

Bullying Videos/DVDs

**Available from the Idaho RADAR Network Center
Video/DVD/Audiocassette Lending Library
Revised October 1, 2009**

Alternatives to Violence, pt. 1: Conflict Resolution, Negotiation & Mediation for Students

Students will learn the value of problem solving and conflict resolution as alternatives to fighting. Through dramatized sequences, skills such as listening, oral expression, critical thinking, assertiveness and negotiation will be taught.

Junior High School/Senior High School 30 min. 1994 V-5001

Alternatives to Violence, pt. 2: Implementing Conflict Resolution Programs in Schools

Teachers, counselors, administrators and parents will learn methods of employing conflict resolution skills in everyday interactions in school. Basic techniques for setting up a peer mediation program will be introduced; ways to resolve youth-adult conflicts will be explored.

Adult 30 min. 1994 V-5002

The Big Deal About Bullying and What You Can Do About It

Bullying makes people feel bad and often scared. Internet bullying is even becoming common because you can't see the perpetrator. Students will understand what bullying is: such as teasing, name-calling, hitting, gossiping, and other hurtful behaviors. Understand why some kids like to be bullies. Learn strategies to use if you are a target of bullying or a bystander who wants to interrupt the bullying. Includes interviews with real kids and experts on bullying, being a victim - including Internet bullying, and ways to cope.

Grades 6-12 20 min. 2005 V-5095 or DVD-5095

Boys on Bullying (cc)

Five boys tell how bullying affected their lives and how supportive relationships with friends, family and community helped. Includes guide for leading discussions with young people. Excerpts shown on The Oprah Winfrey Show.

Ages 13-19 20 min. 2003 V-5074 or DVD-5074

Building Respectful Schools and Classrooms

Focuses on creating a climate of respect in both the school and classroom. Features interviews with teachers who have successfully established norms and expectations for respect. Demonstrates through videotaped training exercises what school staff can do and say to deal with disrespectful behavior, from profanity and putdowns to bullying.

Adult 30 min. 1998 V-5008

Bullies Are a Pain in the Brain (cc)

Every kid runs into a bully sometimes, and our hero Jack is no exception! After being picked on, pushed around, and threatened by Henry the bully, Jack tries self-defense, insults, and even disguises to stop the bullying - but nothing's working. Finally, he comes up with a fail-safe solution - stay home from school forever! But, of course, Trevor and Jack's friend Skye aren't going to let him off so easy. From sketchpad to schoolyard, Trevor teaches Jack ways to handle a bully and the secrets for becoming bully-proof.

- Parent's Choice Award – Silver Award
- CINE Golden Eagle Award
- Communicator Award – Crystal Award of Excellence
- Kids First! Endorsement

Meet Trevor 5 min.

Trevor Live 11 min.

Ages 8-13 31 min. 2004 V-5072 or DVD-5072

Challenge Day

The Challenge Day DVD includes two short and powerful documentaries: a 15 minute excerpt from the Emmy award winning "Teen Files: Surviving High School" and the entire 23 minutes "The Bully Solution".

http://www2.oprah.com/tows/pastshows/200611/tows_past_20061109.jhtml

www.challengeday.org

High School 38 min. 2005 DVD-5041

Cipher in the Snow

This is the story of a small boy whom nobody seemed to care about until his untimely death one winter morning. The viewer is shown how Cliff Evans went from an eager but timid little boy to a withdrawn and socially unskilled junior high student. It is a true story based on Jean Mizer Todhunter's award winning story.
Senior High School/Adult 24 min. 1973 V-5009

Defending Yourself: Bullying, Teasing & Put-Downs

This emotionally charged video makes children really think about the issues related to bullying, teasing, and put-downs by posing important questions about bullies and their victims. Defending Yourself: Bullying, Teasing, and Put-Downs also offers children positive suggestions on how to resolve bullying behavior in safe yet effective ways. Through testimonial interviews, children share their experiences with bullying, teasing, and put-downs and provide comment on what worked to stop it, and what did not. In addition to the children's testimonials, counselors and youth workers offer their expertise on why bullies act out and what makes someone a victim of this behavior. 2003 Parent's Guide To Children's Media, Honor Award
Grades 8-Adult 35 min. 2002 V-5096 or DVD-5096

Don't Pick on Me!

