

Prescription/Over The Counter Drugs Videos/DVDs

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Abusing Over-the Counter Drugs (cc)

Teen drug abuse isn't limited to illicit drugs. Many OTC (over-the-counter) drugs are misused by kids—from cold remedies to pain killers to diet pills. This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like heroin. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can also result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose apparent experimentation with the drug was a cause in her own death. Students will also hear a no-nonsense message from a district attorney describing the severe legal consequences teens can receive if found driving or committing a crime while under the influence of these substances. The program also teaches viewers how to carefully read and understand OTC drug labels for active ingredients and potential overdose.

Grades 7-College 22 min. 2005 V-5073 or DVD-5073

Come See About Medicines

An 11-year-old girl, Julie, accompanies a family physician as she visits her patients. During the program, Julie receives answers to her questions about medicines. Viewers receive information on what a drug side-effect is, different ways in which medicines are administered, how to read a prescription label, how some common medications work, and the way in which certain drugs can cause physical tolerance and addiction. An off-the-wall host adds humor to the program. Questions and answers appear on the screen periodically.

Ages 8-14 23 min. 1996 V-

Drug Wars – Rx to Die For [HOPE TO ORDER]

Prescription drug abuse is a serious problem. Prescription drugs can be just as deadly as illegal drugs, and often, easier to get. Unfortunately, because these drugs are prescribed by a doctor, many people don't realize just how deadly they can be. In *Rx To Die For*, addiction treatment experts will teach how these drugs can destroy your body and brain, and victims who have experienced the devastating affects first hand will tell their stories. If you know someone who doesn't know the dangers of prescription drug abuse, show them *Rx To Die For*. It could be one of the most important programs they'll ever see.

min. 200 DVD-

Drugged Driving: The Road to Disaster (cc)

Intoxicated teen drivers are responsible for 18% of motor vehicle deaths each year. Alcohol abuse is a major factor, but teen drivers' abuse of over-the-counter drugs, prescription drugs and marijuana is rising at an alarming rate. Teens are driving impaired and putting their lives and the lives of others at grave risk. In this video, ER doctors and police investigators specially trained to recognize drug-impaired driving present a hard, on-the-scene look at how drugs impact driver alertness, reflexes and perception skills. A prosecutor specializing in DUI cases explains the legal consequences following a drugged driving crash. Finally, a mother recreates the tragic story of how her daughter died in a drugged driving crash caused by marijuana smoking. Viewers get a comprehensive view of the devastating effects of drugged driving on teens, their families and their communities.

Grade 9-College 25 min. 2008 DVD-4205

Drugs: True Stories

Joel's abuse of alcohol and marijuana in seventh grade led to addiction to OxyContin®. Joel, his parents, and sister describe their denial, Joel's spiraling addiction, and his ongoing recovery. Trevor, 18, resists the use of drugs with support from his mother and mentors. H. Westley Clark, M.D., C.A.S., Center for Substance Abuse Treatment, SAMHSA, and Howard J. Shaffer, Ph.D., C.A.S., Director, Division on Addictions, Harvard Medical School answer frequently asked questions.

For grades 5 through college, parents, and other caregivers 29 min. 2007 DVD-

It Can Happen To Anyone: Problems with Alcohol and Medications Among Older Adults (cc)

Alcohol is a part of our social fabric. For many older adults, prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner – you'll remember him as the gruff, hard-drinking editor from *The Lou Grant Show* and *The Mary Tyler Moore Show* – helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

Adult 26 min. 1996 V-180

“Legal” but Deadly: Abusing Prescription Drugs (cc) [HOPE TO ORDER]

Prescription drugs like OxyContin, Ritalin, Vicodin, Xanax and codeine based cough syrup are making headlines around the nation as teens continue to abuse these “legal” drugs by crushing the pills and snorting or injecting the powder or drinking the liquid. Studies continue to offer evidence of an emerging problem with OxyContin and Ritalin addiction among young people. Sadly, too many teens don’t realize how dangerous their experimentation can be. This timely video highlights several recent cases of teens that became addicted to prescription drugs and the resulting consequences. Program highlights kids’ false beliefs about these drugs and the all too common belief that because these drugs are prescribed they are therefore safe. On camera physicians also describe the severe side effects of prescription drugs and how these drugs seriously compromise the brain’s functions. The video makes clear that any misuse of a legal drug is not only illegal but, can also be fatal.

