

Drug Education for Teens Series

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This informative series empowers teenagers to make responsible decisions by providing them with honest and realistic information and accessible scientific foundation to base them upon. Students get an in-depth look at the most prominent drugs and teen health issues of the day, as well as an understanding of the history of the drugs that currently populate the nation's landscape. Cutting-edge graphics and animations illustrate the immediate physiological effects of abuse and a sharp mix of expert interviews and first-person testimonies of teens shed light on the long-term psychological effects, as well as the social and legal consequences of drug use.

Alcohol & Alcoholism, v. 1 (cc)

In *Alcohol & Alcoholism*, viewers learn about the dangers of alcohol abuse and the signs and symptoms of alcohol dependence, while the many factors involved in the disease of alcoholism are highlighted. Whether it is beer, wine or liquor, alcoholic beverages all belong to a class of drugs known as depressants and use can lead to dependence and addiction. Viewers explore the devastating long- and short-term effects of alcoholism through candid interviews with users and family members, and learn about treatment options for those suffering from alcoholism.

Grades 7 & up 23 min. 2003 DVD-4163

Alcohol: Teenage Drinking, v. 2 (cc)

Advertising portrays alcohol consumption as fun, relaxing, romantic, exciting and adventurous. Yet, alcohol is the most abused drug in the world, and one that is often abused by teens with tragic consequences. In *Alcohol: Teenage Drinking*, students will get the facts on how alcohol affects the brain and body, with vivid animations explaining how drinking impairs motor skills and judgment. This compelling video encourages viewers to ask hard questions about the risks and benefits of drinking, highlighting some tragic personal stories with teen interviews and explanations from experts. This program approaches the topic with straight talk about the dangers of binge drinking and the choices teens are faced with every day.

Grades 7 & up 23 min. 2003 DVD-4164

Club Drugs, v. 3 (cc)

Ecstasy, GHB and ketamine are among a number of 'designer drugs' that are often taken by teens at clubs, parties and all-night raves. *Club Drugs* gives viewers an opportunity to get an in-depth look at the effects these drugs have on the user, both physically and mentally. First-person accounts powerfully relate the damaging and often lethal consequences of use, while vivid animations illustrate how these drugs can irreversibly alter the chemistry of the brain.

Grades 7 & up 23 min. 2003 V-73 or DVD-73

Cocaine & Crack, v. 4 (cc)

Cocaine is a highly addictive and widely abused stimulant. In *Cocaine & Crack*, students delve into the history of cocaine and examine this dangerous drug's impact on the individual and society as a whole. With vivid animations and gritty interviews, students learn harsh facts about the effects of using both the powder and crystal form of cocaine. This program explores the desperate cycle of tolerance, physical dependence and addiction that many abusers face and showcases the physical and psychological damage that occurs as cocaine changes the brain's chemistry.

Grades 7 & up 23 min. 2003 DVD-74

Hallucinogens, v. 5 (cc)

Mind-altering drugs known as hallucinogens are powerful substances that can bring about changes in perception that may last for hours, days or, in the worst cases, forever. *Hallucinogens* takes an in-depth look at the history of drugs such as LSD and points out a frightening link between drug use and mental illness. Interviews with former users and experts allow students to see how dangerous 'tripping' can be, affecting the lives of not only drug users but everyone around them.

Grades 7 & up 23 min. 2003 V-75 or DVD-75

Heroin & Other Opiates, v. 6 (cc)

People have grown opium poppies for thousands of years, but not because they're pretty. Powerful drugs called opiates come from these plants. Opiates are among the most potent painkillers known to medicine, but when they are misused the consequences can be illness, addiction and death. In *Heroin & Other Opiates*, students learn how highly effective pain relievers such as morphine and codeine work in the brain and body, while getting an in-depth look at the dangers of one of the most widely used illegal drugs in the world -- heroin. Tolerance, physical dependence and the horrors of addiction are discussed along with the harsh facts about withdrawal and the long-term effects of opiate abuse.

Grades 7 & Up 23 min. 2003 V-76 or DVD-76

Inhalants, v. 7 (cc)

It's tragic, but true: Sniffing readily-available household products kills. *Inhalants* explains the dangers of breathing in toxic substances with animations and graphics that illustrate what happens to the brain and body when it is exposed to poisons. Because no matter what you call it -- sniffing, huffing, ragging -- inhaling chemical fumes to get high is breathing poison. Students will learn of the extreme danger from the vapors of volatile solvents and will hear the terrifying stories of kids whose lives were lost because they weren't aware of the deadly ramifications of inhalants. A segment illustrates how abusing gases like nitrous oxide is far from a laughing matter.

Grades 7 & up 23 min. 2003 V-77 or DVD-77

Marijuana, v. 8 (cc)

It's referred to as weed, hemp, cannabis or pot, but regardless of what you call it, marijuana is arguably the most widely used illegal drug today. But what does smoking pot do to your mind and body? In *Marijuana*, students explore the physical consequences of abuse as well as the controversy surrounding its medicinal uses. Amazing animations give viewers an in-depth look at the short- and long-term impact that marijuana has on the brain. Interviews with users and experts explain the crippling effect that marijuana can have on the motivation, memory and future of even the most casual user.

Grades 7 & up 23 min. 2003 V-78 or DVD-78

Methamphetamine & Other Stimulants, v. 9 (cc)

What are stimulants? Where do drugs like methamphetamine come from? And what happens to the body and mind of someone who abuses them? This compelling video answers these questions and more with first-person accounts from young addicts and leading experts. Students get an in-depth look at the effects stimulants have on the body, while examining the deadly consequences of methamphetamine use. Physical dependence and tolerance are discussed along with the harsh facts about withdrawal and the long-term effects of drug use.

Grades 7 & up 23 min. 2003 V-79 or DVD-79

Steroids, v. 10 (cc)

Everybody strives to be a winner, and on the playing field, most athletes do this by exercising and eating right. Unfortunately, steroid use by high school athletes trying to take a shortcut and gain an edge is gaining in practice. In *Steroids*, students examine the use of illegal anabolic steroids and steroidal supplements, profiling case studies that provide a comprehensive overview of the detrimental effects these drugs can have. Vivid animations and expert testimony shed light on what is happening to the mind and body of a steroid user, whose quest to look healthier and more fit ends up doing just the opposite.

Grades 7 & up 23 min. 2003 V-80 or DVD-80

Teenage Depression & Suicide, v. 11 (cc)

Being a teenager is a huge challenge, and while it's normal for teenagers to feel sad or stressed, there can be times in a teen's life when sadness engulfs them. While "depression" is a normal human emotion, when feelings of depression persist for a lengthy period and interfere with a person's ability to function, it becomes a mental health issue. In *Teenage Depression & Suicide*, students will get the lowdown on the causes, symptoms and treatments available for those suffering from depression, outfitting students with the necessary tools to deal with both friends and themselves.

Grades 7 & up 23 min. 2003 V-81 or DVD-81

Tranquilizers & Other Depressants, v. 12 (cc)

Tranquilizers are prescription drugs that belong to a group of substances known as depressants. While they have been used legally throughout history to induce sleep, relieve stress and reduce anxiety, these drugs are easily abused and are no safer than street drugs. *Tranquilizers & Other Depressants* introduces students to the history of drugs like barbiturates, benzodiazepines and other substances known as "date rape drugs." Compelling animations explain the effects they have on the chemistry of the brain and the body. Students will get a clear understanding of the consequences of abuse and dependence through user interviews and expert testimony, as well as learning about the treatment options that are open to those in need.

Grades 7 & up 23 min. 2003 V-82 or DVD-82