Most youth get teased by others at some time, but when teasing gets out of hand, it takes an ugly turn and becomes harassment. The dynamics behind teasing and being teased are examined, and models are shown of effective responses to being harassed. Viewers are challenged to explore the issue of peer cruelty through thought-provoking discussion questions.
Junior High School 21 min. 1993 V-5012

Don't Suffer in Silence: Sexual Harassment

When a group of students decide to make a video about sexual harassment, they encounter a female student who actually is being sexually harassed. They convince her to report the situation to a counselor. The counselor conducts a hearing, interviewing the targeted student as well as the harasser himself. Intertwined with the story are interviews with law enforcement and school officials who define what sexual harassment is, show how targeted students can empower themselves, and explain a range of consequences for students who harass others.
Grades 9-12 29 min. 2003 V-5079 or DVD-5079

Dr. Phil/Bullies

Schoolyard bullying is far more serious than just name-calling and teasing. It's escalated to include harassment, beatings and even death threats. What motivates children to bully? How can the victims of bullying fight back? What can students, parents and teachers do to eliminate bullies in their schools? Dr. Phil offers insight and advice, including how to launch an anti-bullying campaign in your school. Dr. Phil sent Jay to the Barbara Bush Middle School in Irving, Texas to talk to students, teachers and parents about what they can do to stop bullying in their school.
High School/Adult 43 min. 2003 V-5092

Drama Queens and Tough Guys: Helping Teens Handle Emotions

Intense emotions are part of every teen's life. Too often, however, these emotions spill over into "dramas" with groups of kids reacting to and escalating the impact of the drama. The by-product is a ripple of emotional chaos that extends beyond the group members and can negatively affect the atmosphere of the school. Using four "real life" scenarios, the program enables viewers to recognize emotional "drama" and helps them find legitimate ways to handle intense emotions. In one scenario, news of Jenna and Kyle's break-up travels through the school via cell phones, blogs and gossip. Jenna goes ballistic as groups of friends take sides and escalate the problem. Each scenario is used to underscore teaching points and strategies for coping with strong emotions, to understand why drama often overwhelms an emotionally charged situation, and to learn "drama avoidance" skills.
Grades 5-9 18 min. 2006 DVD-5113

**The Early Faces of Violence: From Schoolyard Bullying and Ridicule to Sexual Harassment Series
Show and Tell! The Movie, v. 1**

This school time movie entitled *Show and Tell!* depicts a dynamic tale of a student as he confronts violence, bullying and inappropriate sexual conduct in his school. NOTE: This video is the showpiece of the entire Early Faces of Violence program. We recommend that it be shown before the viewers watch any of the companion instructional videos.
All ages 20 min. 1999 V-5013

You and Me, v. 2

This sensitive and lively video engages younger students in learning how to respect each other and how to seek help when they need it. *You and Me* addresses hurtful teasing, bullying and inappropriate sexualized behavior, starting character education as early as possible.
Ages 4-6 15 min. 1999 V-5014

Learning the Game, v. 3

This video nurtures the children's budding sense of empathy and accountability for their own actions. Class instruction focuses on the lessons learned by the main characters in *Show and Tell! The Movie* regarding violence, bullying and sexual harassment.

Ages 7-9 14 min. 1999 V-5015

Max's Magical Machine, v. 4

This video emphasizes empathy and responsibility for the consequences of our actions. Live interviews with students encourage discussion of *Show and Tell! The Movie* and highlights the main themes of friendship and personal sense of self. *Max's Magical Machine* addresses violence, hurting others, bullying and sexual harassment.

Ages 10-12 18 min. 1999 V-5016

A Culture of Cruelty, v. 5

A Culture of Cruelty explores the immediate and long-term impact of the pervasive climate of ridicule and peer harassment on students. Interviews with experienced teachers, counselors, community members, parents and experts in human behavior address the continuum of behaviors, from general harassment to sexual misconduct.

For Teachers and Staff 20 min. 1999 V-5017

Just the Facts, Ma'am, v. 6

Addressing how to investigate and document when necessary, this video is for those responsible for taking action and following through on concerns or complaints regarding violence, bullying and sexual harassment. It includes investigation techniques and documentation for reports and discipline.

Teachers, Counselors and Administrators 26 min. 1999 V-5018

You and Your School, v. 7

You and Your School educates parents, guardians and community members about the issues of violence, bullying and sexual harassment and talks about what they can do at home to help. This school time movie entitled *Show and Tell!* depicts a dynamic tale of a student as he confronts violence, bullying and inappropriate sexual conduct in his school.

For Parents, Guardians, and Community 12 min. 1999 V-5019

Ella the Elegant Elephant [HOPE TO ORDER]

The littlest elephant in Little Village is also just a little bit shy. She's moved to a new neighborhood, and has to start at a brand-new school. Good thing she has her grandma's lucky hat to take along. But Belinda Blue the bully doesn't like Ella. And she doesn't like the hat. And that means trouble with a capital "B". Based on the 2004 picture book by Carmela and Steve D'Amica.

Ages 4-6 10 min. 2005 V-

"Guess What I Just Heard..."

