

# Early Childhood Videos

Available from the Idaho RADAR Network Center  
Video/DVD Lending Library  
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## **...And Down Will Come Baby (cc)**

This program shows that drug-exposed babies have problems that may extend throughout their lives, affecting their physical, emotional, social, and educational development. It promotes an awareness of the problem among teenagers who are at risk for unplanned pregnancy and substance abuse. Medical experts offer information, and mothers of drug-exposed babies share their personal experiences.

Junior High School/High School/Adult 17 min. 1996 V-4017

## **A Child With Special Needs [HOPE TO ORDER]**

Families of children with special needs share their stories to help others in similar circumstances understand that, while every child is unique, there are common experiences, emotions, and challenges they are likely to encounter as they work to help their child. This video provides information on:

- What to do when you find out that your child has a special need
- Moving from confusion and grief to acceptance and empowerment
- Finding answers and getting help
- Speaking up as your child's best advocate
- The importance of looking beyond the diagnosis
- Focusing on your child's unique strengths

Adult 27 min. 2004 DVD-

## **Delinquents (60 Minutes Series)**

They call them juvenile delinquents – the young elephants that were introduced into the Umfolozi (Kwazulu Natal) and Pilansberg (near Sun City) game parks. At the time nobody realized what valuable lesson these elephants were to teach everybody with regard to the social structure of a herd of elephant. These elephants were relocated and introduced into an area that lacked the presence of older bulls and matriarchs. The result was that the youngsters started behaving badly - completely out of their nature – by showing signs of undue aggression towards objects, people and animals, which they normally would have tolerated. The issue was accentuated by the fact that they started killing white rhino – a specie that is nurtured and protected to rescue them from extinction. Currently projects are underway to introduce mature elephants into these herds of “juvenile delinquents”, hoping that they will sort out the family structures of the younger ones.

High School/Adult 15 min. 1998 V-61

## **Discipline: Teaching Limits with Love (cc)**

Renowned child development expert Dr. T. Berry Brazelton explains why children actually look for behavioral limits. The video shows that a firm but gentle approach is best and demonstrates useful techniques to promote discipline. Learn why the limits children learn in their first few years can build a foundation for the rest of their lives. Dr. Brazelton also offers advice to help parents and caregivers manage their own emotions and avoid using physical punishment.

High School/Adult 27 min. 2000 V-2011 or DVD-2011

## **Elijah's Story [HOPE TO ORDER]**

Elijah's Story is an exceptional documentary explaining the emotional devastation of shaken baby syndrome. This moving video, filmed by an Academy Award winning film maker, follows the story of a 16-month-old who was shaken to death by his biological father who got frustrated with the baby's crying. The film starts with actual home videos of Elijah's young life, including the joyous day of his birth and other family celebrations. The video moves to candid interviews with Elijah's mother, father and grandparents. The video also includes the 9-1-1 emergency call and the father's taped confession to officials and statement from prison. The 28-minute video includes more interview, confession and investigation material. This video educates all who see it about the dangers of shaking an infant, and how important it is to teach anyone who cares for a child to never shake a baby.

High School/Adult 28 min. 2001 DVD-

### **Fetal Alcohol Exposure: Changing the Future**

How are fetal alcohol spectrum disorders diagnosed? What are the primary and secondary disabilities associated with FASD? And—most important of all—what is the human cost? This program addresses these questions through the firsthand experiences of Ann Streissguth, director of the University of Washington's Fetal Alcohol and Drug Unit; Kathy Mitchell, vice president of NOFAS; Erica Lara, who works at a residential drug and alcohol treatment facility designed especially for women with young children; and Erica Gitis-Miles, a college student who has FASD. The in utero effects of alcohol are considered as well, as are the facial, bodily, neurological, cognitive, and behavioral characteristics of FASD.

Grades 9-up 31 min. 2006 DVD-4186

### **Fetal Development: A Nine-Month Journey**

Truly magnificent photographic footage traces the in-utero process throughout the nine months of a normal pregnancy. From the initial stages of cell division to the final act of giving birth, you'll see the differentiation of tissues that slowly become individual human organs and eventually a baby. You'll also learn why it's absolutely necessary for women to remain drug-free throughout their pregnancy. The concluding dramatic scene celebrates the wonder of new life to the fullest.

