoke spirited debate about some of our most serious social problems.

High School/Adult 45 or 60 min. 2002 DVD-5122