Addresses the problem of rumors and gossip and the speed with which they circulate through an entire school, often becoming exaggerated along the way. Using realistic scenarios, this program details the heartache and frustration rumors can cause, then follows up each scenario with thought-provoking questions to give viewers opportunities to talk about a problem so painful to and prevalent among middle schoolers.

Grades 5-9 22 min. 1999 V-5059

Lessons from Littleton: Teens Making a Difference

In the aftermath of the tragic Columbine High School shootings, *Lessons from Littleton* shows us what's *right* with today's teenagers. This follow-up to *She Said Yes: The Unlikely Martyrdom of Cassie Bernall* reveals the stories of the teenagers whose quiet courage and compassion made life-changing differences in their community and in the life of Cassie Bernall, one of the Columbine victims.

Lessons from Littleton is divided into three parts. In part one, "Teens Reaching Out to Teens," members of Cassie's youth group talk about first meeting Cassie and the support and friendship they offered her as she began a new life. Members of an inner-city outreach group speak out in part two, "Teens Reaching Out to the Community." They tell us how they were both encouraged and inspired by Cassie and her youth group friends. And in part three, "A Teen Reaching Out to a Friend," a teen named Jamie tells us about how she was able to reach Cassie in Cassie's darkest hour – when she was grappling with anger, drugs, and witchcraft – to help her begin a journey toward the light. The companion discussion questions will help you facilitate a group discussion in your school or youth group about how teens can make a difference in their community.

Junior High School/High School 25 min. 2001 V-5049

Lessons Learned: Breaking the Cycle of Violence II series**Acting on Early Warning Signs, v. 1**

Quickly and accurately identify young people at greatest risk of harming themselves and others. Understand positive steps schools, parents, and communities can take to respond to these signs without "scapegoating" particular categories of students. Learn strategies for reviewing, updating and validating safety plans to ensure they are state-of-the-art. Positively involve parents, media, and the community. Address issues of liability, Internet, and copycat threats. Panelists include: James Garbarino, Bill Scott and Judson Hixson.

Senior High School/Adult 90 min. 1999 V-5020

Comprehensive Prevention Planning, v. 2

See model community-school collaborations that have been effective in creating caring environments in which young people develop healthy attachments and are less likely to act aggressively. Learn how to reclaim young people “on the fringe”. Use the research on resilience, positive peer cultures, and social and emotional development to engage students. Incorporate tested strategies that actually reduce the likelihood to bullying, aggression, alienation, and suicide among children and youth. Panelists include: James Conner, Edward Zigler, Peter Benson and Jesus Villahermosa.

Senior High School/Adult 90 min. 1999 V-5021

Containing Crisis: Managing School and Community Emergencies, v. 3

Learn best practices in crisis management and how to build them into safety planning. Find out how to establish command posts for communication and establish effective media contacts before and during an emergency. Provide victim services including debriefing, counseling and referral. Assess unique planning needs based on facility layout and resources. Develop community collaborations prior to a crisis. Manage confusion and the additional risk of harm following a crisis. Panelists include: Scott Poland, Anne Bryant, Claudio Sanchez and Ronald Stephens.

Senior High School/Adult 90 min. 1999 V-5022

Let's Get Real (cc)

Name-calling and bullying have reached epidemic proportions in schools today. *Let's Get Real* gives young people the chance to speak up in their own words about the real issues behind the problem. With amazing courage and candor, the students featured in *Let's Get Real* discuss racial differences, perceived sexual orientation, disabilities, religious differences, sexual harassment and more. From the youth who are targeted to the students who pick on them to those who find the courage to intervene, *Let's Get Real* examines bullying from the full range of perspectives. This poignant film educates audiences of all ages about why we can no longer accept name-calling and bullying as just a normal rite of passage. Recommended for students in grades six through nine and all adults who work with or care for them. The video contains a 35-minute uninterrupted version of *Let's Get Real* immediately followed by an instructional version that includes breaks for discussion, which are detailed in the accompanying 135 page comprehensive curriculum guide.

Grades 6-9 35 min. 2003 V-5070

Moving On to Middle School, v. 1 (cc)

Research shows that the transition from elementary to middle school can be a high risk time for initial drug use. Young people discuss issues related to this transition including: changes to expect in middle school; how to handle new freedom, choices and peer pressure; where to get help and support; what to do when feeling overwhelmed; and why it's important to be involved in different activities. Includes facilitator guide, parent newsletter, discussion questions.