Grades 6-12 15 min. 1990 V-2000

### **Finding Forever Families**

In the United States and Canada, thousands of children are legally freed for adoption. These children are often considered unadoptable because of their age, race, physical or emotional handicap or desire to be placed with siblings. This video dispels the myth that any child is unadoptable and provides best practices on how to recruit families for children based on the child's desires and needs.

Adult 35 min. DVD-124

### **The First Years Last Forever**

The new research in brain development tells us of the vital importance of the relationship between caregiver and child in the critical first years of life. New parents have a wonderful opportunity to help their child reach their full potential. This video includes information on: bonding and attachment, communication, health and nutrition, discipline, self-esteem, child care, and self-awareness.

High School/Adult 29 min. 1997 V-2001

### **Food & Fitness Matter: Raising Healthy, Active Kids**

The dramatic rise in childhood obesity is one of the most serious health problems facing our country today. Reversing this trend starts with healthier habits at home. But parents can't do it alone. Many schools also play a role by serving unhealthy foods and cutting back on physical education and recess. **Food & Fitness Matter** provides parents the information and support they need to make changes at home and in their local schools. In the video, health and nutrition experts, including former U.S. Surgeon General Dr. David Satcher, explain:

- the causes for the dramatic increase in overweight kids;
- the health problems posed by the childhood obesity epidemic;
- how unhealthy food at school contributes to the obesity problem, as well as to learning and discipline problems.

High School/Adult 24 min. 2006 DVD-2014

### **For the Child: Information on Mental Health and Advocacy for Resource Parents [HOPE TO ORDER]**

For the Child: Information on Mental Health and Advocacy for Resource Parents, hosted by Morgan Freeman, will help foster parents and kinship care providers: - Understand the most common children's mental health problems - Navigate the local mental health service delivery system - Develop alliances with birth parents, school systems, mental health providers & caseworkers - Feel increased comfort with seeking mental health services - Recognize the rights and responsibilities of foster children, birth parents, kinship providers, foster parents and caseworkers - Identify who to call, what to say, and where to go to obtain the right services - Be an effective advocate for the children in your care.

High School/Adult min. 2007 DVD-

### **Have a Healthy Baby: Labor & Delivery**

This third edition, which retains the classic animation of the birth process, provides thorough information on the physiology and process of birth, as well as conveying the sensitive experiences of two couples that illustrate the immensely emotional event that is labor and delivery.

High School/Adult 25 min. 1994 V-2003

**Have a Healthy Baby: Pregnancy**

This video gives expectant mothers and their partners an insightful view of frequently experienced events that accompany the challenges and joys of pregnancy. Interviews and beautifully detailed animation illustrate the changes to mother and fetus through the three trimesters of pregnancy. The video also devotes special attention to older women, working women, nutrition, prenatal care and testing, blended families and childbirth preparation. Combining caring wisdom with up-to-the-minute medical knowledge, this program supports parents-to-be by providing a head start to a healthy pregnancy.

High School/Adult 25 min. 1994 V-2002

**Is Your Baby Smoking? Clear the Air You Share**

This film discusses the importance of not smoking or quitting smoking during pregnancy. Advice is given to protect your baby and yourself from secondhand smoke. The health risks are shown of what happens to the baby while in the womb during the act of smoking.

Junior High School/High School/Adult 12 min. 1999 V-3012

**Look Who's Balking: The Baby Who Wouldn't Come Out**

Raising a child requires much more than just good intentions. Many expectant parents, especially very young couples, don't realize what a tough job they will have once their baby is born. Taking a light-hearted, humorous approach to teaching a serious message, *Look Who's Balking: The Baby Who Wouldn't Come Out* opens in a delivery room where a mother has been in labor for five days. Speaking from the womb (the voice of Henry Winkler), the baby refuses to be born until his parents promise to raise him right. The baby teaches the inexperienced parents some important lessons on prenatal care, discipline, self-esteem, and the importance of parenting classes and support groups, before making his long-awaited appearance. This program is an engaging media adjunct to Health, Prenatal Education and Teen Pregnancy, Sex Education, and Growth and Development units on parenting, family-child issues, and prenatal education.

Arnold Shapiro Productions.

