

Acquaintance Rape Videos/DVDs

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Acquaintance Rape: The Ultimate Betrayal

Many people associate rape with a man in a ski mask lurking down a dark alley. The reality can be even more terrifying. Most rapes are committed by people the victims know – people they trust. Many times, rape is only the beginning of the ordeal, as victims deal with anger, guilt, and the harsh judgments of society. This compelling program is the latest from Arnold Shapiro, producer of the highly successful Teen Files series. Candid interviews present the stories behind three acquaintance rape cases. An orientation leader rapes two young and vulnerable college freshmen. A 15-year-old succumbs to peer pressure and alcohol in a motel room. And a serial rapist preys on young women in San Diego. Each story is filled with insight and useful information. Viewers learn positive steps to take in reporting and recovering from acquaintance rape. They discover prevention tips, as well as common tactics used by rapists. In addition, the social climate surrounding acquaintance rape is explored, both by young women and young men. Subtle message like “women want it rough” are closely examined. As the video ends, five victims of a serial rapist speak at his sentencing hearing. Their words touch on many strong emotions – fear of intimacy, lack of trust in others, and the pain of sharing their experiences with family members and spouses. One victim also expresses anger with the defense attorney and society in general, for trivializing the anguish of acquaintance rape. In a world where men are encouraged to be sexually aggressive and women are often confused about their personal rights, this video vividly presents the realities of a serious violent crime – both for its victims and its perpetrators.

Junior High School/High School/Adult 28 min. 2001 V-4000

GHB Drug-Induced Rape

Sexual assault is robbery of the highest degree. Victims lose something very personal that can never be reclaimed – control of the intimacy and privacy of the sex act. Drug-induced rapes leave a memory gap that will never be regained. Veteran Detective Trinkka D. Porrata talks candidly to viewers about drug-facilitated rape. The video focuses on three main areas – how drug-induced rapes occur; what individuals can do to protect themselves and their friends from such incidents; and what a person should do if it happens to them. Rohypnol and Gamma Hydroxy Butrate (GHB) are two of the most common sedatives used by sexual predators. Both drugs can be dropped into a drink when no one is looking and can incapacitate a person for several hours, allowing a suspect ample time to transport and sexually assault the victim. Detective Porrata discusses the effects of both substances, focusing on GHB, the more dangerous of the two drugs. If individuals attend fraternity parties, go on blind dates, drink alone or meet people in bars, airports and restaurants, they increase their chances of becoming a victim of drug-induced rape. This program can help viewers reduce their risk through vital education and prevention techniques.

High School/Adult 16 min. 1999 V-4062

The Keg Party

Unsupervised and illegal keg parties, where beer runs like water, are becoming an increasing problem as well as a growing health risk for today’s teenagers. This drama about one such party is sure to resonate with students. Gary’s parents are away for the weekend and he has invited half of the school over for an all-you-can-drink party. David is not sure about bringing Lauren, his younger sister, especially after what happened last year, but he figures she is old enough to take care of herself. Langston also comes to the party in hopes of finally getting up the courage to ask Christine out. The beer, at first, seems to help everyone let loose and have a good time, but before long it is clear that things are once again spiraling out of control. Before the evening is out, one of the young women finds herself in a dangerous sexual situation; one couple gets into a serious car accident and another student dies needlessly of alcohol poisoning. Realistic, gritty and honest, this video will leave your classroom with the strong message that keg parties are not just dangerous and illegal, they are not even fun.

Grades 8-College 30 min. 2001 V-4076

One of Us

The growing problem of acquaintance rape is presented in a thought-provoking, realistic setting. *One of Us* is the story of Liz, a teenager, who is raped after a party by a guy she thought she could trust. Her life is shattered, but she must learn to deal with the rape and the harrowing side effects that go along with it. Liz’s story paints the dramatic portrait of the behaviors and attitudes towards the problem of acquaintance rape. Initially, she withdraws into isolation and depression. Her friends are confused by her behavior change until she reveals the truth. Two of her roommates are skeptical of Liz’s story but her closest friend says, “It could have happened to any one of us.” Viewers will realize just how serious this delicate issue is when “just say no” may not be enough.

High School/Adult 28 min. 1999 V-4086

Rape: Get the Facts (cc)

This documentary-style program presents the legal, medical, psychological and sociological facts about rape. Doctors, judges, social workers, detectives, victims' rights advocates, self-esteem experts, and rape survivors all contribute information, perspective, and analysis of this all-too-common crime. Among the compelling facts: an act of rape or sexual assault occurs in our nation nearly once every two minutes. More than half of all rape victims are under the age of 18. Most sexual assaults are NOT committed by strangers, but by someone whom the victim knows. This video explains that "date rape" is just as much a crime as other sexual assaults. Information is provided about the links between drugs, alcohol, and rape. Specific, practical guidelines for how to protect against rape and date rape are presented. Law enforcement professionals, medical personnel and psychologists take viewers on a step-by-step investigation of where, how and why rape occurs with the goal of informing viewers of the risks and providing strategies to avoid rape. Students will meet a woman whose unbelievable act of bravery put one rapist behind bars for good. And, a former NFL Quarterback now teaches young men a whole new set of attitudes about themselves and about their behavior towards women. This program is a must-see for all high school students. <http://www.rainn.org>

Grades 7-College 22 min. 2005 DVD-4181

Too Much: The Extreme Danger of Binge Drinking (cc)

Against the backdrop of Spring Break overindulgence in Panama City, Florida, this documentary examines the harrowing and tragic consequences of underage drinkers who do not understand the real risks of out-of-control alcohol abuse. Introduces two brain and alcohol researchers who take students on an eye-opening video field trip, using their tools-of-the-trade (including MRIs and PET scans) to graphically show alcohol damage in the brain. Using 3-D images of the brain, the researchers describe what happens as drink after drink is consumed, causing the brain to ultimately shut down the autonomic nervous system, causing death. A young teenage girl who was sexually assaulted during a Spring Break drinking binge presents her painful story. Also interviews the parent of a student who died from alcohol poisoning while partying with his friends. Interspersed throughout is footage of alternative, alcohol-free Spring Breaks, featuring real teens who decided to do something constructive with their vacations, such as building housing for needy families.

Grades 7-College 20 min. 2006 V-4174 or DVD-4174

True Stories

The disturbing issue of "acquaintance rape" (also known as "date rape") is brought to life in this powerful short film. Two female high school students and the two boys who raped them describe their behavior and feelings before, during and after the attacks. One young woman, Melanie, innocently goes to a fellow student's house to study and when he does not pay attention to their studies, she gets up to leave. To her horror, the young man attacks her, asking her what she expected by coming to his house. She does not hesitate to press charges against him and he is convicted. The young man is sent to prison, full of resentment that his life has been ruined. Another student, Vera, attends a party where she has too much to drink and passes out in the bathroom. Joe, a young man who had been flirting with her earlier, attacks her. She fights back but to no avail. Afterwards, Vera tries to forget the incident but when she hears that he has attacked another student, she presses charges and Joe is sent to prison. This film shows that date rape is not a prank, but a crime with serious consequences. Although dramatized, TRUE STORIES has a "real life" feeling. It demonstrates the long-term impact of date rape on the perpetrator as well as the victim.

High School 14 min. 2002 V-4135 or DVD-4135