Grades 5-6 17 min. 2003 V-5082

Moving On to High School, v. 2 (cc)

Research shows that the transition from middle to high school can be a high risk time for youth. Young people face social, psychological and educational challenges that can lead to use and abuse of alcohol, tobacco and other drugs. Young people discuss new opportunities and responsibilities to expect in high school; how to deal with peer pressure and risky behaviors; why it's important to be true to themselves; where to find help and support; and how to handle personal stress. Includes facilitator guide, parent newsletter, discussion questions.

Grades 6-8 15 min. 2003 V-5083

Moving On from High School, v. 3 (cc)

Research shows that the transition from high school to college, marry or enter the workforce, they face new risks from alcohol and other drug abuse. Young people discuss: what it means to be more independent; why it's important to set personal goals; how to handle choices about sexual activity, drug use, and friendships; where to find help and support; and how to handle personal stresses. Includes facilitator guide, parent newsletter, discussion questions.

Grades 9-12 14 min. 2003 V-5084

No More Teasing

Presents effective strategies kids can use to protect themselves against teasing or bullying. With the help of the “No More Teasing Team” – peer hosts who introduce common teasing situations and offer solutions – this program shows how students can change their own behavior to lessen teasing or bullying's impact.

Grades 3-5 14 min. 1995 V-5062

No Name Calling: Creating Safe Environments (cc)

This energetic video is sure to grab your students' attention as it explores the important topic of name-calling. Experts agree that bullying and harassment in school usually starts with name-calling. Name-calling can be especially tough on younger students whose self-esteem development is at a critical phase. No Name-Calling demonstrates the damage that can be done when kids are targeted by hurtful words like "fatso," "retard," "faggot," and "bean pole." Viewers will follow a classroom of real students as they work on inaugurating a "No Name-Calling" week at their school. Interviews with real kids are interspersed with dramatic vignettes that model name-calling scenarios which many viewers will recognize. The video clearly states why this kind of harassment is unfair, painful and perhaps even illegal. Additionally, the video offers constructive ways for creating a positive school environment where everyone will feel safe and free to learn. Accompanied by a Teacher's Resource Book filled with thought-provoking worksheets to help reinforce the lessons for students.

Grades 6-8 27 min. 2004 V-5085 or DVD-5085

Peace Talks Series**Dealing with Bullies, Troublemakers and Dangerous Situations, v. 4**

This video deals with bullies and gangs, what to do when you feel afraid, protecting yourself in threatening situations, how to help victims, and making our schools and neighborhoods safer.

Grades 9-12 30 min. 1997 V-143

Play It Safe: Strategies for a Safe School Environment (cc)

This video uses dramatic vignettes, real person interviews and teen hosts to help teach students that they are active players in creating a safe school environment. There are many subtle and often overlooked issues that make up a school's climate—gossiping, taunting, ignoring, labeling, isolating, teasing, intolerance, bullying, excluding—all can create an unhealthy atmosphere. While one act may not seem significant, the cumulative effects can be devastating. Viewers learn how important it is to refrain from negative behaviors, whether in school or on the Internet. Presents The Five Safe School Strategies: *Stay Alert*, *Identify Risks*, *Speak Up*, *Be Considerate* and *Participate*. Viewers also learn how to use their influence to encourage peers to follow these strategies. Often peers are aware of potential school violence and need to act responsibly and seriously when threats are made openly or off-handedly. Students will understand that they have significant ownership in a positive and safe school environment.

Grades 5-9 20 min. 2008 DVD-5129

Power Trip: Bullying in School (cc)

This multidimensional video/DVD and teacher's guide explores middle school bullying from different perspectives that students will relate to and easily understand. Your students will hear from real teens who experienced bullying first hand as well as from students who have been the aggressors. Special attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully. Cheryl Dellasega, author of "Surviving Ophelia", describes relational aggression which is typical of how girls bully. Viewers also experience a workshop led by Dr. Michael R. Carpenter, a bullying prevention trainer, who coaches young teens on how to modify behaviors to achieve peaceful outcomes. Other topics explored include the difference between bullying and teasing, when you should tell an adult about being bullied, what bystanders can do to prevent bullying and how bullied kids can "stand up, step up and speak out" to stop bullying.

Grades 5-9 21 min. 2007 DVD-5128

Put Yourself In Someone Else's Shoes: Building Character

Empathy is a vital human quality, and young children often need help understanding the importance of "putting themselves in someone else's shoes." Empathic kids get along better with peers and adults, can see things from differing points of view, bring sensitivity to their interactions with others, and can more readily resolve conflicts.

Grades 3-5 14 min. 2001 V-5063

Real Kids: What We Learned About Bullying

One former bully describes wanting to tease others because she felt jealous or wanted to look cool in front of other kids. Another revealed in being the center of attention and being in control. Others say their conscience told them that what they were doing was wrong, and describe how the good feeling they initially got from bullying faded as they began to realize that they weren't well liked. Program points out how standing by and doing nothing while another person bullies someone encourages bullying. Victims talk about the feelings they experience when they are bullied. They detail the strategies that empower them to handle a bully without becoming one themselves. They describe five possible approaches: ignoring the bully, walking away, asking the bully to stop, getting friends to join them in facing up to the bully and finally, knowing when it is time to ask an adult for help.

