

Addiction Videos/DVDs

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Addiction

One in four Americans has a primary family member who is struggling with addiction. This documentary strives to break through the myths and explain what addiction really is (a brain disease), what causes it (a variety of genetic and psychosocial factors) and how to get the best available treatment (by seeking out evidence-based medical and behavioral treatments).

Viewer discretion advised.

<http://www.hbo.com/addiction>

Adult 5 hours 2007 DVD-4183 Discs 1 & 2 DVD-4184 Discs 3 & 4

Addiction and the Human Brain (cc)

Drug addiction is a disease of the brain, and teens are at highest risk for acquiring this disease. That is the startling conclusion recently arrived at by brain experts, based on the latest research findings. This program illustrates the amazingly complicated structure and function of the brain using colorful and compelling visuals and computer animations. It explains the changes to the brain caused by prolonged use of drugs such as cocaine, heroin, nicotine, alcohol and methamphetamine, and shows why voluntary drug use eventually becomes involuntary and compulsive. Studies indicate that drugs affect the developing brain more than the brain of someone more mature, thus putting teens at a higher risk of addiction. Interviews with recovering teen addicts, an addiction counselor, and brain experts and researchers give the program realism and intensity, and provide sobering thoughts to viewers.

Grades 7-College 25 min. 2005 V-4169 or DVD-4169

Close to Home/Moyers on Addiction Series

Portrait of Addiction, v. 1 (cc)

In this program nine men and women – all recovering from drug and/or alcohol addiction – tell their stories. The recovering addicts run the gamut: a former narcotics agent, now recovering from a cocaine habit; a mother of three who is a marketing specialist; a former addict and founder of Stand up Harlem, a community of HIV-positive addicts and recovering addicts; a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leave little doubt that addiction can happen to anyone and so can recovery.

High School/Adult 57 min. 1998 V-35

Copy 3 contains Portrait of Addiction & The Hijacked Brain

The Hijacked Brain, v. 2

Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. In this program, Moyers goes into the laboratory to follow researchers engaged in charting an “image of desire” in the brain. We actually see images of a cocaine user’s brain as the drug takes effect, and a doctor explains how these scans reveal addiction as a chronic relapsing brain disease. Moyers observes a genetic researcher as he monitors a variety of factors that may determine who is likely to develop alcoholism.

High School/Adult 57 min. 1998 V-36 or DVD-36

Changing Lives, v. 3

While addiction may cause similar changes in the brains of different people, recovery is a very individual solution. Changing behavior is the aim of treatment, but no single treatment program will work for all addicts. This program visits the Ridgeview Institute near Atlanta to interview recovering addicts and sit in on a group therapy session. The program also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.

High School/Adult 57 min. 1998 V-37

The Next Generation, v. 4

Experts are increasingly focusing on prevention efforts based on community and family. This documentary looks at two of those efforts. One works with parents addicted to heroin by teaching them how to repair the damage to family wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Nicotine addiction is addressed by a program that provides classes designed to prevent students from smoking, and another that helps them stop if they’ve already begun to smoke. School officials, counselors, and students are interviewed.

High School/Adult 57 min. 1998 V-38 *Copy 4 contains The Next Generation & The Politics of Addiction*

The Politics of Addiction, v. 5

The story of how our society meets the challenge of translating what scientists, doctors, counselors, and recovering addicts have learned into rational public policy is complex and sometimes contradictory. This program looks at Arizona's recent struggle to find an alternative to current policies. Proposition 200 proposed a reassessment of the status of non-violent drug addicts now serving time, and emphasized treatment over incarceration. The movement was supported by an alliance from across the political spectrum. On the Washington scene, members of Congress, doctors, and policy activists have joined in a movement with recovering people that is pushing for new public policy.

High School/Adult 57 min. 1998 V-39

Cross Addiction: The Back Door to Relapse

Cross-addiction is the single greatest relapse factor. Those who seek treatment generally have an honest desire to remain abstinent from alcohol or another drug of choice. Yet most can also name a drug they've tried that they considered "safe" for themselves, one they believe they can control. Firsthand testimony from recovering alcoholics and addicts, chemical dependency professionals, and a medical doctor dispel the myth that there is any such thing as a "safe" substance for people in recovery. The video ends with a message of hope as the recovering individuals share the joys and triumphs complete abstinence has brought to their lives.

Adult 40 min. 2005 DVD-52

Drug Addiction: The Promise of Treatment

- Introduces a new initiative in drug policy by the *Physician Leadership on National Drug Policy* (PLNDP). The PLNDP aims to bring their message to policy makers, medical and other health-related professionals, community leaders, the public, and to those recovering from addictions.
- Includes a portrayal of Steve – a dentist and recovering cocaine addict – who successfully participates in a treatment program in Maryland.
- Features interviews with leading physicians and researchers who discuss addiction as a disease, which must be treated like other chronic diseases. Interviews include (in order of appearance): Drs. June Osborn, James Callahan, Thomas McLellan, David Lewis, Richard Corlin, Ken Shine, Robert McAfee, Alan Leshner, Floyd Bloom, Peter Beilensen, Jerome Kassirer, Lonnie Bristow and Baltimore Police Commissioner Thomas Frazier.