High School/Adult 17 min. 1990 V-2004

**The Parent's License**

To drive a car, you need a driver's license. To get married, you need a marriage license. To have a child, you need a parent's license. This is the premise of *THE PARENT'S LICENSE*, which takes place "in the very near future." To qualify for a license, prospective parents must prove they are mature, committed, loving, and actually capable of raising a child. We follow five couples that quickly learn that wanting to be a parent isn't enough. Through the power of magic, they find themselves in frustrating situations with their future children. How they behave determines whether or not they will be granted their license.

High School/Adult 16 min. 1991 V-2005

**Parents – "Silence Condone"**

Father Martin, a leading authority in the prevention field and an outstanding speaker, talks to parents about very practical ways they can learn and be involved in the stressors on their children.

High School/Adult 18 min. 1988 V-138

**A Place to Call Home**

The Dave Thomas Foundation for Adoption and Children's Action Network are pleased to introduce a new, short film hosted by Henry Winkler. It features four heartwarming stories about families formed through foster care adoption – perfect for sharing with potential adoptive parents!

Adults 15 min. 2006? DVD-

**Portrait of Promise: Preventing Shaken Baby Syndrome**

*Portrait of Promise* is a videotape designed to educate a wide variety of audiences about a form of child abuse called Shaken Baby Syndrome. This eleven minute videotape features three families whose lives have been devastated by shaken Baby Syndrome. Dr. Carolyn Levitt, pediatrician and nationally recognized child abuse specialist, addresses the damaging effects of violent shaking and offers insight on prevention. The program is serious, but provides hope in that it reminds the viewer that "the key to preventing Shaken Baby Syndrome lies in our hands."

High School/Adult 11 min. 1995 V-2006

**Positive Discipline Without Shaking, Shouting, or Spanking**

The frustrations of raising a child can lead parents to discipline by shouting, shaking, or spanking, behavior that all too often escalates into abuse. InJoy's all-new *Positive Discipline* series shows parents a different way. Using real life scenarios, this video contrasts harmful, reactionary parenting with more effective, positive-parenting techniques that are proven to be healthier for kids. After watching this program, parents will be able to put these new skills into practice and bring harmony into their homes.

**Babies (birth to 1), v. 1 25 minutes**

**Toddlers (ages 1 & 2), v. 2 24 minutes**

**Preschoolers (ages 3-5), v. 3 27 minutes**

Ages 13-Adult 2004 DVD-2009

### **Preparing for Parenthood**

Hosted by Whoopi Goldberg. This video explains the importance of prenatal care and shows expectant parents how to give their baby the best chance for a healthy start to life. The video includes information on:

- Forming healthy habits before and during pregnancy
- The importance of prenatal care
- How to prepare for your baby's birth
- How and where to get help with your questions

High School/Adult 32 min. 2002 V-2010 or DVD-2010

### **Preparing for Parenthood/Spanish (cc)**

Lili Estefan explains the importance of prenatal care and shows expectant parents how to give their baby the best chance for a healthy start to life.

High School/Adult 32 min. 2002 V-8018 or DVD-8018

### **Ready to Learn [HOPE TO ORDER]**

Parents are their children's first and most important teachers. They make a big difference in how their child feels about learning, and ultimately their success in school. LeVar Burton and Jamie Lee Curtis show parents and caregivers how to promote literacy and language skills through everyday activities like talking, reading, singing and playing from day one. The video is divided into three sections focusing on: birth-18 months, 18-36 months, and 3-5 years

Ready to Learn includes information on:

- How to spark your child's interest in learning
- How to let your child develop at his or her own pace
- Incorporating literacy into everyday activities
- The importance of communicating with your newborn
- Establishing reading routines
- Preparing your child for reading and writing

Adult 24 min. 2005 DVD-

### **Reporting Child Abuse: Care Enough to Call**

This video is designed to educate families, volunteers, employees, and all citizens on Idaho's child abuse reporting law.

Adult 10 min. 2006 DVD-2013

### **Safe from the Start [HOPE TO ORDER]**

Gloria Estefan shows parents and caregivers how to keep babies and toddlers safe from accidental injuries, both inside and outside the home. Learn how to avoid potential hazards and to make your child's environment as safe as possible.