Grades 3-5 16 min. 2000 V-5023

Real People: Cliques: Who's In? Who's Out?

The pressure to be popular can cause teens to do or say anything to stay "in" with their peers. Using true-to-life scenarios, real students, peer counselors and mediators, this program explores the nature of cliques, offering insights and positive alternatives to joining a clique.

Grades 5-9 24 min. 1996 V-5064 *Guide is entitled: Stand Up! Speak Out!*

Real People: Gossiping, Taunting, Bullying: It's All Harassment

What constitutes harassment? How does it make kids feel? What can they do to handle it? What should they do if they witness it? These are the questions that will be answered in this program. With the encouragement of a school counselor, young teens share their own experiences coping with bullying, taunting and teasing. They view and react to dramatic vignettes that show realistic situations of harassment. Dr. Michael Furlong, professor at UC Santa Barbara, lends expert advice to students about what they can do to handle these difficult situations.

Grades 5-9 24 min. 2000 V-5024

Real People: Talking About Sexual Harassment

Any type of harassment is difficult to cope with, but sexual harassment in particular is not only devastating, but illegal as well. This workshop presents vignettes that show teens, who often have no idea that their behavior could be construed as harassment, exactly what sexual harassment looks and sounds like. A nationally known expert offers insight and commentary.

Award: BRONZE PLAQUE, Columbus International Film and Video Festival

Grades 5-9 21 min. 2001 V-5065

Reality Matters: Taking Care of Me

Health is not just about physical bodies. How we feel about ourselves is just as important. In a world that celebrates looks, achievement, money and possessions, it's our emotional health — who we are on the inside — that will ultimately determine our happiness. The teen years are an especially vulnerable time filled with questioning and self-doubt as well as a great deal of stress. This video will explore the many influences and experiences that shape an individual's emotional health, as well as specific tools for managing stress and maintaining a positive self-image.

Grade 6-12 24 min. 2003 V-5086 or DVD-5086

Reasons for Hope

Community members from Littleton, Colorado will discuss their healing processes and their hopes for the future. Another school system in Columbia South Carolina examines a school-community program called "Early Alliance" supporting young children, their families, and their teachers. This segment examines the ways in which home, school, and community can partner in teaching children to act and react in pro-social ways. Information on national trends in youth violence will be provided to help set a baseline of facts that will help separate myths from realities. In addition, an overview of factors to consider in developing school and community programs will be shared.

Adult 60 min. 2000 V-5025

R-E-S-P-E-C-T

Respect is a cornerstone of civilized behavior. It engenders empathy, promotes tolerance, and fosters caring relationships. Using dramatic vignettes close to teens' experience, each followed by thought-provoking discussion questions, program challenges viewers to think critically about respect for oneself, authority, rules and other people's opinions.

Junior High School/Senior High School 25 min. 1996 V-5026

Safe School Helpline Implementation Video

The Safe School Helpline is a 24-hour service that empowers students, parents and community members to report unsafe, at-risk situations without identifying themselves.

Junior High School/High School 13 min. 1998 V-5069

Saving Our Schools from Hate and Violence Series

<http://savingourschools.org>

Breaking the Silence About Hate and Violence, v. 1

Students are shown why they must stop keeping dangerous secrets about friends and fellow students, and how they can become their school's "early warning system." Issues of student privacy, secrets between friends and tattling are explored, as well as appropriate ways to get adult help in troubling or frightening situations.

Junior High School/Senior High School 28 min. 1999 V-5027

Building Caring and Safe School Communities, v. 2

When in-groups and school social cliques constantly exclude individuals and stigmatize them as outsiders, dangerous dynamics can develop. This program explores and details ways students can ease the social isolation of any and all students by creating a school culture that values and includes all students.