Grades 7-College 20 min. 2005 DVD-

The OTC: Battling the Over-the-Counter High

If a drug is available over-the-counter, it’s safe and free from abuse right? WRONG! During the past few years, calls to poison control centers about the misuse and abuse of over-the-counter medications have increased. In 2003, poison control centers in the United States received twice as many calls about one form of over-the-counter drug abuse than they did three years earlier. Emergency room visits because of OTC abuse are also on the way up. Young people and adults alike are using cough syrups, cough suppressants, motion sickness drugs, and more to get high. While over-the-counter medications like Dextromethorphan (DXM) is used safely by millions of Americans each year to relieve coughs due to the common cold or flu, there have been reports of some young people intentionally abusing products containing the ingredient in an effort to get high. During the hour-long broadcast, viewers will hear a variety of perspectives—including a representative from the poison control center network, a retail drug store loss prevention expert and a person in treatment who has struggled with DXM addiction. Viewers will also learn about other potentially dangerous over-the-counter medications and what some stores, consumer healthcare organizations, and communities are doing to help combat the problem. Aired 12/16/04.

Adult 60 min. 2004 V-

Painkiller Abuse: Out of Control

There are many drugs that teens are exposed to everyday, but none are as readily available and concealable as painkillers. This makes them one of the most sought after drugs by today’s youth. Painkillers can be anything from ibuprofen to oxycodone and can be as dangerous and addictive as heroin. Find out about the various types of painkillers ingested by teenagers. Also, discover the physiological and psychological signs of dependence. The consequences of addiction will be discussed along with ways to get help if you or someone you know is addicted. Junior High School/High School 27 min. 2003 V- or DVD-

Pharm Parties: A Lethal Mix (cc)

One of the newest and most frightening trends in teen drug experimentation are so-called “pharm parties”—where teens gather at someone’s home, drop an array of pharmaceuticals (like Vicodin, Oxycontin or Xanax) into a bowl, then consume handfuls of this dangerous “trail mix.” This eye-opening program allows viewers to hear from teens who nearly died after participating in pharm parties, as well as medical experts who identify the dangers of taking any medicines not specifically prescribed for you. Narcotics officers with firsthand experience of pharm party overdoses give vivid descriptions of documented incidents. Viewers also learn what really happens when a human stomach is pumped as a last resort to avoid drug overdose. Program clearly demonstrates the extreme dangers of this rapidly escalating form of prescription drug abuse.

Grades 7-College 20 min. 2008 DVD-5125

Prescription & OTC Drugs: Misuse & Abuse

This video is an examination of legal drugs and the pharmacological principles that determine effects, both desired and damaging. The video explores the idea that any substance can be a therapeutic drug, a psychoactive drug, or a poison, depending on the dose or interactions with other drugs. By visualizing the concepts of drug pharmacology, such as absorption, tissue dependence, and especially addiction, the dangers of misuse of specific drugs can be studied. The video focuses on legal psychoactive drugs, such as Vicodin and OxyContin, and the difficulties when trying to control pain with drugs. It also recognizes the problems with over-the-counter drugs, including cold and cough remedies, diet pills, and herbal supplements.

High School/Adult 35 min. 2004 DVD-339

Prescription Drugs: Killing More Than Pain

When America entered the new millennium, it entered a new era in the world of drug abuse. From the streets of the cities to the secluded family homes in the suburbs, prescription drug abuse is a problem that’s spilling out of pill bottles and into the lives of millions all across our country. Back in 2000, about 1.5 million Americans abused prescription drugs. Two years later, that number quadrupled – to more than six million. That’s a 400% increase. Thousands of people die each year because they overdose on prescription medications. Many abusers think they’re an FDA-approved high, while others become addicted after using powerful painkillers to treat legitimate pain. During this broadcast, learn how abusers are getting their drugs and how law enforcement, doctors, and pharmacists are fighting the problem. Hear from recovering addicts, treatment providers, doctors, robbery victims and more. Prescription drugs kill much more than pain. Aired 3/3/05 *Includes powerful PSAs at the end of the video.*

Adult 60 min. 2005 V- or DVD-