Safe from the Start provides helpful guidance on:

- Car seats and car safety
- Childproofing at home
- Feeding and food safety
- Toy safety
- Sleep and bedtime
- Bath time and bathroom hazards
- Safety outside the home
- Kids and gun safety

Adult 23 min. 2005 DVD-

### **Shaking, Hitting, Spanking: What To Do Instead (cc)**

An infant won't stop crying, a toddler plays with chemicals under the sink, a seven-year-old ignores a call to dinner, an eight-year-old refuses to clean her room—these four scenarios are each shown twice. At first an angry parent loses control and the video stops for discussion. After discussion, the scenario is shown a second time but with positive parenting skills that change the outcome.  
High School/Adult 30 min. 1990 V- 2007

### **Stop Smoking Now: Reasons Not To Smoke When You're Pregnant**

When you're pregnant, everything you eat, drink and breathe affects your health and your baby's health. So when you smoke, your baby does too. Quitting smoking is one of the most important things you can do for your baby. When you stop smoking, you:

- increase the amount of oxygen your baby will get;
- lower the risk that your baby will be born too early; and
- increase your chances of having a health baby

No matter how long you have been smoking, quitting smoking also benefits your health, gives you more energy, and lets you feel good about what you've done for yourself and your baby. This video provides support, guidance and information about resources to help you resist the urge to smoke.

High School - Adult 20 min. 2003 V-3080 or DVD-3080

### **Through the Eyes of the Child**

This is an introductory video presenting the issues related to the foster care system and special needs adoption with an emphasis from the perspective of the children. This video is targeted toward individuals and groups focused on permanency for children waiting in the foster care system.

Adult 20 min. 1997 DVD-

### **To Be a Father (cc)**

Hosted by Ray Romano, this video features information on what fathers can do to help promote and participate in their young children's healthy development. Learn how your role as a father can have an enormous impact on your children - from how well they succeed in school to how they get along with their friends. You'll also hear from men who talk about the rewards of being close to their kids. This video provides information on:

- How fathering begins even before the baby is born
- How dads can connect with their children right from the start
- What fathers can do to foster a close relationship with their children- even when they live miles apart
- How fathers can overcome the challenges of parenting under special circumstances, like separation or divorce

High School/Adult 29 min. 2003 V-2012 or DVD-2012

### **To Be a Father/Spanish**

Hosted by Antonio Banderas, this video features information on what fathers can do to help promote and participate in their young children's healthy development.

High School/Adult 29 min. 2003 V-8019 or DVD-8019

### **Twee, Fiddle & Huff**

The program explains to young children, perhaps especially those from “addicted” households, the nature of addiction, and how it affects adults (i.e. parents). Children are reassured that the behavior of their parents is not anything that they should blame on themselves. Kids are told that if they find the burden of dealing with this behavior too great, there are other adults who are ready, willing and able to help them.

Elementary 17 min. 1990 V-4113

### **Why Early Childhood Matters**

Scientific research confirms that children's earliest experiences, starting even before they are born, dramatically affect their ability to succeed in school and in life. In this video, our country's leaders in government, business, crime prevention, and academia voice their commitment to our nation's youngest children and emphasize the crucial need for increased investments in early childhood.

High School/Adult 10 min. 2003 V-2008

**Winning at Parenting...Without Beating Your Kids**

A humorous approach to mealtime, bedtime, chores...and getting your kids out of the local jail. Covered are ways to buffer your kids from sexual promiscuity, drug abuse and suicide while helping them grow in increased self-discipline, independent problem solving skills and responsibility. The program consists of the 125-minute video featuring Barbara presenting *Winning at Parenting* before a live audience just as she has throughout the United States, Canada, South America, Europe and Asia.

Senior High School/Adult 125 min. 1990 V-5046 or DVD-5046

**Worth the Trip: Raising a Child with Fetal Alcohol Syndrome**

A ground-breaking video guide for parents and caregivers, it is the first comprehensive video resource about the health, development and learning styles of children affected by fetal alcohol exposure. The video presents strategies for meeting the developmental and behavioral challenges faced by children with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effect (FAE). Its topics include: speech and language development, behavioral concerns, impact on siblings and on parents' relationships, and developments which offer hope for the future.

High School/Adult 39 min. 1999 V-4124

**You're Not Alone**

This is a nine-minute video speaking directly to children, giving them information about alcoholism, being safe, finding adults who can help, and about group as a place to find support.

Elementary 9 min. 1998 V-4125