Junior High School/Senior High School 28 min. 1999 V-5028

School Crisis: Under Control

This video offers direction on how to increase school security and provides specifics on how to work through a crisis. Topics include outlining staff roles and responsibilities, dealing with the media, providing adequate communication systems and signals, arranging transportation, offering grief counseling and emphasizing a school's safety after the incident.
Adult 25 min. 1991 V-5029

Self-Esteem: Building Strengths (In the Mix Series)

Three key strengths -- physical, mental, and emotional -- are important to a healthy self-esteem. In this episode, *In the Mix* follows teens as they participate in a special strength-building program of challenging activities and workshops. On hand are experts to answer questions, and celebrity role models such as athletes Tiffeny Millbrett and Lisa Leslie, who give personal advice on setting goals, coping with mistakes, negative thinking, bullying, choosing friends, dealing with emotions, problem solving and other big issues. Guys and girls also speak out about the pressure to fit in and other stresses.
Grades 7-12 30 min. 2002 V-5087 or DVD-5087

Set Straight on Bullies

Whoever thought bullies were all talk and no action needs to view this National School Safety Center video, produced to help school administrators educate faculty, parents and students about the severity of the schoolyard bullying problem. The video is a docudrama "trigger film" designed to stimulate discussion and strategic planning among students, educators, parents and community leaders in the development of bully prevention plans. The message is clear: Bullying hurts everyone. The video tells the dramatic story of a bullying victim and how the problems adversely affects his life as well as the lives of the bully, other students, parents and educators.
Adult 17 min. 1988 V-5030

Sexual Harassment: Minimize the Risk Series**Pay Attention: What Is Sexual Harassment?, v. 1**

A 20 minute "MTV-style" video designed specifically for students ages 12-19 that shows what sexual harassment looks like and how it feels, through the use of powerful dramatizations and examples. Includes a reproducible booklet and lesson plans.
Training for Students 20 min. 1996 V-5031

Pay Attention: Don't Be a Victim!, v. 2

A 15 minute video that trains students in the proper steps to take if they have been sexually harassed by another student or adult in their school, or if they see it happening to someone else. Includes a reproducible booklet and lesson plans.
Training for Students 15 min. 1996 V-5032

Avoid Harm and Liability, v. 3

A 16 minute video that provides educators with basic definitions of sexual harassment and sexual abuse, and the legal criteria to detect sexual harassment. This video also discusses district and supervisor liability that may occur if complaints are not properly investigated. Includes a reproducible booklet and outline of the video content.
Training for Educators & Administrators 16 min. 1996 V-5033

Investigation: Template and Techniques, v. 4

A 16 minute video for educators, managers and staff responsible for making any type of written record of a sexual harassment or abuse complaint. Provides an overview of the investigation process, illustrative examples and a documentation model for complaint intake and investigation report preparation. Includes complete investigation manual.
Training for Educators & Administrators 16 min. 1996 V-5034

Vital Do's and Don'ts, v. 5

A 17 minute video that discusses preliminary considerations to conducting an investigation into claims of sexual harassment and abuse. This video addresses important issues such as how to set up the interview, handle press coverage, interact with your union, work in conjunction with law enforcement, and handle concerns regarding confidentiality and retaliation. Includes reproducible booklet and outline of the video content.
Training for Educators & Administrators 17 min. 1996 V-5035

In Our Schools, v. 6

A 15 minute community relations video designed to educate parents, guardians and people in the community about the issue of sexual harassment and your school's efforts to reduce the incidents of such conduct. Training for Parents, Guardians & The Community
15 min. 1996 V-5036

She Said Yes: the Unlikely Martyrdom of Cassie Bernall

Based on the *New York Times* best-selling book by Cassie's mother, Misty, this video tells the powerful story of Cassie's troubled teen years and her parents' willingness to make some very tough decisions in order to help their daughter triumph over the effects of drugs, negative peer pressure, and violence tendencies. Misty and Brad Bernall share how they lovingly yet firmly provided the guidance that helped turn Cassie's life around. Cassie's friends and others in the Littleton community give insight into her life – her dreams, her fears, her beliefs... and her eventual death. The companion discussion guide for parents, educators, and youth will help you facilitate a group in your school or community organization to discuss issues central in today's world: violence in our schools and communities, the pain of losing ones we love, and the amazing triumph of good that can be achieved when the elements of intervention, choice, and transformation are combined.

Junior High School/High School/Adult 36 min. 2000 V-5048

Student Workshop/Harassment Hurts: Gossiping, Taunting and Bullying

Stem the tide of bullying and harassment in your school by showing students the devastating effects of gossiping, taunting and bullying. This program gives youngsters the opportunity to consider and discuss strategies for coping with these difficult and pervasive problems.

Grades 3-5 18 min. 2003 V-5055

Student Workshop/How to Say No

Negative peer pressure can be intense! What should kids do? Using scenarios that dramatize the real-life pressures that children face every day, this student workshop helps them become comfortable saying "no" to destructive behavior. They learn to stand up for themselves, walk away when "no" doesn't work, do what's right for them, and even change their mind if they've already said "yes." This workshop impresses on students the consequences of saying, "Well... okay..." and the rewards of saying, "no, that's not right!"