Adult 18 min. 1998 V-67

Exploring the Connection Between Addiction and Other Health and Social Problems

This is the third installment in a seven-part series of Webcasts that will discuss and illuminate key issues related to the 2001 Recovery Month observance. Our host will be Susan Rook, former CNN Anchor and Media Relations Director for Step One Treatment Center. Panelists include: Janice Ford Griffin, Join Together; Constance Horgan, Sc.D., Brandeis University; James Callahan, DPA, Exec. VP/CEO, ASAM, Elena Carr, U.S. DoL, Working Partners for an Alcohol- and Drug-Free Workplace; and Phillip Brewer, Yale Emergency Medicine. It is no secret that substance abuse in the U.S. has reached epidemic proportions, so much so that it is often called our nation's number one public health problem. Estimates show that the costs associated with untreated addiction problems are substantial: \$34.4 billion in unnecessary healthcare costs, \$45.1 billion in new prisons and accidents, and \$196.8 billion in lost earnings each year. This program will look at the costs to individuals and society and demonstrate how addiction treatment can dramatically reduce such problems.

Adult 57 min. 2001 V-

The Eyes of Nye/Addiction: Disease or Behavior? (cc)

Finally someone insightfully tackles today's issues from a scientific perspective. In Bill Nye's new show *The Eyes of Nye*, Bill shows the science of the disease of addiction with the help of Dr. Drew Pinsky. Bill examines the controversial question of whether addiction is a disease. Segments focus on doctors who seek to better understand addictive behaviors by studying brain chemistry, psychology, and social factors; individuals who live with substance abuse issues; and scientists who are working to identify the genes that may lead to addiction.

High School 25 min. 2005 DVD-4201

Faces of Addiction

The following programs contain realistic depictions of substance abuse in America. Parental discretion is advised.

Flashback. "Flashback" is a true story of addiction shown through the eyes and words of a young addict who fights back. Fights back for a mother who never stops loving her. Fights back to be voted class valedictorian by her friends and peers. Fights back to recognize her own face of addiction and the battle she has to win everyday.

27th & Prospect: One Year in the Fight Against Drugs. Each New Year's Eve they come together to recite the litany of names of family, friends, neighbors and strangers who have died from drug-related accidents, violence or overdose in the past year.

Addicted. Journalist Linda Ellerbee uncovers the faces of addiction amidst facts and figures of disease, violence and death caused by substance abuse. One thing these faces all have in common is their need for heroin, cocaine or crack, for alcohol, or nicotine.

High School/Adult 35 min. 1997 V-121

Join the Voices of Recovery: Celebrating Health/Alcohol and Drug Use and the Cultures of Addiction

The Webcast will explore the current trends in substance abuse and how the prevalence of such illicit drugs as marijuana, heroin and methamphetamines are surging in some populations and in areas across the country. In addition, the Webcast will examine how such “cultures of addiction” promote and sustain excessive alcohol and drug use. Although many people with untreated addiction to alcohol or drugs end up living lives of desperate isolation, most begin their substance abuse journeys with a sympathetic group of fellow substance abusers. Such relationships provide a supportive “culture” that nurtures and solidifies excessive alcohol use and illicit drug-taking behavior. This Webcast will explore what is being done to promote change within these hard-to-reach groups. Aired 6/4/03.

Adult 60 min. 2003 V-181

Join the Voices of Recovery: Celebrating Health/When Addiction and Mental Disorders Co-Occur

Drug and alcohol dependence. Mental disorders. Alone, each is a disease that wreaks havoc on the lives of millions in this country, and both require intensive treatment. When afflicted with these diseases simultaneously, the result can be even more debilitating for an individual. This web cast will examine the issues and promising practices associated with treating individuals with co-occurring and co-existing disorders.

Adult 60 min. 2003 V-188

Medical Aspects of Chemical Dependency: The Neurobiology of Addiction (cc)

This fascinating and authoritative video on how addiction affects brain function has been recently updated to reflect the latest research on brain chemistry. Includes commentary by Dr. David E. Smith, founder of the Haight Ashbury Free Clinic. Also includes a free facilitator's guide. This video is also used as part of Hazelden's A New Direction. A New Direction is a comprehensive cognitive-behavioral therapy treatment program that trains chemically dependent offenders to challenge their thinking in order to change their criminal and addictive behavior patterns.

Adult 22 min. 2003 DVD-228

Medical Consequences of Addiction

Released in the spring of 2005, this video uses animation, graphic medical footage, and interviews with experts as well as those suffering from these diseases to illustrate the physical problems caused by the heavy and long-term use of psychoactive drugs. The video explores the medical dangers of the method of use, the users' lifestyles and the drugs themselves.

Adult 36 min. 2005 DVD-227

The Power of Our Stories: Speaking Out for Addiction Recovery [ON ORDER]

The Power of Our Stories is designed to empower people in recovery, their family members, friends, and allies to speak out about long-term recovery. Through example, the video emphasizes the importance of standing up and speaking out. It demonstrates how people are using their stories to change attitudes and policies that stigmatize and discriminate against people seeking or in recovery from addiction to alcohol or drugs.

Adult 44 min. 2005 DVD-

The Road to Recovery Presents Addiction in the Home: Healing Lives, Families, and Communities

Addiction affects more than one life: family, friends, and communities also experience the effects of a person's disorder. This program will explore the full spectrum of needs and services related to the family of someone with an addiction disorder. It will analyze key factors that can support or impede the recovery process, including employment, health care, children, mental health, and housing. Aired August 3, 2005.

Adult 60 min. 2005 V-