

Inhalants Videos/DVDs

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Danger! Toxic Chemicals: An Inhalants Prevention Video (cc)

Danger! Toxic Chemicals is a short, dramatic educational video for use in fifth through eighth grades. It introduces students to the truth about inhalants with energy and a cutting-edge visual style. Students will learn the straight facts about sniffing and huffing and how these actions can cause permanent injury or even death. Most important, this video dispels the myth among kids that common household products must be safe "because they're all around us."

Grades 5-8 14 min. 1999 V-5011

Drug Education for Teens Series/Inhalants, v. 7

It's tragic, but true: Sniffing readily-available household products kills. *Inhalants* explains the dangers of breathing in toxic substances with animations and graphics that illustrate what happens to the brain and body when it is exposed to poisons. Because no matter what you call it -- sniffing, huffing, ragging -- inhaling chemical fumes to get high is breathing poison. Students will learn of the extreme danger from the vapors of volatile solvents and will hear the terrifying stories of kids whose lives were lost because they weren't aware of the deadly ramifications of inhalants. A segment illustrates how abusing gases like nitrous oxide is far from a laughing matter.

Junior High School/High School 23 min. 2004 V-77

Drugs: Uses and Abuses/Inhalants, v. 5

This program presents a summary of this class of drugs and then details its constituent parts: solvents and aerosols, nitrites, and nitrous oxide. A doctor of pharmacology, an addiction specialist, police officers, a historian, recovering addicts, and others delve into the history and biological effects of these drugs. Together, they share case studies and personal experiences to address the use, abuse, and hazards of inhalants, including brain, liver, and kidney damage, as well as sudden sniffing death syndrome.

High School/Adult 30 min. 1999 V-95

Educate: Creating Inhalant Abuse Awareness Together

This educational video featuring Deloris Jordan, author of *Family First* and mother of five (including basketball star Michael Jordan) delivers vital information about inhalant abuse to parents, teachers, and caregivers.

Adults 14 min. 1998 V-161

Getting Stupid: How Drugs Damage Your Brain (cc)

This video presents to middle schoolers the latest scientific information on how alcohol, marijuana, inhalants and other drugs cause serious and potentially permanent damage to the human brain. Video includes interviews with scientists who use actual brain scans of drug users to explain how the brain's chemistry is harmed by drugs. Hi-tech images of the human brain make the evidence compelling and memorable. Students will clearly see those areas of the brain that are impacted, such as the hippocampus, blood vessels and nerve cells. New research has demonstrated that the ability to do common thinking tasks is seriously compromised in the still developing brains of teenagers who drink alcohol. Program delivers an urgent wake-up call to viewers who may not be aware of the real dangers of how taking drugs can damage the brain.

Utilized for training by Mothers Against Drunk Driving (MADD). *The Inhalants section is 17 minutes into the video/DVD.*
Grades 5-9 23 min. 2003 V-162 or DVD-162

Huffing: the Latest Facts About Inhalant Abuse (cc)

This gripping program shares unforgettable real stories of teens fighting their abuse of inhalants, as well as families who lost a child to inhalant abuse. Compelling interview segments include an Ohio police officer whose son died after a brief experiment with inhalants—which his friends assured him were a "safe way to get high"—and a recovering teen who learned first-hand that huffing inhalants is not only perilous, but can quickly lead to other types of drug abuse. National experts discuss the addictive nature of inhalants and clearly outline the damage these toxic chemicals cause to the brain, heart and lungs. Teacher's Resource Book provides follow-up assignments and reinforces the program's powerful no-use message.

2008 Notable Children's Videos

Grades 5-9 20 min. 2007 DVD-5114

Infobox on Inhalants [Audio]

<http://www.health.org/multimedia/mediaDetails.aspx?ID=83>

8:38 min.

Inhalant Prevention Campaign ~ March 16-23, 2008

<http://www.inhalants.org/index.htm>

Inhalants (cc)

Without being a how-to guide, this video depicts the personal stories of ex-users who explain how they got started, why they stopped and why your students should learn that inhalants are poisons, not drugs. Appropriate for grades 5-8.

Grades 5-8 20 min. 1996 V-164

Inhalants

This program explores the rising trend of inhalant abuse among teens. Viewers meet the parents of a young man who lost his life to inhalants before his thirteenth birthday and hear their tragic story. Dr. Richard Scatterday, who sees many patients for inhalant abuse, discusses many of the deadly risks of which users are not aware. The physical damage that inhalants can cause is reviewed, and the many types of inhalants are covered. This program is ideal for educating teens on the dangers of inhalant abuse.

Junior High School 13 min. 1997 V-165

Inhalants: Are You Out of Your Mind?

The central focus of the video is to explain how inhalants take away the body's ability to absorb oxygen, and also how the toxins damage the major organs of the body as they pass through them, in particular the brain. The video explains the medical conditions atrophy and fibrillation, and uses them to show how inhalant abuse can easily lead to a breakdown of the central nervous system and the organs it communicates with. Addresses both the short and long term effects of inhalants, as well as signs of use, reasons kids turn to inhalants, and what a young person should do if a friend tries to get them to use inhalants or is using themselves.