Grade level: 3-5 19 min. 1998 V-5038

Student Workshop: I Was Just Kidding! Learning About Harassment

It often starts out as a joke, a game, or a taunt – it ends up with someone feeling hurt, uncomfortable or left out. This realistic, highly effective workshop will open your students' eyes. They'll learn to identify what behavior constitutes harassment, the different kinds of harassment, steps they can take to stop it, and how observing harassment while doing nothing about it contributes to the problem.

Elementary School 16 min. 2000 V-5039

Student Workshop/Respect: It Starts With You

Show students how making the world a place of tolerance and understanding begins with them. This highly effective workshop uses dramatizations to illustrate how respect for self, others, authority and rules, and differences help foster a kinder, more caring atmosphere at school, at home, and in the community.

Grades 3-5 19 min. V-5066

Student Workshop/Taunting, Gossiping, Hazing: It's Harassment

Each scenario in this documentary-style program reveals the effects of taunts, gossip and even hazing or physical harassment on others as well as solutions that Hill help teens deal with these different types of harassment. Dr. Michael Furlong, professor at UC Santa Barbara, lends expert advice.

High School 24 min. 2004 V-5056

Suppose That Was Me

This program is designed to increase students' awareness of the effects their actions have on others. Short, open-ended scenarios illustrate how an innocent joke can lead to an insulting nickname or a thoughtless rumor can turn into a tarnished reputation. Viewers are asked to think about and discuss how they would feel "if that was me."

Grades 5-9 19 min. 2001 V-5067

Surviving High School (cc)

Surviving High School is a searing exploration of the stress that high school kids experience as they try to fit in and be accepted by their peers – no matter what the cost. This video unfolds like a real-life version of *The Breakfast Club* as eleven teens struggling to "fit in" exemplify the ever-growing problems of isolation, extreme dieting, steroid use, depression, and suicidal thoughts. An additional inspiration is an appearance by Keena Turner, a former San Francisco 49er, who talks to teens about how he became a Super Bowl champion without the use of steroids; Magali Amadei, a former model, recounts her painful battle with an eating disorder. Viewers are given an in-depth look at these teens' lives and are allowed to observe as they reveal their true selves to each other. The program dares these teens to define what it means to "survive" on their own campus by finding a solution to the bullying, harassment, and exclusion that have been tearing their school apart. Like the previous Teen Files specials, this program will raise awareness about these vital issues and motivate teenagers to face the truth about modern-day pressures. By urging teens across the country to make positive changes in how they perceive themselves and how they treat others, *Surviving High School* is a compelling and invaluable resource for kids and parents alike.

Junior High School/High School 90 min. 2000 V-194 59 min. V-195 V-8011 Spanish

Teen Truth: An Inside Look at Bullying and School Violence (cc)

This multi-faceted production weaves together several dramatic strands, creating a unique and candid view of how bullying directly correlates to the rise of school violence in schools. In one strand, viewers follow a fictionalized story of a confused teenager toting a backpack as he rides a bus to school. Through his narration we learn of his inner frustrations and it becomes increasingly clear that he is armed and prepared to use his concealed weapon. In another strand, we see and hear the voices and pictures of real teens videotaping and questioning their own peers about the devastating effects of bullying and violence in and around their schools. Viewers experience the Columbine disaster, through live voice recordings of parents, teachers and students talking to 911 operators as the disaster occurred. Finally, viewers hear from experts and students about the best ways to combat bullying and school violence while the story of the armed young man riding the bus takes a surprising twist. A detailed teacher's resource book provides activities, work sheets, fact sheets and resources to aid in the struggle to stop bullying and school violence.

Grades 7-12 24 min. 2006 DVD-5124

Violence

This video discusses the scope of violence in students' lives. It examines the types of violence students are confronted with in schools, including vandalism, possession of weapons, and gang activities. The video also describes ways to help teens avoid violence by teaching them alternative ways to resolve problems, such as competing with an adversary in a nonviolent fashion, collaborating toward a common goal, compromising by reaching some middle ground, accommodating by simply doing what is demanded by the other person (as long as the action is not illegal and does not compromise the person's principles), and mediating the dispute. The video also includes scenes from a talk presented by two police officers, who discuss how to avoid violence.

Junior High School/Senior High School 10 min. 1993 V-5041

Violence: Inside/Out

Using a documentary style, this video explores how violence affects our lives and how we can work together to prevent violence at home, in school, and in our communities. The program is divided into three 20 minute segments: Part 1 – Understanding Violence, Part 2 – Preventing Violence, and Part 3 – Coping with Violence. Through straightforward interviews with victims, perpetrators, and witnesses of violence, the following subjects are addressed: domestic abuse, sexual abuse, gang related violence, bullying, anger, suicide, dating violence, and institutional violence.

Grades 7-Adult 60 min. 1993 V-5042

A Vision of Hope: Preventing Violence, v. 1

This is an inspirational video that examines our culture of violence and looks at ways to reverse its rising tide to create safe and healthy communities. *A Vision of Hope...* delivers a powerful message of promise and a call to action for us all. Discover how community leaders, parents, youth and government are joining together to make the promise of violence-free neighborhoods a reality.

Senior High School/Adult 15 min. 1995 V-5043

Preventing Violence: Hope in Action, v. 2

Our society is looking for effective ways to create safer communities. This video responds by highlighting people and programs crucial to creating violence-free neighborhoods. *Preventing Violence* illustrates the power of people, just like you, who take the time to get involved and become part of the solution. Recognized experts, community leaders and youth offer their energetic and innovative perspectives.

Senior High School/Adult 30 min. 1995 V-5044

What Can We Do About Violence? – A Bill Moyers Special

Juveniles Locked Up, #. 1; Domestic Violence, Street Violence, #. 2; Crisis In Our Inner Cities, #. 3; Solutions for Children, #. 4

This four-part video focuses on solutions to the growing problem of violence in America. From a special "kid's club" that helps children cope with domestic violence, to unusual, but highly effective, alternative sentencing programs for youthful offenders, to high schools that are taking revolutionary steps to foster cooperation among students, the efforts profiled in this series attest to a growing national movement in which people from all walks of life are working to put an end to violence, especially among young people. The series features documentary reports filmed across the country and speaks to experts who have studied the problem and have worked directly to implement programs that have a real, lasting impact. Numerous efforts to combat violence are profiled, including adult mentoring, conflict resolution, parent training, peer education, alternative sentencing, violence prevention counseling, school-based programs, community-policing and activism, substance abuse rehabilitation, and firearm safety.

Juveniles Locked Up, #1

In the Ventura School, California's showcase juvenile prison, inmates discuss how drugs and alcohol, lack of family support, and gang involvement have influenced their lives. The program also looks at *Adult Time For Adult Crime*, a program in Dade County, FL, which sends more kids to adult court than any other county in the U.S. Those who prosecute, defend, and judge young offenders explain how our society has come to the point where the age of the defendant is no longer a mitigating factor—and how 14-year-olds are being sentenced to life behind bars. But there are alternatives to that kind of traditional sentencing of young, violent offenders which are explored in a report from the *Last Chance Ranch*, a work-study lockup rooted in firm discipline, treatment, and rehabilitation.

Domestic Violence, Street Violence, #2

Domestic violence is one of the least reported crimes in America. In Nashville, TN, we see how intense police investigation and follow-up of domestic abuse have led to the imprisonment of repeat offenders. *Teens on Target* shows the success of a program where a Los Angeles doctor (weary of treating young gunshot victims) and former teenage patients (half of whom have spinal injuries from gunshot wounds) speak to younger kids around their city about weapons and violence. This program illustrates what ordinary citizens, survivors, and parents can do about gun control. Violence in the media is movingly portrayed, and solutions to its impact on children are discussed.

Crisis In Our Inner Cities, #3

This program examines the tragic story of nine-year-old James Darby, who sent a letter to President Clinton asking him to stop the violence in his city as part of a classroom project. Nine days after he sent the letter, Darby was shot walking home from a local park. Successful community efforts such as *Cleveland Works* and *Beat the Streets* show how local businesses, religious organizations, and individuals can help at-risk youths divide their time between attending school and community service, building self-esteem and the skills to help restructure their lives.

Solutions for Children, #4

This program documents how domestic abuse within the family affects children, and looks at programs such as *The Kid's Club* at the University of Michigan where troubled children and families are getting help; *Sobriety High*, a special school in Edina, Minnesota, that works to reduce alcohol and drug abuse and lower the incidence of violent crimes; and Landmark High School in New York, a successful experimental effort that promotes small classes, strict enforcement of rules, and parental involvement.

High School/Adult 240 min. 1999 V-5090

What Every Parent Should Know About Gangs

Parents will learn about the warning signs of gangs, how to prevent your child from joining gangs, the consequences of joining a gang, and school resources plus community activities.

Adult 16 min. 1996 V-5068

What's Wrong With This Picture?

What's Wrong With This Picture? is an award-winning video showing five scenarios that address the school safety issues of drug trafficking and abuse, intimidation and violence, teacher burnout and theft. The docudrama is narrated by the people who actually experienced the incidences portrayed. This "trigger" video is intended to generate emotional responses, discussions and action from its viewers. The video has received awards at the Houston, New York and Chicago film festivals, the U.S. Industrial Film Festival and the National Association of Government Communications.

High School/Adult 18 min. 1986 V-5093