Junior High School 8 min. 1997 V-166

Inhalants Exposed (cc)

This program addresses a dangerous and often tragic practice among young people – sniffing fumes of household products to get high. This video presents facts and authentic stories about the terrible consequences of “huffing.” One sad story is the tragic death of Anthony, a teenager who died after sniffing an inhalant for the second time. Anthony's mother visits his gravesite as students hear and see how Anthony died. Students will hear other accounts of how young people suffered seizures, blindness, respiratory arrest and death from inhaling substances such as cleaning fluid and air freshener.

Grades 5-9 15 min. 2000 V-167

Inhalants: No Huffing! [HOPE TO ORDER]

Sarah, Josh, and Kelsey are facing the toughest decision of their lives. Their friend Jacie has died from inhaling chemicals. The realization is made that another one of their friends is in the same danger. They get caught up in a moral dilemma between not wanting to be labeled as “uncool” and saving their friend's life. What will they do? **Inhalants: No Huffing**, uses intense visuals and music to tell a morality tale about an issue that is of great concern to teenagers, not being labeled as a “snitch” no matter what the consequences. This program was designed to appeal to young people with a unique approach to the educational film genre. A video question & answer forum is included to help reinforce concepts and facts about the dangers of abusing inhalants.

Grades 4-12 24 min. 2005 DVD-

Inhalants: The Silent Epidemic

Teenagers who might hesitate or refuse to try an illegal drug may still be tempted to use inhalants – everyday household or office products that can be sniffed to produce a brief high or rush. *Inhalants: The Silent Epidemic* illustrates the danger in sniffing these products, despite the fact that they are legal and seem perfectly innocent. For some teenagers, there is no such thing as “just once.” Inhalants are no different from any other drug, and they can be just as deadly. This program leaves viewers with the knowledge that help, through recognition and treatment, is available. Starring Chad Allen, Kellie Martin.

Junior High School 22 min. 1991 V-169

Psychoactive Club Drugs & Inhalants

This video examines drugs that are popular on the current drug scene, e.g., “rave clubs,” private parties, and individual use. The first section of the video focuses on

- **psychedelics** such as MDMA (“ecstasy”), GHB and GBL (“blue nitro”), LSD, psilocybin mushrooms, peyote, and ketamine.

The second part of the video concentrates on

- **inhalants** such as nitrous oxide, volatile solvents (glue, gasoline), and to a lesser extent, volatile nitrites.

The video emphasizes

- the reasons these drugs are used;
- the unpredictability of the response to psychedelic drugs especially when used together with other psychoactive drugs;
- the physiological and psychological effects of MDMA, GHB, and other psychedelics especially on mood and memory;
- the continued use and health consequences of nitrous oxide and petroleum-based inhalants;
- the impact of inhalants on the lungs, heart, liver, kidneys, blood cells, and brain;
- treatment options for bad “trips,” overdoses, and polydrug use

Adult 53 min. 2002 DVD-170

The Real True & False About Alcohol, Marijuana, and Inhalants

High school narrators lead middle school students through drug-specific sections by asking them “true-false” questions. Middle schoolers respond, giving narrators the opportunity to dispel myths, give truths, and encourage younger students to choose a drug-free lifestyle now. Emergency room doctors, law enforcement officers, and drug-free high school students support the teen guides throughout the program with the strong, positive social norms message: When it comes to alcohol and drugs, the vast majority of teens “don’t need ‘em, don’t want ‘em, and don’t use ‘em.

Grades 5-9 16 min. 2003 V-171

“Silence” Video Message

This video message demonstrates in a simple but powerful way, the quick and devastating effects inhalant abuse can have on kids and families. :30

http://www.drugfree.org/Parent/Resources/Parents_Guide_to_Inhalants_Prevention

The Truth About Drugs (The Teen Files Series)

The Teen Files: The Truth About Drugs is a powerful program that graphically demonstrates to teens the effects of various types of drugs on their self, friends, babies, and family. The damage drugs do to their body is not always apparent and today’s teens often overlook the dangers they face when using such as rape, homelessness, suicide, jail time, and the inability to focus and study. *The Inhalants section is 18 minutes into the video.*

Junior High School/Senior High School 45 min. 1999 V-193

Uppers, Downers, All Arounders: Drugs & Effects

Uppers, Downers, All Arounders: Drugs & Effects is the most comprehensive video on psychoactive drugs. This revised production uses a visually compelling combination of animation, live action, graphics and interviews with addiction experts and particularly recovering users to present a current, wide ranging, nonjudgmental overview of drug use. Current drugs of abuse including “ecstasy,” methamphetamines, marijuana, and inhalants, along with the “legal” drugs (alcohol, caffeine, tobacco and benzodiazepines), are covered. In addition, concepts like hereditary and environmental influences, the physiology of drug use, and levels of use are examined. The video is divided into 17 segments with an imprinted reference time code for ease of use.

High School/Adult 60 min. 2001 V-223 or DVD-223

A Wasted Breath: Kids on Inhalants

This video talks to kids about the dangers of inhaling common, legal household products – without being a ‘how-to’ for youngsters. Kids who have experimented with inhalants explain how peer pressure can be either an introduction or a deterrent to drug abuse. The program addresses the problems and dangers, both healthwise and socially, of inhalant abuse. It features conversations with recovering abusers, a peer counseling group in action, and a drug education specialist. Nonthreatening but frank, it covers the information students need to know about these dangerous chemicals.

Grades 4-12 19 min. 1992 V-3